

# PROBLEM STATEMENT

Nutrition Assistant Application

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Nutrition Assistant Application

- 1.The user who want to maintain healthy and fit body but have no one to guide them on their dieting
- 2.The user wants and develop a deep learning model that basically help and athlete. Body builders or other game players to keep up with their health and fitness by suggesting them with proper nutrition plan
- 3.the user wants an AI software to maintain healthy diet rather than having a physical consultant
- 4.people who are obese and over weight are more likely to have high-risk factors for heart disease,diabetes ,hypertension the goal of the application to the create a healthy lifestyle for it user
- 5.user has obesity who needs to follow diet to improve his health without the feeling that he's following diet

