

## **NUTRITION API**

In IBM Project workspace there is a website link is there to create an account in the Nutrition API using those resources we have created an account in Nutrition API.

### **Short Note About Nutrition API (From Resources):**

The spoonacular Nutrition, Recipe, and food API allows you to access over 365,000 recipes and 86,000 Food products. Our food ontology and semantic recipe search engine makes it possible to search for recipes using natural language queries, such as "gluten free brownies without sugar" or "low fat vegan cupcakes." You can automatically calculate the nutritional information for any recipe, analyze recipe costs, visualize ingredient lists, find recipes for what's in your fridge, find recipes based on special diets, nutritional requirements, or favourite ingredients, classify recipes into types and cuisines, convert ingredient amounts, or even compute an entire meal plan. With our powerful API, you can create many kinds of food and especially nutrition apps. Special diets/dietary requirements currently available include: vegan, vegetarian, pescetarian, gluten free, grain free, dairy free, high protein, low sodium, low carb, Paleo, Primal, ketogenic, FODMAP, and Whole 30.

**Here is the Screenshot given Below:**

Welcome to Project! x IBM x IBM-Project-3284-16 x Edamam - Food Data x Free Nutrition Analysis x Track - v.deepa's Food x

nutritionix.com/dashboard

nutritionix TRACK

Home

My Foods

Preferences

Daily Goals

My Coach

Labs

Help

Signout

v.deepa's Food Log

+ Browse Foods

Search foods to add

<

Today, 11/06

>

0 Cal Intake

- 0 Cal burned

Cal remaining 2,000

0g Protein

0g Carbs

0g Fat

0mg Sodium

BREAKFAST

LUNCH

DINNER

SNACKS

EXERCISE

Complete your profile [here](#) for more accurate exercise tracking.

WEIGH-IN

WATER

0 oz

Track Calendar

<

>

November 2022

		01	02	03	04	05
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Days Missed

5 Days

% Days of Green

0%

Try our free calorie counting app.

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Windows Taskbar

12:11 PM 06-11-2022