

# NUTRITION ASSISTANT APPLICATION

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## SETTINGUPAPPLICATIONENVIRONMENT

### Create Flask Project

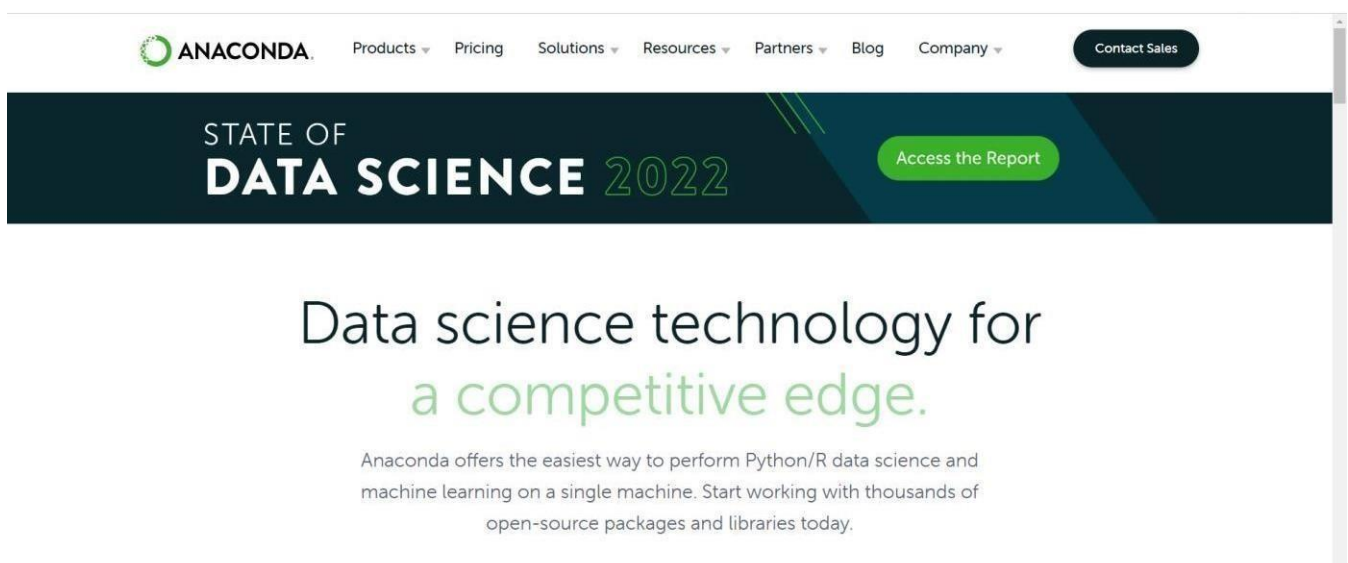
#### Step 1:

Install Python latest version from python.org



#### Step 2:

Download Anaconda from <https://www.anaconda.com/> and install it by running the .exe file



#### Step 3:

```
def hello_ram(): return  
    'Hello Ram!!!'  
  
if __name__ == '__main__':
```

```
app.run()
```

## Install Flask using command pip install flask

```
Command Prompt
Microsoft Windows [Version 10.0.22000.434]
(c) Microsoft Corporation. All rights reserved.

C:\Users\admin>cd Desktop\NewsCafe

C:\Users\admin\Desktop\NewsCafe>pip install flask
Requirement already satisfied: flask in c:\python36\lib\site-packages (2.0.3)
Requirement already satisfied: Jinja2>=3.0 in c:\python36\lib\site-packages (from flask) (3.0.3)
Requirement already satisfied: Werkzeug>=2.0 in c:\python36\lib\site-packages (from flask) (2.0.3)
Requirement already satisfied: Click>=7.1.2 in c:\python36\lib\site-packages (from flask) (8.0.4)
Requirement already satisfied: itsdangerous>=2.0 in c:\python36\lib\site-packages (from flask) (2.0.1)
Requirement already satisfied: colorama in c:\python36\lib\site-packages (from click>=7.1.2->flask) (0.4.5)
Requirement already satisfied: MarkupSafe>=2.0 in c:\python36\lib\site-packages (from Jinja2>=3.0->flask) (2.0.1)
Requirement already satisfied: dataclasses in c:\python36\lib\site-packages (from Werkzeug>=2.0->flask) (0.8)
Requirement already satisfied: zipp>=0.5 in c:\python36\lib\site-packages (from importlib-metadata->click>=7.1.2->flask) (3.6.0)
Requirement already satisfied: typing-extensions>=3.6.4 in c:\python36\lib\site-packages (from importlib-metadata->click>=7.1.2->flask) (3.10.0.2)

C:\Users\admin\Desktop\NewsCafe>
```

### Step 4.

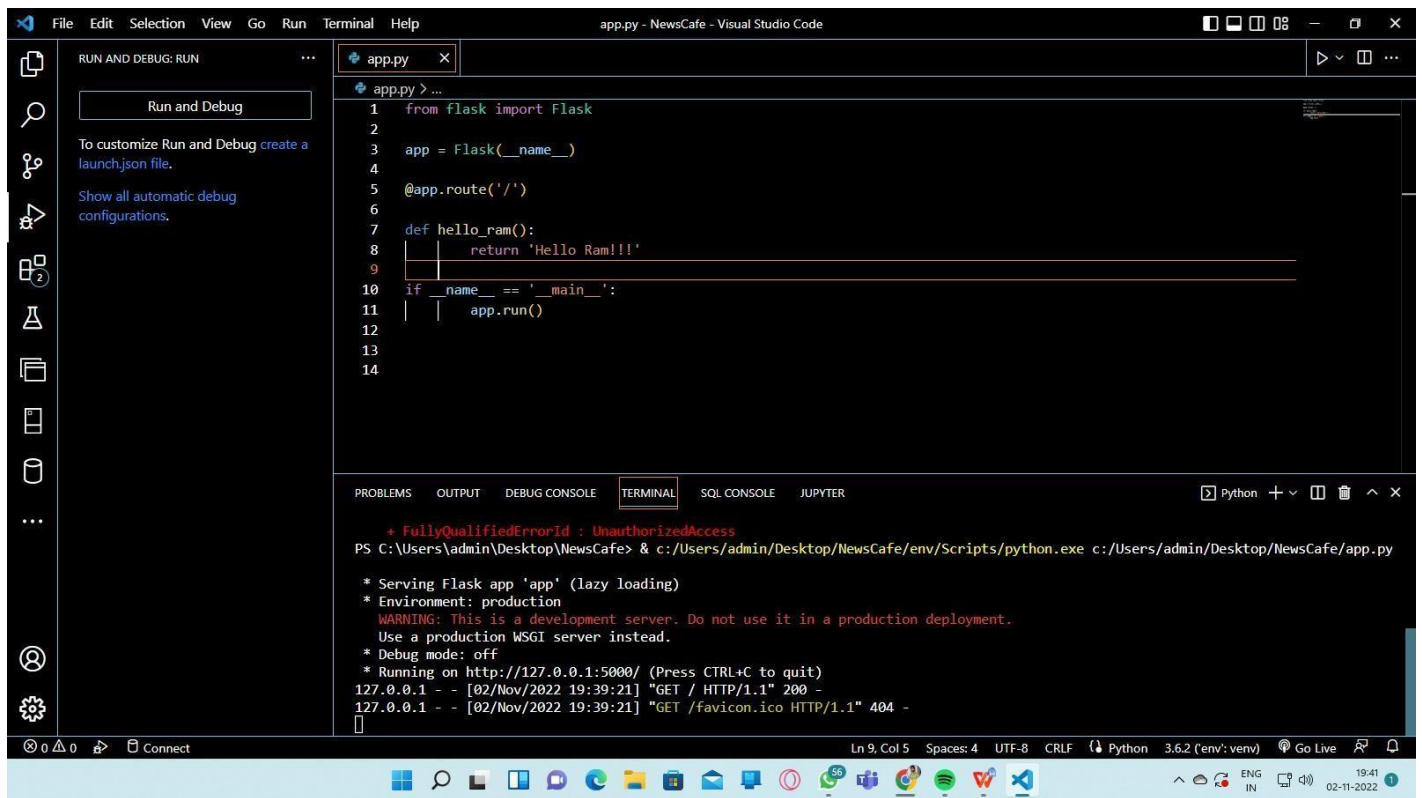
Open a new Python file and start coding from flask import

```
from flask import Flask

app = Flask(__name__)

@app.route('/')

```



## Step 5 . Open the Ip in browser

