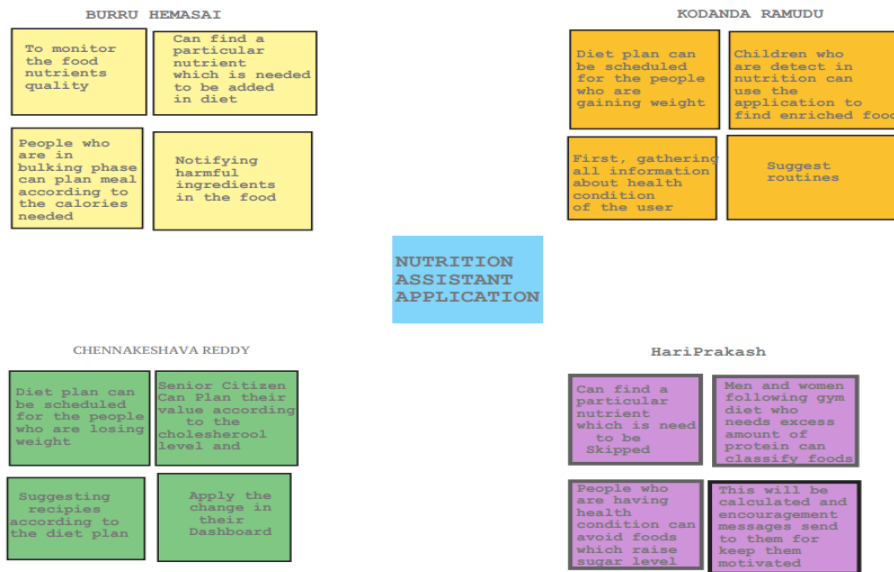


BRAINSTORMING

A spontaneous group discussion to produce ideas and ways of solving problems.

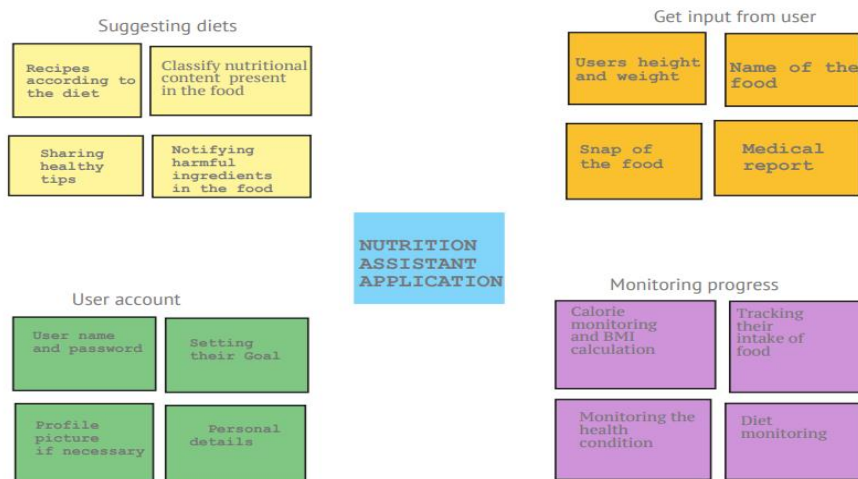
Brainstorm solo

Have each participant begin in the "solo brainstorm space" by silently brainstorming ideas and placing them into the template. This "silent storming" avoids group think and creates an inclusive environment for introverts and extroverts alike. Set a time limit. Encourage people to go for quality.



Brainstorm as a group

Here everyone move their ideas into the "group sharing space" within the template and team silently read through them. As a team, sort and group them by topics. Discuss and answer any questions that arise. Encourage "yes, and..." and build on the ideas of other people along the way.



Decide your focus

Give each person two icons to vote which idea should your team focus on.

BURRU HEMASAI

KODANDA RAMUDU

Tracking their intake of food

Classify nutritional content present in the food

Recipe according to diet

Calorie monitoring and BMI calculation

CHENNAKESHAVA REDDY

HARIPRAKASH

Diet monitoring

Apply the change in their dashboard

People who are having health issues can avoid foods which raise the blood sugar level

Classify nutritional content present in the food

1 Brainstorm solo

Have each participant begin in the "Solo brainstorm" space of the ideation workspace and generate ideas for the "Nutrition Assistant" app. The "Solo brainstorm" space is designed to help you generate ideas for the app. It is a good idea to generate ideas for the app in this space before moving on to the next step.

10 minutes

Burru Hemasai

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

Kodanda Ramudu

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

ChennaKeshava

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

hariPrakash

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

2 Brainstorm as a group

Have each participant share their ideas with the group. The group will then discuss the ideas and select the most promising ones. The group will then move on to the next step.

10 minutes

Suggesting diets

- Brainstorm according to diet
- Classify nutritional content present in the food
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

User account

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

Monitoring progress

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

3 Decide your focus

Have each participant select two icons to vote for the ideas they want to focus on. The group will then discuss the ideas and select the most promising ones. The group will then move on to the next step.

10 minutes

CHENNAKESHAVA

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

KODANDA RAMUDU

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

HARIPRAKASH

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

4 After you collaborate

Have each participant share their ideas with the group. The group will then discuss the ideas and select the most promising ones. The group will then move on to the next step.

10 minutes

Quick win idea

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

Keep moving forward

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation

Next steps

- Track the food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation
- Tracking food intake
- Classify nutritional content
- Recipe according to diet
- Calorie monitoring and BMI calculation