Conducting a brainstorm

Executing a brainstorm isn't unique; holding a productive brainstorm is. Great brainstorms are ones that set the stage for fresh and generative thinking through simple guidelines and an open and collaborative environment. Use this when you're just kicking-off a new project and want to hit the ground running with big ideas that will move your team forward.

15 minutes to prepare
30-60 minutes to collaborate
3-8 people recommended

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Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

⏱ 15 minutes

A **Choose your best "How Might We" Questions**
Create 5 HMW statements before the activity to propose them to the team.

B **Set the stage for creativity and inclusivity**
Go over the brainstorming rules and keep them in front of your team while brainstorming to encourage collaboration, optimism, and creativity.

1. **Encourage wild ideas** (if none of the ideas sound a bit ridiculous, then you are filtering yourself too much.)
2. **Defer judgement** (This can be as direct as harsh words or as subtle as a condescending tone or talking over one another.)
3. **Build on the ideas of others** ('I want to build on that idea' or the use of 'yes, and...')
4. **Stay focused on the topic at hand**
5. **Have one conversation at a time**
6. **Be visual** (Draw and/or upload to show ideas, whenever possible.)
7. **Go for quantity**

C **Interested in learning more?**
Check out the Meta Think Kit website for additional tools and resources to help your team collaborate, innovate and move ideas forward with confidence.

Open the website

Choose your best "How Might We" Questions

Share the top 5 brainstorm questions that you created and let the group determine where to begin by selecting one question to move forward with based on what seems to be the most promising for idea generation in the areas you are trying to impact.

⏱ 10 minutes

QUESTION
How might we... determine the probability of a person being severely affected by liver disease

QUESTION
How might we... help patients to prognosis early stages of liver disease

QUESTION
How might we...help doctors in cross validation of laboratory reports

QUESTION
How might we...address the misconceptions about symptoms that probably might be the reason for disease

QUESTION
How might we... benefit the society as a whole by offering best accuracy in the prediciton model, so that this becomes a potential and feasible tool

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Brainstorm solo

Have each participant begin in the "solo brainstorm space" by silently brainstorming ideas and placing them into the template. This "silent-storming" avoids group-think and creates an inclusive environment for introverts and extroverts alike. Set a time limit. Encourage people to go for quantity.

⏱ 10 minutes

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ARAVIND T

ABHIMANUU T

KAMALESH KANNA

Brainstorm as a group

Have everyone move their ideas into the "group sharing space" within the template and have the team silently read through them. As a team, sort and group them by thematic topics or similarities. Discuss and answer any questions that arise. Encourage "Yes, and..." and build on the ideas of other people along the way.

⏱ 15 minutes

TIP
You can use the **Voting session** tool above to focus on the strongest ideas.

USER EXPERIENCE

RECOMMENDATION

DETERMINE DEGREE OF ILLNESS

CHOOSING EFFICIENT METHOD

AWARENESS

Decide your focus

Give each person two icons to vote which idea should your team focus on.

⏱ 5 minutes

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After you collaborate

A brainstorm like this typically results in a handful of promising ideas that you can carry forward and act upon.

Quick add-ons

A **Cluster related ideas**
Look for patterns or similarities in the standout . Couldany be combined together to form a stronger concept? Cluster similar ideas and label each cluster with a theme.

B **Vote on the most promising ideas**
Narrow your focus to only the strongest few ideas by holding a Voting Session. Give each person 2 votes

Keep moving forward

2x2 Prioritization matrix
Build shared understanding and make collective decisions for moving ideas forward.
Open the template

Storyboarding
Show existing and/or future consumer experiences through the act of sketching.
Open the template

Pre-mortem
Harness the collective experience and wisdom of the team, before the project even starts.
Open the template

Share template feedback