

Date	19 September 2022
Team ID	NUTRITION ASSISTANT APPLICATION
Project Name	PNT2022TMID07937
Maximum Marks	4 Marks

Brainstorming provides a free and open environment that encourages everyone within a team to participate in the creative thinking process that leads to problem solving. Prioritizing volume over value, out-of-the-box ideas are welcome and built upon, and all participants are encouraged to collaborate, helping each other develop a rich amount of creative solutions.

Step-1: Team Gathering, Collaboration and Select the Problem Statement

template

Brainstorm & idea prioritization

Use this template in your own brainstorming sessions so your team can unleash their imagination and start shaping concepts even if you're not sitting in the same room.

- 10 minutes to prepare
- 1 hour to collaborate
- 2-8 people recommended

[Share template feedback](#)

Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

10 minutes

- A Team gathering**
Define who should participate in the session and send an invite. Share relevant information or pre-work ahead.
- B Set the goal**
Think about the problem you'll be focusing on solving in the brainstorming session.
- C Learn how to use the facilitation tools**
Use the Facilitation Superpowers to run a happy and productive session.

[Open article](#)

1 Define your problem statement

What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

5 minutes

PROBLEM

The main idea of this nutrition assistant application is to track and log food based on consumption, helping user's to lead a healthy lifestyle.

Key rules of brainstorming

To run an smooth and productive session

- Stay in topic.
- Encourage wild ideas.
- Defer judgment.
- Listen to others.
- Go for volume.
- If possible, be visual.

Step-2: Brainstorm, Idea Listing and Grouping

2

Brainstorm

Write down any ideas that come to mind that address your problem statement.

🕒 10 minutes

TIP

You can select a sticky note and fit the pencil tool to drawing on to start drawing.

Chithra R

1. Good

2. Bad

3. Bad

4. Bad

5. Bad

6. Bad

7. Bad

8. Bad

9. Bad

10. Bad

Ashwin P

1. Good

2. Bad

3. Bad

4. Bad

5. Bad

6. Bad

7. Bad

8. Bad

9. Bad

10. Bad

Lakshmi Piyadarshini L

1. Good

2. Bad

3. Bad

4. Bad

5. Bad

6. Bad

7. Bad

8. Bad

9. Bad

10. Bad

Harigokul D

1. Good

2. Bad

3. Bad

4. Bad

5. Bad

6. Bad

7. Bad

8. Bad

9. Bad

10. Bad

3

Group ideas

Take turns sharing your ideas while clustering similar or related notes as you go. In the last 10 minutes, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you can break it up into smaller sub-groups.

🕒 20 minutes

Sign In

1. Good

2. Bad

3. Bad

4. Bad

5. Bad

6. Bad

7. Bad

8. Bad

9. Bad

10. Bad

Tracking

1. Good

2. Bad

3. Bad

4. Bad

5. Bad

6. Bad

7. Bad

8. Bad

9. Bad

10. Bad

Identifications

1. Good

2. Bad

3. Bad

4. Bad

5. Bad

6. Bad

7. Bad

8. Bad

9. Bad

10. Bad

Observations

1. Good

2. Bad

3. Bad

4. Bad

5. Bad

6. Bad

7. Bad

8. Bad

9. Bad

10. Bad

Step-3: Idea Prioritization

4

Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

🕒 20 minutes

