Deployment of app in IBM Cloud

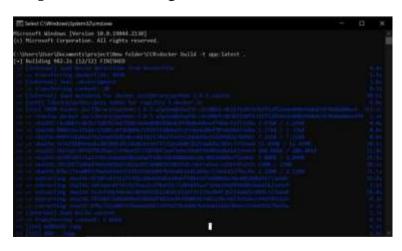## Containerize the app

Date	16 November 2022
Team ID	PNT2022TMID43697
Project Name	NUTRITION ASSISTANT APPLICATION

Step 1. Create the Dockerfile and paste the code

Step 2. Build an image from the docker file.

Step 3.Run your container locally.