

index.html

```
const signUpButton = document.getElementById('signUp');
```

```
const signInButton = document.getElementById('signIn');
```

```
const container = document.getElementById('container');
```

```
const switchone = document.getElementById('c1');
```

```
const swichtwo = document.getElementById("c2");
```

```
const switchthree = document.getElementById('c3');
```

```
const switchfour = document.getElementById('c4');
```

```
const Fswitchone = document.getElementById('l1');
```

```
const Fswichtwo = document.getElementById("l2");
```

```
const Fswitchthree = document.getElementById('l3');
```

```
const Fswitchfour = document.getElementById('l4');
```

```
const space = document.getElementById('infos');
```

```
var pre_state = 0;
```

```
var stateone = 0;
```

```
var statetwo = 0;
```

```
var statethree = 0;
```

```
signUpButton.addEventListener('click', () => {
```

```
  container.classList.add("right-panel-active");
```

```
});
```

```
signInButton.addEventListener('click', () => {
```

```
  container.classList.remove("right-panel-active");
```

```
});
```

```
switchone.addEventListener('click', remover);
```

```
switchtwo.addEventListener('click', signin);
```

```
switchthree.addEventListener('click', Signup)
```

```
switchfour.addEventListener('click', about);
```

```
Fswitchone.addEventListener('click', remover);
```

```
Fswitchtwo.addEventListener('click', signin);
```

```
Fswitchthree.addEventListener('click', Signup)
```

```
Fswitchfour.addEventListener('click', about);
```

```
function remover() {
```

```
    if(pre_state == 1){
```

```
        pre_state = 0;
```

```
        space.classList.remove("spaceimp");
```

```
        document.getElementById("abouts").style.display = "none";
```

```
        document.getElementById("logins").style.display = "none";
```

```
        document.getElementById("l1").style.display = "flex";
```

```
        document.getElementById("l2").style.display = "flex";
```

```
        document.getElementById("l3").style.display = "flex";
```

```
        document.getElementById("l4").style.display = "flex";
```

```
    }
```

```
}
```

```
function div_adder () {  
  
    space.classList.add("spaceimp");  
  
    document.getElementById("abouts").style.display = "none";  
  
    document.getElementById("logins").style.display = "block";  
  
    document.getElementById("l1").style.display = "none";  
  
    document.getElementById("l2").style.display = "none";  
  
    document.getElementById("l3").style.display = "none";  
  
    document.getElementById("l4").style.display = "none";  
  
}
```

```
function about_adder () {  
  
    //space.classList.add("spaceimp");  
  
    // remover();  
  
    document.getElementById("abouts").style.display = "block";  
  
    document.getElementById("l1").style.display = "none";  
  
    document.getElementById("l2").style.display = "none";  
  
    document.getElementById("l3").style.display = "none";  
  
    document.getElementById("l4").style.display = "none";  
  
}
```

```
function signin() {  
  
    if(pre_state == 0) {  
  
        pre_state = 1;
```

```
stateone = 1;

statetwo = 0;

statethree = 0;

container.classList.remove("right-panel-active");

div_adder();

}else {

    if(stateone == 0) {

        pre_state = 1;

        stateone = 1;

        statetwo = 0;

        statethree = 0;

        container.classList.remove("right-panel-active");

        div_adder();

    }else {

        remover();

    }

}

}
```

```
function Signup() {
```

```
    if(pre_state == 0) {

        pre_state = 1;
```

```
stateone = 0;

statetwo = 1;

statethree = 0;

container.classList.add("right-panel-active");

div_adder();

}else {

    if(statetwo == 0) {

        pre_state = 1;

        stateone = 0;

        statetwo = 1;

        statethree = 0;

        container.classList.add("right-panel-active");

        div_adder();

    }else {

        remover();

    }

}

}
```

```
function about() {

    if(pre_state == 0){

        pre_state = 1;

        stateone = 0;

        statetwo = 0;
```

```
    statethree = 3;

    about_adder();

} else {

    if (statethree == 0) {

        remover();

        pre_state = 1;

        stateone = 0;

        statetwo = 0;

        statethree = 3;

        about_adder();

    } else {

        remover();

    }

}

}
```

```
function unvisible(x) {

    if (pre_state == 0) {

        document.getElementById("I1").style.display = "none";

        document.getElementById("I2").style.display = "none";

        document.getElementById("I3").style.display = "none";

        document.getElementById("I4").style.display = "none";

    }

}
```

```
}
```

```
function visible(x){  
  
    if(pre_state == 0) {  
  
        document.getElementById("abouts").style.display = "block";  
  
        //space.classList.add("spaceimp");  
  
        container.classList.add("right-panel-active");  
  
        document.getElementById("l1").style.display = "none";  
  
        document.getElementById("l2").style.display = "none";  
  
        document.getElementById("l3").style.display = "none";  
  
        document.getElementById("l4").style.display = "none";  
  
    }  
  
}
```

```
function unsignin(x) {  
  
    if(pre_state == 0){  
  
        container.classList.remove("right-panel-active");  
  
        space.classList.remove("spaceimp");  
  
        document.getElementById("logins").style.display = "none";  
  
        document.getElementById("abouts").style.display = "none";  
  
        document.getElementById("l1").style.display = "flex";  
  
        document.getElementById("l2").style.display = "flex";  
  
        document.getElementById("l3").style.display = "flex";  
  
    }  
  
}
```

```
document.getElementById("l4").style.display = "flex";  
  
}  
  
}
```

```
function signinOne(x){  
  
    if(pre_state == 0) {  
  
        container.classList.remove("right-panel-active");  
  
        space.classList.add("spaceimp");  
  
        document.getElementById("logins").style.display = "block";  
  
        document.getElementById("l1").style.display = "none";  
  
        document.getElementById("l2").style.display = "none";  
  
        document.getElementById("l3").style.display = "none";  
  
        document.getElementById("l4").style.display = "none";  
  
    }  
  
}
```

```
function signinTwo(x){  
  
    if(pre_state == 0) {  
  
        document.getElementById("logins").style.display = "block";  
  
        space.classList.add("spaceimp");  
  
        container.classList.add("right-panel-active");  
  
        document.getElementById("l1").style.display = "none";
```



```
document.getElementById("I2").style.display = "none";  
document.getElementById("I3").style.display = "none";  
document.getElementById("I4").style.display = "none";  
}
```

```
function setcon(x) {  
    if(pre_state == 0) {  
        document.getElementById("abouts").style.display = "block";  
        //space.classList.add("spaceimp");  
        container.classList.add("right-panel-active");  
        document.getElementById("I1").style.display = "none";  
        document.getElementById("I2").style.display = "none";  
        document.getElementById("I3").style.display = "none";  
        document.getElementById("I4").style.display = "none";  
    }  
}
```

```
}
```

Footer

Index.css

```
@media only screen and (max-width :768px ) {  
    .colh {  
        height: auto;  
    }  
}
```

```
.lists {

    height: 330px;

    overflow: auto;

    flex-direction: column;

}

}
```

App.py

```
from flask import Flask, render_template, url_for, request

import ibm_db

import sendgrid

from sendgrid.helpers.mail import Mail, Email, To, Content

SENDGRID_API_KEY =
    "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" # sendgrid

conn = ibm_db.connect(

    "DATABASE=bludb;HOSTNAME=54a2f15b-5c0f-46df-8954-
    7e38e612c2bd.c1ogj3sd0tgtu0lqde00.databases.appdomain.cloud;PORT"

    "=32733;SECURITY=SSL;SSLServerCertificate=DigiCertGlobalRootCA.crt;UID=wqq31800;PWD=tOIYo6K1IKA
    c0XhU",

    "", "")

print(conn)

app = Flask(__name__)

app.secret_key = "\xfd{H\xe5<\x95\xf9\xe3\x96.5\xd1\x01O<!\xd5\xa2\xa0\x9fR"

# sendgrid

def send_mail(email):

    sg = sendgrid.SendGridAPIClient(SENDGRID_API_KEY)
```

```

from_email = Email("xxxxxxxxxxxxxxxxx@gmail.com") # Change to your verified sender

to_email = To(email) # Change to your recipient

subject = "Nutrition is a basic human need and a prerequisite for healthy life"

content = Content("text/plain",

                  "Thank you for creating an account on our platform. Now you can utilise our platform "

                  "to maintain a healthier life.")

mail = Mail(from_email, to_email, subject, content)

# Get a JSON-ready representation of the Mail object

mail_json = mail.get()

# Send an HTTP POST request to /mail/send

response = sg.client.mail.send.post(request_body=mail_json)

print(response.status_code)

print(response.headers)

@app.route('/', methods=['GET', 'POST'])

@app.route('/home', methods=['GET', 'POST'])

def homepage():

    if request.method == 'POST' and 'email' in request.form and 'pass' in request.form:

        return render_template('index.html', error="Wrong Password!")

    return render_template('index.html')

@app.route('/register', methods=['GET', 'POST'])

def register():

    if request.method == 'POST' and 'name' in request.form and 'email' in request.form and 'pass' in request.form:

```

```

name = request.form['name']

email_up = request.form['email']

pass_up = request.form['pass']

if name == "":

    error = 'Enter a valid Name.'

    return render_template('index.html', error=error)

if email_up == "":

    error = 'Enter a valid E-mail.'

    return render_template('index.html', error=error)

if pass_up == "":

    error = 'Enter a valid Password.'

    return render_template('index.html', error=error)

sql = "SELECT * FROM USER WHERE email =?"

stmt = ibm_db.prepare(conn, sql)

ibm_db.bind_param(stmt, 1, email_up)

ibm_db.execute(stmt)

account = ibm_db.fetch_assoc(stmt)

if account:

    return render_template('index.html', error="You are already a member, please login using your details")

else:

    try:

        insert_sql = "INSERT INTO USER VALUES (?,?)"

        prep_stmt = ibm_db.prepare(conn, insert_sql)

```

```

        ibm_db.bind_param(prepare_stmt, 1, name)

        ibm_db.bind_param(prepare_stmt, 2, email_up)

        ibm_db.bind_param(prepare_stmt, 3, pass_up)

        ibm_db.execute(prepare_stmt)

        send_mail(email_up)

        return render_template('index.html', error="Successfully created")

    except ibm_db.stmt_error:

        print(ibm_db.stmt_error())

        return render_template('index.html', error="Failed to create Account")

    return render_template('index.html')

if __name__ == '__main__':

    app.debug = True

    app.run()

```

prediction

```

from flask import Flask, render_template, url_for, request

import ibm_db

import sendgrid

from sendgrid.helpers.mail import Mail, Email, To, Content

SENDGRID_API_KEY =
    "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" # sendgrid

conn = ibm_db.connect(

    "DATABASE=bludb;HOSTNAME=54a2f15b-5c0f-46df-8954-
    7e38e612c2bd.c1ogj3sd0tgtu0lqde00.databases.appdomain.cloud;PORT"

    "=32733;SECURITY=SSL;SSLServerCertificate=DigiCertGlobalRootCA.crt;UID=wqq31800;PWD=tOIYo6K1IKA
    c0XhU",

```

```

", ")

print(conn)

app = Flask(__name__)

app.secret_key = "\xfd{H\xe5<\x95\xf9\xe3\x96.5\xd1\x01O<!\xd5\xa2\xa0\x9fR"

# sendgrid

def send_mail(email):

    sg = sendgrid.SendGridAPIClient(SENDGRID_API_KEY)

    from_email = Email("xxxxxxxxxxxxxxxxx@gmail.com") # Change to your verified sender

    to_email = To(email) # Change to your recipient

    subject = "Nutrition is a basic human need and a prerequisite for healthy life"

    content = Content("text/plain",

        "Thank you for creating an account on our platform. Now you can utilise our platform "

        "to maintain a healthier life.")

    mail = Mail(from_email, to_email, subject, content)

    # Get a JSON-ready representation of the Mail object

    mail_json = mail.get()

    # Send an HTTP POST request to /mail/send

    response = sg.client.mail.send.post(request_body=mail_json)

    print(response.status_code)

    print(response.headers)

@app.route('/', methods=['GET', 'POST'])

@app.route('/home', methods=['GET', 'POST'])

def homepage():

```

```

if request.method == 'POST' and 'email' in request.form and 'pass' in request.form:

    return render_template('index.html', error="Wrong Password!")

return render_template('index.html')

@app.route('/register', methods=['GET', 'POST'])

def register():

    if request.method == 'POST' and 'name' in request.form and 'email' in request.form and 'pass' in request.form:

        name = request.form['name']

        email_up = request.form['email']

        pass_up = request.form['pass']

        if name == "":

            error = 'Enter a valid Name.'

            return render_template('index.html', error=error)

        if email_up == "":

            error = 'Enter a valid E-mail.'

            return render_template('index.html', error=error)

        if pass_up == "":

            error = 'Enter a valid Password.'

            return render_template('index.html', error=error)

        sql = "SELECT * FROM USER WHERE email =?"

        stmt = ibm_db.prepare(conn, sql)

        ibm_db.bind_param(stmt, 1, email_up)

        ibm_db.execute(stmt)

        account = ibm_db.fetch_assoc(stmt)

```

if account:

 return render_template('index.html', error="You are already a member, please login using your details")

else:

 try:

 insert_sql = "INSERT INTO USER VALUES (?,?)"

 prep_stmt = ibm_db.prepare(conn, insert_sql)

 ibm_db.bind_param(prepare_stmt, 1, name)

 ibm_db.bind_param(prepare_stmt, 2, email_up)

 ibm_db.bind_param(prepare_stmt, 3, pass_up)

 ibm_db.execute(prepare_stmt)

 send_mail(email_up)

 return render_template('index.html', error="Successfully created")

 except ibm_db.stmt_error:

 print(ibm_db.stmt_error())

 return render_template('index.html', error="Failed to create Account")

return render_template('index.html')

if __name__ == '__main__':

 app.debug = True

 app.run()