BOOK REVIEW

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Title & Author

Book name is Hallucinations of Differently Abled Living Beings. Writer is Santhosh V.A.

Introduction

I saw this book. Title was different. Big words. So I got curious. What is this book talking? I thought maybe it show about life of people who is not same like us. The line under title also say something about mind and real life. That made me want to read. I was thinking it will change my brain little bit. I was ready to know more.

Summary

Okay so this book is not story like movie. It talks about life. Mind. Feelings. Author say this book is not science or big people book. It is like a mirror. We can see human life inside. Simple words. Deep meaning.

There are 7 chapters. Names are History, Sensations, Self-likeness, Traits, Race, Fate and Permissions.

In History, it talk old time. How people think about mental health. And differently abled people. Then how thinking changed.

In Sensations, it say special people see world in different way. That is okay.

Self-likeness is about loving own self. Very important.

Traits say good and bad is in all people. So don't judge fast.

Race chapter say don't compare. Your life is yours.

Fate say brain like a game. Strong people win it.

Permissions say why society make so many rules. Why some can do and some cannot?

Book is serious but still easy. It talk life in stories also. That is why I like.

Analysis & Opinion

Santhosh uncle write nice. Big thoughts. But give simple examples. Like everyday people. So I feel it real.

One line stuck in my brain. He wrote,

"There is a basic downside to getting wisdom."

What? Then I thought. Yes. When we don't learn new, we believe old wrong thing. Then slowly we change.

One place he say society not always give respect to different people. I agree. Sometimes we also not do it. Now I want to change that.

My best chapter? Self-likeness. Because I also feel that. We want to feel good about ourself. Even if others not treat good.

Some parts of book was little hard. Too much thinking. Some kids may say "boring". But I liked it. Because I also want to think.

Book not just tell idea. It also touch heart. It say people who are different are also strong. Smart. They teach us.

Personal Connection

I read and I feel something new. I felt realisation Mind opened.

Before, I didn't notice much about different people. Like in school, one boy don't speak fast. I didn't talk to him. Now I want to.

This book helped me turn over new leaf. I want to be nice. I want to stand up for friends who are left out.

No more throw under bus. Time to carry on with kind heart.

Book made me feel brave also. Like I can also be good human. Not just smart, also kind. It gave me new eyes. To see good in others.

Conclusion

strongly advise anyone interested in psychology, philosophy, or social inclusion to read Hallucinations of Differently Abled Living Beings. It is an insightful work that is both deeply reflective and relatable. I think it makes an excellent read for not just educators and psychologists, but also for students and anyone who believes in fostering a more inclusive and empathetic society.