

Comprehensive Size Chart Reference Guide

This guide includes body measurements in both **centimeters (cm)** and **inches (in)** across various countries' sizing systems for **T-shirts, jackets, coats, and dresses**.

Women’s Sizes

All dimensions (unless stated otherwise) are **body measurements**.

German Sizes	34	36	38	40	42	44	46	48
UK Sizes	8	10	12	14	16	18	20	22
US Sizes	2	4	6	8	10	12	14	16
Italian Sizes	38	40	42	44	46	48	50	52
Bust	80 cm (31.5 in)	84 cm (33 in)	88 cm (34.6 in)	92 cm (36.2 in)	96 cm (37.8 in)	100 cm (39.4 in)	104 cm (41 in)	110 cm (43.3 in)
Waist	65 cm (25.6 in)	68 cm (26.8 in)	72 cm (28.3 in)	76 cm (29.9 in)	80 cm (31.5 in)	84 cm (33 in)	88 cm (34.6 in)	94.5 cm (37.2 in)
Hips	90 cm (35.4 in)	94 cm (37 in)	97 cm (38.2 in)	100 cm (39.4 in)	103 cm (40.6 in)	106 cm (41.7 in)	109 cm (42.9 in)	114 cm (44.9 in)
International Sizes	XS	S	S	M	M	L	XL	XL
Jeans Sizes	26	28	29	31	33	34	36	38

Men’s Sizes

All dimensions (unless stated otherwise) are **body measurements**.

Regular Sizes

German Sizes	46	48	50	52	54	56	58	60
UK Sizes	36R	38R	40R	42R	44R	46R	48R	50R
US Sizes	36	38	40	42	44	46	48	50
Italian Sizes	46	48	50	52	54	56	58	60
Height	171 cm (67.3 in)	174 cm (68.5 in)	177 cm (69.7 in)	180 cm (70.9 in)	182 cm (71.7 in)	184 cm (72.4 in)	186 cm (73.2 in)	188 cm (74 in)
Chest	92 cm (36.2 in)	96 cm (37.8 in)	100 cm (39.4 in)	104 cm (41 in)	108 cm (42.5 in)	112 cm (44.1 in)	116 cm (45.7 in)	120 cm (47.2 in)
Waist	80 cm (31.5 in)	84 cm (33 in)	88 cm (34.6 in)	92 cm (36.2 in)	96 cm (37.8 in)	102 cm (40.2 in)	108 cm (42.5 in)	114 cm (44.9 in)

Slim Sizes

German Sizes	90	94	98	102	106	110	114
UK Sizes	36L	38L	40L	42L	44L	46L	48L
US Sizes	36	38	40	42	44	46	48
Italian Sizes	46	48	50	52	54	56	58
Height	177 cm (69.7 in)	180 cm (70.9 in)	183 cm (72 in)	186 cm (73.2 in)	188 cm (74 in)	190 cm (74.8 in)	192 cm (75.6 in)
Chest	90 cm (35.4 in)	94 cm (37 in)	98 cm (38.6 in)	102 cm (40.2 in)	106 cm (41.7 in)	110 cm (43.3 in)	114 cm (44.9 in)
Waist	78 cm (30.7 in)	82 cm (32.3 in)	86 cm (33.9 in)	90 cm (35.4 in)	94 cm (37 in)	100 cm (39.4 in)	106 cm (41.7 in)

Accessories

Hat and Cap Sizes

Hat Size (Head Circumference)	56 cm (22 in)	57 cm (22.4 in)	58 cm (22.8 in)	59 cm (23.2 in)	60 cm (23.6 in)	61 cm (24 in)	62 cm (24.4 in)
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Glove Sizes

Glove Size	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11
Circumference	15.5 cm (6.1 in)	17 cm (6.7 in)	18.5 cm (7.3 in)	20 cm (7.9 in)	21 cm (8.3 in)	22.5 cm (8.9 in)	24 cm (9.4 in)	25 cm (9.8 in)	27 cm (10.6 in)	29 cm (11.4 in)	30 cm (11.8 in)

Here is the revised size chart with both centimeters (**cm**) and inches (**in**) included for international usability. Measurements in inches have been added alongside the centimeter values for clarity.

Comprehensive Size Chart Reference Guide

This size chart provides body measurements in both **centimeters (cm)** and **inches (in)**. Sizes may vary between manufacturers. Use this chart as a general guide.

Women’s Sizes

German Regular Sizes	34	36	38	40	42	44	46	48
Bust	80 cm (31.5 in)	84 cm (33 in)	88 cm (34.6 in)	92 cm (36.2 in)	96 cm (37.8 in)	100 cm (39.4 in)	104 cm (41 in)	110 cm (43.3 in)
Waist	65 cm (25.6 in)	68 cm (26.8 in)	72 cm (28.3 in)	76 cm (29.9 in)	80 cm (31.5 in)	84 cm (33 in)	88 cm (34.6 in)	94.5 cm (37.2 in)

Hip	90 cm (35.4 in)	94 cm (37 in)	97 cm (38.2 in)	100 cm (39.4 in)	103 cm (40.6 in)	106 cm (41.7 in)	109 cm (42.9 in)	114 cm (44.9 in)
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International Sizes:

- XS (34–36), S (36–38), M (38–40), L (42–44), XL (46–48)

Men’s Sizes

German Regular Sizes	46	48	50	52	54	56	58	60
Height	171 cm (67.3 in)	174 cm (68.5 in)	177 cm (69.7 in)	180 cm (70.9 in)	182 cm (71.7 in)	184 cm (72.4 in)	186 cm (73.2 in)	188 cm (74 in)
Chest	92 cm (36.2 in)	96 cm (37.8 in)	100 cm (39.4 in)	104 cm (41 in)	108 cm (42.5 in)	112 cm (44.1 in)	116 cm (45.7 in)	120 cm (47.2 in)
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Sizing Notes

- How to Measure:
 - Bust/Chest:** Measure around the fullest part of your chest, under your arms.
 - Waist:** Measure around your natural waistline (narrowest part of your torso).
 - Hips:** Measure around the widest part of your hips.
 - Head (for Hats):** Measure around the circumference of your head at the widest point.
 - Hands (for Gloves):** Measure around the knuckles, excluding the thumb.
- Conversion Guidance:
 - 1 cm = 0.3937 inches**
 - 1 inch = 2.54 cm**
- Size Variations:
 - Sizes may differ across brands and manufacturers. Always check the brand-specific size chart for accuracy.