

## BULLYING IN SCHOOL

Bullying is a serious problem around the world and it is prevalent among teens in schools. School bullying makes pupils lose their sense of security which makes them vulnerable to psychological trauma and they become deeply depressed and suffer from anxiety or make them lose their interest in studying at all.

Model	Questions	Example
Trouble	What makes us feel dissatisfied?	Conflict among students and some of the students being oppressed.
Owners	Who is responsible?	Parents, School administration, Teachers.
Success	What do we want to achieve?	So that no one bullies and everyone is treated with respect.
Constrain	What are some obstacles on the way to success?	Time, willingness of students.
Actors	Who are the stakeholders?	School Administration, Students, Teachers, Parents.

**PROBLEM STATEMENT:** How can the school make sure that pupils treat each other respectfully, and feel themselves secure.

### Interview Details

With our group, we have conducted interview with four students and 2 teachers of the school. During the conversation with them it was explained that the interview will be recorded only with their permission and used only for research purposes. With the help of taken notes during the interview these are the formulated insight cards of the respondents.

Title: Superiority #6 SSS6

Summary: Bullies are arrogant

Text: Bullies always want to be everyone's center of attention so they hurt others to get noticed.

Title: Frustration #5 SSS5

Summary: Bullies take their anger on others

Text: They are frustrated and they vent their frustration on others to feel better.

Title: Physical Bullying #3SSS3

Summary: Physical Damage

Text: Other boys usually pick a fight with me whenever teacher is not around.

### Advice for victims

Title: Negotiating #1SSS1

Summary: The method of negotiating

Text: I take a deep breath and try to negotiate with them.

Title: Stand up #4 SSS4

Summary: Confronting Bullies

Text: I speak up to them and confront them head on otherwise they won't leave me alone.

Title: Ignoring #6SSS2

Summary: The best way is Ignoring

Text: I try to ignore them, or leave them so they stop bot

### Design Imperatives:

School solutions:

1. Offenders will be afraid to bully next time.
2. There would not be principles of inequality.
3. Weaker pupils will feel safe to continue participating in the school's social life.

Parent decisions.

1. Thanks to proper upbringing, parents can reduce bullying.

2. It will also help to bright future of the child.

Psychological education of weaker students.

1. Psychological conversations will help weaker students to overcome fears and complexes.

2. Right advice and exercises from psychologists will help children raise low self-esteem, open up new opportunities and be braver.

### Prototyping

#### School rules against bullies

The rules for students of secondary school, establish standards of conduct for who bully, scoff, abuse, use physical force to their peers.

The purpose of the rules is to create a normal learning environment and active participation in events for all students, to develop respect for each other, a culture of behavior and to eliminate the principal of inequality among students.

Students do not have the rights to offend or bully their peers, otherwise rules described below will apply.

1.Warning. The bully and parents receive a comment from the school, which is principal earning of harsh punishments for repeated breaking of the rules.

## New rules against bullying in school

Deduction



Fine



Warning



Labor Punishment



2. Labor punishments. In case of repeated violation of the rules, the bullies are required to undergo labor punishments in the school territory. In cold or hot weather: cleaning of the classroom, corridors, sport hall, canteen. In warm weather, sweeping the school yard, caring for plants.

3.Fine. If labor punishment does not help prevent bullying at school, the child's parents will be required to pay a large amount of fine, which is 1,500,000 sums.

4. Deduction. After all the warning rules there is a deduction. A bully who does not cope with his behavior will be immediately expelled from school.

## Pupils are shocked by new rules against bullying



### Solution:

Desirability:

- Is it wanted?

- Yes. Because the school wants harmony and respect among all students.

Feasibility:

- Is it possible?

- Yes. Thanks to creative penalties to avoid bullying at school, it is possible to prevent bullying by aggressive students

Viability:

- Will it bring benefit?

- Yes. This will help weaker students to reveal themselves in various fields, as well as to calm down aggressive students so that they begin to respect their peers. In addition, it will help to abolish the principles of popularity and loseriness among students

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