

# Understanding COVID-19 Prevention Session Guide

## Session Outline

### Description

Understanding the spread of COVID-19 and how to reduce its spread is vital in the current context. This session aims to assess the level of understanding learners have on this topic, provide official guidelines and information and encourage learners to promote good habits within their communities. There are three key stages in this session: collection of information from learners, gaining new knowledge, and sharing the knowledge. It includes discussions, reading, self reflection and the creative production of information posters that can be displayed at key places in the local community.

### Session Objectives

The objectives of this session are to:

- Assess understanding of COVID-19 prevention.
- Build on prior knowledge on COVID-19 prevention and correct misconceptions.
- Improve reading skills.
- Communicate key ideas successfully.
- Make a positive impact in the community.

### Expected Outcomes

By the end the session student would have:

- Reflected on their understanding of COVID-19 and prevention strategies.
- Gained further understanding from official sources.
- Raised their awareness on personal responsibility.
- Created a poster to help others learn or recall important habits to slow the spread of COVID-19.

### Areas involved

- Citizenship



- Personal Responsibility
- Environment and Home Science
  - Personal Hygiene
  - (Non)Communicable Diseases
- Creative Arts
  - Draw and paint pictures
- Language
  - Reading
- Life Skills
  - Communication

## Starter

## Objectives

To assess understanding of COVID-19 and how to prevent its spread.

## Expected Outcomes

Students will share their knowledge and understanding of COVID-19 and how to prevent it.

## Teaching Instructions

Students write down bullet points of what they understand about COVID-19 and COVID-19 spread prevention, particularly with regards to hygiene and social distancing.

## Activity

Individually, write down some bullet points about what you know about COVID-19 and how hand-washing and social distancing can slow down its spread. You might want to focus on the following questions to help your thinking:

1. What do you know about these three points?
2. Why is it important to take them seriously?
3. What are the rules and guidelines about them?
4. What are you currently doing or could be doing about them?

## Sharing Answers

### Objectives

To present the current understanding. To be able to take notes on key points.

### Expected outcomes

Students should learn from each other and come up with a common understanding (whether correct or not) of COVID-19, and the importance of hand-washing and social distancing .

### Teaching Instructions

Students will work in pairs (or threes if needed) to share with each other their initial thoughts and come up with what they think are the key points. They will then present to the rest of the group. Guide a discussion trying to highlight the positive points that each team suggests.

### Activity

Talk to your peer (keeping safe distance) about your initial thoughts. Try to find out in what you agree and in what you disagree. Decide together what you think are the most important aspects.

After reaching your conclusions with your peer(s), present them to the rest of the group and discuss.

## Further information

### Objectives

To read formal guidance on COVID-19 and prevention methods. To understand that their actions can help reduce the spread of the disease.

### Expected Outcomes

Students should be able to read and understand how their knowledge relates to formal, reliable information available.



## Teacher Instructions

Provide reading materials:

- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>
- <https://www.health.go.ke/wp-content/uploads/2020/03/FAQs-FOR-PRESS-KIT1.pdf>
- <https://www.health.go.ke/wp-content/uploads/2020/03/COVID-19-Plan-Prevention-and-Control-in-Communities.pdf>

If possible guide a discussion to reflect on how these materials relate to the students' prior knowledge and understanding.

## Activity

Read the following text and think about how it compares to the key points raised in the group discussion.

## Plenary: Taking Action

### Objective

To create information posters on COVID-19 Prevention. To understand what they can do as individuals to help prevent the spread of COVID-19. To reflect on the importance of reliable information sources.

### Expected Outcomes

Students will select a key aspect of COVID-19 prevention and create a poster to put at strategic places in their community to help in the prevention campaign.

### Teacher Instructions/Activity

Select one point of action from the information provided and the discussions to help prevent the spread of COVID-19 and make a poster to inform about it. It should be concise and focused, but at the same time provide clear tips that members of your community might need to prevent the spread of COVID-19. Be creative and use a combination of drawings or pictures and text to present your tips.