

Patient Medical Report

Patient Information

- **Name:** John Doe
- **Date of Birth:** 15 March 1985
- **Gender:** Male
- **Patient ID:** 123456789
- **Date of Report:** 26 April 2025

Chief Complaint

Patient presents with persistent chest pain and shortness of breath for the past three days.

Medical History

- Hypertension (diagnosed 2018)
- Type 2 Diabetes Mellitus (diagnosed 2020)
- No known drug allergies
- Previous surgeries: Appendectomy (2010)

Medications

- Metformin 500mg twice daily
- Lisinopril 10mg once daily

Physical Examination

Vital Signs:

- Blood Pressure: 145/92 mmHg
- Heart Rate: 98 bpm
- Respiratory Rate: 20 breaths/min
- Temperature: 37.1°C
- Oxygen Saturation: 94% on room air

General Appearance:

- Alert and oriented ×3
- Mild respiratory distress observed

Cardiovascular:

- Regular heart sounds, no murmurs
- No peripheral edema

Respiratory:

- Mild crackles at lung bases bilaterally
- No wheezing

Investigations

- **ECG:** Sinus tachycardia, no acute ischemic changes
- **Chest X-ray:** Mild pulmonary congestion
- **Blood tests:**
 - Troponin I: Normal
 - HbA1c: 7.5%
 - Blood glucose: 170 mg/dL

Assessment

- Possible early heart failure exacerbation
- Uncontrolled hypertension and diabetes

Plan

- Admit to hospital for observation and management
- Initiate diuretics (Furosemide 20mg IV)
- Titrate antihypertensive therapy
- Consult cardiology
- Monitor blood glucose levels and adjust insulin if necessary
- Patient education on lifestyle modification and medication adherence

Physician Name: Dr. Sarah Johnson

Signature: _____