

# You have the right to safety. Seek assistance.



For any assistance, call the toll free  
number XXX



# Violence is never the solution in any conflict. Resolve conflict through dialogue.



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If someone asks for help,  
comfort them and share  
information on available  
support services.



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# Remember you are not alone.

If you are facing any form of violence,  
you can receive assistance from  
medical, legal, and psychosocial  
service provider in your area.



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# Do not judge a survivor.

Victim-blaming attitudes can harm survivors severely and stigmatize them further.

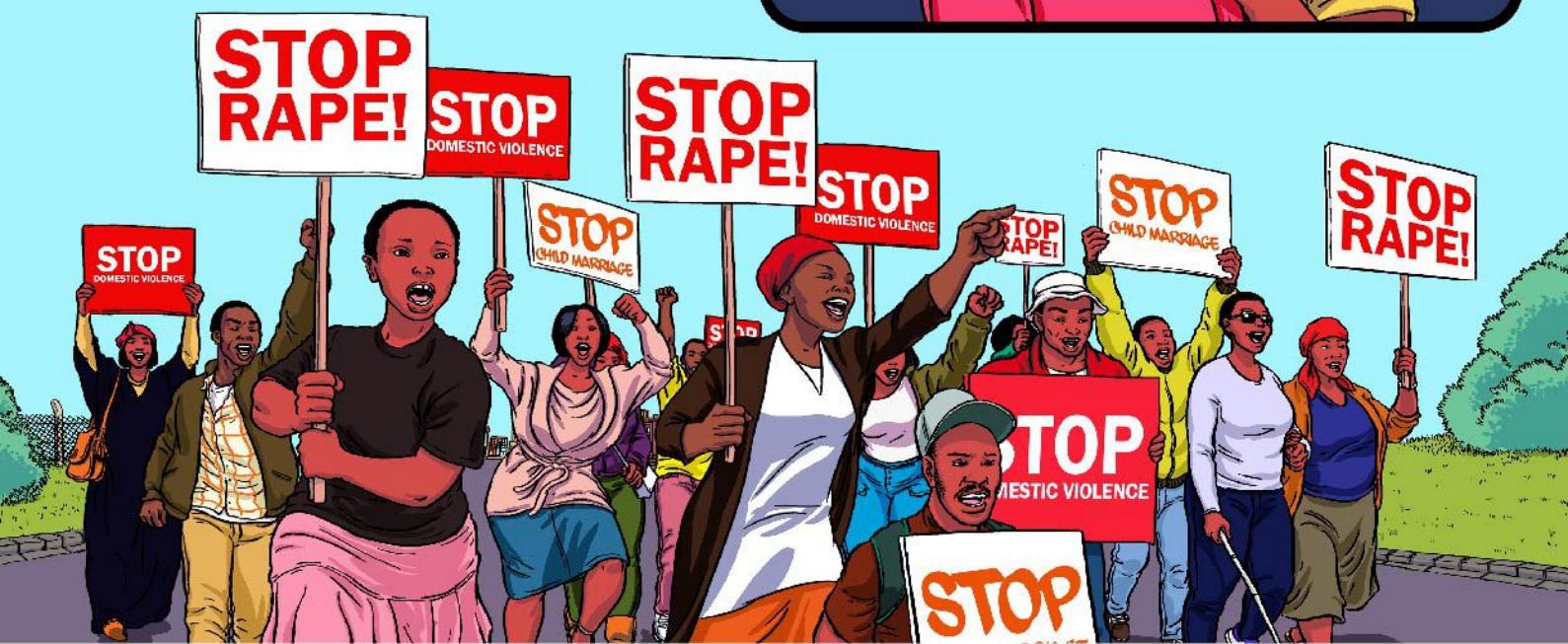


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# Sexual and Gender-based Violence (SGBV) is everyone's problem.

## Speak out against it.



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If you feel scared or if someone is hurting you, think of an adult supporter you can trust and reach out to.



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**Find a person you can trust to share your concern with and who can help seek assistance.**



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**Make sure to uphold the guiding principles of safety, confidentiality, non-discrimination, and respect at all times.**



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**As a leader in your community  
you can help to end child  
marriage and other harmful  
practices.**



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# Let girls be girls and say no to child marriage.



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**Girls are perfect as they are.  
Mutilation has lifelong  
consequences.**

**Think before you cut.**



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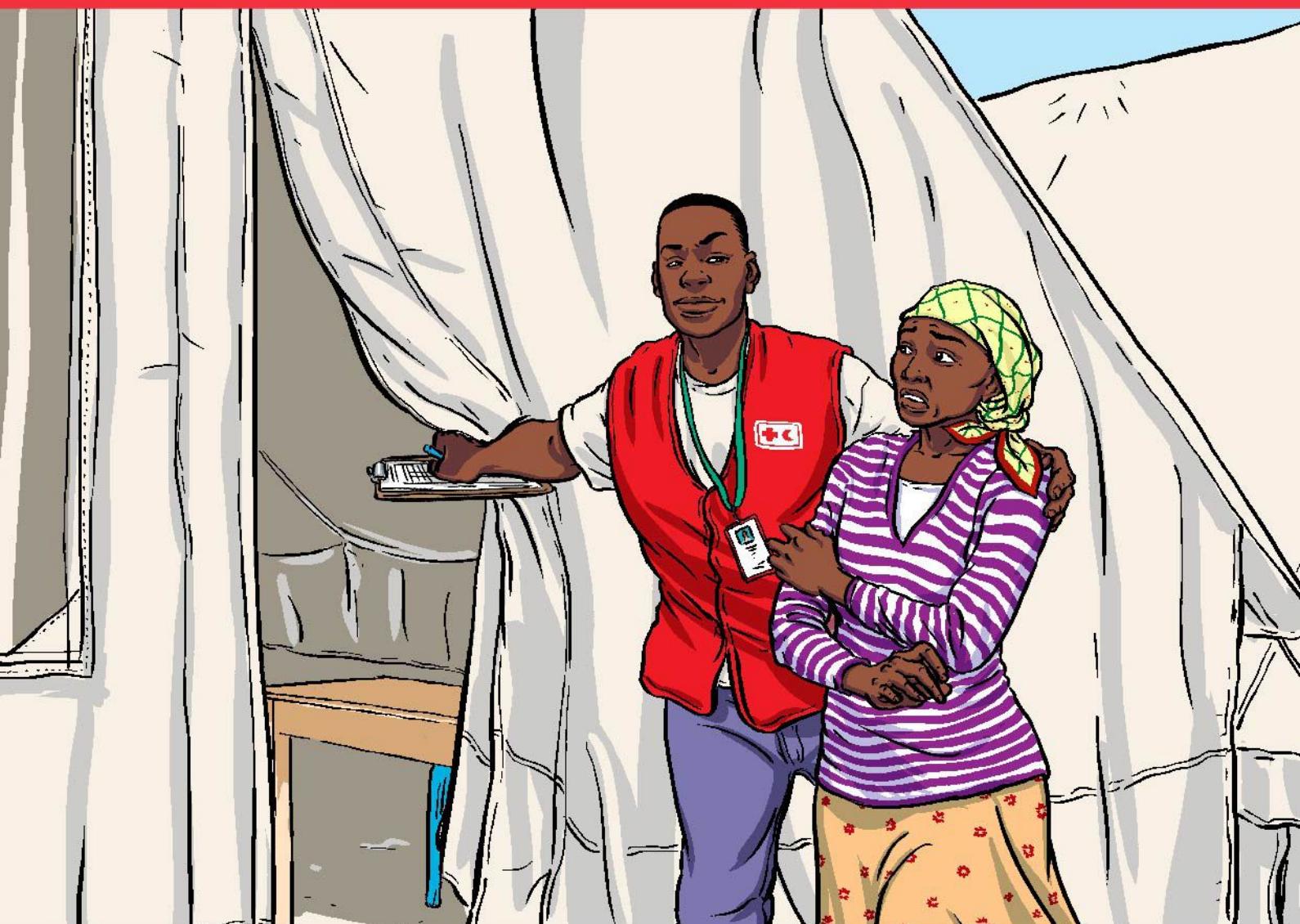
# Real men promote respect not harassment.



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**Aid is always free; no sexual or other favours can be requested in exchange for assistance.**



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**Always provide a  
non-judgmental, listening ear  
if you receive a disclosure of  
SGBV.**



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number XXX**

