

ADEGOROYE OLUWADAMILOLA TOSIN

Address: Oyebamiji street, Basorun, Ibadan.

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Personal Profile

- **State of Origin:** Ondo
- **Local Government Area:** Akure South
- **Date of Birth:** 17th January, 1998
- **Place of Birth:** Ondo State
- **Marital Status:** Single
- **Nationality:** Nigerian

Professional Profile

- Resourceful, dedicated and committed to providing solutions to common organizational problems, pro-active and dynamic in approaching work place task and assignment, creative, eloquent, reserved, flexible, personal excellence, accuracy and attention to details.

Core Skills

- Communication skills, Interpersonal Skills, Analytical Skills, Problem Solving Skills Impacting knowledge, Microsoft Office Suite, Goal Setting Skills, Call Handling, Financial Management, Health Safety and Management, Networking skill, Results oriented skill and presentation skill.

Professional Training and Certification

Think Writing and Business School, Gusau, Zamfara State	2020
Proficiency Certificate in Writing	
National Youth Service Corps, Zamfara State	2019/2020
Certificate of Merit	

Work Experience

Well-Me Pharmacy and Super market Store

Position Held: Sales Manager

Responsibilities:

Attend to costumers satisfaction, based on their need

Prepared daily roster for the staff members and assign them to their various duties

Pen down products that are almost out of stock and products that are yet to get expired

Ensure the shelves are well arranged, neat and products well placed

Onosode, University of Ibadan School Gym,

Fortress Physiotherapy Clinic, Akobo, Ibadan,

Oyo State Executive Gym

Position Held: Gym Instructor (internship student)

Responsibilities:

Guide each clients on the type of exercise that suites their needs

Take them through aerobic dance exercises especially the elderly

Give them specific instructions on each step to take per time

Ensure they all enjoy their training session by ensuring gradual improvement

Global Click Company, Ibadan

Position Held: Programme Facilitator

Responsibilities:

Educate people more on how to live a healthy life

Give a presentation on some factors which affects health unknowingly such as;
Environmental factors, inadequate rest, inadequate exercise, lack of proper diet and lack of proper medical checkup.

Conduct proper medical checkup on them, to know more about their health status and also areas needed to improve on their health based on individual results which were confidential.

Government Day Secondary School, Ungwar Gwaza, Gusau, Zamfara State

Position Held: Subject Teacher

Responsibilities

- Taught Junior Secondary School 1 and 2 Physical and Health Education
- Prepare Students for internal and external exams.
- Perform any other duties that may be assigned.

Educational and Qualifications

Post Graduate School

In view

University of Ibadan, Ibadan, Oyo State

Masters in Exercise Physiology

Tertiary School

Adekunle Ajasin University, Akungba Akoko, Ondo State 2014 - 2019

Bachelor in Science and Education

Secondary School

2008 –2014

- St. Louis Girls Grammar School, Ondo State

Senior School Certificate

Primary School

2000 – 2008

- St. Joseph Nursery and Primary School

First School Leaving Certificate

National Youth Service Corps

- **State of Service:** Zamfara State
- **Year of Service:** 2019 – 2020 (Batch B)
Place of Primary Assignment (PPA): Government Day Secondary School
- **Community Development Service (CDS):** Culture and Tourism (C and T)
- **NYSC Discharge Certificate Number:** A 004419848

Language Proficiency

English Language

Yoruba Language

Hobbies and Social Work

Researching, Studying, Imparting knowledge, Writing articles, Travelling, Reading.

Referees

Adegoroye Olajide

Business man

08138911374

Oba-ile, Akure, Ondo State.

Dr. Dan Danjuma Momoh

Senior lecturer in Human kinetics and Health Education

08038668501

Adekunle Ajasin University Akungba-Akoko

Mr Junaidu Shehu

Principal in-charge of Government Day Secondary School

0803 559 6950

Government Day Secondary School, Unguwar Gwaza, Gusau, Zamfara State.

Mr Banabas Oyebamiji

Pharmacist

Samonda, Ibadan, Oyo State

0703 684 7394