



IHAB-rl Mobile Software v1.4

Documentation

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Source: https://github.com/IHAB-RL/IHAB_MobileSoftware.git

Contents

1	Introduction	1
2	Installation	1
2.1	Requirements	1
2.2	Installation steps	1
3	Using the application	3
3.1	General purpose	3
3.2	Experimenter Mode	3
3.3	Operation Modes	3
3.4	Languages	4
4	Compilation of a questionnaire	4
4.1	General outline	4
4.2	Location of questionnaire files	4
4.3	Head	4
4.4	Timer	5
4.5	Title	5
4.6	Questions	5
4.6.1	Single Choice: Radio buttons	5
4.6.2	Multiple Choice: Checkboxes	6
4.6.3	Emojis	6
4.6.4	Text	7
4.6.5	Fixed Slider	7
4.6.6	Free Slider	8
4.6.7	Finish	9
4.7	Checkbox grouping and exclusivity	9
4.8	Default items	10
4.9	Comments	10
4.10	Logic	10
5	Resulting file	11
6	Data transfer	11
7	License	13

1 Introduction

The application you have obtained is a version of the IHAB EMA system. For standalone use no additional equipment is therefore required except for a computer to facilitate installation and data transfer. The software has been tested on the following devices:

- LG Electronics Nexus 5 (Android 5.1 & 6.0.1)
- Motorola XT1032 (Android 5.1)
- Motorola Moto G2 (Android 6.0)
- Motorola Moto G8+
- Lenovo TB2 X30F (Android 6.0.1)
- Nokia 7 Plus (Android 10)
- ...

This application is still undergoing development. Please feel free to contact us in case of any bugs or difficulties occurring during installation and usage. The given directions in the operation system settings might vary between devices.

2 Installation

2.1 Requirements

The device should be reset to its operating system default (*Settings*→*Backup&reset*→*Factory data reset*) prior to the installation. All accounts (*Settings*→*Accounts*) as well as device administrators (*Settings*→*Security*→*Device administrators*) need to be removed, too. On an average size display, the font size should be set to *Large* (*Settings*→*Display*→*Font size*). Required for the installation are:

- USB connection between smartphone and computer
- Free software *ADB* (Android Debug Bridge), e.g. “Minimal ADB and Fastboot”
- IHAB mobile .apk installation file
- Questionnaire .xml file
- helpful: free Android file manager, e.g. “Total Commander” installed on the device

2.2 Installation steps

1. Install ADB on the computer and add it to the system path.
2. Enable the developer options on the smartphone. How to do this might vary from model to model. The usual procedure is by opening *Settings*→*About phone*. At the bottom is an entry showing the *Build number*. This needs to be clicked 7 times until a message appears.

3. Go to *Settings*→*Developer options* and enable *USB Debugging*.
4. Connect the phone to the computer and allow debugging via the dialogue on the phone.
5. The next step is to establish a working connection between the smartphone and the computer. In order to check for a connection, open a console and type

```
adb devices .
```

If everything is okay, ADB should find a device. If not, check your connection. In case the computer does not understand the command, ADB needs to be added to the system path.

6. Now that a connection has been verified, move via the console to the directory that holds the .apk file and input

```
adb install IHAB.Mobile_Standalone.apk .
```

This will install the application. In case a previous version of the application is already installed, type

```
adb install-r IHAB.Mobile_Standalone.apk .
```

7. In order to make the application a device owner, which is needed for it to run as a dedicated device, type

```
adb shell dpm set-device-ownercom.fragtest.android.pa/.AdminReceiver .
```

8. To keep any information from popping up and confusing the user, input

```
adb shell appops set android TOAST_WINDOW deny .
```

9. In the application settings *Settings*→*Apps*→*IHAB* you need to enable all permissions (Audio input, Memory). This could also be done within the application but it is much simpler to do it upfront.
10. Opening the application will throw an error because no questionnaire file is present (however, this step is necessary to build the file system). Using the Windows Explorer, copy your questionnaire file to the *quest* folder within the application directory (*IHAB*). Depending on the device it might be necessary to enable the data transfer protocol MTP on the phone. A downward swipe starting from the top of the display shows the USB protocol which can then be altered. Alternatively you can enter the command

```
adb push [questionnaire file name] sdcard/ihab/quest .
```

11. Restart the phone by entering

```
adb reboot.
```

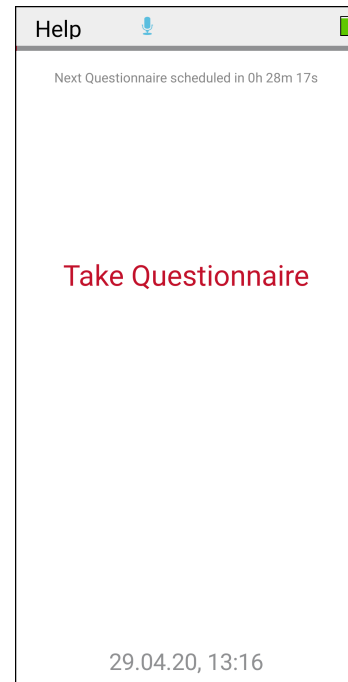
3 Using the application

3.1 General purpose

If the installation was successful, the smartphone runs as a dedicated device (or kiosk device), meaning that the user cannot leave the application or make alterations to the operating system. Most buttons are disabled or limited to specific use – including the power button which will only restart the device after a long push.

The menu view (see figure on the right) of the application features a bar at the top with a *Help* button, providing a general explanation of the main answer formats. Next to it is a microphone symbol that can change its color according to the type of data input. On the right hand side is a battery symbol displaying the current state of charge.

The center of the screen features the "Take Questionnaire" button (in case of no major errors present) which can be used to manually start a questionnaire at any given time. Above it is a display of the time until the next questionnaire notification is triggered. If a questionnaire is prompted the font size increases, accompanied by vibrating alert.



3.2 Experimenter Mode

When testing a new questionnaire, it is helpful to disable the KIOSK mode. The easiest way is the *Experimenter mode*, which can be unlocked by copying a specific file to the main application folder (*IHAB*). The file may be empty and must be named "config" without a formatted ending. To enter the in-app preferences menu, simply hold down the "HELP" button in the top left corner for 5 seconds. Inside the preferences, you are free to disable the KIOSK mode as well as change other settings. This will also provide a way to exit a questionnaire by clicking the "IHAB" logo in the top left corner. In order to ensure that a questionnaire is answered by the subject, switching off the experimenter mode during an experiment is advisable.

3.3 Operation Modes

The *IHAB* application offers 6 different modes of operation which are indicated by the color of the microphone symbol at the top center of the screen. If no objective data connection can be established (not needed in Standalone mode), the symbol is gray 🎤.

- **STANDALONE** 🗨️: Application is used for questionnaire purposes only, no additional device needed.
- **INTERNAL MIC** 🎤: Objective data is extracted using the internal microphone or the microphone channel primarily selected by the smartphone.
- **USB** 🔌: Audio data is obtained from a USB audio device.
- **A2DP** 📶: Bluetooth connection using the A2DP protocol. Since this type of connection requires a specialised operating system, it will only run on an LG Nexus 5.
- **RFCOMM** 📶: Bluetooth connection using the RFCOMM protocol via the IHAB first generation bluetooth device.
- **PHANTOM** 📶: Bluetooth connection using the RFCOMM protocol via the IHAB second generation bluetooth device.

In case of a bluetooth connection, the device must be paired prior to starting the application via the bluetooth settings of the smartphone or tablet computer. This is achieved via *Settings*→*Connected Devices*→*Pair new device*.

3.4 Languages

The application currently supports English and German. Language settings are adjusted automatically.

4 Compilation of a questionnaire

4.1 General outline

The questionnaires are generated on the basis of .xml files which can be altered to suit the needs of the experiment. Generally it is a good idea to start from an existing file and make changes, testing them regularly on the smartphone in order to guarantee errorless functionality. In case of formal mistakes (e.g. missing brackets or typos within tags) the application might crash.

4.2 Location of questionnaire files

Questionnaire files are placed in the *quest* folder located in the application directory. The application will automatically sort all questionnaire files alphabetically and pick the uppermost. If you would like to use a different questionnaire, you can choose manually from the preferences menu (see 3.2), but we recommend placing only a single file in the *quest* folder in order to avoid confusion.

4.3 Head

The head consists of two lines that must not be changed, but may become obsolete in future releases.

```
<?xml version="1.0" encoding="utf-8"?>
<mobiquest>
```

4.4 Timer

Two different timer settings exist: *interval* and *fixed schedule*. When choosing interval, a `mean` and `deviation` value can be set. The application generates a random interval true to a uniform distribution within the given limits ($\text{mean} \pm \text{deviation}$). This can be beneficial in order to avoid sampling artifacts, e.g. suggesting a questionnaire every 60 minutes to someone who is always listening to the news at that time. If the scheduling interval should not be random, a deviation value of "0" is set. The timer is re-initiated after a questionnaire has been finalized.

```
<timer mean="1800" deviation="300"></timer>
```

If it is desired to suggest a questionnaire at specific times, the `date` value must be set. The value is entered in form of a String, meaning a time within quotation marks, e.g. "13:47". The system uses the 24h format HH:MM and multiple dates can be entered by concatenating times with a semicolon, e.g. "12:15;17:21;14:41". Times are sorted automatically by the application.

```
<timer date="12:15;13:13;14:41;17:21;8:10;08:12"></timer>
```

4.5 Title

The title tag can be set to personal taste and is formally needed but does not appear in the output result files.

```
<title>
  <text>Exemplary Questionnaire</text>
</title>
```

4.6 Questions

A question consists of an opening `question` tag including some properties, e.g. `id`, `type`, and `filter`. Then follows the label – the actual question. After that usually comes a suite of answer options, which are defined by a unique `option id`. Although there are no restrictions, it has proven useful in practice to combine `question id` and `#` of the answer using an underscore (the underscore is omitted internally). The following figure shows an example of a question with three single-choice answer options. The `question id` serves as a unique question identifier and the `type` sets the answer format (see ??).

4.6.1 Single Choice: Radio buttons

Radio buttons are established as single choice option symbols, meaning that only one option can be selected at the same time.

```
<question id="10104" type="radio">
  <label>
    <text>Which record is the best?</text>
  </label>
  <option id="10104.01">
    <text>Dark side of the moon</text>
  </option>
  <option id="10104.02">
    <text>Grand Tour</text>
  </option>
  <option id="10104.03">
    <text>Foxtrot</text>
  </option>
</question>
```

The screenshot shows a mobile application window titled 'IHAB'. Below the title bar is a question: 'Which record is the best?'. There are three radio button options listed: 'Dark side of the moon', 'Grand Tour', and 'Foxtrot'. The first option is selected.

4.6.2 Multiple Choice: Checkboxes

Checkboxes give the user the impression of a list of which multiple items can be selected at the same time. Customized within-list logic can be implemented as described in 4.7.

```
<question id="10102" type="checkbox">
  <label>
    <text>Please select one or more.</text>
  </label>
  <option id="10102.01">
    <text>Red</text>
  </option>
  <option id="10102.02">
    <text>Green</text>
  </option>
  <option id="10102.03">
    <text>Blue</text>
  </option>
</question>
```

The screenshot shows a mobile application window titled 'IHAB'. Below the title bar is a question: 'Please select one or more.'. There are three checkbox options listed: 'Red', 'Green', and 'Blue'. None of the checkboxes are selected.

4.6.3 Emojis

Emojis yield a swift and intuitive way of assessing the emotional state of a subject. The application comes with five built-in emojis, which are called directly via their file names as shown below.

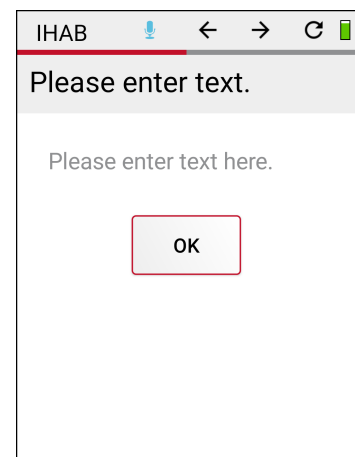

```
<question id="10103" type="emoji">
  <label>
    <text>How are you feeling?</text>
  </label>
  <option id="10103_01">
    <text>emoji_happy2</text>
  </option>
  <option id="10103_02">
    <text>emoji_happy1</text>
  </option>
  <option id="10103_03">
    <text>emoji_neutral</text>
  </option>
  <option id="10103_04">
    <text>emoji_sad1</text>
  </option>
  <option id="10103_05">
    <text>emoji_sad2</text>
  </option>
</question>
```



4.6.4 Text

Sometimes the best way of assessing a situation is via a short text entered by the user.

```
<question id="10104" type="text">
  <label>
    <text>Please enter text.</text>
  </label>
</question>
```



4.6.5 Fixed Slider

Fixed sliders technically do not offer a different choice than radio buttons, but they can be helpful when the answer has a sense of level to it. The slider will snap to the nearest position, alternatively the categories are selectable themselves.

```

<question id="10105" type="sliderFix">
  <label>
    <text>How loud is it?</text>
  </label>
  <option id="10105_01">
    <text>Very loud</text>
  </option>
  <option id="10105_02">
    <text>Loud</text>
  </option>
  <option id="10105_03">
    <text>Medium</text>
  </option>
  <option id="10105_04">
    <text>Not loud</text>
  </option>
  <option id="10105_05">
    <text>Quiet</text>
  </option>
</question>

```

IHAB

How loud is it?

Very loud

Loud

Medium

Not loud

Quiet

4.6.6 Free Slider

Free sliders are fully functional sliders which allow the user to select any value on a given scale. The result is coded as a floating point value between 0 and 1.

```

<question id="10106" type="sliderFree">
  <label>
    <text>How loud is it?</text>
  </label>
  <option id="10106_01">
    <text>Very loud</text>
  </option>
  <option id="10106_02">
    <text>Loud</text>
  </option>
  <option id="10106_03">
    <text>Medium</text>
  </option>
  <option id="10106_04">
    <text>Not loud</text>
  </option>
  <option id="10106_05">
    <text>Quiet</text>
  </option>
</question>

```

IHAB

How loud is it?

Very loud

Loud

Medium

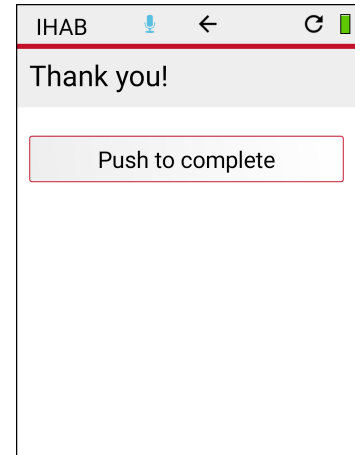
Not loud

Quiet

4.6.7 Finish

The last question must be the finish page which automatically includes a button that completes the questionnaire and saves the results:

```
<finish>
  <text>Thank you!</text>
</finish>
```



4.7 Checkbox grouping and exclusivity

If only one option out of a group of options might be logically possible (see exemplary options 1-3 below), they can form a group. If one item out of this group is selected, the others are automatically deselected. Multiple groups can exist within one question. An extreme form of this is the **exclusive** tag (option 5), which deselects every other item from the respective list of answers except itself and automatically deselects itself if another item is chosen.

```
<question id="10111" type="checkbox">
  <label>
    <text>Where does sound originate from?</text>
  </label>
  <option id="10111_01" group="1">
    <text>Single person</text>
  </option>
  <option id="10111_02" group="1">
    <text>2-3 persons</text>
  </option>
  <option id="10111_03" group="1">
    <text>4 or more persons</text>
  </option>
  <option id="10111_04">
    <text>Public announcement</text>
  </option>
  <option id="10111_05" condition="exclusive">
    <text>It is quiet.</text>
  </option>
</question>
```

4.8 Default items

An item can be set as preselected default using the `default` tag instead of `option` as shown below:

```
<default id="10109_03">
  <text>Not much</text>
</default>
```

4.9 Comments

Two types of comments are supported by the questionnaire format. Single line comments start with `//`, multiple line comments are parenthesized by `/*` and `*/`.

```
// One line comment

/* Here is a
slightly longer
comment */
```

4.10 Logic

In order to allow for high specificity and efficiency, questions can be equipped with logical decision parameters that establish whether or not a question will be included in the current suite. The switch is located in the opening line of each question under the tag `filter` in form of a comma-separated concatenation of all included conditions. Two scenarios exist: positive and negative. A question will only be included if **ALL** positive conditions are satisfied and it will not be included as soon as at least **ONE** negative condition (indicated by a prefixed `!`) is satisfied (e.g. `filter="10103_02,10103_05,!10111_09"`).

→ Think: positive - necessary criterion, negative – sufficient criterion.

The filter conditions are the option ID's of answer items from earlier questions of the current session. Whenever an answer is chosen by the user, its ID is stored in memory and before a question is displayed, a filter checks whether given conditional ID's are present in the memory.

```
<question id="10112" type="radio" filter="10103_02,10103_05,!10111_09">
```

Notice that entries can be spread across multiple lines in order to increase readability.

```
<question id="10112"
  type="radio"
  filter="10103_02,
        10103_05,
        !10111_09">
```

5 Resulting file

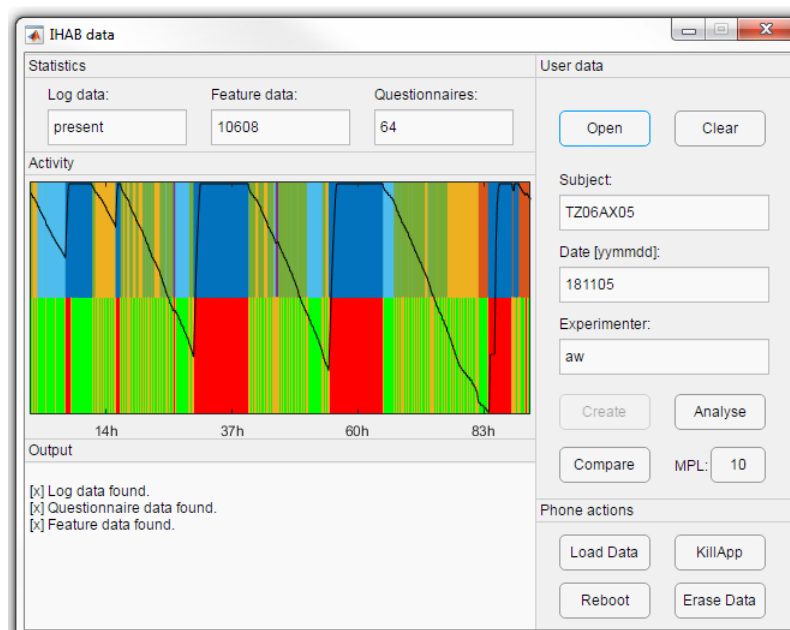
Completing a questionnaire results in an .xml file being generated in the “data” folder. The file name is composed of the Device ID, the current date in yyyyMMdd (year, month, day) and the time of completion in HHmmssSSS (24h hours, minutes, seconds, milliseconds), for example cbaaacf404279a80_20200430_125224699.xml.

The file contains information on whether the questionnaire was taken upon a reminder or deliberately (motivation: auto/manual), which questionnaire design it was based on, the Device ID, version of the application, start and end dates as well as the provided answers.

```
<?xml version="1.0" encoding="utf-8"?>
<mobiquest>
<motivation motivation="manual"/>
<record uri="tmp/cbaaacf404279a80_20200430_125224699.xml"
  survey_uri="tmp.xml">
<value device_id="cbaaacf404279a80"/>
<value start_date="2020-04-30T12:52:24"/>
<value start_date_UTC="2020-04-30T12:52:24"/>
<value app_version="1.4"/>
<value question_id="10101" option_ids="1010102"/>
<value question_id="10102" option_ids="1010202"/>
<value question_id="10103" option_ids="1010301"/>
<value question_id="10104" option_ids="Some generic text."/>
<value question_id="10105" option_ids="1010504"/>
<value question_id="10106" option_ids="0.36958176"/>
<value question_id="10107"/>
<value end_date="2020-04-30T12:53:13"/>
<value end_date_UTC="2020-04-30T12:53:13"/>
</record>
</mobiquest>
```

6 Data transfer

For every questionnaire that has been answered, a resulting .xml file is produced which can be found in the *data* folder within the application directory. In order to simplify data transfer we have developed a Matlab interface which can also be used to stop the application (because for safety reasons this is not provided or at least not trivial) and to erase all data from the device. The software is self-explanatory and can be found under GitHub: https://github.com/IHAB-RL/IHAB_DataExtraction.git. Please note that so far it has only been tested under Windows 7/10.



7 License

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