# Childhood Respiratory Illness and the Potential Link to Maternal Gestational Diabetes

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## Background/Rationale

- Gestational diabetes
  - Inability to produce enough insulin
  - Diagnosed 24-28 weeks gestation
  - Disappears within 6-12 weeks postpartum
- Gestational diabetes effects on infants/children
  - Obesity
  - Type II diabetes
  - Increased rates respiratory illness
    - Immature lungs
- Lack of research on respiratory illness
  - Respiratory illness (RI)
    - Upper- or lower-tract infection or chronic illness of the respiratory system

# Objectives/Hypotheses

- Objectives
  - Necessary to link mother/child data
    - Gestational environment can have lasting impact on child
  - Incidence of respiratory illness between 0-10 years
  - Prevalence of respiratory illnesses
  - Secondary objective → screening tools for physicians
- Hypotheses
  - Children in the cohort will have higher incidence of childhood RI
  - Children in the cohort will have more prevalent rates of chronic RIs (e.g., bronchitis, asthma) than the comparison group

### **Proposed Cohorts**

- Cohort of interest
  - Women diagnosed with gestational diabetes during pregnancy, ICD-10 code O24.4
  - Children born of women with GD
  - Children diagnosed with upper- or lower- RI, ICD-10 codes J00-J47.9
  - Ages birth-10 years
- Comparison cohort
  - Women who gave birth in a hospital that did not have GD
  - Children born of women without GD
  - Children diagnosed with upper- or lower- RI
  - Ages birth-10 years

# Analyses

- Cox Proportional Hazards Model
  - Follow time as a continuous variable
  - Time course of children developing RIs
    - Cohort and population control groups
  - Determine the ratio between children with RIs born of mothers with GD versus children in the general population
  - Use survival package in R
  - Do the trajectories diverge as we follow children through time?

#### **Future Directions**

- Combining of mother and child data (especially pregnancy)
  - More complete health record
- If the evidence shows an increase in prevalence and/or incidence of RIs in children whose mothers have GD:
  - Screening by physicians
  - Earlier interventions in seemingly "harmless" RIs
    - i.e., steroid therapy for common cold/influenza after X days

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