**Chicken Fried Steak**

Ingredients:

- Cubed/ Tenderized Round Steak

- 1 tablespoon of vinegar

- 1 cup of milk

- cooking oil

- bowl of flour

Directions:

- Mix vinegar and milk in a bowl (not

the bowl of flour)

- Dip meat in flour, then in milk and

vinegar mixture, then back in the

flour

- Fry in oil one side until brown

- Check before flipping but don’t lift it

too soon

- Fry other side