Symmetric matrices

$$A = A^T (1)$$

Eigenvalues are real. Eigenvectors can be chosen to be perpendicular.

What does "chosen to be perpendicular" mean? Take the identity matrix, where every vector is an eigenvector. Then I can choose n of those who are mutually orthogonal. I can also make the orthonormal simply by scaling them.

In the usual case,

$$A = Q\Lambda Q^{-1} \tag{2}$$

where we use Q in place of S because the eigenvector matrix is orthogonal. Then $Q^{-1} = Q^T$ and so

$$A = Q\Lambda Q^T \tag{3}$$

Written in this form, A is clearly symmetric, and the fact that every symmetric matrix can be written in this form is an important theorem of linear algebra. This factorization completely displays the eigenvalues and eigenvectors and symmetry of A. It's a special case of the spectral theorem; spectrum is the set of eigenvalues of a matrix. In mechanics it's called the principle axis theorem.

$$\langle x|Qx\rangle = \langle Qx|x\rangle \tag{4}$$

$$\langle x|\lambda x\rangle = \langle \lambda x|x\rangle \tag{5}$$

$$\lambda \langle x | x \rangle = \lambda^* \langle x | x \rangle \tag{6}$$

$$\lambda = \lambda^* \tag{7}$$

since $\langle x|x\rangle \neq 0$.

We have actually proved something else for complex matrices; that if $Q = Q^H$ (conjugate transpose, sometimes writtes as $Q = Q^{\dagger}$) then the eigenvalues are real. They also have n perpendicular eigenvectors. These are called Hermitian matrices.

$$A = Q\lambda Q^{-1} \tag{8}$$

$$= \begin{bmatrix} | & | & | \\ q_1 & q_2 & q_3 \\ | & | & | \end{bmatrix} \begin{bmatrix} \lambda_1 & & \\ & \lambda_2 & \\ & & \dots \end{bmatrix} \begin{bmatrix} q_1 \\ q_2 \\ & \dots \end{bmatrix}$$
(9)

$$= \lambda_1 q_1 q_1^T \tag{10}$$