

Poomsae:

This is a non-fighting round in which points will be awarded for the player's performance. For individuals, players will compete in 2 categories as follows:

- Juniors— Players may be asked to execute any Taeguk upto Taeguk IV.
- Seniors- Players may be asked to execute any Taeguk upto Taeguk VI.
- Group Poomsae: For group competition, a team must consist of 3 players (any number of boys and girls). Players may be asked to execute any Taeguk upto Taeguk V.
- Pair Poomsae : Players may be asked to execute any Taeguk upto Taeguk IV.

Any player can participate in a maximum of 2 events (excluding Team game events).



Sparring:

The players will fight within their respective weight categories.

The tournament will be of knock-out type. Bout formation will be a random process. If there is a single player in any weight category he/she will be shifted to the next nearest weight category.

Weight categories for the sparring will be as follows:

Sl. No.	Weight Categories	Men (kg)	Women (kg)
1	Fin	Below 54	Below 46
2	Fly	54-58	46-49
3	Bantam	58-63	49-53



4	Feather	63-68	53-57
5	Light	68-74	57-62
6	Welter	74-78	62-67
7	Middle	Above 78	Above 67
8	Heavy	-	-

Team Game: Team consists of 6 people (5 Boys and 1 Girl)

IMPORTANT NOTE:

RULES & SCHEDULE ARE SUBJECT TO CHANGE IN THE SPIRIT OF THE GAME & THE FESTIVAL. THE FINAL DECISION IN ALL MATTERS RESTS WITH THE SPARDHA TEAM.