

## Poomsae:

This is a non-fighting round in which points will be awarded for the players performance. For individuals, players will compete in 2 categories as follows:

- Juniors— Players may be asked to execute any Taeguk upto Taeguk IV.
- Seniors- Players may be asked to execute any Taeguk upto Taeguk VI.
- Pair Poomsae: For pair competition, teams consist of 2 players (one boy and one girl). Players may be asked to execute any Taeguk upto Taeguk V.
- Group Poomsae: For group competition, teams consist of 3 players (any number of boy and girl). Players may be asked to execute any Taeguk upto Taeguk V.

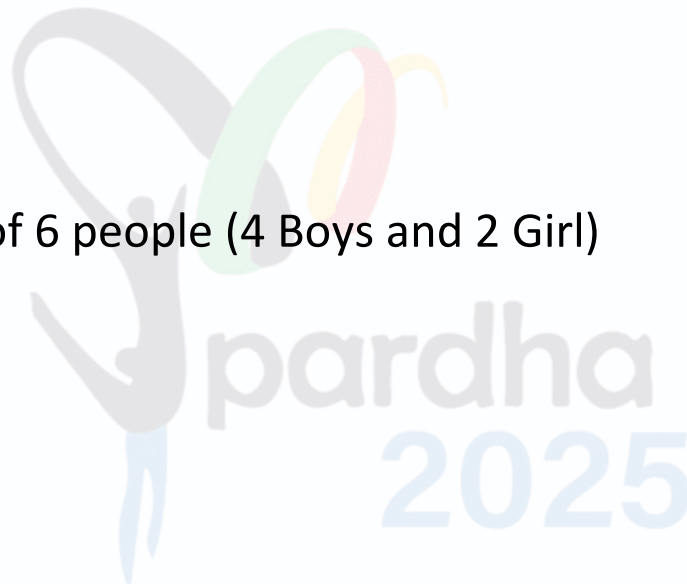
Any player can participate in maximum of 2 events (excluding Team game event).

## Sparring:

The players will fight within their respective weight categories. The tournament will be of knock-out type. Bout formation will be a random process. If there is single player in any weight category he/she will be shifted to the next nearest weight category.

## Team Game:

Team consists of 6 people (4 Boys and 2 Girl)



Weight categories for the **sparring** will be as follows:

Sl. No.	Weight Categories	Men(Kg)	Women(Kg)
1	<b>Fin</b>	Below 54	Below 46
2	<b>Fly</b>	54-58	46-49
3	<b>Bantam</b>	58-63	49-53
4	<b>Feather</b>	63-68	53-57
5	<b>Light</b>	68-74	57-62

6	<b>Welter</b>	74-80	62-67
7	<b>Middle</b>	80-87	67-73
8	<b>Heavy</b>	Above 87	Above 73

## IMPORTANT NOTE:

RULES & SCHEDULE ARE SUBJECT TO CHANGE IN THE SPIRIT OF THE GAME & FESTIVAL AND THE FINAL DECISION IN ALL MATTERS RESTS WITH THE SPARDHA TEAM.