

OBJECTIVE

Hard-working and dedicated self-starter seeking an opportunity to expand my experience and learn new skills. I pride myself in my ability to solve challenging problems in a creative and thoughtful manner. My professional experience has included opportunities to work directly with patients, care team members, and facilities/operations in my role at a physical therapy clinic and personal trainer.

PROFESSIONAL EXPERIENCE

ATI Physical Therapy

Operations Support Specialist II

08/2020 – 06/2021

- Administrative lead in charge of patient scheduling, billing, new patient intake, patient outreach, and clinic promotion
- Worked directly with patients to carry out established physical therapy treatment plans to help individuals meet personal goals, gain strength/mobility, and pain management.
- Trained in the use and setup of various therapeutic modalities including electrical stimulation, BFR (blood flow restriction) units, and Gameready Icing machines
- Duties also include: equipment maintenance, inventory management, and maintaining clinic-wide safety standards

Physical Therapy Technician

07/2018 – 03/2020

- Work with patients and physical therapists to develop therapeutic exercise programs for patients recovering from various surgeries, injuries, and chronic pain management using patient-centered approaches
- Supporting administrative duties such as patient intake, scheduling, phone calls, and community outreach

YMCA of Greater Seattle

Personal Trainer/Wellness Coach

09/2016 -04/2021

- Individual consultation with clients to discuss personal health and fitness goals. Develop safe, personalized exercise programs while motivating clients toward successful outcomes
- Quickly develop strong rapport and establish trusting relationships with clients, acting as a motivator to achieve their health and fitness goals
- Collaborated with University of Washington Department of Medicine - Multiple Sclerosis Clinic, "Get Smart Study" to determine whether exercise has an impact on cognition in patients with MS

EDUCATION

Washington State University

Class of 2016

Bachelor of Science: Kinesiology

Minor: Psychology