Study	Experimental Mean SD Tota			Control al Mean SD 1			Total Weight	Mean Difference IV, Random, 95% C	1	Mean Difference IV, Random, 95% CI					
Babu 2022 Balducci 2015		26.2000 26.2000			24.3000 21.8000			-0.60 [-15.93; 14.73 -10.70 [-14.54; -6.8	-		-	•	_		
Total (95% CI) Heterogeneity: T	-au ² = 1	8.5068; Cl	323 ni ² = 1.	57, df =	1 (P = 0.2	325 :1); I ² =	100.0% 36%	-8.49 [-61.56; 44.59) -					_	\neg
0 ,		,		•	•	,,			-60	-40	-20	0	20	40	60