Study	Expe Mean	rimental SD		Mean	Control SD		Weight	Mean Difference IV, Random, 95% CI		Mea IV, Ra		ierenc n, 95%		
Babu 2022	31.20	10.3000	20	37.60	17.3000	22	4.8%	-6.40 [-14.92; 2.12 <u>]</u>						
Balducci 2015	25.30	11.4000	303	24.40	10.2000	303	21.0%	0.90 [ -0.82; 2.62]						
Cheng 2017	23.70	7.8900	22	27.40	7.0400	18	11.1%	-3.70 [ -8.33; 0.93]			-			
Hallsworth 2015	33.00	15.0000	12	35.00	8.0000	11	3.9%	-2.00 [-11.71; 7.71]		_	•			
Hassabi 2023	27.65	16.8100	26	31.57	13.1700	14	4.1%	-3.92 [-13.37; 5.53]			-	_		
Haufe 2021	27.71	9.8800	132	32.00	17.0400	142	15.3%	-4.29 [ -7.56; -1.02]			-			
Houghton 2017	45.00	12.0000	12	58.00	30.0000	12	1.2%	-13.00 [-31.28; 5.28	] —	•	:	_		
Keating 2023	34.00	12.5000	7	35.40	14.9000	5	1.6%	-1.40 [-17.41; 14.61]					-	
Kelardeh 2020	23.09	4.8900	12	25.54	4.9600	11	12.8%	-2.45 [ -6.48; 1.58]			-			
Pugh 2013	29.00	7.1500	6	43.00	14.0900	5	2.1%	-14.00 [-27.61; -0.39	] –		<u>:</u>			
Pugh 2014	29.00	6.4500	13	41.80	21.3500	8	1.7%	-12.80 [-28.00; 2.40	] –	•	:	-		
Reljic 2021	26.00	11.0000	29	29.00	14.0000	17	5.6%	-3.00 [-10.77; 4.77]		_		_		
Rezende 2016	40.16	38.4300	19	29.15	12.2700	21	1.3%	11.01 [ -7.05; 29.07]			-:-			—
Stine 2022	32.20	10.6000	18	35.40	13.9000	10	3.8%	-3.20 [-13.11; 6.71]			-			
Takahashi 2015	38.10	18.4000	31	42.50	14.9000	22	4.4%	-4.40 [-13.38; 4.58]				_		
Zelber-Sagi 2014	34.30	17.4900	33	32.00	14.7600	31	5.4%	2.30 [ -5.61; 10.21]				-		
Total (95% CI)	al.		695			652	100.0%	-2.66 [ -4.70; -0.62]			•			
Prediction interva		co. Ch: <sup>2</sup>	22.00	<b>طد ۱</b> ۲	(D 0.00)	. 12 2	E0/	[ -7.81; 2.49]		1 1		<u> </u>		
Heterogeneity: Tau <sup>2</sup>	= 4.626	52; Uni =	<b>∠</b> ∠.99,	ui = 15	(P = 0.08)	; 1 = 3	0%		_30	-20 -1	0 0	10	20	3