Study	Experimental Mean SD					Total	Weight	Mean Difference IV, Random, 95% CI	Mean Difference IV, Random, 95% CI				
Babu 2022	14.94	9.3500	20	14.18	10.0000	22	25.3%	0.76 [-5.09; 6.61]					
Hallsworth 2011	12.20	9.0000	11	11.50	7.4000	8	23.9%	0.70 [-6.69; 8.09]			-		
Hallsworth 2015	7.80	2.4000	11	10.40	3.9000	12	27.6%	-2.60 [-5.22; 0.02]					
Keating 2023	13.00	9.2000	7	33.10	5.0000	5	23.2%	-20.10 [-28.20; -12.00]	-			
Total (95% CI) 4 Prediction interval			49	49			100.0%	-5.02 [-20.46; 10.42]					
Heterogeneity: Ta		9937· Ch	ni ² = 19	74 df =	= 3 (P < 0	01)· I ²	= 85%	[-48.32; 38.28]				1	
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