Study	Experimental Mean	SD	Total	Control Mean	SD	Total	Weight	Mean Difference IV, Random, 95% CI	Mean Difference IV, Random, 95% CI
Houghton 2017	551.00	275.0000	12	781.00	1013.0000	12	7.2%	−230.00 [−823.89; 363.89]	
Keating 2023	169.80	153.9000	7	150.40	161.8000	5	48.6%	19.40 [−162.56; 201.36]	
Stine 2022	363.90	334.2000	18	168.30	197.6000	10	44.1%	195.60 [−1.47; 392.67]	
Total (95% CI)			37			27	100.0%	79.09 [−288.99; 447.17]	
Prediction interval								[−1369.41; 1527.60]	

Heterogeneity: Tau^2 = 5922.4929; Chi^2 = 2.79, df = 2 (P = 0.25); I^2 = 28%

−1500   −500   0   500 1000 15