	Experimental			Control				Mean Difference						
Study	Mean SD		Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI					
Adelbassett 2020	10.29	1.3900	31	11.10	5.2000	16	98.3%	-0.81 [-3.40; 1.78]			-			
Sullivan 2012	17.46	9.7300	12	23.86	23.6400	6	1.7%	-6.40 [-26.10; 13.30]		•				
Total (95% CI) Heterogeneity: $Tau^2 = 0$; $Chi^2 = 0.30$, or			43 0. df = 1				100.0%	-0.91 [-10.10; 8.29]						
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