Study	Experimental Mean SD	Total Mean	Control SD Total	Mean Difference Weight IV, Random, 95% CI	Mean Difference IV, Random, 95% CI
Haufe 2021 Stine 2022	0.35 0.0100 0.46 0.1500			100.0% -0.04 [-0.04; -0.04] 0.0% -0.26 [-0.74; 0.22]	
Total (95% CI) Heterogeneity: T	$au^2 = 0$; $Chi^2 = 0$	150 0.82, df = 1 (P	152 = 0.37); I ² = 0%	100.0% -0.04 [-0.06; -0.02]	-0.6 -0.2 0 0.2 0.4 0.6