

Study	Experimental			Control			Weight	Mean Difference	
	Mean	SD	Total	Mean	SD	Total		IV, Random, 95% CI	
Hallsworth 2015	2.10	0.8000	11	1.90	0.6000	12	62.8%	0.20 [−0.38; 0.78]	
Pugh 2014	1.50	0.6600	13	1.60	0.9600	8	37.2%	−0.10 [−0.86; 0.66]	
Total (95% CI)			24				20	100.0%	0.09 [−1.75; 1.93]
Heterogeneity: Tau <sup>2</sup> = 0; Chi <sup>2</sup> = 0.38, df = 1 (P = 0.54); I <sup>2</sup> = 0%									

