Study	Experi Mean	imental SD	Total	Mean	Control SD		Weight	Mean Difference IV, Random, 95% CI	Mean Difference IV, Random, 95% CI
Adelbassett 2020	1.00	0.0800	31	0.96	0.1100	16	23.0%	0.04 [-0.02; 0.10]	-
Babu 2022	1.46	0.4200	20	1.34	0.3400	22	5.4%	0.12 [-0.11; 0.35]	
Hassabi 2023	2.67	0.8200	26	2.70	0.5700	14	1.8%	-0.03 [-0.46; 0.40]	
Keating 2023	0.90	0.2000	7	0.90	0.1000	5	8.6%	0.00 [-0.17; 0.17]	- •
Pugh 2013	1.30	0.1900	6	1.20	0.0800	5	9.0%	0.10 [-0.07; 0.27]	- •
Pugh 2014	1.40	0.2500	13	1.20	0.1200	8	9.6%	0.20 [0.04; 0.36]	
Reljic 2021	1.30	0.3000	29	1.30	0.3000	17	8.1%	0.00 [-0.18; 0.18]	
Rezende 2016	1.56	0.6300	19	1.32	0.3900	21	3.0%	0.24 [-0.09; 0.57]	 •
Stine 2022	1.14	0.1800	18	0.77	0.3000	10	6.7%	0.37 [0.17; 0.57]	
Sullivan 2012	1.03	0.0600	12	1.00	0.0800	6	21.0%	0.03 [-0.04; 0.10]	- <mark> - - - - - - - - - </mark>
Takahashi 2015	1.49	0.7000	31	1.35	0.3600	22	3.8%	0.14 [-0.15; 0.43]	-
Total (95% CI)			212			146	100.0%	0.09 [0.02; 0.16]	•
Prediction interval [-0.06; 0.23] Heterogeneity: $Tau^2 = 0.0031$; $Chi^2 = 15.88$, $df = 10$ (P = 0.10); $I^2 = 37\%$							[-0.06; 0.23]		
leterogeneity. Tau	- 0.00	or, om	- 13.00), ui = 1	υ (F = 0.	10), 1	- 31 /0		-0.4 -0.2 0 0.2 0.