Study	Ex Mean	perimental SD	Total	Mean	Control SD	Total	Weight	Std. Mean Difference IV, Random, 95% CI	Std. Mean Difference IV, Random, 95% CI
Hallsworth 2011	3221 00	1180 0000	11	3574.00	936.0000		18.1%	-0.31 [-1.23; 0.61]	
Houghton 2017	318.00				181.0000	_		-	
Keating 2023		1258.2000			1711.9000			L / 1	
Pugh 2013	8.90				2.3800	_	13.1%		
Pugh 2014	7.60		_		2.4500	_			
Stine 2022	200.50	26.9000	18	233.70	48.2000	10			-
Total (95% CI)			67			48	100.0%	-0.50 [-1.24; 0.25]	
Prediction inter	val						1001070	[-1.85; 0.86]	
Heterogeneity: Tar	$u^2 = 0.168$	0; $Chi^2 = 8.49$	5, df = :	5 (P = 0.13	3); $I^2 = 41\%$			• , •	
				•	-				-2 0 2