

Study	Experimental			Control			Weight	Mean Difference IV, Random, 95% CI	Mean Difference IV, Random, 95% CI
	Mean	SD	Total	Mean	SD	Total			
Keating 2023	5.40	5.6000	7	7.50	3.4000	5	5.2%	-2.10 [-7.21; 3.01]	
Pugh 2014	13.40	9.9000	13	13.90	6.9000	8	2.6%	-0.50 [-7.70; 6.70]	
Stine 2022	1.07	1.2200	18	3.48	1.7300	10	92.2%	-2.41 [-3.62; -1.20]	
<b>Total (95% CI)</b>			<b>38</b>			<b>23</b>	<b>100.0%</b>	<b>-2.34 [-3.29; -1.40]</b>	
<b>Prediction interval</b>								<b>[-9.88; 5.20]</b>	

Heterogeneity:  $\tau^2 = 0$ ;  $\chi^2 = 0.27$ ,  $df = 2$  ( $P = 0.87$ );  $I^2 = 0\%$