	Exp	erimental			Control			Std. Mean Difference	Std. Mean Difference
Study	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI	IV, Random, 95% CI
Babu 2022	17.00	1.9000	20	21.00	2.3000	22	8.5%	-1.85 [-2.59; -1.12]	-
Cheng 2017	87.00	67.6600	22	100.00	61.3300	18	8.8%	-0.20 [-0.82; 0.43]	-
Hallsworth 2011	18.64	13.2500	11	18.97	9.8200	8	8.0%	-0.03 [-0.94; 0.88]	-
Hallsworth 2015	872.00	484.4000	11	669.30	429.0000	12	8.2%	0.43 [-0.40; 1.26]	-
Hassabi 2023	14.24	8.5200	26	13.09	4.3600	14	8.7%	0.15 [-0.50; 0.80]	-
Houghton 2017	99.00	44.0000	12	91.00	52.0000	12	8.3%	0.16 [-0.64; 0.96]	-
Keating 2023	23.80	12.6000	7	22.80	9.5000	5	7.3%	0.08 [-1.07; 1.23]	- : •
Pugh 2014	77.00	35.5800	13	78.10	45.1500	8	8.1%	-0.03 [-0.91; 0.85]	-
Rezende 2016	22.21	14.1700	19	20.00	8.9800	21	8.8%	0.18 [-0.44; 0.81]	
Stine 2022	32.00	20.0000	18	131.30	29.9000	18	7.3%	-3.82 [-4.95; -2.68]	
Takahashi 2015	11.30	4.6000	31	11.30	5.6000	22	9.0%	0.00 [-0.55; 0.55]	
Zelber-Sagi 2014	26.75	9.6900	33	28.10	11.1100	31	9.1%	-0.13 [-0.62; 0.36]	-
Total (95% CI) 223 Prediction interval					191	100.0%	-0.39 [-1.12; 0.35] [-2.80; 2.03]		
Heterogeneity: $Tau^2 = 1.0741$; $Chi^2 = 64.83$, $df = 11$ (P < 0.01); $I^2 = 83\%$									
l leterogeneity. Tau	- 1.074	i, Oiii = 04	.05, ui	- 11 (F <	. 0.01), 1 –	00/0			-4 -2 0 2 4