	Experimental			Control				Mean Difference		Mean Difference				
Study	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% CI		IV, Random, 95% CI				
Houghton 2017	551.00	275.0000	12	781.00	1013.0000	12	7.2%	-230.00 [-823.89; 363.8	39]					
Keating 2023	169.80	153.9000	7	150.40	161.8000	5	48.6%	19.40 [-162.56; 201.36	6]		#			
Stine 2022	363.90	334.2000	18	168.30	197.6000	10	44.1%	195.60 [-1.47; 392.67	7]					
Total (95% CI) 37		27 1			100.0%	• ′	7]	-						
Prediction inte			•		_			[-1369.41; 1527.60]	_					
Heterogeneity: Ta	$au^2 = 592$	22.4929; Ch	$i^2 = 2.7$	9, df = 2	$(P = 0.25); I^2$	$\frac{2}{2} = 28\%$, D		I	1 1	1 1	ı		
									-1500	-500	0 500	1000	1500	