

Factor

Story:

By visualizing the annual rate of employee-specific mental illness, we can see the major contributors to the progressive growth of mental illness in the technology industry comparing to worldwide.

The dataset we collected included

- Technology's surveys about mental health problems before the COVID19 epidemic occurred in 2016 & 2017.
- Technology's survey on mental health issues during the COVID19 epidemic in 2019 and 2020.
- All four surveys were conducted by the same team, Open Sourcing Mental Illness, LTD. The survey questions were almost identical, in which we extracted information about the proportion of the surveyed group suffering from various types of mental health problems and their causes.
- We found that mental health problems are increasing in the technology industry. The percentage of people with mental health problems increased.

Mental health depression disorder

Schizophrenia (%),Bipolar disorder (%),Eating disorders (%),Anxiety disorders (%),Drug use disorders (%),Depression (%),Alcohol use disorders (%)

Tech mental health 2016-2017

- anxiety disorder(generalized, social, phobia)
- Mood disorder (depression, bipolar disorder
- Psychotic disorder (schizophrenia)
- Eating disorder (anorexia, bulimia)
- Attention deficit hyperactivity disorder
- Personality disorder
- Obsessive compulsive disorder
- Post-traumatic stress disorder
- Stress response syndromes
- Dissociative disorder
- Substance use disorder
- Affective disorder

