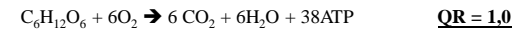
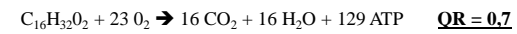


Le quotient respiratoire

Exemples :



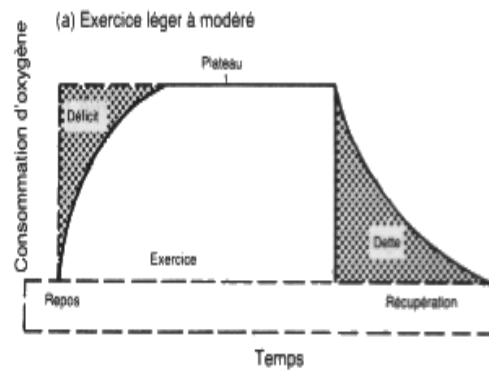
rapport ATP/O₂ = 6,3 ; 5,05 kcal (21,1 kJ) / litre O₂



rapport ATP/O₂ = 5,6 4,69 kcal (19,6 kJ) / litre O₂

QR	kcal/l O ₂	HC	Graisses
0.71	4.69	0	100
0.75	4.74	15.6	84.4
0.80	4.80	33.4	66.6
0.85	4.86	50.7	49.3
0.90	4.92	67.5	32.5
0.95	4.99	84.0	16.0
1.00	5.05	100	0

Déficit et dette en oxygène



Les seuils ventilatoires

