A cross-crate opt-out trait was implemented on something which wasn't a struct or enum type.

Erroneous code example:

```
#![feature(auto_traits)]
struct Foo;
impl !Sync for Foo {}

unsafe impl Send for &'static Foo {}

// error: cross-crate traits with a default impl, like `core::marker::Send`,

// can only be implemented for a struct/enum type, not

// `&'static Foo`
```

Only structs and enums are permitted to impl Send, Sync, and other opt-out trait, and the struct or enum must be local to the current crate. So, for example, unsafe impl Send for Rc<Foo> is not allowed.