A Ginkgo release is a tagged git sha and a GitHub release. To cut a release:

- 1. Ensure CHANGELOG.md is up to date.
- Use git log --pretty=format:'- %s [%h]' HEAD...vX.X.X to list all the commits since the last release
- Categorize the changes into
 - Breaking Changes (requires a major version)
 - New Features (minor version)
 - Fixes (fix version)
 - Maintenance (which in general should not be mentioned in CHANGELOG.md as they have no user impact)
- 1. Update VERSION in config/config.go
- 2. Create a commit with the version number as the commit message (e.g. v1.3.0)
- 3. Tag the commit with the version number as the tag name (e.g. v1.3.0)
- 4. Push the commit and tag to GitHub
- 5. Create a new GitHub release with the version number as the tag (e.g. v1.3.0). List the key changes in the release notes.