Gatsby uses [Redux](#) internally to manage state. When you implement a Gatsby API, you are passed a collection of actions (equivalent to actions bound with [bindActionCreators](#) in Redux) which you can use to manipulate state on your site.

The object `actions` contains the functions and these can be individually extracted by using ES6 object destructuring.

```js
// For function createNodeField
exports.onCreateNode = ({ node, getNode, actions }) => {
  const { createNodeField } = actions
}
```