pow plugin

This plugin adds completion and commands for pow, a zero-configuration Rack server for macOS.

To use it, add pow to the plugins array of your zshrc file:

```
plugins=(... pow)
```

Commands

- kapow will restart an app.
 - kapow myapp
- kaput will show the standard output from any pow app.
- $\bullet\,$ repow will restart the pow process.