

Linnerrud dataset

Data Set Characteristics:

Number of Instances: 20

Number of Attributes: 3

Missing Attribute Values:
None

The Linnerud dataset is a multi-output regression dataset. It consists of three exercise (data) and three physiological (target) variables collected from twenty middle-aged men in a fitness club:

- *physiological* - CSV containing 20 observations on 3 physiological variables:
Weight, Waist and Pulse.
- *exercise* - CSV containing 20 observations on 3 exercise variables:
Chins, Situps and Jumps.

References

- Tenenhaus, M. (1998). La regression PLS: theorie et pratique. Paris: Editions Technic.