Only supported version is v. 11

Installing

Make sure you install the font.

Enabling

Run in your terminal:

defaults write com.barebones.bbedit "EnableFontLigatures_Fira Code" -bool YES

 $Source: \ https://www.barebones.com/support/bbedit/ExpertPreferences.html$

This same preference works for $\operatorname{TextWrangler}$.