

# Naif AlQahtani

Clinical Dietitian

## Personal Info

**Address**  
Saudi Arabia, Riyadh

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+966533354020

**E-mail**  
Dt.Naif@gmail.com

**Date of birth**  
1994-09-15

**LinkedIn**  
linkedin.com/in/Naif-Al-Qahtani

## Skills

- Microsoft Office
- Computer literacy
- Well organized
- Self-motivated
- Communication skills
- Personable and friendly
- Dedicated
- Quick learner

## Languages

- Arabic
- Native
- English
- Competent user

An ambitious, dedicated and hardworking Clinical Dietitian with 2 years of experience in counseling In-patients and out-patients and developing individualized treatment plans. Successfully educated patients and families, planned menus and completed assessments. Provides one-on-one counseling and monitors clients' progress. Committed to helping patients improve their quality of life.

## Experience

- 2018-10 - present
- Clinical Dietitian**  
*King Saud Medical City*
- Working with the medical team to provide the best medical care to Covid-19 patients since the crisis began.
  - Completed detailed nutritional assessments of each patient based on health history, medical conditions, physiology and lifestyle.
  - Assisted patients with completion of menus appropriate for specific dietary requirements.
  - Covered critical care areas such as: CCU, CICU and ICU for more than a year.

## Education

- 2012 - 2017
- King Saud University, College of Applied Medical Science, Bachelor degree in Clinical Nutrition**
- GPA: 4.48 out of 5
  - Ranked 3rd out of 36 students graduated in the same major at King Saud University at the end of second semester of the academic year 2016/2017
  - Awarded a certificate of good conduct
  - Obtained 4 letters of recommendation from university professors and doctors
- 2017-07 - 2018-07
- Internship**  
Completed the Internship year required from college as follows:
- Al Iman General Hospital, Riyadh, Saudi Arabia, July 30th – October 19th 2017
  - King Saud Medical City, Riyadh, Saudi Arabia, October 22nd 2017 – January 11th 2018
  - Prince Mohammed bin Abdulaziz Hospital, Riyadh, Saudi Arabia, January 14th – April 5th 2018
  - King Salman Hospital, Riyadh, Saudi Arabia, April 8th – July 19th 2018

## Conferences

- 2020-10 Nutrition Journey: Critically Ill Patients From Admission to Discharge
- 2020-09 High Reliability Organization: An Approach to Zero Harm Journey
- 2020-05 Dietitian Role in Saudi Arabia
- 2020-05 Parenteral Nutrition by Clinical Dietitian
- 2020-05 Research in Clinical Nutrition Field
- 2016-02 4th Middle East Course of Pediatric Gastroenterology, Hepatology and Nutrition

## References

- Khalid AlDubayan, Office Number: +966114693693, E-mail: Kaldubayan@ksu.edu.sa  
King Saud University, Health Community Department, RD, PHD.
- Jawaher Al-Khamisi, Office Number: +966114355555/77616, E-mail: jalkhamisi@ksmc.med.sa  
Head of Clinical Nutrition Department, King Saud Medical City, Riyadh.
- Papas Vasileios, Mobile Number: +966550738073, E-mail: Vassilispapas@Yahoo.com  
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