# Rstanarm - easy implementation of Bayesian analysis

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## Why consider a Baysian analysis?

- Jarad (Lunchinators, 8 Feb 2019): for the interpretation
  - Credible intervals are what we all want confidence intervals to be
- Other reasons
  - Account for all sources of uncertainty (more below)
  - Inference on derived quantities (see below)
  - Small sample inference for many problems (get rid of the z score)
  - Can easily fit more realistic biological models (hierarchical modeling, not discussed here)

#### The Bayesian paradigm:

• prior + likelihood + data -> posterior

$$f(\theta \mid data) = \frac{f(data \mid \theta) \ g(\theta)}{\int f(data \mid \theta) \ g(\theta)}$$

The integral in the denominator can be very difficult! Could be very high dimensional.

Long ago (pre 1990): Bayes restricted to combinations of prior and model (likelihood) with analytic integrals (conjugate priors)

1990's: MCMC revolution. Can sample from the posterior distribution without integration

\* Gibbs sampler, Metropolis-Hasting sampler

#### How do I do a Bayesian analysis?

- 1. Think about how the data relate to my question(s)? i.e., what are the relevant parameters?
- 2. Write out an appropriate model. specifies how data relate to parameters
- 3. Think about what I believe before seeing the data (prior distribution(s) for parameters)

#### Then

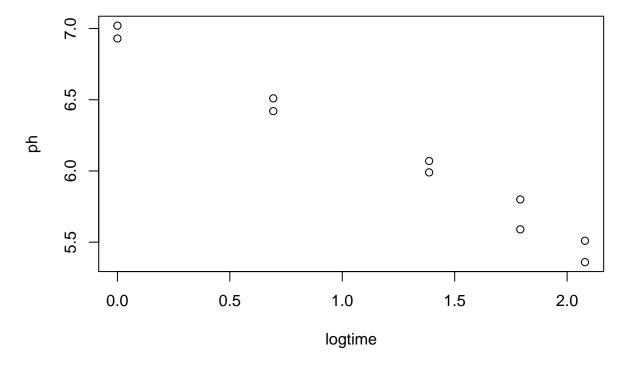
- 1. Do some math, write your own samplers
- 2. BUGS / WinBUGS: code the model and priors, requires loops
  - RWinBUGS: R interface to WinBUGS. Very inefficient.
- 3. JAGS: better implementation, still code the model and priors
  - rjags: R interface to JAGS much smoother than RwinBUGS
- 4. STAN: new samplers (Hamiltonian MC), much faster!
  - RStan: R interface to STAN I haven't used
  - rstanarm: uses R modeling language to write models

#### rstanarm: Implements many R models, including

- 1. Linear models
- 2. Generalized linear models
- 3. Linear mixed effect models
- 4. many others

## Simple example: Regress pH on logtime

```
meat <- read.table('meat.txt', header=T)
meat$logtime <- log(meat$time)
with(meat, plot(logtime, ph))</pre>
```



```
meat.lm <- lm(ph ~ logtime, data=meat)</pre>
summary(meat.lm)$coefficients
##
                 Estimate Std. Error
                                        t value
                                                    Pr(>|t|)
## (Intercept) 6.9836260 0.04853195 143.89749 6.083990e-15
## logtime
               -0.7256578 0.03442633 -21.07857 2.695158e-08
confint(meat.lm)
                   2.5 %
                              97.5 %
               6.871711 7.0955409
## (Intercept)
## logtime
               -0.805045 -0.6462705
```

```
meat.stan <- stan_glm(
    ph ~ logtime,
    family=gaussian,
    data=meat,
    chains = 4,
    cores = 4
    )</pre>
```

#### Explanation of code:

- \* stan modeling functions are stan\_(R function), e.g., stan\_lm, stan\_glm, stan\_lmer
- \* write model as you would write the R model, including data=
- \* glm with family=gaussian is an lm
- \* stan\_lm requires priors (specify r^2 for each variable)
- \* stan\_glm/gaussian allows different priors and has a reasonable default
- \* chains= specifies how many independent chains to sample, 3 or 4 are common choices
- \* cores= specifies how many cores to use for parallel processing. Do not exceed 1/2 to 2/3 number on your machine

How many cores does my machine have?

```
library(parallel)
detectCores()
```

#### ## [1] 8

What are the default prior distributions?

```
prior_summary(meat.stan)
```

```
## Priors for model 'meat.stan'
## ----
## Intercept (after predictors centered)
   ~ normal(location = 0, scale = 10)
##
##
        **adjusted scale = 5.83
##
## Coefficients
   ~ normal(location = 0, scale = 2.5)
##
##
        **adjusted scale = 1.83
##
## Auxiliary (sigma)
##
   ~ exponential(rate = 1)
##
        **adjusted scale = 0.58 (adjusted rate = 1/adjusted scale)
## See help('prior_summary.stanreg') for more details
```

Change by adding prior = (for regression coeff.) prior\_intercept = (for intercept) and/or prior\_aux = (for sigma) to the stan\_glm call

 $stan_lm$  has a different set of default priors: based on expected r^2 for each variable. I find  $stan_glm$  more intuitive.

#### What can I do once I fit the model?

### Diagnostics:

 $\bullet\,$  biggest concern is whether the sampler has converged to the posterior distribution

- default is 1000 samples "warmup" (discarded), keep next 1000 samples (both per chain)
- want chains to look similar
- Rhat measures discrepancy between chains. Want close to 1.
  - Over 1.1 is usually considered bad unless model really hard to sample
- how many samples: want small MC standard error
- Graphical exploration rstanarm shiny app

```
launch_shinystan(meat.stan)
```

There are also posterior predictive checks. compare data to predictions from the posterior distribution.

## Summarize results, once fit looks reasonable

```
summary(meat.stan, digits=2)
##
## Model Info:
##
##
   function:
                  stan_glm
                  gaussian [identity]
##
  family:
                  ph ~ logtime
## formula:
## algorithm:
                  sampling
                  see help('prior_summary')
##
  priors:
##
   sample:
                  4000 (posterior sample size)
   observations: 10
##
##
   predictors:
##
## Estimates:
                                2.5%
                                       25%
                                             50%
                                                   75%
                                                         97.5%
##
                   mean
                          sd
                                            6.98 7.02 7.10
## (Intercept)
                  6.98
                         0.06 6.87
                                      6.95
## logtime
                         0.04 -0.81
                                     -0.75 -0.72 -0.70 -0.64
                 -0.73
                                      0.08 0.09 0.11
## sigma
                  0.10
                         0.03
                               0.06
                                                        0.17
## mean PPD
                  6.12
                         0.04
                               6.03
                                      6.09 6.12 6.15
                                                        6.21
## log-posterior
                  3.80
                         1.38 0.19
                                      3.16 4.15 4.81 5.38
##
## Diagnostics:
##
                 mcse Rhat n_eff
## (Intercept)
                 0.00 1.00 2053
## logtime
                 0.00 1.00 2310
## sigma
                 0.00 1.00 1715
                 0.00 1.00 2829
## mean PPD
## log-posterior 0.04 1.00 1241
## For each parameter, mcse is Monte Carlo standard error, n eff is a crude measure of effective sample
```

One caution:

<sup>\*</sup> rstanarm centers all X variables - reduces correlation of estimates

<sup>-</sup> sampling the posterior is easier

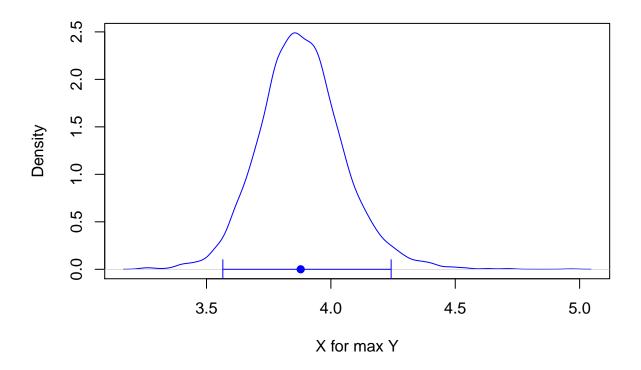
<sup>\*</sup> models without interactions or polynomial terms: centering only changes the intercept. rstanarm documentation says intercept estimates are adjusted back to uncentered version. \* can turn off the centering if you want to - add sparse=TRUE to stan call.

This is not obvious. sparse= specifies whether the X'X matrix is sparse (lots of 0's), so estimates independent, which happens when centered. But sparse=TRUE means NOT sparse.

Can extract all the samples of the posterior distribution.

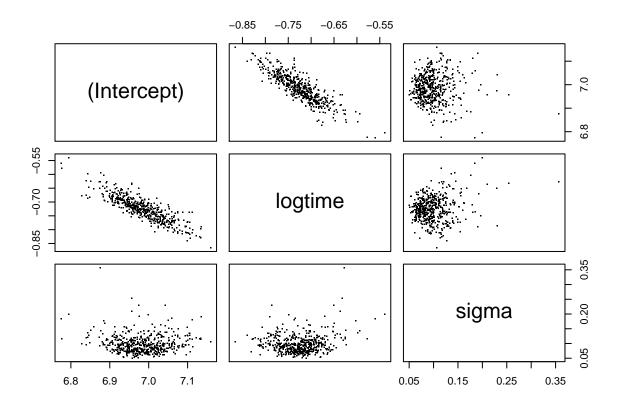
Very useful if you want a transformation of parameters, e.g. X when pH crosses 6.0

```
meat.post <- as.matrix(meat.stan)</pre>
meat.b0 <- meat.post[,1]</pre>
meat.b1 <- meat.post[,2]</pre>
time6 <- exp((6-meat.b0)/meat.b1)</pre>
plot(density(time6), main='', xlab='X for max Y', col=4)
meat.beta <- coef(meat.lm)</pre>
points(exp((6-meat.beta[1])/meat.beta[2]), 0, pch=19, col=4)
summary(time6)
##
      Min. 1st Qu.
                     Median
                                Mean 3rd Qu.
                                                 Max.
     3.246
             3.773
                      3.875
                               3.883
                                        3.982
                                                4.965
##
quantile(time6, c(0.025, 0.05, 0.5, 0.95, 0.975))
##
       2.5%
                   5%
                            50%
                                     95%
                                             97.5%
## 3.565627 3.618325 3.874841 4.170393 4.242224
arrows(quantile(time6, 0.025), 0, quantile(time6, 0.975), 0,
  angle=90, length=0.1, code=3, col=4)
```



Why does retain want to center variables - look at correlations in the posterior distributions. 4000 samples,

```
pairs(meat.post[1:500,], pch='.')
```



## Examples of other models fit with rstanarm

## Generalized linear model

benefit of Bayes - appropriate inferences for small samples

```
donner <- read.csv('donner.csv')</pre>
donner.glm <- glm(survival ~ age + femc, data=donner,</pre>
                                                            family=binomial)
summary(donner.glm)
##
## Call:
## glm(formula = survival ~ age + femc, family = binomial, data = donner)
##
## Deviance Residuals:
       Min
                 1Q
                     Median
                                    3Q
                                            Max
## -1.7445 -1.0441 -0.3029
                                         2.0472
##
## Coefficients:
               Estimate Std. Error z value Pr(>|z|)
## (Intercept) 3.23041
                           1.38686
                                      2.329
                                              0.0198 *
               -0.07820
                           0.03728 -2.097
                                              0.0359 *
```

```
## femcM
              -1.59729
                          0.75547 -2.114 0.0345 *
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## (Dispersion parameter for binomial family taken to be 1)
##
      Null deviance: 61.827 on 44 degrees of freedom
## Residual deviance: 51.256 on 42 degrees of freedom
## AIC: 57.256
##
## Number of Fisher Scoring iterations: 4
confint(donner.glm)
## Waiting for profiling to be done...
##
                   2.5 %
                              97.5 %
## (Intercept) 0.8514190 6.42669512
## age
               -0.1624377 -0.01406576
## femcM
              -3.2286705 -0.19510198
donner.stan <- stan_glm(</pre>
    survival ~ age + femc,
   family=binomial,
   data=donner,
   chains = 4,
    cores = 4
summary(donner.stan, digits=2)
##
## Model Info:
##
## function:
                 stan_glm
## family:
                 binomial [logit]
## formula:
                 survival ~ age + femc
## algorithm:
                 sampling
                 see help('prior_summary')
## priors:
## sample:
                 4000 (posterior sample size)
## observations: 45
##
   predictors:
##
## Estimates:
                                2.5%
                                       25%
                                              50%
                                                     75%
                                                            97.5%
                  mean
                         sd
## (Intercept)
                  3.44
                         1.41
                                0.88
                                       2.47
                                              3.33
                                                     4.33
                                                            6.48
                 -0.09
                         0.04 -0.17 -0.11 -0.08 -0.06 -0.02
## age
                         0.74 -3.13 -2.08 -1.57 -1.08 -0.18
## femcM
                 -1.59
                  0.44
                                0.27
                                       0.38
                                              0.44
                                                     0.51
## mean PPD
                         0.09
                                                            0.62
## log-posterior -32.54
                        1.35 -35.91 -33.11 -32.20 -31.60 -31.06
##
## Diagnostics:
                mcse Rhat n eff
                0.03 1.00 3123
## (Intercept)
## age
                0.00 1.00 2841
## femcM
                0.01 1.00 3328
## mean_PPD
                0.00 1.00 4033
```

```
## log-posterior 0.03 1.00 1503
##
## For each parameter, mcse is Monte Carlo standard error, n_eff is a crude measure of effective sample
# probability that a male more likely to die than a female of same age= P[femc < 0]
donner.post <- as.matrix(donner.stan)
mean(donner.post[,3] < 0)
## [1] 0.98725</pre>
```

#### Incomplete blocks, with random block effects

Benefit of Bayes - do not assume block variance is known exactly

```
ib <- read.csv('IBtest.csv')
ib.stan <- stan_lmer(
    y ~ trt.f + (1 | block.f),
    data=ib,
    chains = 4,
    cores = 4
    )</pre>
```

## Warning: There were 4 divergent transitions after warmup. Increasing adapt\_delta above 0.95 may help ## http://mc-stan.org/misc/warnings.html#divergent-transitions-after-warmup

## Warning: Examine the pairs() plot to diagnose sampling problems

```
ib.stan <- stan_lmer(
    y ~ trt.f + (1 | block.f),
    data=ib,
    chains = 4,
    cores = 4,
    adapt_delta = 0.98
    )

prior_summary(ib.stan)</pre>
```

```
## Priors for model 'ib.stan'
## Intercept (after predictors centered)
   ~ normal(location = 0, scale = 10)
        **adjusted scale = 9.07
##
##
## Coefficients
##
   ~ normal(location = 0, scale = 2.5)
##
        **adjusted scale = 2.27
##
## Auxiliary (sigma)
## ~ exponential(rate = 1)
##
        **adjusted scale = 0.91 (adjusted rate = 1/adjusted scale)
##
## Covariance
## ~ decov(reg. = 1, conc. = 1, shape = 1, scale = 1)
## See help('prior_summary.stanreg') for more details
```

```
summary(ib.stan, digits=2,
  pars=c('(Intercept)', 'trt.fb', 'sigma'),
  regex_pars='Sigma*')
##
## Model Info:
##
## function:
                 stan_lmer
## family:
                 gaussian [identity]
## formula:
                 y ~ trt.f + (1 | block.f)
## algorithm:
                 sampling
## priors:
                  see help('prior_summary')
                  4000 (posterior sample size)
## sample:
## observations: 80
                 block.f (60)
## groups:
##
## Estimates:
                                                         2.5%
                                                                25%
                                                                      50%
                                            mean
                                                   sd
## (Intercept)
                                           0.06
                                                  0.14 -0.22 -0.04 0.06
## trt.fb
                                           0.19
                                                  0.18 - 0.17
                                                               0.07 0.19
                                                               0.67 0.75
## sigma
                                           0.76
                                                  0.11 0.56
## Sigma[block.f:(Intercept),(Intercept)]
                                           0.27
                                                  0.19 0.00
                                                               0.12 0.26
                                                  97.5%
                                            75%
## (Intercept)
                                           0.16 0.34
## trt.fb
                                           0.32 0.55
                                           0.84 0.99
## sigma
## Sigma[block.f:(Intercept),(Intercept)] 0.40 0.66
##
## Diagnostics:
##
                                          mcse Rhat n_eff
## (Intercept)
                                          0.00 1.00 3533
## trt.fb
                                          0.00 1.00 5222
## sigma
                                          0.01 1.01 382
## Sigma[block.f:(Intercept),(Intercept)] 0.01 1.01 343
## For each parameter, mcse is Monte Carlo standard error, n_eff is a crude measure of effective sample
```

#### Overdispersed count data

Benefit of Bayes - do not assume known amount of overdispersion

```
pod <- read.csv('PODtest.csv')</pre>
pod.glmm <- glmer(y ~ xc + (1|obs), data=pod, family=poisson)</pre>
summary(pod.glmm)
## Generalized linear mixed model fit by maximum likelihood (Laplace
     Approximation) [glmerMod]
##
   Family: poisson (log)
## Formula: y ~ xc + (1 | obs)
##
      Data: pod
##
##
        AIC
                 BIC
                        logLik deviance df.resid
##
      345.6
               349.8
                        -169.8
                                  339.6
##
```

```
## Scaled residuals:
       Min
              10
                     Median
                                    30
## -1.13140 -0.04849 -0.00471 0.02156 0.12427
## Random effects:
                      Variance Std.Dev.
## Groups Name
           (Intercept) 2.241
## Number of obs: 30, groups: obs, 30
##
## Fixed effects:
              Estimate Std. Error z value Pr(>|z|)
                           0.2800 13.610 < 2e-16 ***
## (Intercept)
                3.8104
## xc
                            0.1818 4.486 7.26e-06 ***
                 0.8154
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## Correlation of Fixed Effects:
##
      (Intr)
## xc - 0.040
confint(pod.glmm)
## Computing profile confidence intervals ...
                   2.5 %
                          97.5 %
              1.1458084 2.045047
## .sig01
## (Intercept) 3.2219027 4.367875
## xc
              0.4516029 1.196259
pod.stan <- stan_glmer(</pre>
    y \sim xc + (1 \mid obs),
    data=pod,
    family=poisson,
    chains = 4,
    cores = 4
summary(pod.stan, digits=2,
  pars=c('(Intercept)', 'xc'),
  regex_pars='Sigma*')
##
## Model Info:
## function:
                 stan_glmer
                 poisson [log]
## family:
## formula:
                 y ~ xc + (1 | obs)
## algorithm:
                 sampling
                 see help('prior summary')
## priors:
## sample:
                 4000 (posterior sample size)
## observations: 30
## groups:
                 obs (30)
## Estimates:
                                               sd 2.5%
                                                           25%
                                                                 50%
                                                                     75%
## (Intercept)
                                      3.80
                                            0.30 3.20 3.61 3.80 4.00
                                      0.80 0.19 0.41 0.67 0.80 0.92
## xc
```

```
##
                                         97.5%
## (Intercept)
                                       4.38
                                       1.16
## xc
## Sigma[obs:(Intercept),(Intercept)] 4.62
##
## Diagnostics:
##
                                       mcse Rhat n eff
## (Intercept)
                                       0.01 1.00 728
                                       0.01 1.00 812
## xc
## Sigma[obs:(Intercept),(Intercept)] 0.03 1.00 917
## For each parameter, mcse is Monte Carlo standard error, n_eff is a crude measure of effective sample
```

1.98 2.41 2.98

lmer() and glmer() condition on the estimated variance components.

## Sigma[obs:(Intercept),(Intercept)] 2.55 0.85 1.34

I.e., inference on fixed effect parameters considers those variance components to be known precisely. Bayes accounts for that uncertainty

Some models (e.g. RCBD) variance has no effect on estimates, just uncertainty

Other models (e.g. OD, IB), different variances changes the estimates - here's where Bayes matters

#### Final words:

the prior is an important part of the model: be critical of both from the WinBUGS reference manual: BEWARE: MCMC sampling can be dangerous

#### **Resources:**

- rstanarm:
  - Articles: Muth, Oravecz and Gabry (2018) User-friendly Bayesian regression modeling: a tutorial with rstandarm and shinystan. The Quantitative Methods for Psychology 14(2):99-119 with code at https://osf.io/ebz2f/
  - STAN project has wonderful vignettes about using rstanarm. Start with http://mc-stan.org/rstanarm/articles/rstanarm.html
  - Then look at the model-specific vignettes (vignettes tab) mixed models are in the Group Specific Terms vignette
- Bayes in Ecology: now lots of great books
  - Barker and Link: Bayesian Inference (my favorite)
  - McCarthy: Bayesian Methods for Ecology
  - King et al.: Bayesian Analysis for Population Ecology
  - Korner-Niervergelt et al.: Bayesian Analysis in Ecology using linear models with R, BUGS and Stan
  - Parent and Rivot: Introduction to Hierarchical Bayesian Modeling for Ecological Data