

# Risk factors may enable identification of contributors to brain resilience and early age-related disease.

## Brain Imaging Insights on Aging: Linking Risk Factors to Brain Health and Disease

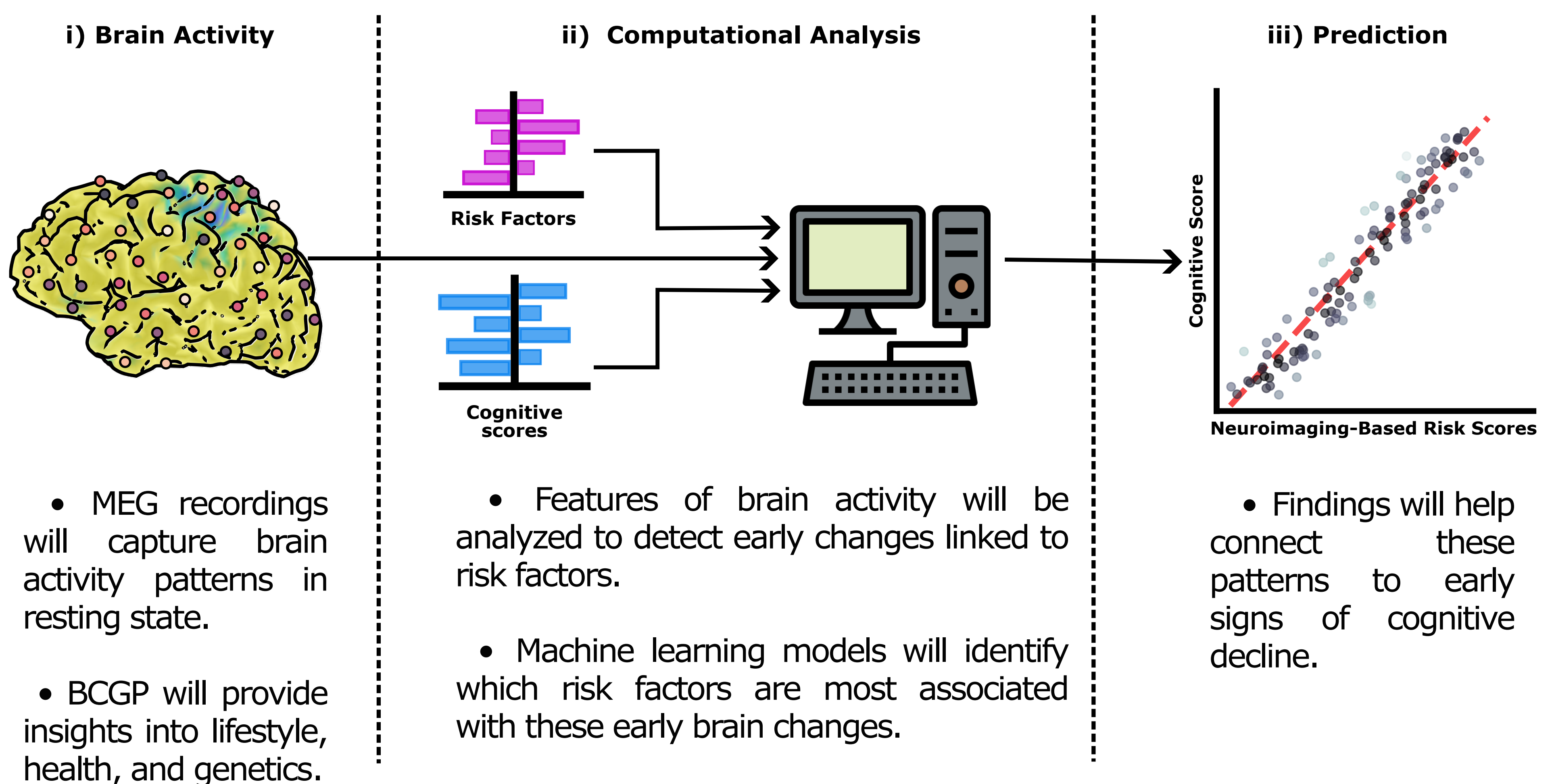
*The NANO Lab, Simon Fraser University, Burnaby, Canada.*

### Intro

As we age, our brains naturally change, leading to changes in cognitive abilities. However, not everyone ages in the same way. Scientists have described patterns of brain activity that change with healthy aging, with deviations signaling early signs of disease.

Despite this knowledge, we don't fully understand how lifestyle, demographic, and environmental risk factors contribute to these disease-related changes in brain activity.

### Methods



### Discussion

The results of this research will lead to better tools for monitoring brain health, guide the creation of personalized prevention strategies, and inform public health policies to promote healthy aging.

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### Contact

[sfloresa@sfu.ca](mailto:sfloresa@sfu.ca)  
[nano-lab.ca](http://nano-lab.ca)