

Clean Windows 7 Installation

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## **Abstract**

This manual will guide you through a clean Windows 7 installation process. It will also focus on the creation of an installation medium as well as installing common software. Most recommendations described in this manual are personal preferences of the author. Even though this manual is aimed to install Windows on a virtual machine, it can also be used for *real* machines.

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# 1 Crafting an Installation Image

For this clean installation you will create an installation image which already contains service pack 1 and windows updates. Doing this will speedup the whole installation process.

#### 1.1 Getting the base Installation Image / Medium

As starting point a Windows 7 installation Image or Disk is required. It should not be that hard to find one. 64 bit Ultimate edition is recommended, although this should work for 32 bit and other editions too.

The following process will require you to either insert the disk in your disk drive or to mount (or extract) the obtained image file.

## 1.2 Acquiring Windows Updates

Of course in order to integrate windows updates (and service packs) into your installation medium you first have to download these updates. A tool going by the name of Windows Updates Downloader<sup>1</sup> will take care of this. Download and launch this program.

You will have to enter a "Update List" to let the program know for what installation you want to get the updates. Use these two lists:

- Windows 7 Service Pack 1<sup>2</sup>
- Windows 7 Updates Extra Updates ULZ<sup>3</sup>

Go ahead and download  $\underline{\text{all}}$  updates offered by these two lists to a dedicated download folder.

#### 1.3 Combine Base Installation and Updates

The are multiple ways of doing this, the one I commonly use is by using a tool called NTLite<sup>4</sup>. This tool is free (of charge) for personal use and allows you to create a new installation image based on an existing one plus integrating downloaded windows updates.

Before starting the repackaging process you may want to set the programs temp folder to some place offering enough space. You can find the corresponding option in File Settings Temporary files directory.

Although NTLite offers a lot of features even in the free version, I do not recommend altering the installation image in any way except for integrating windows updates and additional drivers.

Extract the original Windows 7 installation image so NTLite can write to it. After adding the extracted file location in NTLite you should be able to select and load the desired edition. After loading select the windows update folder using Updates Update queue Add Folder and subfolders found packages. Repeat the same process for drivers under the Drivers tab.

¹http://www.windowsupdatesdownloader.com

<sup>&</sup>lt;sup>3</sup>listed here: http://www.windowsupdatesdownloader.com/UpdateLists.aspx

<sup>&</sup>lt;sup>3</sup> 64 Bit: https://www.raymond.cc/blog/download/did/3131/ 32 Bit: https://www.raymond.cc/blog/download/did/3132/

<sup>&</sup>lt;sup>4</sup>https://www.ntlite.com

| Check Apply Post-process automation | Create ISO image | and click the | Apply | Start | button |
|-------------------------------------|------------------|---------------|-------|-------|--------|
|-------------------------------------|------------------|---------------|-------|-------|--------|

#### 1.4 Installation Medium

The resulting installation image will be quite big compared to the base image, therefore you should choose to create a bootable USB drive if you plan to install Windows 7 on a dedicated computer. A virtual machine will boot the image just fine.

#### 1.4.1 Setup USB drive

- 1. grab a USB drive which fits your installation image
- 2. backup the data on the USB drive
- 3. format the USB drive with NTFS ("quick format" is okay)
- 4. mount / extract your newly crafted installation image
- 5. run DISKPART from a command prompt
- 6. use LIST VOL to list attached volumes
- 7. use SELECT VOL to select the USB drive
- 8. use ACTIVE to mark the volume as active
- 9. use EXIT to quit DISKPART
- 10. run BOOTSECT /NT60 x: located inside the BOOT folder on your installation image where x: is the drive letter of the USB drive.
- 11. lastly copy all data from the installation image to the USB drives' root folder

Your USB drive should now be bootable and can be used to run your windows 7 installation image.

#### 2 Installation Process

This section will go through the base installation of Windows 7. Here we will use a virtual machine utilising VirtualBox $^5$ .

<sup>&</sup>lt;sup>5</sup>http://virtualbox.org

## 2.1 Setting up the Virtual Machine

Fire up VirtualBox and create a new VM, I usually do following adjustments:

- a minimum of 1024 MB of memory
- a minimum of 50 GB of hard drive storage
- a minimum of 64 MB of video memory
- enable 3D acceleration
- enable 2D video acceleration
- set network adapter to "bridged" if "NAT" results in connection problems

Do not forget to insert your installation image into the virtual drive.

#### 2.2 Base Installation

- 1. leave language and time format on "English (United States)" for now
- 2. you may change the keyboard layout if you are not comfortable with US keyboard
- 3. select "Windows 7 Ultimate" when prompted
- 4. click "Custom (advanced)" on the next screen
- 5. select the desired disk for your system

Next click through the setup assistant:

- 1. click skip on the "Windows product key" page
- 2. click "Ask me later" on the next screen
- 3. click "Public network" on the "current location" page

After your installation booted for the first time, add / remove the following features:

Note that I always refer to bullet names under "Small icons" in the control panel.

- · uncheck "Games"
- uncheck "Internet Explorer"
- uncheck "Media Features"
- uncheck "Tablet PC Components"
- · check "Telnet Client"
- · uncheck "Windows Gadget Platform"

If you use Internet Explorer to download additional software (see section 5) do not uncheck the corresponding entry.

Click "Restart now" when prompted.

#### 2.3 Additional Windows Updates

Windows Updates can also be access via <code>Win+r</code> entering "control update". The first time accessing windows updates, you will be asked to choose your settings. Select "Never check for updates" after clicking "Let me choose my settings". Install *all* updates available next, reboot after the update process. Rinse and repeat until no more updates are available.

You can skip language packs and updates related to Windows Defender and Microsoft Security Essentials if you want.

#### 3 Drivers

Install all drivers required by your system, most of them should have been downloaded by Windows Updates automatically. Check the device manager (see section 4.1) to see if there are still components not recognized by your system.

# 4 Fine Tuning

This will probably the most important part of the whole setup process. In here we will fine tune various windows settings to fit a power users needs. Again these are my personal preferences, adjust things to your needs.

#### 4.1 Shortcuts

Following shortcuts may help you access settings more quickly:

# Control panel hit Win + r enter "control" Services hit Win + r enter "services.msc" Computer Management hit Win + r enter "compmgmt.msc" Advanced system settings hit Win + pause select "Advanced system settings" Device Manager hit Win + r enter "devmgmt.msc"

#### 4.2 Visuals

Switch theme to classic and disable visual effects to achieve better performance.

rightclick on desktop Personalize Windows Classic
 Advanced system settings Advanced Performance Settings... Adjust for best performance

## 4.3 Disable Page file

- 1. Advanced system settings Advanced Performance Settings... Advanced Virtual memory Change...
- 2. uncheck the first checkbox
- 3. go through all drives and set "No page file"

## 4.4 No Automatic Restart on BSOD

- 1. Advanced system settings  $\rangle$  Advanced  $\rangle$  Startup and Recovery  $\rangle$  Settings...
- 2. uncheck "Automatic restart"

## 4.5 Disable System Restore

- 1. Advanced system settings System Protection Configure...
- 2. select "Turn off system protection"
- 3. click "Delete" before closing this window

#### 4.6 Disable Remote Assistance

- 1. Advanced system settings Remote
- 2. uncheck "Allow Remote Assistance..."

#### 4.7 Disable Action Center Stuff

- 1. Control Panel  $\rangle$  Action Center  $\rangle$  Change Action Center settings
- 2. uncheck everything

## 4.8 Disable AutoPlay

- 1. Control Panel AutoPlay
- 2. uncheck the first checkbox

#### 4.9 Show Hidden Files

- 1. Control Panel > Folder Options View
- 2. select "Show hidden files, folder and drives"
- 3. uncheck "Hide empty drives in the Computer folder"
- 4. uncheck "Hide extensions for known file types"

## 4.10 Disable Indexing

- 1. Control Panel \( \sum \) Indexing Options \( \sum \) Modify
- 2. click "Show all locations"
- 3. select an entry in the lower box
- 4. uncheck the corresponding checkbox in the upper box
- 5. repeat for all entries

## 4.11 Fix Network Settings

- 1. Control Panel Network and Sharing Center Change advanced sharing settings Public
- 2. select "Turn on network discovery"
- 3. select "Turn on file and printer sharing"
- 4. select "Turn off Public folder sharing"
- 5. select "Use 128-bit encryption ..."
- 6. select "Turn on password protected sharing"
- 1. Control Panel Network and Sharing Center Public network
- 2. check "Treat all future networks ..."
- 3. click "Public network"

## 4.12 Set Power Options

- 1. Control Panel Power Options
- 2. select "High performance"

#### 4.13 Disable Offline Files

- 1. Control Panel Sync Center Manage offline files
- 2. click "Disable offline files"

#### 4.14 Disable UAC

- 1. Control Panel Vuser Accounts Change User Account Control settings
- 2. select "Never notify"

#### 4.15 Setup Autologin

- 1. hit Win + r enter "control userpasswords2"
- 2. uncheck the first checkbox
- 3. click "OK"
- 4. enter your user's password in the provided fields

#### 4.16 Show System Information on Boot

- 1. hit Win+ r enter "msconfig"
- 2. under "Boot"
- 3. check "OS Boot information"

## 4.17 Disabling Services

Some of the tweaks mentioned previously can also be achieved by disabling certain system services. Disabling certain system services may speedup your system significantly but may also render some features useless, these are my preferences:

- · disable "Disk Defragmenter"
- disable "Microsoft .NET Framework NGEN ..."
- · disable "Security Center"
- disable "Volume Shadow Copy"
- · disable "Windows Defender"

Additional settings which may come in handy:

- · disable "Adaptive Brightness"
- disable "BitLocker Drive Encryption Service"
- disable "Block Level Backup Engine Service"
- disable "Bluetooth Support Service"
- · disable "Encrypted File System"
- disable "Fax"
- disable "HomeGroup Listener"
- · disable "HomeGroup Provider"
- disable "Microsoft Software Shadow Copy Provider"
- · disable "Offline Files"
- · disable "Parental Controls"
- disable "Power" (disables Windows Audio Endpoint Builder)
- · disable "Smart Card Removal Policy"
- disable "Smart Card"

- disable "Tablet PC Input Service"
- · disable "Windows Backup"
- · disable "Windows Biometric Service"
- · disable "Windows Connect Now"
- try disabling "Superfetch" to gain better disk performance

## 5 Additional Software

Of course you can install the software you need the way you want to. But there are 2 ways I recommend for installing basic components.

- Ninte<sup>6</sup>
- chocolatey<sup>7</sup>

My basic components include:

- 7-Zip
- Firefox
- Notepad++
- SysinternalsSuit
- VLC
- WinDirStats
- qBittorrent

## 6 Activation

Activate Windows 7 now using your favorite method.

## 7 VirtualBox Guest Additions

Do not forget to install guest additions if you are using a virtual machine.

<sup>&</sup>lt;sup>7</sup>https://ninite.com

<sup>&</sup>lt;sup>7</sup>https://chocolatey.org

#### 8 Maintenance

Lastly, **always keep your system clean!** If you are unsure what a software will do to your setup, run it inside a virtual machine and take advantage of snapshots.

In addition you may use the Disk Cleanup assistant Windows brings along to remove leftover data from temporary files or **Windows Updates**. WinDirStats shows you a layout of all files located on a disk sorted by filesize. One could also install CCleaner to keep application data and registry clean.

I do not recommend installation updates automatically, to this manual whenever time allows. Include optional updates but always be aware that Windows Updates may include stuff you do not want, like Bing Desktop, Skype, Silverlight, . . .