

**05/14/2021 - Telephone in OCCUPATIONAL MEDICINE (continued)****Clinical Notes (continued)****Outcome**

- Contact made with patient
- Left message with
- No answer, unable to leave message VM remains full-  
Called contact on file Latoya Thomas @ 909-609-9665 she said she would relay message to patient. However patient did not call KPOJ back.

Latoya Thomas (Wife)

Showing 1 of 1

909-609-9665

- Left detail message with DR. regarding (see response below)
- Left message to return call

Electronically signed by Cervantes, Maria at 5/17/2021 11:42 AM

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**END OF ENCOUNTER**

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**05/17/2021 - Video Visit in OCCUPATIONAL MEDICINE****Visit Information****Provider Information**

Encounter Provider	Authorizing Provider
Bascombe, Quincy (M.D.), M.D.	Bascombe, Quincy (M.D.), M.D.

**Department**

Name	Address	Phone	Fax
OCCUPATIONAL MEDICINE	9961 SIERRA AVE Fontana CA 92335-6720	909-427-3917	909-427-5158

**Level of Service**

Level of Service
PHYS TAV, EST PAT, 11-20 MIN OF MEDICAL DISCUSSION

**Reason for Visit****Chief Complaint**

- PAIN (DOI 3-5-21 RIGHT FOOT/ANKLE )

**Visit Diagnoses**

- RIGHT ANKLE SPRAIN, SUBSEQ [S93.401D]
- RIGHT FOOT SPRAIN, SUBSEQ [S93.601D]

**05/17/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)****Clinical Notes****Nursing Note****Farris, Regina A (L.V.N.), L.V.N. at 5/17/2021 1316**

Author: Farris, Regina A (L.V.N.), L.V.N. Service: —

Author Type: LICENSED VOCATIONAL NURSE

Filed: 5/17/2021 1:17 PM

Encounter Date: 5/17/2021

Creation Time: 5/17/2021 1:16 PM

Status: Signed

Editor: Farris, Regina A (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)

**TELEHEALTH CONSENT**

Prior to rendering the telehealth services:

1. I explained that there is available a face-to-face appointment with a provider to render the same health care services as this telehealth encounter.
2. The patient consented to receive health care services via telehealth for this encounter.

Patient verified with two patient identifiers Yes

DOI: 3-5-21

Body Parts: RIGHT FOOT/ANKLE

Allergies Reviewed: Yes

Pharmacy Reviewed with patient Yes

**REGINA A FARRIS LVN 5/17/2021 1:16 PM**

Electronically signed by Farris, Regina A (L.V.N.), L.V.N. at 5/17/2021 1:17 PM

**Gamboa, Jacqueline (L.V.N.), L.V.N. at 5/17/2021 1436**

Author: Gamboa, Jacqueline (L.V.N.), L.V.N. Service: —

Author Type: LICENSED VOCATIONAL NURSE

Filed: 5/17/2021 2:36 PM

Encounter Date: 5/17/2021

Creation Time: 5/17/2021 2:36 PM

Status: Signed

Editor: Gamboa, Jacqueline (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)

Work status for today's visit was e-mailed to patient to the e-mail address provided by patient.

**JACQUELINE GAMBOA LVN 5/17/2021 2:36 PM**

Electronically signed by Gamboa, Jacqueline (L.V.N.), L.V.N. at 5/17/2021 2:36 PM

**Progress Notes****Bascombe, Quincy (M.D.), M.D. at 5/17/2021 1416**

Author: Bascombe, Quincy (M.D.), M.D. Service: —

Author Type: Physician

Filed: 5/17/2021 2:40 PM

Encounter Date: 5/17/2021

Creation Time: 5/17/2021 2:16 PM

Status: Signed

Editor: Bascombe, Quincy (M.D.), M.D. (Physician)

**05/17/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)****Clinical Notes (continued)****PHYSICIAN'S PROGRESS NOTES****--- This documentation is for State Form (PR2) ---****SUBJECTIVE COMPLAINTS:****REASON FOR PR2:**

Other

**Chief Complaint:**

PAIN

Translation required: No

**CURRENT TREATMENT REVIEW FOR THIS INJURY/ILLNESS:**

Date of Injury: 03/05/2021

KPOJ 1st Visit: 04/14/21

Job: PAROLE AGENT I at State of California Task: Driving, standing, walking, making a arrest.

Mechanism of Injury: As I stepped off a curb on to the street and my right foot went into a pot hole causing me to lose balance and fall. I landed on my hands and knees. I immediately felt pain in my right foot and right ankle."

**DIAGNOSIS**

(S93.401D) RIGHT ANKLE SPRAIN, SUBSEQ

(S93.601D) RIGHT FOOT SPRAIN, SUBSEQ

**IMAGES**

X-RAY RIGHT ANKLE 03/05/2021

No acute fracture or dislocation

X-RAY RIGHT FOOT 02/05/2021

No acute fracture or dislocation

**PHYSICAL THERAPY**

Completed a 1/6 sessions

**SPECIALIST**

None

**05/17/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)****Clinical Notes (continued)****TREATMENT COURSE**

Symptoms persistent

Current prescribed/advised treatment detail:

**TREATMENT PROGRESS:**

The patient's symptoms from the previous visit are:

Persistent

Carl Mayfield is a 36 year old male with the following subjective factors:

Patient Complaints:

**TELEHEALTH CONSENT**

Prior to rendering the telehealth services:

1. I explained that there is available a face-to-face appointment with a provider to render the same health care services as this telehealth encounter.
2. The patient consented to receive health care services via telehealth for this encounter.

Patient Carl Mayfield

"Still a little sore" - with regards to affected extremity

"Still feel pain when getting up from seated position"

"Still tender when I walk"

Reports he has only been to one therapy sessions because he has been slammed at work

At present time, patient indicates that the right ankle/foot pain is aching.

Pain severity: 4 (scale 0-10)

Pain radiation pattern to: none.

Aggravating factors: prolonged weight bearing and getting up from seated position.

Associated symptoms: none.

Current working status: working regular duty.

Treatments tried in past & outcome:

Medication?

- not applicable

PT/OT? No

Acupuncture? No

Chiropractor? No

Injection? No

**05/17/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)****Clinical Notes (continued)**

Surgery? No  
Consult? No

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**Initial visit history**

Worker was originally seen in Kaiser Emergency Room the same day.  
X-ray of right foot/ankle showed no acute fracture or dislocation  
Worker was given pain meds with recommended rice therapy  
Tolerating full duty

Denies any significant history of injury to the affected body parts

**REVIEW OF SYSTEMS:**

General: No fever, chills, or sweats  
Eyes: No eye pain, blurry vision, double vision, or visual disturbances  
Ears, Nose, Throat, and Mouth: No pain, hearing loss, or ear ringing  
Cardiovascular: No chest pain or palpitations  
Respiratory: No wheezing, cough, or shortness of breath  
Gastrointestinal: No nausea, vomiting, or abdominal pain and No rectal bleeding or black stools  
Skin: No rash, redness, or swelling  
Neurologic: No numbness or tingling of extremities  
Hematology: No easy bruising or bleeding

**SOCIAL HISTORY:**

Work Status before this visit: Full Duty

**OBJECTIVE FINDINGS:**

Vital Signs:  
There were no vitals taken for this visit.

I confirm that I have performed the following examination(s):

Constitutional: Alert and conversant  
Respiratory: No respiratory distress  
Psychiatric: Pleasant, alert, no distress, mood and affect normal

**PHYSICAL EXAMINATION:**

TELEPHONE VISIT

**DIAGNOSES:**

S93.401D RIGHT ANKLE SPRAIN, SUBSEQ  
S93.601D RIGHT FOOT SPRAIN, SUBSEQ

**05/17/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)****Clinical Notes (continued)**

Diagnoses not noted on current encounter:  
(S93.401D) RIGHT ANKLE SPRAIN, SUBSEQ  
(S93.601D) RIGHT FOOT SPRAIN, SUBSEQ

**TREATMENT PLAN:**

Medications:

The medication(s)/supplies/radiological studies ordered this visit:

Orders Placed This Encounter

PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT

Order Specific Question: Result Release to patient?

Answer: Immediate

Treatment Rendered:

I discussed the patients diagnosis, prognosis, and treatment plan at length and all questions were answered. I spent 15 minutes with face to face time with Carl Mayfield. Clinically improving.

1. Anti-inflammatories prescribed, take as directed. Risk and benefits discussed.
2. X-ray of right foot/ankle performed on date of injury showed no acute fracture or dislocation. Discussed with worker.
3. Apply ice to the affected area for 15 min duration, at 3 to 4 times a day
4. Continue physical therapy and maintain home exercise program
5. Will continue full duty
6. Return to clinic as directed
7. Lace-up ankle brace administered
8. Worker has only been to 1 therapy session since authorized. Worker is advised that he needs to attend all sessions to help improve pain/discomfort in affected extremity. Worker is advised to call and schedule an appointment as soon as possible. Reported verbal understanding and agreement. Will re-evaluate worker after he has completed several sessions of physical therapy.

I anticipate treatment may last 3-4 weeks + for this worker

Worker was informed to immediately go to the emergency department before next appointment if symptoms worsen as discussed

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This encounter was changed from a video visit to a telephone visit due to technical difficulty with establishing a video visit

Time spent with patient or guardian over the phone was 15 minutes.

**FACTORS OF CARE:**

**05/17/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)****Clinical Notes (continued)**

Medical Work Up: Reviewed and summarized old records and Diagnostic imaging: ordered/reviewed  
Medication: Medication prescribed/ordered with pertinent risks and benefits explained to the patient  
Treatment Plans and Integration: Discussion with patient regarding return to work (full, modified or off work)

**WORK STATUS:**

See Below

**Primary Treating Physician:**

I declare under the penalty of perjury that this report is true and correct to the best of my knowledge and I have not violated Labor Code §139.3.

**---End of Progress Notes---**

**Activity RX/Forms**

Full work today.

**Other Needs/Restrictions:**

Additional Comments: Carl Mayfield checked into our Kaiser Permanente On-the-Job clinic (KPOJ) 5/17/2021 at 1:15 PM and checked out at 2:34 PM . The patient has a VIDEO follow-up appointment at Fontana KPOJ on:

**Future Appointments**

6/7/2021 1:50 PM Bascombe, Quincy (M.D.), \* FOOHS3 FONU

Patient has been advised to arrive 15 minutes prior to their appt time. Please call us at (909) 427-3917 for any questions or concerns.

Next Appointment: 6/7/2021

## 05/17/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)

## Clinical Notes (continued)

Quincy Bascombe, MD, MPH  
 Occupational Medicine - Board Certified  
 KPOJ - Fontana  
 05/17/21, 2:17 PM

Electronically signed by Bascombe, Quincy (M.D.), M.D. at 5/17/2021 2:40 PM

## Procedures

## PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT [6880914197] (Active)

Electronically signed by: **Bascombe, Quincy (M.D.), M.D. on 05/17/21 1419** Status: **Active**  
 Ordering user: Bascombe, Quincy (M.D.), M.D. 05/17/21 1419  
 Authorized by: Bascombe, Quincy (M.D.), M.D.  
 Ordering mode: Standard  
 Frequency: Routine 05/17/21 -  
 Quantity: 1  
 Diagnoses  
 RIGHT ANKLE SPRAIN, SUBSEQ [S93.401D]  
 RIGHT FOOT SPRAIN, SUBSEQ [S93.601D]

## Provider Details

Provider	NPI
Bascombe, Quincy (M.D.), M.D.	1467847608

## Questionnaire

Question	Answer
Result Release to patient?	Immediate

## Indications

RIGHT ANKLE SPRAIN, SUBSEQ [S93.401D (ICD-10-CM)]  
 RIGHT FOOT SPRAIN, SUBSEQ [S93.601D (ICD-10-CM)]

## END OF ENCOUNTER

## 06/07/2021 - Video Visit in OCCUPATIONAL MEDICINE

## Visit Information

## Provider Information

Encounter Provider	Authorizing Provider
Bascombe, Quincy (M.D.), M.D.	Bascombe, Quincy (M.D.), M.D.

## Department

Name	Address	Phone	Fax
OCCUPATIONAL MEDICINE	9961 SIERRA AVE Fontana CA 92335-6720	909-427-3917	909-427-5158

## Level of Service

Level of Service
OUTPT EST LEVEL 4

## Reason for Visit