

05/17/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)

Clinical Notes (continued)

Quincy Bascombe, MD, MPH
 Occupational Medicine - Board Certified
 KPOJ - Fontana
 05/17/21, 2:17 PM

Electronically signed by Bascombe, Quincy (M.D.), M.D. at 5/17/2021 2:40 PM

Procedures

PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT [6880914197] (Active)

Electronically signed by: **Bascombe, Quincy (M.D.), M.D. on 05/17/21 1419** Status: **Active**
 Ordering user: Bascombe, Quincy (M.D.), M.D. 05/17/21 1419
 Authorized by: Bascombe, Quincy (M.D.), M.D.
 Ordering mode: Standard
 Frequency: Routine 05/17/21 -
 Quantity: 1
 Diagnoses
 RIGHT ANKLE SPRAIN, SUBSEQ [S93.401D]
 RIGHT FOOT SPRAIN, SUBSEQ [S93.601D]

Provider Details

Provider	NPI
Bascombe, Quincy (M.D.), M.D.	1467847608

Questionnaire

Question	Answer
Result Release to patient?	Immediate

Indications

RIGHT ANKLE SPRAIN, SUBSEQ [S93.401D (ICD-10-CM)]
 RIGHT FOOT SPRAIN, SUBSEQ [S93.601D (ICD-10-CM)]

END OF ENCOUNTER

06/07/2021 - Video Visit in OCCUPATIONAL MEDICINE

Visit Information

Provider Information

Encounter Provider	Authorizing Provider
Bascombe, Quincy (M.D.), M.D.	Bascombe, Quincy (M.D.), M.D.

Department

Name	Address	Phone	Fax
OCCUPATIONAL MEDICINE	9961 SIERRA AVE Fontana CA 92335-6720	909-427-3917	909-427-5158

Level of Service

Level of Service
OUTPT EST LEVEL 4

Reason for Visit

06/07/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)**Reason for Visit (continued)****Chief Complaint**

- PAIN (right ankle/foot DOI: 3/5/21)

Visit Diagnosis

- RIGHT ANKLE SPRAIN, SUBSEQ [S93.401D]

Clinical Notes**Nursing Note****Reyes, Yolanda P (L.V.N.), L.V.N. at 6/7/2021 1328**

Author: Reyes, Yolanda P (L.V.N.), L.V.N. Service: —

Author Type: LICENSED VOCATIONAL NURSE

Filed: 6/7/2021 1:29 PM

Encounter Date: 6/7/2021

Creation Time: 6/7/2021 1:28 PM

Status: Signed

Editor: Reyes, Yolanda P (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)

I attempted to contact patient for intake questions for today's virtual appointment, at 1:50 PM with Dr. Bascombe.

Patient did not answer phone call. I left a message on patient's recorder, informing him of today's virtual appointment, and that our office will attempt to reach him again, in a few minutes.

Electronically signed by Reyes, Yolanda P (L.V.N.), L.V.N. at 6/7/2021 1:29 PM

Reyes, Yolanda P (L.V.N.), L.V.N. at 6/7/2021 1347

Author: Reyes, Yolanda P (L.V.N.), L.V.N. Service: —

Author Type: LICENSED VOCATIONAL NURSE

Filed: 6/7/2021 1:48 PM

Encounter Date: 6/7/2021

Creation Time: 6/7/2021 1:47 PM

Status: Signed

Editor: Reyes, Yolanda P (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)

I attempted to contact patient for intake questions for today's virtual appointment, at 1:50 PM with Dr. Bascombe.

Patient did not answer phone call. I left a message on patient's recorder, informing him of today's virtual appointment, and that our office will attempt to reach him again, in a few minutes.

Electronically signed by Reyes, Yolanda P (L.V.N.), L.V.N. at 6/7/2021 1:48 PM

Reyes, Yolanda P (L.V.N.), L.V.N. at 6/7/2021 1354

Author: Reyes, Yolanda P (L.V.N.), L.V.N. Service: —

Author Type: LICENSED VOCATIONAL NURSE

Filed: 6/7/2021 1:54 PM

Encounter Date: 6/7/2021

Creation Time: 6/7/2021 1:54 PM

Status: Signed

Editor: Reyes, Yolanda P (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)

TELEHEALTH CONSENT

Prior to rendering the telehealth services:

- I explained that there is an available face-to-face appointment with a provider to render the same health care services as this telehealth encounter.
- The patient consented to receive health care services via telehealth for this encounter.

Patient verified with two patient identifiers: Yes

06/07/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)**Clinical Notes (continued)**

Body Parts: right ankle/foot DOI: 3/5/21

Electronically signed by Reyes, Yolanda P (L.V.N.), L.V.N. at 6/7/2021 1:54 PM

Reyes, Yolanda P (L.V.N.), L.V.N. at 6/7/2021 1415

Author: Reyes, Yolanda P (L.V.N.), L.V.N. Service: —

Author Type: LICENSED VOCATIONAL
NURSE

Filed: 6/7/2021 2:16 PM

Encounter Date: 6/7/2021

Creation Time: 6/7/2021 2:15 PM

Status: Signed

Editor: Reyes, Yolanda P (L.V.N.), L.V.N. (LICENSED VOCATIONAL NURSE)

I e-mailed patient's work status, to e-mail address on file.

Electronically signed by Reyes, Yolanda P (L.V.N.), L.V.N. at 6/7/2021 2:16 PM

Progress Notes**Bascombe, Quincy (M.D.), M.D. at 6/7/2021 1408**

Author: Bascombe, Quincy (M.D.), M.D. Service: —

Author Type: Physician

Filed: 6/7/2021 2:23 PM

Encounter Date: 6/7/2021

Creation Time: 6/7/2021 2:08 PM

Status: Signed

Editor: Bascombe, Quincy (M.D.), M.D. (Physician)

PHYSICIAN'S PROGRESS NOTES

--- This documentation is for State Form (PR2) ---

SUBJECTIVE COMPLAINTS:**REASON FOR PR2:**

Released from care

This patient is discharged/released and return to regular work with no need for future medical care and no ratable impairment per AMA guides, 5th edition as of today.

Chief Complaint:

PAIN

Translation required: No

CURRENT TREATMENT REVIEW FOR THIS INJURY/ILLNESS:

Date of Injury: 03/05/2021

KPOJ 1st Visit: 04/14/21

Job: PAROLE AGENT I at State of California Task: Driving, standing, walking, making a arrest.

Mechanism of Injury: As I stepped off a curb on to the street and my right foot went into a pot hole causing me to lose balance and fall. I landed on my hands and knees. I immediately felt pain in my right foot and right ankle."

DIAGNOSIS

(S93.401D) RIGHT ANKLE SPRAIN, SUBSEQ

06/07/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)**Clinical Notes (continued)**

(S93.601D) RIGHT FOOT SPRAIN, SUBSEQ

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IMAGES

X-RAY RIGHT ANKLE 03/05/2021

No acute fracture or dislocation

X-RAY RIGHT FOOT 02/05/2021

No acute fracture or dislocation

PHYSICAL THERAPY

Completed a 1/6 sessions. Reports compliance with home exercise program

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SPECIALIST

None

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TREATMENT COURSE

Clinically improved. Reports no more significant pain/discomfort to affected body part. Tolerating full duty with no restrictions.

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Current prescribed/advised treatment detail:

TREATMENT PROGRESS:

The patient's symptoms from the previous visit are:

Improved

Carl Mayfield is a 36 year old male with the following subjective factors:

Patient Complaints:

TELEHEALTH CONSENT

Prior to rendering the telehealth services:

1. I explained that there is available a face-to-face appointment with a provider to render the same health care services as this telehealth encounter.
2. The patient consented to receive health care services via telehealth for this encounter.

Patient Carl Mayfield

06/07/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)**Clinical Notes (continued)**

"Doing pretty good" - regards to affected extremity

Reports no more significant pain/discomfort to affected body part. Tolerating full duty with no restrictions.

Reports he has not needed PT but he has been compliant with home exercise program which has helped significantly to improve his pain/discomfort in affected body part

At present time, patient indicates that the right ankle/foot pain is aching.

Pain severity: 0 (scale 0-10). Discomfort may go up to 2/10

Pain radiation pattern to: none.

Aggravating factors: prolonged weight bearing and getting up from seated position.

Associated symptoms: none.

Current working status: working regular duty.

Treatments tried in past & outcome:

Medication?

- not applicable

PT/OT? No

Acupuncture? No

Chiropractor? No

Injection? No

Surgery? No

Consult? No

Initial visit history

Worker was originally seen in Kaiser Emergency Room the same day.

X-ray of right foot/ankle showed no acute fracture or dislocation

Worker was given pain meds with recommended rice therapy

Tolerating full duty

Denies any significant history of injury to the affected body parts

REVIEW OF SYSTEMS:

Respiratory: No wheezing, cough, or shortness of breath

Skin: No rash, redness, or swelling

Neurologic: No numbness or tingling of extremities

Hematology: No easy bruising or bleeding

SOCIAL HISTORY:

Work Status before this visit: Full Duty

OBJECTIVE FINDINGS:

Vital Signs:

06/07/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)**Clinical Notes (continued)**

There were no vitals taken for this visit.

I confirm that I have performed the following examination(s):

Constitutional: Alert and conversant

Eyes: Conjunctivae and EOMs are normal

Respiratory: No respiratory distress

Psychiatric: Pleasant, alert, no distress, mood and affect normal

PHYSICAL EXAMINATION:

EXAM DEFERRED

PRESENT FOR EXAM IN VEHICLE

DIAGNOSES:

S93.401D RIGHT ANKLE SPRAIN, SUBSEQ

Diagnoses not noted on current encounter:

(S93.401D) RIGHT ANKLE SPRAIN, SUBSEQ

(S93.601D) RIGHT FOOT SPRAIN, SUBSEQ

TREATMENT PLAN:

Medications:

The medication(s)/supplies/radiological studies ordered this visit:

Orders Placed This Encounter

PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT

Order Specific Question: Result Release to patient?

Answer: Immediate

Treatment Rendered:

I discussed the patients diagnosis, prognosis, and treatment plan at length and all questions were answered. I spent 15 minutes with face to face time with Carl Mayfield. Clinically improved. Reports no more significant pain/discomfort to affected extremity. Tolerating full duty.

1. Return to work with no restrictions, no need for follow-up, and no ratable impairment as per AMA 5th edition guidelines

FACTORS OF CARE:

Medical Work Up: Reviewed and summarized old records and Diagnostic imaging: ordered/reviewed

Medication: Medication prescribed/ordered with pertinent risks and benefits explained to the patient

Treatment Plans and Integration: Discussion with patient regarding return to work (full, modified or off work)

06/07/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)**Clinical Notes (continued)****WORK STATUS:**

See Below

Primary Treating Physician:

I declare under the penalty of perjury that this report is true and correct to the best of my knowledge and I have not violated Labor Code §139.3.

---End of Progress Notes---

Activity RX/Forms

Discharge/Release Status: This patient is discharged/released and may return to full unrestrictive work with no need for future medical care and no ratable impairment per AMA guides, 5th edition

Other Needs/Restrictions:

Additional Comments: Carl Mayfield checked into our Kaiser Permanente On-the-Job (KPOJ) virtual visit, 6/7/2021, at 1:56 PM and checked out at 2:15 PM.

Please call us at (909)427-3917 for any questions or concerns.

Quincy Bascombe, MD, MPH
Occupational Medicine - Board Certified
KPOJ - Fontana
06/07/21, 2:09 PM

Electronically signed by Bascombe, Quincy (M.D.), M.D. at 6/7/2021 2:23 PM

06/07/2021 - Video Visit in OCCUPATIONAL MEDICINE (continued)**Procedures****PHYS SPECIAL REPORT, PR-2 TREATING PHYS'S PROGRESS REPORT [6880914200] (Active)**Electronically signed by: **Bascombe, Quincy (M.D.), M.D. on 06/07/21 1414**Status: **Active**

Ordering user: Bascombe, Quincy (M.D.), M.D. 06/07/21 1414

Authorized by: Bascombe, Quincy (M.D.), M.D.

Ordering mode: Standard

Frequency: Routine 06/07/21 -

Class: Back Office

Quantity: 1

Released by: Bascombe, Quincy (M.D.), M.D. 06/07/21 1414

Diagnoses

RIGHT ANKLE SPRAIN, SUBSEQ [S93.401D]

Provider Details

Provider	NPI
Bascombe, Quincy (M.D.), M.D.	1467847608

Questionnaire

Question	Answer
Result Release to patient?	Immediate

Indications

RIGHT ANKLE SPRAIN, SUBSEQ [S93.401D (ICD-10-CM)]

END OF ENCOUNTER