

The Mental Health of Healthcare Workers In Covid-19

Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms

Select Indicator

Symptoms of Anxiety Disorder

Symptoms of Anxiety Disorder

Phase	Phase 3.2													
Time Period	Phase 3.2													
Group	Phase 3.2													
	Jan 26 - Feb 7, 2022		Phase 3.3		Dec 1 - Dec 13, 2021		Break 5		Sep 29 - Oct 11, 2021		Sep 15 - Sep 27, 2021		Sep 1 - Sep 13, 2021	
	Percent	95% CI	Percent	95% CI	Percent	95% CI	Percent	95% CI	Percent	95% CI	Percent	95% CI	Percent	95% CI
National Estimate														
United States	27.2	26.6 - 27.8	27.9	27.2 - 28.5	26.5	25.8 - 27.2			27.3	26.5 - 28.0	27.8	27.2 - 28.5	28.1	27.4 - 28.8
By Age														
18 - 29 years	39.2	37.2 - 41.3	41.3	38.8 - 43.9	37.7	35.5 - 39.8			41.0	38.8 - 43.2	42.1	39.0 - 45.2	43.6	40.8 - 46.4
30 - 39 years	36.8	35.2 - 38.3	35.5	33.8 - 37.2	32.3	30.7 - 34.0			34.9	33.1 - 36.7	34.7	33.0 - 36.6	36.0	34.2 - 37.8
40 - 49 years	29.3	27.9 - 30.8	31.7	30.2 - 33.3	32.3	30.7 - 33.9			31.2	29.3 - 33.3	30.3	28.8 - 31.9	31.9	30.2 - 33.6
50 - 59 years	25.8	24.6 - 27.0	25.9	24.4 - 27.5	25.8	24.0 - 27.7			25.8	24.2 - 27.4	27.7	26.0 - 29.6	25.3	23.3 - 27.3
60 - 69 years	19.4	18.2 - 20.6	19.0	17.9 - 20.2	17.5	16.2 - 18.8			18.1	16.6 - 19.6	19.0	17.7 - 20.3	18.9	17.7 - 20.1
70 - 79 years	11.6	10.6 - 12.7	12.1	10.7 - 13.6	11.4	9.8 - 13.1			12.2	10.5 - 14.1	12.3	10.6 - 14.2	12.5	11.0 - 14.0
80 years and above	9.3	7.2 - 11.7	12.4	9.5 - 15.9	13.0	7.4 - 20.6			16.2	11.4 - 21.9	12.2	9.9 - 15.0	13.8	9.8 - 17.8
By Sex														
Female	31.2	30.4 - 32.0	31.7	30.8 - 32.7	29.9	28.9 - 30.8			31.3	30.3 - 32.3	31.4	30.4 - 32.5	31.5	30.6 - 32.4
Male	22.9	22.0 - 23.9	23.8	22.7 - 24.8	22.9	22.0 - 23.8			22.9	21.8 - 24.0	24.0	22.9 - 25.1	24.5	23.4 - 25.6
By Gender identity														
Cis-gender male	22.3	21.3 - 23.3	23.3	22.2 - 24.4	22.6	21.7 - 23.6			22.3	21.2 - 23.5	23.0	22.0 - 24.1	23.9	22.8 - 25.0
Cis-gender female	30.5	29.7 - 31.3	31.2	30.2 - 32.2	29.3	28.4 - 30.3			30.9	29.9 - 31.9	30.9	29.9 - 32.0	30.8	29.9 - 31.7

NOTES: All estimates shown meet the NCHS standards of reliability. See Technical Notes below for more information about the content and design of the survey. From Phase 1 through Phase 3.1 of data collection and reporting, the question reference period was 'during the last 7 days'. Beginning in Phase 3.2, the question reference period changed to 'during the last two weeks'.

SOURCE: U.S. Census Bureau, Household Pulse Survey, 2020-2022

Data Table

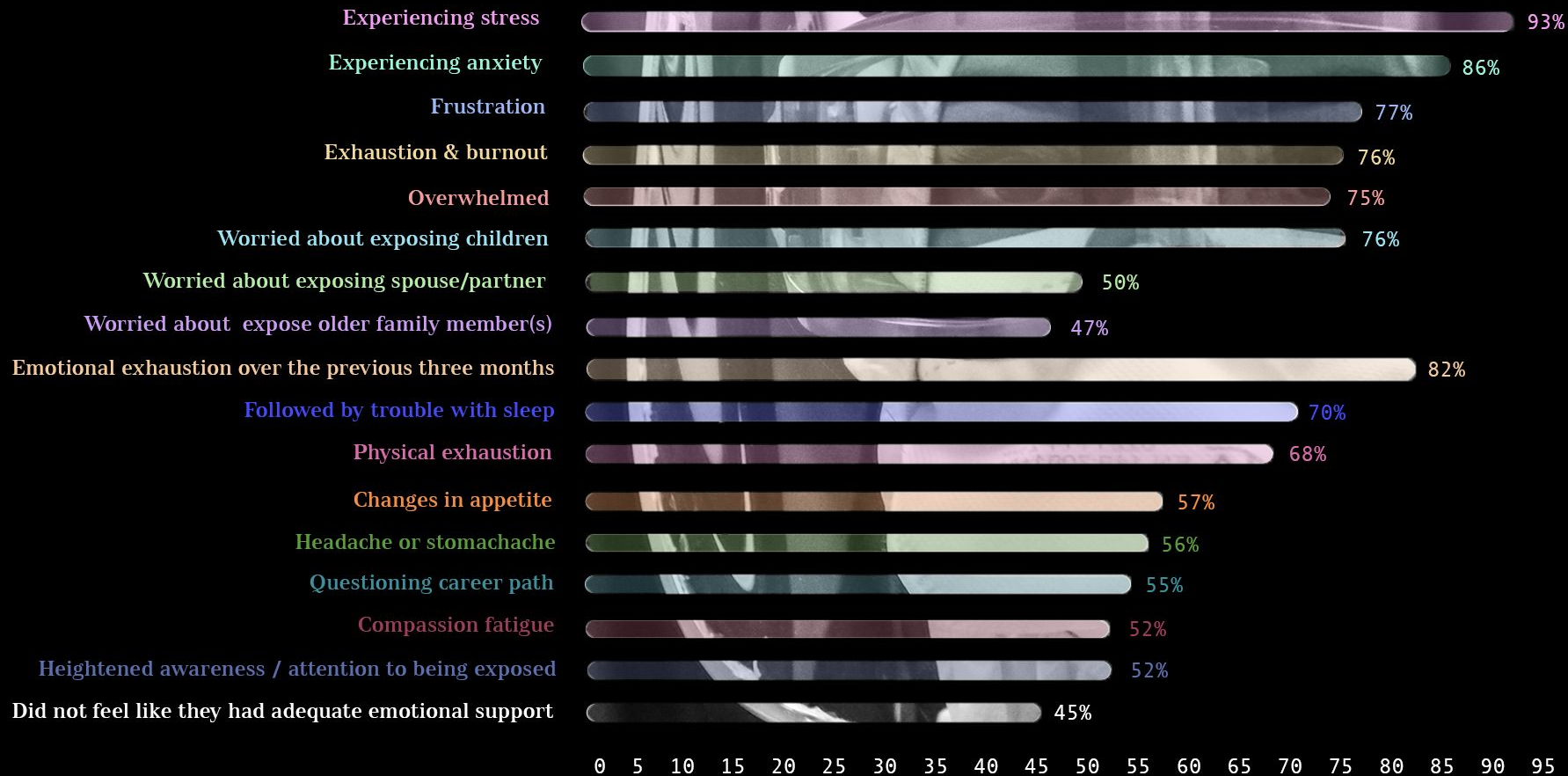
National Estimates

State Estimates

Overall, employment in healthcare is down by 524,000 since February 2020, with nursing and residential care facilities representing about four-fifths of the losses, the bureau said.

“Healthcare workers are also experiencing conditions that have been compared to a war zone, continuously witnessing the direct effects of the pandemic as it spreads throughout communities.”

The responses collected from the 1,119 healthcare workers surveyed indicated that they are



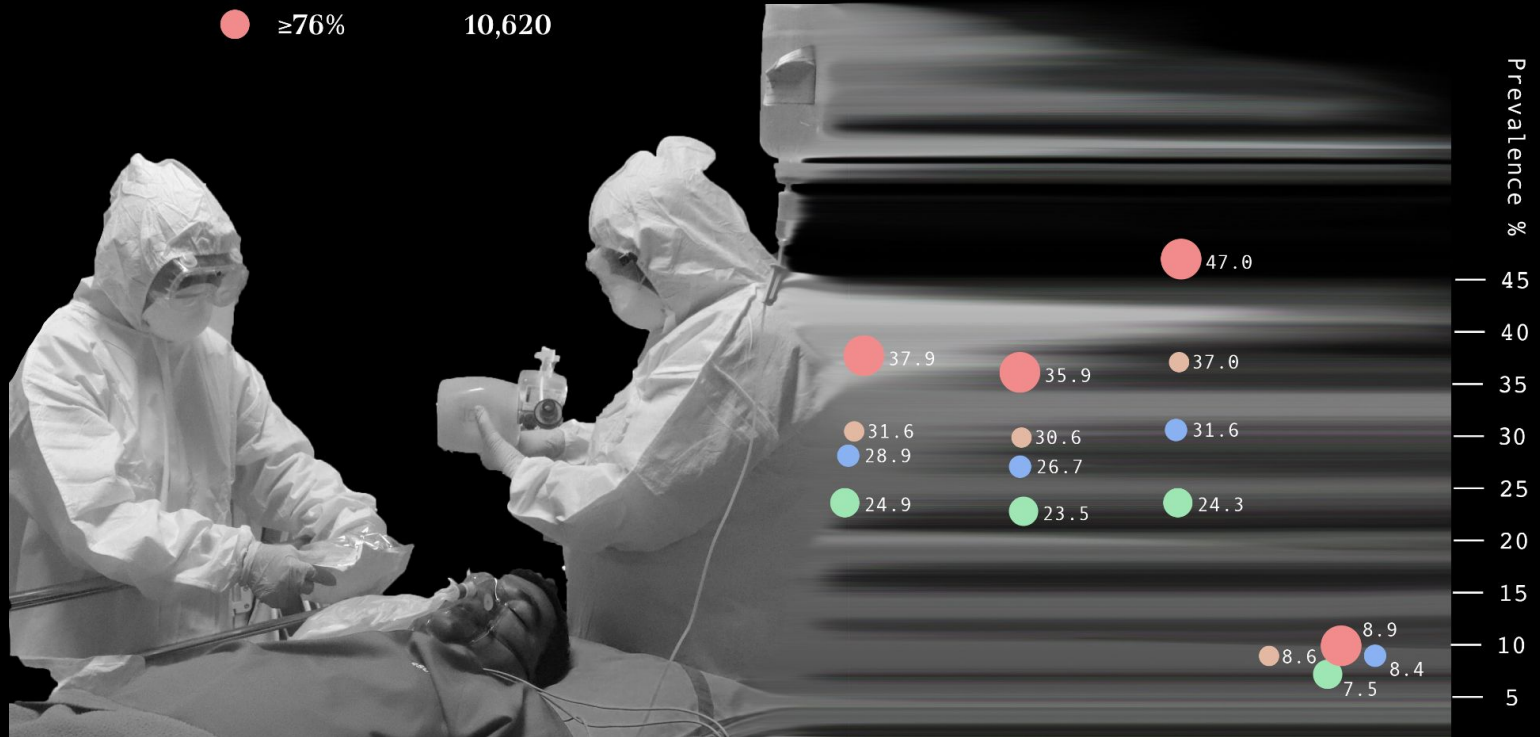
Mental health symptoms among 26,174 public health workers during March–April 2021 — United States



% of time spent on COVID-19 response activities

	No.
1-25%	5,151
26-50%	3,432
51-75%	3,283
≥76%	10,620

Depression Anxiety PTSD Suicidal ideation



Can take time off from work

	No.
● YES	13,507
● NO	8,586

Hrs worked per wk

	No.
● ≤ 40	9,993
● 41 - 60	11,466
● > 60	3,018

