158258 Web Development Tutorial Exercise on Using CSS to Style Web Pages

Computer Science and Information Technology School of Mathematical & Computational Sciences Massey University (AKLI, DISD & MTUI) 2022-07-30

Styling the "P & I Recipes - Nutty and Fruity Oatmeal" Web Page

In this tutorial, you must apply what you learnt about styling webpages using CSS. You will work on the P & I Recipes web page that you created in the last topic.

At the end, the web page must look as illustrated in the screenshot below. You should use the lecture slides as your guide towards achieving the final web page.

To get started, you will need the working files (working-files p-and-i-recipes.zip).

The Web Page at the Beginning

P&I Recipes



Oatmeal Pancakes Dinner Snacks

Nutty & Fruity Oatmeal



A healthy breakfast is key to a helthy diet. There are many web sites that describe the benefits of oatmeal, including: WebMD Organic facts HHS

Why oatmeal?

Among the many benefits of oatmeal are:

- excellent source of fiber that helps to reduce cholestrol
 loaded with nutrients including vitamins, minerals, and antioxidants
- helps with weight reduction
 reduce constipation

Here is a recipe for a delicious oatmeal that increases the high nutritious value of plain oatmeal.

Ingredients

- 1/2 cup quick oats
 1/2 cup each of almond and vanila soy milk:
 2 Tbsp chopped walnuts
 1/2 cup each chopped banana and blueberries
 A pinch each of cardamom and ginger powder
 1/4 tsp cinnamon powder

Not sure what quick oats are? Quick oats are oat grains that are cut to smaller pieces and then steamed and rolled.

Directions

- 1. Mix all ingredients in a cooking pot
- 2. Add one cup of water
 3. Bring to a boil and simmer for a couple of minutes. Important: Make sure you stir the mixture frequently while simmering.

Nutritional value

Nutritional value of 1/2 cup of

dry quick outs	
Nutrition	Amount
Calories	150 cal (kcal)
Carbohydrates	27 g
Protein	5 g
Fat	3 g
Dietary fiber	4 g

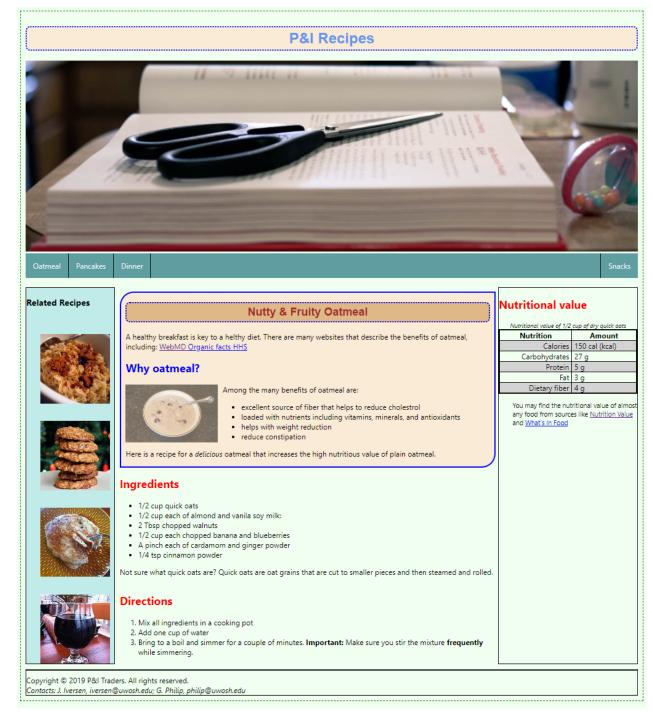
You may find the nutritional value of almost any food from sources like Nutrition Value and What's In Food

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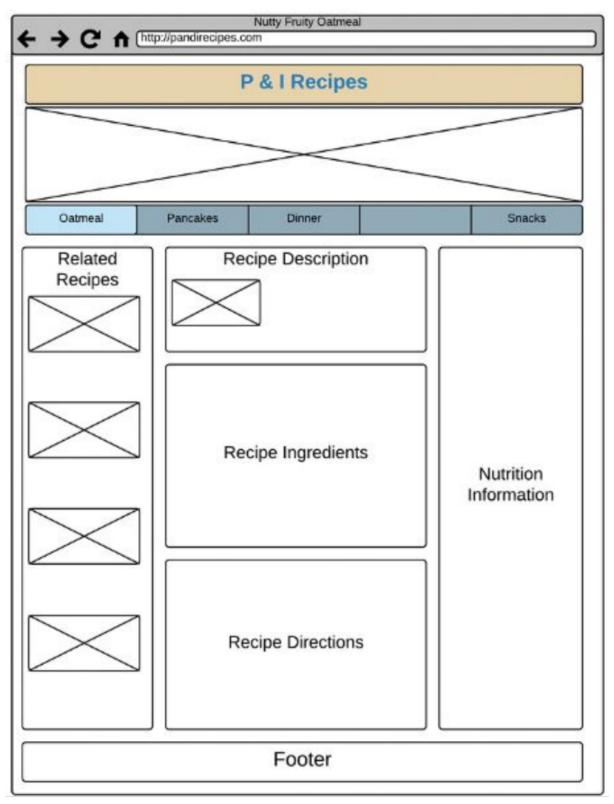
The Web page at the beginning, before any styling is applied to it

The final Web Page



Completed Web page after applying all that you learnt in this topic.

Web Page Design: Wireframe Model



The Wireframe Model for the recipe page

Web Page Design: Page Structure

