

CORONAVIRUS TOOLBOX TALK FIELD-BASED RESOURCE

INTRODUCTION

COVID-19 is a strain of virus known as Coronavirus. The virus mainly affects the human respiratory system and infection can cause mild symptoms including a new, dry, continuous cough and a fever. In severe cases it can lead to pneumonia or breathing difficulties.

The government has released the list of essential services and key workers. As expected, our business and our people fall into this category.

WHO IS A KEY WORKER?

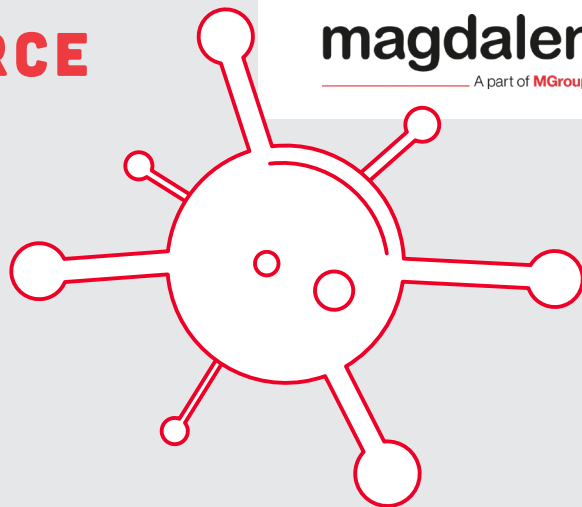
Our organisation provides essential services to critical telecommunication infrastructure in the UK and Ireland, this categorises you with 'Key Worker' status.

WHAT IF THERE ARE MORE THAN TWO PEOPLE ON-SITE?

Where there are more than two people in the working party, this will not be classified as a 'Gathering' but a 'Cluster' of 'Key Workers. Additional controls will be required to maintain social distancing.

Our advice will continue to change as more information becomes available. Do what you do naturally, adapt with the change and take appropriate measures to keep yourselves, your families and your colleagues as safe and healthy as possible.

NOTHING THAT WE DO IS SO IMPORTANT THAT WE CANNOT TAKE THE TIME TO DO IT SAFELY.



HOW TO PROTECT YOURSELF

- Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water for at least 20 seconds
- Use hand sanitiser gel if soap and water are not available
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Place used tissues in the bin immediately and wash your hands afterwards
- Ensure you have sufficient supplies of Personal Protective Equipment and cleaning agents to maintain a clean and sanitised environment when driving and operating plant / machinery
- Minimise where possible and safe to do so, the need to rotate drivers and plant operators to minimise dual use and handling of controls
- Never touch your eyes, nose or mouth if your hands are not clean
- Do not report to work if you exhibit any symptoms and or anyone within your household or any individual you have come in to contact with are now self-isolating
- Notify your Line Manager if you are unable to attend work and or need to self-isolate