

LONE WORKING

Lone workers are those who work by themselves without close or direct supervision. Arrangements **MUST** be made to ensure lone workers are at no more risk than employees working together.

Carry out a risk assessment and ensure you are familiar with the Telecom Division Lone Worker app.

For lone workers at remote locations, the following factors **MUST** be considered:

- Can one person carry out the task safely?
- Is the lone worker fit, healthy and able to complete the task?
- How long should the task take and set the timer in the app?
- Has the worker a safe means of travel to and from the location especially out of normal working hours?
- Is there access to adequate rest, hygiene, refreshment, welfare and first aid facilities?
- Is there a suitable means of communication e.g. Lone Worker app?
- In the event of an emergency, can emergency services approach the location without hindrance?

Workplace safety

- Is there a safe means of entry and exit to the workplace?
- Is there adequate illumination, heating and ventilation for the task to be carried out?
- Is there a risk of confrontation or violence? If yes, activate your personal safety button on the Lone Worker app leave site, report to your line manager from a safe location.
- Can all equipment, especially powered tools and access equipment such as ladders, be used safely?
- Can lifting operations be performed safely by one person?

The law

Telecom Division is responsible for the health, safety and welfare at work of all their workers.

Workers have responsibilities to take reasonable care of themselves and other people affected by their activities and to co-operate with their employers in meeting their legal obligations.



ENSURE YOU HAVE THE LONE WORKER APP DOWNLOADED ON YOUR DEVICE AND YOU KNOW HOW TO USE IT