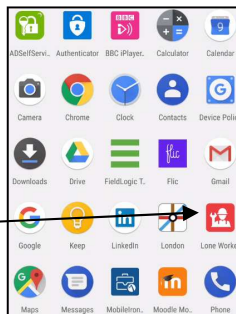




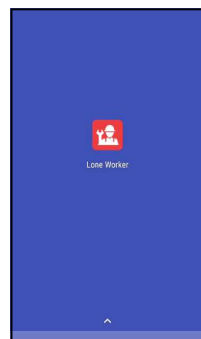
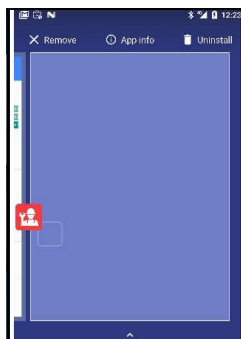
Installing the App

The application will be downloaded to your device by the IT Department.

- If it is not installed on your "Home Page" Check your Apps Folder to find the icon.



- Press and hold the icon in your apps folder and drag it to the Home Screen of your device. You need to be able to set this app easily, so put the icon on a screen that you use a lot.



Tap the LoneWorker



icon to open the

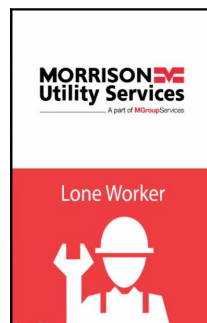


The grey button relates to the Bluetooth version and is inactive in this non Bluetooth copy of the Loneworker App.

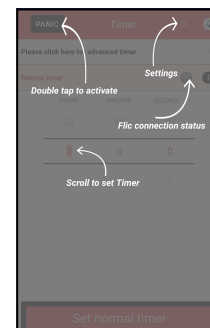



App Sensitivity Setup

Once you tap onto the app, it will open to the Timer Screen. The app has some built in guidance in the form of a "Coach marks" overlay that will point out key features on the screen. This will happen on first use.



Tap anywhere onto the screen to hide the arrows.



To get the arrows back, tap onto the  icon.



You will see the Timer screen clearly now, but once you tap again you will get this set up message.



Click the button to begin the setup process. You will begin with the Device Sensitivity settings.

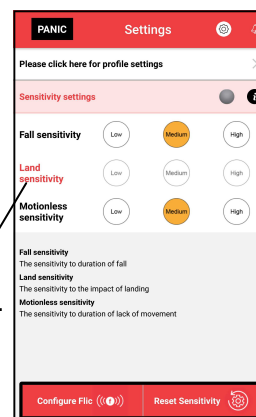
Tap the level that you require for each category.

Low = Less Sensitive.

High = More Sensitive.

The lower the setting, the more force that will be required to set off the alarm.

Press and hold the sensitivity name to disable it completely.

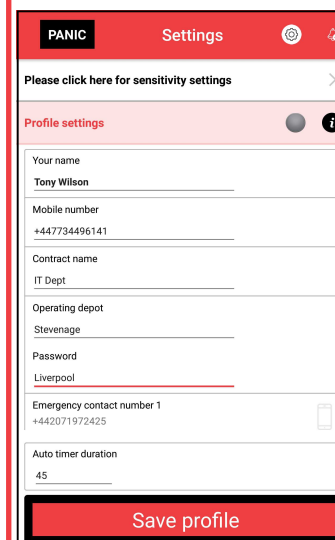
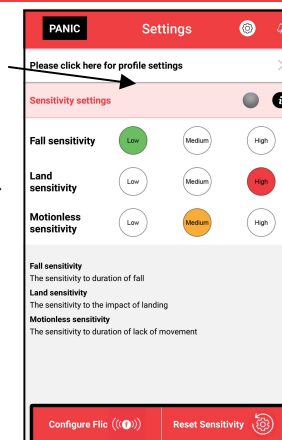


App Profile Settings

Now that you have set the Sensitivity, tap the "Profile Setting" link at the top of the screen.

The Profile Settings MUST be completed.

You need to enter your **Name, Mobile Number, Contract and Operating Depot.**



Now you can adjust the **auto timer** delay (in seconds) that you will allow before the app starts it's alarm sequence.

The **Password** is for you to quote to the Incident Line upon their call back. Type a memorable word to use during the call.

It will be set to 45 seconds by default.

Click **Save Profile** to finish the set up process.

If the App is activated (via the Timer or one of the Sensitivity Settings) then the device's volume is automatically turned on and it will start bleeping.

You have the number of seconds in the Auto timer (45 seconds by default) to turn off the App before it triggers a text and phone call. You should calmly swipe to the right to turn it off.

Setting the Timer



From the Settings screen, tap the Alarm icon in the top right hand corner of the LoneWorker app. You are now on the main Timer Screen.

Use the spin dials to set the amount of time you want before the alarm will sound.

Once the alarm goes off, a text will be sent and a phone call made to the Incident Line.

You can switch between the Normal and Advanced Timer by tapping the Timer Selection bar here.

Advanced will utilise the Free Fall, Hard Landing and No Movement settings that you created during set up.

The Normal timer is triggered by setting the timer. Once the time ends the alarm will sound.

When you have finished and no longer need the app to be activate, cancel the timer by using the **Cancel** slider switch.

Panic Button

Even if you do not have the app Timer set, if you are in need of help and can get to your phone, you can trigger the Panic button.

Double tap the **Panic** button at the top left hand corner of the screen and this will immediately sound the alarm and then send a text and call the Incident line.

PANIC

Advanced Settings

In the Profile Settings, you will have four default phone numbers pre configured in the app.

Scrolling the phone numbers section up will allow you to add up to two additional phone numbers.

Tap the **Add Number** link and type the additional phone number into the field in the format shown.

Save the settings once complete.

LoneWorker App Version 2.5 for Android



The LoneWorker app has been developed to provide a lifeline for you if you are working on your own.

Once you have set the app up, if it is dropped or you fall or are in danger the alarm sounds and a text message is sent. A phone call to the incident line is also automatically triggered.

This guide will take you through the installation, setup and use of the Loneworker app.

Instructions for using the Bluetooth (flic) version are available in the LoneWorker with flic version of this guide.