IF ONLY...



Excessive exposure to NOISE, can affect both you and your family.

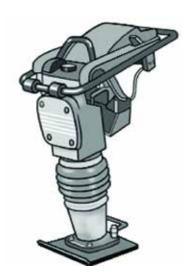
Continuous exposure to excessive noise could eventually damage your hearing permanently.

Keep noise to a minimum where possible by.

- Protecting you and your work colleagues and minimise disruption to members of the public.
- Move the noise away from the work area or move the work away from the noise.
- Do not keep machinery running, switch off when not in use.
- Keep sound proofing covers closed when in use e.g. compressor hoods.
- Always wear appropriate ear protection for the task being undertaken.
- Consider equipment selection and maintenance.



WHAT THE LAW SAYS: Employers must make ear protection available to employees when the noise levels reach 80 dB(A), and the employee must wear ear protection when the levels reach 85 dB(A)



Equipment	Typical Exposure Level dB(A)
Breaker – hand held	95-112
Breaker – excavator	110
Road Saw	95-105
Compactor	97-103
Disc Cutter	105
Vibrator Roller	96
Compressors	110
Dumpers Diesel Engine	118
Pump	103
Tractor	95

When using ear protection ensure

- You select the appropriate ear protection for the task, they are worn correctly and are compatible with other Personal Protective Equipment.
- If you have difficulty wearing ear defenders, report it to your Line Manager.

REMEMBER: The 2 metre rule, if you have to shout when you are 2 metres away from the person you are speaking to, then you will need hearing protection.

HEARING LOSS IS PERMANENT