

Welcome to our Yearly Review for 2010

Tallaght Rehabilitation Project

Kiltalown House, Jobstown,
Tallaght, Dublin 24



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Chairman's Address 2010

Over the past 2 years TRP has suffered a 10% reduction in its funding. By skilful readjustments and changes to programmes and work practices TRP were able to absorb these cuts while maintaining current staff and programmes. However further cuts will inevitably lead to staff redundancies and a reduction in the services provided by TRP. This will obviously have adverse, negative effects on all involved with TRP, on our staff but more significantly on our clients, their families and their communities. We can only hope that this will not become a reality.

Let me assure our funders that the spending of all monies received by TRP is strictly monitored and accounted for and spent in accordance with relevant guidelines and best practice in an open and transparent manner to ensure best value for money.

As well as TRP's ongoing effective therapeutic educational programmes many other events took place during the year - the family sports day attended by all participants and their children and also attended by FAI coaches, Board members, local TD's and Councilors; our successful Art Exhibition in October – with excellent art on display from our participants; the 4 day residential which was very successful for 8 of our participants, 2 of whom are now drug free, with others currently embarking on successful detox's; the TRP annual awards ceremony at which the presentation of certs (FETAC etc) to all our participants takes place; the increase in numbers to our therapeutic day programme and aftercare service; some successful fundraising events throughout the year; the completion of the work plan for 2010 and the renewal of the work plan for 2011; the increase in the numbers of groups availing of our Room Rental Service, which helped us greatly with our finances.

As chairman I visit Kiltalown House on a regular basis. On each visit I am struck with the positive attitude of staff and participants. The staff is dedicated, committed and very hard working. There is a friendly welcome for all, great team work and a solid work ethic very much in evidence. I would like to take this opportunity to congratulate all members of staff - the Therapeutic staff team, the Administration team, the Evening Room Rental team, the Aftercare Team and the FAS CE team. I thank them for their dedication, commitment, skill and professionalism in carrying out their roles and tasks throughout the year, once again pushing TRP to greater heights with limited resources and helping to make TRP the best it can be.

I would like to acknowledge and thank the members of the Board of Management who Voluntarily give their time and expertise to provide support, guidance and wise governance.

Lastly I congratulate all our participants on your achievements during the year. The path you are on is not an easy one but staying the course will be truly rewarding for you and your family. I wish each of you every success in the New Year. I hope that the funding for our Programme is sufficient to continue the great work being done within the community and to support you in the year ahead.

Manager's Report

Hello to all. I would like to welcome you to the 2010 Manager's report for Tallaght Rehabilitation Project.

It is really hard to believe that another year has passed us by, and once again in many ways it has been a very eventful 12 months for our organisation.

Like every other community and voluntary programme, one of the main burning issues in 2010 for TRP has been funding and budget constraints. We sustained more cuts in 2010. These cuts were: 5% from Interim Funding, HSE and POBAL. Coupled with the cuts of 2009 this accumulated into 10% from our funding outlets in the last 2 years. And as we can all appreciate these kinds of cuts have a huge bearing on the programmes we strive to deliver.

In order to absorb these cuts it was necessary for TRP to make some adjustments to the programme overheads and staffing levels. When decisions and measures like these are made, it is always a concern for everyone involved: management, staff and participants alike. However, we were able to make these cuts with minimal effects to our overall operation and thankfully for now, we were able to maintain a full compliment of staff. Thus enabling us to keep our participant numbers as normal, and to deliver a full therapeutic, educational structure.

Because of the fact that we have cut things to the bone already, more cuts in 2011 may leave TRP with no other options but to look once again at programme and staffing cuts. Which in turn may have adverse effects on our overall programmes, not only affecting Tallaght Rehabilitation Project, but also our participant's structure and the community as a whole.

I do not wish to be totally negative, but these are now the stark realities that we all face and must deal with and I feel these issues must be fully highlighted in this Annual Report.

Moving on, on a more positive note among all the doom and gloom of budget cuts etc lots of good healthy, positive activities and actions also occurred throughout the year at TRP and I would like to note some of these;

- We successfully completed all actions and tasks in our 2010 work plan, and we have compiled our 2011 work plan for the year ahead.
- A new statistical document was produced by TRP, which highlights the ever increasing demand for our Rehabilitation, therapeutic educational services from within the Tallaght wide area (some of this stats can be viewed in this annual report)
- In conjunction with our partners from within the Tallaght area including the Tallaght Drugs Task Force we have now signed up to the new SPEAK database, currently being designed by NEXUS. This database will be a great asset to our organisation in supporting us with funding applications and providing evidence based statistics in relation to the quality of work and services we provide to our clients and their families. All of the necessary staff will be fully trained by the end of February 2011 to implement the SPEAK database.

Other notable occasions throughout 2010 were:

- The Family Sports Day held in August for all of our participants and their children
- The Art Exhibition held in October, with some excellent pieces of art on display.
- A very successful 4 day residential, attended by 8 of our participants.
- And as I write this report we are in preparation for our special Annual Awards Ceremony in mid December, where participants are presented with certificates and awards for completing various therapeutic/educational/FETAC modules throughout the year.
- And we are also preparing for our Christmas Family Day.

These were just some of the significant events that occurred at TRP throughout the year and I think that anyone reading this report will agree these positive events outweigh the negatives by a mile.

All management and staff at the TRP organisation strive to deliver a quality rehabilitation programme to all who engage with us. We also strive to be open and transparent and work in cohesion with all our partners from the statutory, voluntary and community sectors. I would like to take this opportunity to thank all of the other local projects in the area for their kind support and assistance throughout what has been a difficult year. Also to our sponsors and funders: FAS, HSE, POBAL, and TDTF.

A special mention and thanks must go to the excellent staff team I have the privilege to manage here at TRP. Their dedication, commitment, skills and sheer professionalism is to be greatly admired and appreciated. I thank them whole heartedly for all their effort and energy throughout the last year, and wish them all the success they deserve. I would like to also thank our Board of Management who has been a great source of support to me and the team.

Finally I would like to wish all of our participants the very best of success in the coming year and hopefully we can continue to provide a quality programme they expect from Tallaght Rehabilitation Project. I have no doubt it will be a challenging and tough year ahead for our organisation, but we will face the year with optimism, courage and hope.

Thank you

Pat Daly
Manager TRP

Team Leader Report

Hello all,
Lisa Wynne, Team Leader. Thank you for taking the time to read our annual review.

Through this review and my own team leader's report I hope to reflect and acknowledge the dedicated work of all of the staff team, the commitment of the participants who attend our programme, and the support we receive on an ongoing basis, from other agencies who all play a significant part in the development and delivery of the services we provide.

2010 has been a challenging year for all, yet through reflection within this report, I will focus on the achievements of our organisation as a whole which have been substantial.

Our aim at TRP is to deliver a quality service for those who access our programme. This is achieved through a full therapeutic and educational programme. Our structure aims to provide our group with a variety of learning opportunities which in turn enhances their on going progression. The modules delivered at TRP this year were evaluated by the group as encouraging, supportive and helpful to their continuing personal development and recovery process.

This December we hosted our second annual awards ceremony, where a total of 16 participants of the programme were awarded individually. These awards included personal achievement and FETAC accreditation. This was a very proud and important evening for all; as both staff and participants shared in the celebration of the significant achievements made. This for me epitomized the year.

This year as with last year we have a continued increase in the demand for places on our programme. Currently we are permitted seventeen day programme places. These places have been consistently utilised throughout the year. At present we have seventeen participants attending our programme daily, with a further five people awaiting assessment/ place on our programme.

Referrals	57
Assessments completed	35
Assessed as suitable	17
Assessed unsuitable / referred on	20
Awaiting assessment/ in assessment process	6
No show for assessment	14
Outreach	121 Hrs

THERAPEUTIC / EDUCATIONAL MODULES

The following are some of the therapeutic / educational modules, facilitated at TRP this year:

Therapeutic Modules / Workshop Interventions	Hours Completed
Therapeutic Group Process	246 hrs
Relapse Prevention/ addiction awareness	254 hrs
Personal Development	70 hrs
Motivational Care planning	13 hrs
Self care within relationships	19 hrs
Aikido Therapy	19 hrs
Parenting	16 hrs
Art	117 hrs
Health awareness	6 hrs
Residential preparations	27 hrs
Social setting	123.5 hrs
Morning meetings	85 hrs
Drumming	8 hrs
Drama	10 hrs

The following is a brief overview of therapeutic interventions.

Key working	432.5 hrs
Move-on	95 hrs
Family Intervention	27 hrs
Childs play therapy	75 hrs
DRCC Specialized counseling service	4 clients availing of service (fortnightly)

Move On Module

This year has seen the successful completion of a number of move on programmes. These programmes are specifically designed for participants who are ready to move on from the TRP day programme. This module incorporates applying learning, relapse prevention, combined with support in job seeking, interview skills and sourcing further education. This year this programme was further enhanced by the inclusion of Aftercare (TWA) within the move on process, this was devised through a service level agreement between ourselves and the aftercare service. The purpose is to ensure the smooth transition from the day programme and promotes the individuals reintegration through further support mechanisms (continuum of care).

FAMILY INTERVENTION

Special Group

This year there has seen an increase in family involvement at T.R.P through special groups. As we are aware family involvement can play a significant role in supporting an individual's recovery process. TRP has continued to provide special groups with family members as part of individual care plans, and has also encouraged further involvement through invitation of family and friends to scheduled open days at TRP.

TRP & Celine Dillon – Play Therapist

As TRP provide a holistic approach; another aspect of our 2010 work plan aimed at developing services available to our client group. This year has seen an increase in the amount of hours provided and clients availing of this service. This has proved to be a valuable support with evaluations from clients using the service finding that this not only provided much needed support for their children but also enhanced the parent child relationship. Again we look forward to the further development and expansion of this service.

Residential

We also delivered a successful four day residential module in May 2010. The theme of this residential was 'Life Story'. This proved to be a great source of learning for participants and staff who took part. We had six participants who engaged in this experience. This residential experience is a significant aspect of the therapeutic programme. As a result of the good work done by all, this process enhanced individual focus and motivation, and also encouraged peer support and bonding. This resulted in some acquiring drug free status and others embarking on detoxification for the first time.

Outreach

TRP have established ongoing links with other projects and organisations not only within the Tallaght area but also on a broader spectrum. I would like to thank all those who have liaised with us and worked with us in partnership; this inter-agency cohesion promotes best practice, and delivers a quality service specific to the clients needs. This year TRP has cemented several of these links through service level agreements.

TRP & DRCC

TRP hope to continue the partnership with DRCC. We at TRP are delighted to have such a professional specialised service provided by the Dublin Rape Crisis Centre available to our participants and we look forward to the on-going development and expansion of this service.

Placement/Volunteers

Every year TRP provides places on our programme for persons who are in training with various colleges. We provide placements for these students where they can come and experience working within a community based, therapeutic rehabilitation programme. TRP gives the placement a chance to work as part of a team and view all aspects of our project. This year we have facilitated eight placements / volunteers. We hope to continue with this learning process next year and will have this as an action as part of our 2011 work plan strategies.

Finally another exciting venture for TRP includes our involvement in the NEXUS SPEAK database. Currently we are acquiring the training and skills and working in cohesion with our local project partners and Tallaght Drugs Task Force. This is an exciting venture for all involved as there will finally be a detailed central database providing the evidence of the quality services we provide

As you can see from all of the above even in these times of uncertainty and financial insecurity there are exciting times ahead for TRP in 2011. Once again I would like to take this opportunity as the team leader to thank all of the staff team for all of their hard work as if it were not for their dedication and commitment; we would not be able to provide the quality of service our target group deserves.

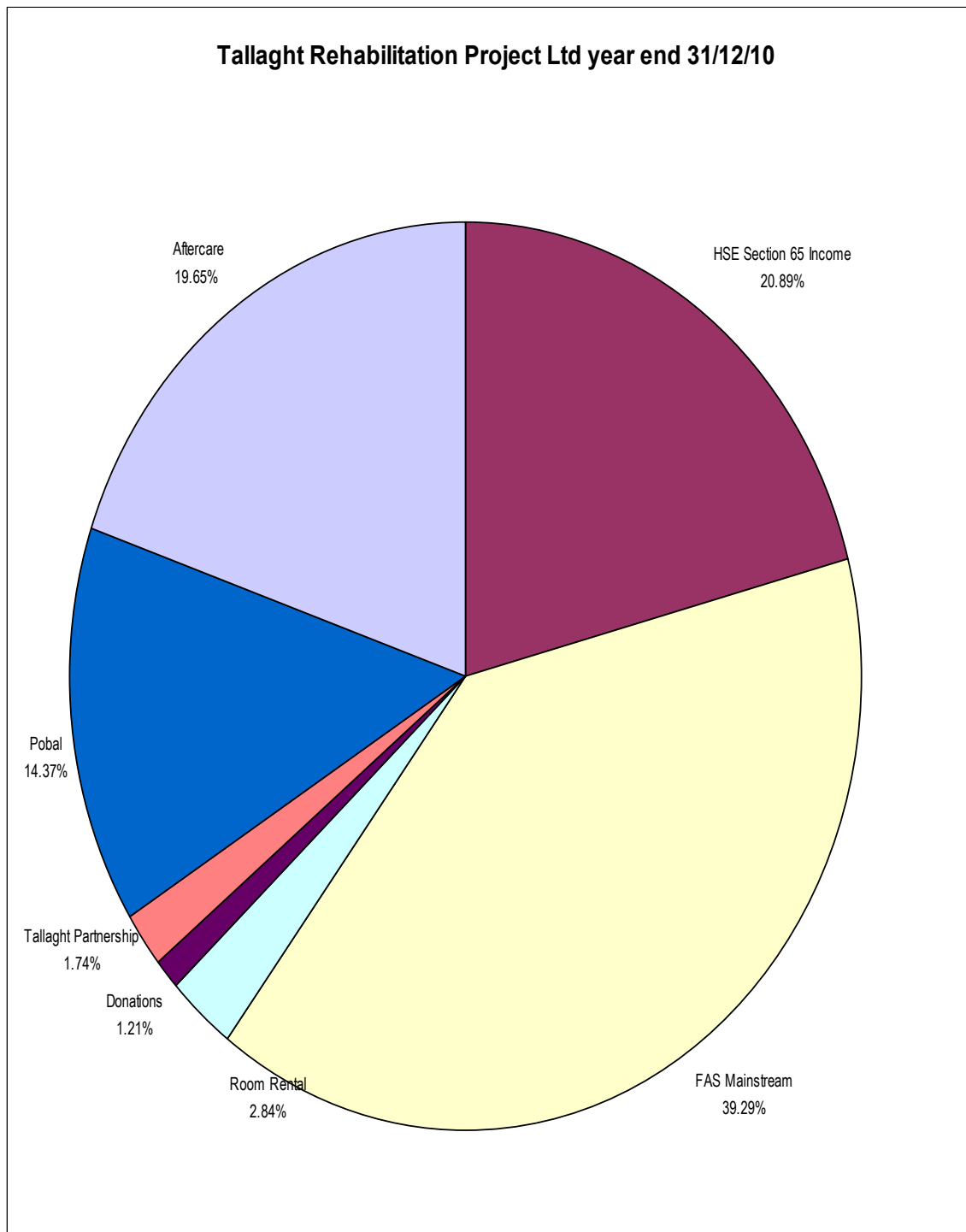
Here's looking forward to another successful and productive year ahead.

Lisa Wynne
Team Leader
T.R.P

Financial Report 2010

TRP's total income for 2010 was €457,355. Below is a breakdown of the grants TRP received in 2010 from various funding agencies, namely, FAS, Health Services Executive, Department of Community, Rural and Gaeltacht Affairs, Dodder Valley Partnership, Local Drugs Task Force and South Dublin County Council. We at TRP value the support of these agencies and assure them that their money is spent efficiently and value for money is always paramount. We would also like to thank the TRP Fund raising committee for their help. Their assistance went towards funding the sports day and art exhibition and Christmas Party for participants' children.

Breakdown of Funding for year end 31/12/2010



CE Supervisor's Report

The Community Employment (CE) programme is designed to assist and support people who are long-term unemployed and other disadvantaged people in returning to work by offering part-time placements in jobs based local community projects. After the placement, participants are encouraged to seek mainstream employment or to undertake further education based on the experience and new skills they have gained while on the Community Employment scheme.

The management of TRP have sponsored a Special Category Drug Rehabilitation Community Employment programme since 2000. We are now in our 10th year of operation. At present TRP are allocated 17 "ring fenced" positions which are places provided on the rehabilitation day programme for people who have been referred and are in recovery from substance misuse and 8 other CE positions which are utilised for project support.

Due to the continuing growth and expansion of the organisation we identified the need for extra CE staff placements in the areas of security, aftercare and financial administration to assist in meeting the increased demand for our services. As part of the annual proposal to FAS for CE funding we highlighted this need. We were successful in our application and we now employ an extra 5 people on the programme.

At present the our CE programme is comprised of the following staff and participants;

- CE Supervisor x1
- CE Assistant Supervisor x1
- CE Staff based Participants x 8
- Rehabilitation Programme Participants x 17








Educational Training

As both staff and day programme participants of the programme are employed through Community Employment they are encouraged to actively engage in educational training.

TRP actively encourage and promote the use of the FAS ILP (Individual Learner Plan) system where the participant and supervisor have regular one to one sessions in which employment/educational goals are identified. Training which is specific to the participant's needs and abilities is then sourced and with the support of the organisation the participant will engage in this training.

Day Programme Participants

In the last year the participants in Phase One and Phase Two of the rehabilitation programme have engaged in/completed FETAC accredited educational modules both on an individual basis and as part of a group as demonstrated below.

 Safety Awareness	FETAC Level 4(minor)	x 15 participants
 Painting	FETAC Level 4(minor)	x 7 participants
 Art & Design	FETAC Level 3(minor)	x 6 participants
 Community Development	FETAC Level 5 (major)	x 1 participant
 Art & Craft for Childcare	FETAC Level 5 (minor)	x 1 participant
 Understanding Special Needs	FETAC Level 5 (minor)	x 1 participant
 Addiction Studies	FETAC Level 5 (major)	x 1 participant

Phase three or the move on period of the programme gives the participant the opportunity to explore and research possible employment and or further educational options. It is during this time the participant may undertake individual specific training and work experience.

This stage of the programme was reviewed in 2009 and consequently redesigned to provide a more intensive structure and content. The new programme offers a move on specifically designed for the individual. This can take between 6 and 12 weeks to complete depending on the individual's needs and can be extended. This work will include information, practical skills development, ILP, CV building and interview skills. The emphasis is on the participant working towards and attaining realistic educational or employment options.

Also in the last year TRP has forged strong links with various organisations to assist and support the participant in this phase of the programme. These organisations include the following:

- ✚ Local Employment Services (LES)
- ✚ Money and Budgeting Service (MABS)
- ✚ Jobstown Adult Education Network (JAEN)
- ✚ VEC
- ✚ Tallaght Drugs Task Force (Education Officer)
- ✚ Back to Education Initiative (BTEI)
- ✚ Local Social Welfare branches
- ✚ An Cosan
- ✚ Artsbase
- ✚ Business in the Community

CE Staff based Participants

Typically, a person who is employed on our CE scheme will have been unemployed for a minimum of 1 year, they may also be lacking the skills and/or confidence to attain employment. In accordance with the ethos of Community Employment; on beginning the programme the new staff member will have the opportunity to gain experience of working in a busy environment and to engage in specific skills training with the goal of returning to either full time education or to mainstream employment. TRP employs people on our project in the following areas;

- ✚ Reception x 2
- ✚ Trainee Financial Administrator x 1
- ✚ Trainee Aftercare Project Worker x 2
- ✚ Maintenance Person x1
- ✚ Gardener x 1
- ✚ Security x 1

As with the day programme participants, ILP plays an important role in the progression of our CE staff. In the last year all CE staff have identified specific career paths/goals and have engaged in various individual pieces of training as demonstrated below.

- | | |
|----------------------------------|-----------------------|
| ✚ Community & Health Services | FETAC Level 5 (major) |
| ✚ Manual & Computerised Accounts | FETAC Level 5 (major) |
| ✚ Workplace Safety | FETAC Level 4 (minor) |
| ✚ Community Addiction Studies | FETAC Level 4 (minor) |
| ✚ ECDL | FETAC Level 4 (minor) |
| ✚ Fire Warden | |
| ✚ AED (Defibrillator) | |
| ✚ Web Design | |
| ✚ S.P.E.A.K. Database | |
| ✚ Preparation for ECDL | |

2010 has been a particularly successful year regarding progression to mainstream employment and third level education with as demonstrated below.

- ✚ 2 Day Programme Participants are now in full time employment
- ✚ 3 Day Programme Participant are now in working in CE staff based positions in various schemes
- ✚ 2 Day Programme Participants are now in full time third level education
- ✚ 1 CE staff member has returned to full time employment
- ✚ 1 CE staff member is working part time and is also engaging in third level education

As you can see from the above TRP believes that education, training and work experience are an integral part of CE and actively promotes and encourages this. And that with the support, guidance and knowledge gained from participating on CE, progression is a realistic attainable goal for all who participate on our scheme.

Catherine O Connor
FAS CE Supervisor
TRP

The Tallaght-wide Aftercare service report

Hello All,

My name is Mick Williams, I am the Supervisor for the Tallaght-Wide Aftercare service and I would like to thank you for taking the time to read this report.

The present economic climate means that the drug & alcohol services have had to confront new and different challenges. Not only are we required to maintain established services, we also have to enhance and expand our services to meet the persisting increase in workload and demand.

However, this change in circumstances has not prevented the Tallaght-Wide Aftercare service from achieving considerable success. By adapting a practical partnership approach to problem solving, both internally and externally the service continued to make much progress during the year.

The aim of the Tallaght Wide Aftercare service is to consolidate the gains that people make in the rehabilitation process and to further their reintegration into their communities. The service operates on a voluntary referral and assessment process which caters for between 20-25 individuals.

During 2010 the Aftercare service expanded from four evenings to five evenings a week. We also employed a second project worker and we are now in the process of hiring a third staff member in the position of trainee project worker as a direct result of our service demand. Due to the expansion of our service the Tallaght –Wide Aftercare team has worked in cohesion with the service user and now provides an advanced structure as part of our service. As part of this service we offer educational and personal development classes along with peer group support and task oriented one-one key working.

Below is a breakdown of numbers in relation to people accessing the service.

2009		2010	
Referrals	42	Referrals	46
Completed assessments	42	Completed assessments	46

Therapeutic Interventions

2009		2010	
Key working	41hrs	Key working	175hrs
Crisis intervention	5hrs	Crisis intervention	25hrs
Move on	-----	Move on	8hrs
Peer support Group (relapse prevention)	59hrs	Peer support Group	74hrs
Personal development	32hrs	Personal Development	150hrs
Social night	420hrs	Drama	30
		Photography Fetac Level 3	20
		EFT (Emotional Freedom Techniques)	21hrs

Yoga	20hrs
Stress Management (meditation, complimentary therapies)	70hrs
Social activity total	485hrs
Off site fun activities	25hrs
In house fun activities Unplugged music events	140hrs
Social	210hrs

Outreach / agency links:

2009		2010	
Outreach	31hrs	Outreach	100hrs

During 2010 the Aftercare service largely advertised and promoted the service to a wide variety of agencies some of which included, all the local GPs, HSE rehab integration services, Local addiction services, the Lantern, Keltoi, Cuan Dara, Coolmine Residential and Day Programme, Merchants Quay Residential and the Dublin Simon Community.

The Aftercare service has also made several links with various statutory, voluntary and community services in order to promote best practice and further enhance the service we provide to our service users. Some include probation services, LES, MABS, and An Cosan, Barnardos etc)

Referrals / completed assessment	46
Currently assessing service	24
Assessed unsuitable / referred on	8
Disengaged / moved on	14

Referrals/Assessment Breakdown

Referrals: 44		
External referrals	Internal Referrals (TRP)	Self referrals
21	6	19
Probation Services		
4		
DSC		
3		
Cuan Dara		
3		
GPs		
2		
Homeless Agencies		
2		
HSE		
1		
High Park MQI		
1		
YMCA		
1		
Star Project Ballyfermot		

1	
K.D.P.P.G.	
1	
St Dominic's	
1	
Barnardos	
1	

Outcomes for 2010

46 assessments were completed in 2010 to date 8 of these did not meet our criteria and were referred on to more suitable programs 1 was referred back to Ballyfermot Star, 1 to Catalyst Project Crumlin, 2 referred to St Dominic's and 2 referred on TRP day programme.

24 of the service users assessed continue to access the service and utilise our service provision on a weekly basis. 7 service users are in a transition stage from the TRP day programme and avail of the service for continued support, 4 service users are in educational classes ranging from diploma level to literacy and ECDL training, 3 service users are on community employment schemes ranging from administration, porter/security to trainee project worker, 2 service users are in full time employment 2 service users are volunteering on the service user forum and we will continue to work with community service that provide these opportunities for our service users.

Service User Comments

'The support I receive from the aftercare team and my peers with my education has really helped me feel confident about progressing to third level education in the future'.

'The aftercare has really helped me I would have never have been able to successfully detox off methadone and hold onto my job if the service was not there in the evenings and I just would like to say thanks'

'I really enjoy the social aspect of the aftercare along with the peer support group which has helped my confidence. The social aspect has given me the belief that there is life after alcohol and drugs and it's not all doom and gloom thank God.'

Going Forward into 2011

The Tallaght-Wide aftercare team are committed to their strategic plan for 2011 with the hope to further develop the aftercare service to meet ever changing service user's demands.

Michael Williams

Tallaght-Wide Aftercare Supervisor

POBAL Evening Programme

Employment Opportunities:

Tallaght Rehabilitation Project employs a total of 6 people under the Pobal CSP programme. This in turn allows the organisation to provide affordable room rental to the general public and community, with the house remaining open until 10pm Tuesday to Saturday and Sunday until 2pm. The Pobal Evening Programme also provides the necessary security and reception staff needed to facilitate the Tallaght Wide Aftercare Service and various weekly meetings such as N.A and the A.W.O.L programme.

A positive aspect of the Pobal Evening Programme is that participants on the CE day Programme are given the opportunity to take the next step in the process of returning to the workforce. This can be seen as a pathway from CE to employment.

Tallaght Rehabilitation Project has maintained a 100% record, in the number of Pobal CSP employees from Stabilised/drug misuser's category, since the Evening programme began and this is something we strive to continue

The 3 CSP employee positions are apportioned as follows:

- 1 Receptionist -Full time position: 3 part-time positions of 13 hours per week
- 1 Caretaker/security- Full time position: 2 part-time positions of 19.5 hours per week
- 1 Evening Supervisor-Full time position: 39 hours per week

To date the Pobal CSP employee posts have been very successful. Since the programme began, the staff have accessed various training and gained valuable skills and experience, which they have put into practice in their Pobal CSP positions.

Fig 1: Training accessed by staff:

Course title:	No. of Pobal staff:
Fetac Level 5 Reception	2 Staff
ECDL	1 Staff
ISTA security training	2 Staff
First Aid	2 Staff
Defibrillator training	2 Staff
Staff support & Supervision	1 Staff

Room rental:

The provision of Kiltalown house as a community resource helps in the promotion of sustainable and inclusive development of the community, strengthening local ownership through participating in decision-making through raised awareness of the house program.

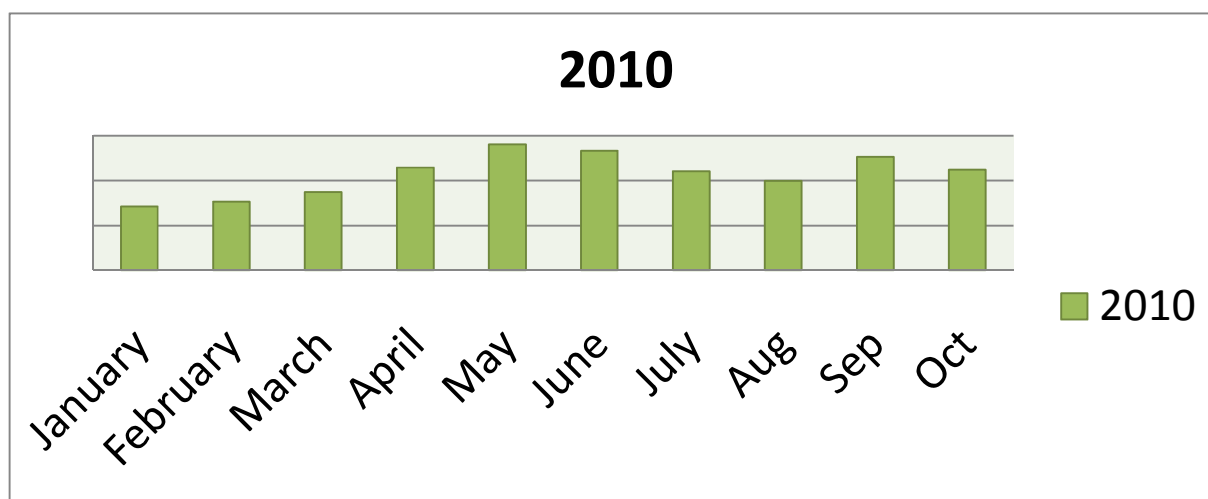
The Evening Programme has grown from strength to strength, since its initial opening in 2008. The Pobal Supervisor has made numerous visits and through presentations to local agencies and businesses the number of groups availing of the Room Rental service at Kiltalown House has increased greatly.

Fig 2: Statistics for room rental

GROUPS:	2009	2010
AWOL		<i>58.4</i>
CHOIR GROUP		<i>13.1</i>
CHURCH GROUP	35	225
COUNSELLING		<i>117.2</i>
D. KREATIVE KIDZ	12	<i>115.1</i>
FETTERCAIRN HEALTH PROJECT	6	8
HAIL HOUSING		8
HEALTHY CONVERSATIONS		
HOLISTICS	8	<i>130.45</i>
HSE FAMILY SUPPORT UNIT		<i>10</i>
IRISH CANCER SOCIETY		<i>4.3</i>
LABOUR PARTY MTG		5
LDTF	13	
MARTIAL ARTS	20	<i>178.35</i>
MC TEENS		<i>33.6</i>
MEDIATION BUREAU	54	
N.A	104	88
PLAY THERAPY	9	<i>41.3</i>
REWIND & REPLAY PROJECT	3	
SDCC	14	
TALLAGHT DRUGS ED. INITIATIVE		<i>35.25</i>
TALLAGHT RESOURCE CENTRE	2	
MONTHLY TOTALS =	280	<i>1071.05</i>

Figure 3:

	2009	2010
Team Meetings	0.55	11.95
Supervision	11.50	21.45
Outreach	15.50	34.45
Training	21	88
TOTAL HOURS =	48.55	<i>156.1</i>



Going forward:

For 2011 the POBAL programme and staff will strive to increase the profile of Kiltalown House as a community resource, TRP will benefit by promoting its image and facilities within the Jobstown area thus integrating better with the community by offering its rooms for community and educational activities. The financial value of renting its rooms to full potential will help TRP to cover overheads and maintain the building.

The Pobal Evening staff strives to improve the numbers of people accessing the Room Rental Service in Kiltalown House. An advertising drive is being planned for 2011 and we aim to reach all the local groups, colleges, community centres and local businesses and introduce them to Kiltalown House and the service that we can provide. We are confident that the Pobal Room Rental programme will grow from strength to strength.

Other Significant Events

Women's Mini Marathon

On the 7th June 2010 TRP staff members and participants participated in The Women's Mini Marathon. It was a great day, unfortunately the weather was not good to us but the atmosphere and good mood kept us going all the way to the finish line. A grand total of €975 was raised which was used in the day to day up keep of Kiltalown House

Family Day

Tallaght Rehabilitation Project held their annual Family Day on Friday 27th August 2010. As we had such a successful sports day last year we decided to continue with the same theme. Parents, grandparents, staff, participants and their children all joined in with the fun.

There were lots of different races and activities held on the day. The children and also some parents joined in with the fun and got their faces painted which was provided by Valerie Pilkington and two of her staff members from The Little Children's Centre Crèche in Fettercairn. The day was rounded off with a five a side football match and then a penalty shoot out organised by Jim Crawford and Robbie Hoey from FAI. At the end of the day two of our Board members, Charlie O'Connor TD (Fianna Fáil) and Cathal King (Deputy Lord Mayor Sinn Féin) presented all the children with medals and certificates.

The day was a great success, even the weather was good to us, and everyone enjoyed themselves. We would also like to say a special thank you to Sean Dooley and the staff in Super Value Fortunestown who allowed us to bag pack to raise funds for the day. We would also like to thank The Early Learning Centre in The Square and Smyths Toy Store Tallaght who kindly donated sports equipment for the day.

Art Exhibition

Another important day was the Art Exhibition held on 21st October 2010. The exhibition was artwork completed by our participants throughout the year, and was facilitated by our art tutor Rachel Veerman. All of the participants' art work was sent forward for FETAC accreditation in November 2010. It was a terrific opportunity for our group to show off some of these fantastic pieces of art work and talent. Some of the artwork was bought by the visitors on this day. There was a great turn out and we received some great feedback from our visitors.

Christmas Family Day

The Christmas Family day for participants and their children was as always a great success. Santa and his helper were in our grotto to give all the children a Christmas present and a great day was had by all. T.RP would like to thank Tallaght Hospital for donating all the gifts for the children and Valerie Pilkington again for providing the face painting on the day. We would also like to thank Super Value in Fortunestown again for allowing us to bag pack so we could provide food and goodies for the day.

Award Ceremony Night

For a second year running TRP held a special Awards Night for our participants and their families to recognise and understand the importance of certified and accredited training and the benefits it can bring. Certificates for both educational and therapeutic training were awarded in recognition of the work completed by all. Some participants received up to a total of 14 certificates. After the presentation of the certificate we adjourned to the Aftercare facility for some light refreshments and entertainment of Karaoke and Disco which was provided by Fran Fabianiello. The night was a huge success and we wish to thank Seamus Massey (Chairperson of Board of Management), Fr Val Martin (Treasurer of the Board of Management), Charlie O'Connor TD (Fianna Fáil) and Sean Crowe (Sinn Féin) for attending the ceremony. We would also like to thank Dunnes' Stores Saggart for allowing us to bag pack to raise funds for this event.

A YEAR IN PICTURES 2010

Below is a selection from the many pictures taken of the TRP Staff and participants who took part in the Women's Mini Marathon, the Annual Family Day Art Exhibition, the Awards Ceremony and the Christmas Family Day.

Women's Mini Marathon



In the queue waiting on the Starter's Orders

Staff and Participants who took part in the Marathon



Taking it easy before the race



The finishing line in our sights



Family Day



Adults Egg and Spoon Race
with a twist

Jim Crawford and Robbie Hoey
From FAI Ireland who organised a
Penalty Shootout with the kids



Some of the children getting
their faces painted and some big
kids as well!

Charlie O Connor TD (Fianna Fail)
And Cathal King (Deputy Lord Mayor
Sinn Fein)
Presenting the Medals and Certificates



Art Exhibition



**Display of Fetac Level 4
Painting**

**Display of Fetac Level 3
Art & Design**



**Admiring some
of the Artwork**

Awards Ceremony



One of our participants receiving their book of certificates from Seamus Massey (Chairperson) and Fr Val (Treasurer)

A good turnout for the night
Of family and friends



Evening entertainment

Christmas Family Day



Santa arriving

Some of the Staff and Management of TRP with Santa Claus



Handing Santa her soothers



Happy little faces after seeing Santa



Acknowledgment

Tallaght Rehabilitation Project Ltd would like to acknowledge and thank the following people for their support and without whom Tallaght Rehabilitation Project would not thrive and grow.

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The Health Services Executive

FÁS

POBAL

South Dublin County Council

Dodder Valley (Tallaght) Partnership Ltd

Tallaght Drugs Task Force

St Thomas Parish, Jobstown

The Lord Mayor of Dublin

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