

# 2015 Annual Report of Tallaght Rehabilitation Project Ltd



**Tallaght Rehabilitation Project**

*“Providing drug and alcohol rehabilitation  
for people within the local community”*



**Kiltalown House  
Jobstown, Tallaght, Dublin 24**

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## **Tallaght Rehabilitation Mission Statement**

*We believe in the advantage of Rehabilitation within the community, as addiction does not happen in isolation. TRP provides a supportive and nurturing environment where participants are encouraged to work in a therapeutic process on their previous drug/alcohol use. TRP promotes a healthy lifestyle in a structured and safe way, through education and training. From this, participants are encouraged to make an informed choice to ultimately become and remain drug/alcohol free.*

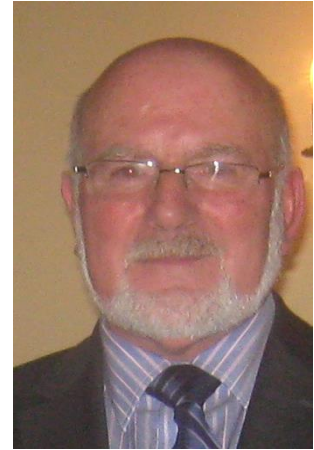
### **Values**

*Tallaght Rehabilitation Project values and respects the rights of all our participants to engage in a recovery process that is positive, honest, compassionate and dignified and also meets the needs of our clients through progressive pathways and emotional growth.*

### **Commitment and vision**

*The TRP organisation is committed to providing quality services for people who are in recovery from drug and alcohol addiction. We are an evaluated service that is true value for money. Our organisation and programmes strive to provide quality based services which are evidence based and promote good corporate governance in order to be a leader in community based therapeutic rehabilitation.*

## **A brief introduction and address from the Chairperson of the Tallaght Rehabilitation Project Board of Management, Mr Seamus Massey**



As we reach the end of another successful, progressive year for Tallaght Rehabilitation Project (TRP) I am pleased to present this report for the year 2016. TRP is proud and honored to provide a quality rehabilitation service for people in the community whose lives and families have been damaged and blighted by drug and alcohol addiction.

I congratulate Manager Pat Daly and Financial Administrator Joan Neville-Cleere as well as all team leaders and team members of staff on their committed and dedicated efforts to ensure the best possible outcomes for our participants, Therapeutic Team Leader Lisa Wynne, Community Employment Supervisor Catherine Redmond and newly appointed Aftercare Supervisor Tom Kearns. I thank all our funders, both statutory and voluntary, for their continued support of TRP and hope that this funding will increase as the economy improves thus enabling us to further improve the lives of our participants and their families.

The ongoing work and challenges of the day programme and the aftercare service have been complemented and supported throughout the year by many events— among them the annual residential weekend in June in An Tobar, Co Meath, the Arts Exhibition, Family Fun and Sports Day, the Annual Awards night in December and the Box Smart initiative. The Box Smart initiative has been an inspired innovation. I hope that this initiative, which has proved so rewarding and successful for participants, will continue this year into 2016. I am delighted to note the developing relationship with ITT (Institute of Technology Tallaght) which will provide new educational opportunities for our participants also our links with Deborah Brock and South Dublin County Partnership.

I thank my fellow Board members who provide wise governance for TRP throughout the year. Members of the Board serve in a voluntary capacity. I appreciate their generosity in giving of their time and expertise.

Lastly and most importantly I congratulate all our participants on their sincere efforts to become drug free. This is a challenging and very difficult goal to achieve. I encourage the families of the participants to continue with their invaluable support. With the determination and commitment of each participant together with the positive intervention and support of TRP each participant can achieve this goal. I look forward to our Annual Awards night in December when all their efforts and successes will be acknowledged and celebrated.

I hope all our participants achieve their individual goals on their journey to full recovery. I wish each participant every success in becoming drug and alcohol free.

Seamus Massey.  
Chairperson  
TRP Ltd



## **Yearly report from the Manager, Mr Pat Daly**

Hello everyone

Welcome to the Manager's report for the TRP Annual Review 2014/2015

I would like to thank you for taking the time to read this report and I hope you find our review both interesting and informative.



I would like to begin by mentioning the staff team here at TRP; I usually leave this part to the end of my report, however because of their ongoing dedication, goodwill and sheer professionalism I feel they warrant to be on top of my list for this review. They are a fabulous group of people who are totally dedicated to supporting the organisation and its missions and values, and also to supporting and assisting the clients who engage in our programmes. I would like to thank them most sincerely for their effort and work ethic throughout 2014/2015 and in helping to promote and elevate the TRP organisation to greater heights even with the limited resources we have at TRP.

There have been many key events throughout 2014/2015 that have really enhanced the TRP organisation's profile. I would like to mention our partnership with the South Dublin County Partnership and the Educational Training Board, I would like to thank Deborah Brock for all her assistance and support this year, and also Angela Feeney and Margaret Fingleton of Institute of Technology Tallaght, making these links has been a huge goal and part of our overall work plan for 2015. I am happy to announce that we have made very positive advances in securing some of the services these agencies have to offer for both our staff and clients. These partnerships will only enhance the progression routes for all our clients who are highly motivated to continue their recovery process through therapeutic group process, key working and education and training.

We completed our yearly 2014/2015 strategic work plan and it was with great credit to our staff team that we responded to all our tasks and activities within this strategy. We also facilitated our usual annual 4 day residential to An Tobar in May 2015, our annual family sports day, Christmas day and graduation ceremony in 2015. Another key initiative was the preparation of the Box Smart initiative Round 2. As I write this segment we are now half way through our second Box Smart module, we have had several well-known sporting representatives who visited the initiative over the last 2 years, and these included Kenny Egan, Olympic Silver medallist, Mixed Marshal Artist Paddy Holohan, Michael Carruth Olympic Gold medallist and most recently Philly McMahon Dublin GAA star. You can view more information on our Box Smart Initiative on our website, just go to [www.tallaghtrehabproject.ie/aftercare](http://www.tallaghtrehabproject.ie/aftercare)

### **Funding**

Funding for our organisation and programmes can sometimes be an onerous task, however the Board of Management here at TRP will always strive to access as much funding and resources as possible to improve and deliver the quality evidence based programmes we have facilitated now for the past 18 years here in Dublin 24. With recent improvements in our economy we would hope that some of the much needed funds we lost during the austerity years will hopefully be returned to our organisation to enable us to attain and continue the high standards of care and assistance to our clients that our organisation is recognised for. I look forward to another year ahead of success for our clients and their families also for the organisation and our staff team and I hope for improved funding in the services we facilitate and deliver to the Tallaght wide community.



I would like to thank most sincerely all our main funders Health Service Executive, Department of Social Protection, and Tallaght Drugs and Alcohol Task Force for their continued support and co-operation and I hope going forward we can once again work in cohesion for the good of the community and the people we all serve.

Also a big thank to our sponsors who we will name in our annual review in the sponsors page and well done to all the placements and volunteers who contributed their free time and skills to support the TRP organisation.

My very last word is to our target group who I hope really benefited from what we have to offer in our rehabilitation and recovery services, I encourage you to be consistent with your recovery process and trust in your programme and the staff who facilitate you at TRP and your quality of life will be the better for it.

On a more sombre note before I finish I would like to mention our former colleague and friend Paul Troy who passed away in August 2015 he is sadly missed by us all here at TRP. I would like to mention another colleague Christy Boylan who became very ill in November 2015, thankfully Christy is on the mend and we wish him a speedy recovery.

Once again thank you for reading this report; I look forward to another year of growth and expansion for our organisation.

Regards

**Patrick Daly**  
**Manager**  
**TRP**



*Here are just some of the good things which are being said about TRP from some of our main funders, stakeholders and partners.*



"We are very pleased to collaborate with Tallaght Rehabilitation Project through the Step Up initiative and the Box Smart module over the past academic year. The Institute welcomes the opportunity to engage with such valuable initiatives that aim to open up educational opportunities and personal development for the groups involved."

**Angela Feeney, Head of Humanities at IT Tallaght**

*"As another year passes we once again commend the work of TRP who continue to deliver quality rehabilitation and aftercare services to its clients. TRP is a project that is passionate about the work they do and keep on striving to develop as an organisation and a service that responds to the needs of its community and service users. Programmes like the Box Smart initiative are indicative of how TRP always think outside the "box", with a view to working with clients where they are at, where their interests lie and in the context of what will ultimately compliment their recovery and progression."*

**Grace Hill, Coordinator TDAF**



"Working collaboratively with TRP has been very positive on many levels for ITT Dublin. It has offered opportunities for quality student placements in Social Care, real engagement with the local community and hopefully has the participants in TRP considering availing of the option of further education in the Institute in the future"

**Margaret Fingleton Lecturer/ Placement Coordinator Humanities Department IT Tallaght**

"Amplifying Voices seeks to work in partnership with adults and agencies to engage groups of seldom heard young people living or attending school in Tallaght.

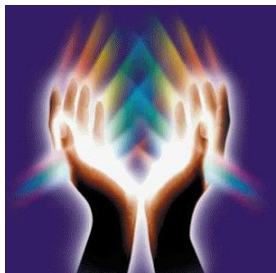
Since March 2015 amplifying voices has supported two separate groups of seldom heard young people between the ages of 9 - 16yrs. A total of 14 young people engaged, participated and completed a project as part of this initiative. With the support of Tallaght Rehabilitation Project; the groups took place in Kiltalown House every Tuesday evening and were enjoyed by all involved."

**Celine Dillon Amplified Voices**



"A wonderful organisation where I learnt the meaning of best practice and how to be an extraordinarily professional", a house you initially walk into and feel immediately at home"

**Carly Lawless 4<sup>th</sup> Year IT Tallaght Student Placement**



I've been volunteering at TRP for almost 3 years on a weekly basis as a Reiki Practitioner. Usually I have 3 bookings, two of which would be participants and one member of staff. I really enjoy what I do and can see the benefits for the participants and staff, on a physical, mental, emotional and spiritual level. TRP does excellent work in the community and for the participants and I hope to continue volunteering as long as they'll have me, it's something I look forward to every week.

**Fiona Blood Reiki Volunteer**

"It was an opportunity for people to understand themselves through health and fitness, and be active participant in society"

**Frank Walsh Box Smart Tutor**





## Therapeutic Day Programme, Team Leader's Report

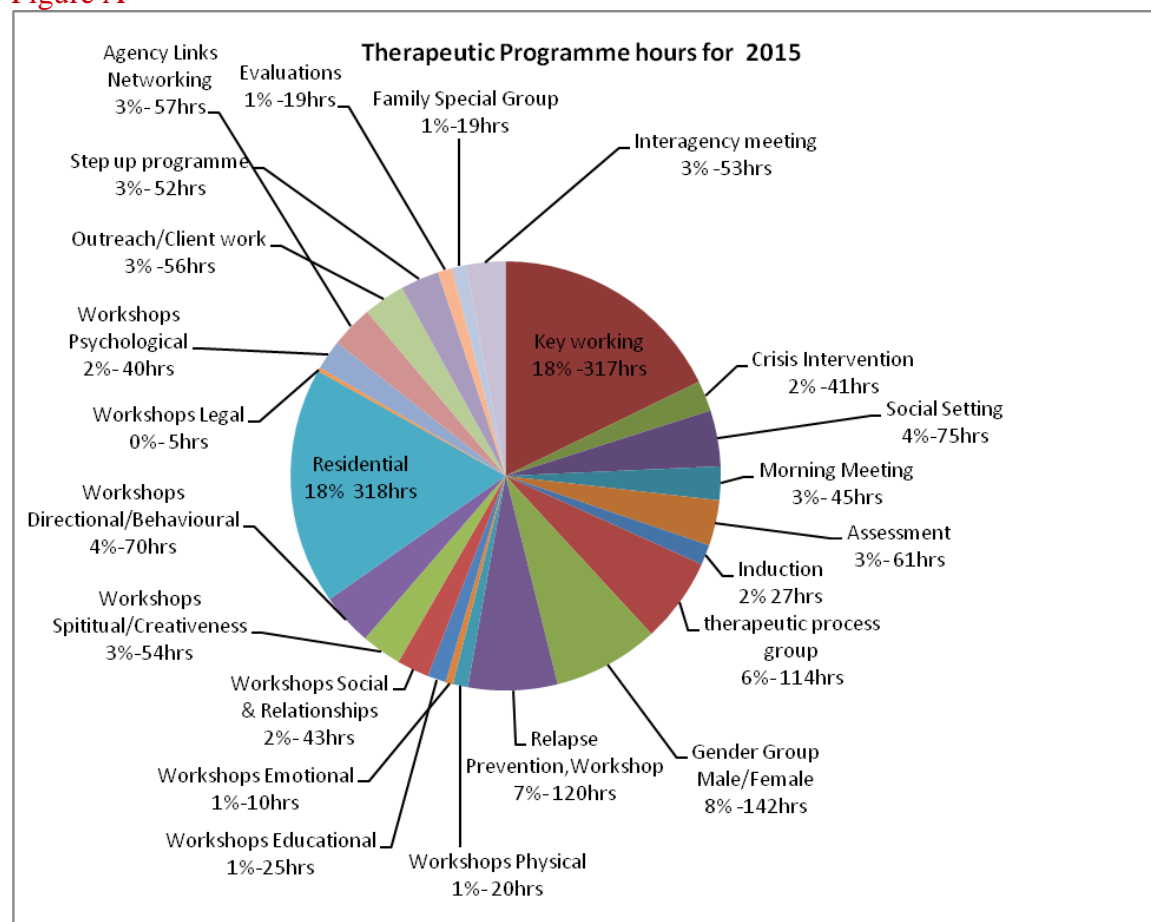
Thank you for taking the time to read this report, I hope to provide a detailed overview of the delivery of the therapeutic day programme here at TRP. It is our aim to deliver a quality rehabilitation service and to develop our programme in response to the needs of the clients accessing our service.



This is achieved through delivery and evaluation of our programme schedule which consists of a variety of learning opportunities. These learning opportunities include one to one key working, care planning, therapeutic process group and therapeutic/ educational modules which support positive behavioral change and effective coping mechanisms.

Please see a breakdown of all Therapeutic Programme hours in 2015 in **Figure A**

**Figure A**



### **Staff Team**

At this time I would like to recognize the energy, creativity and commitment of the day programme staff team; Carla Gunnery, Jamie Hartnett & Dawn Brown and also Sandra Johnston who worked with the team this year through internship we look forward to having you back soon.

I would also like to thank the placements and volunteers who supported and assisted in the delivery of the therapeutic day programme schedule. Their support throughout this year was vital and much appreciated.

## Therapeutic Day Programme

Currently the day programme is permitted 17 special category CE places. These places have been consistently utilized throughout the year.

### Participant numbers for year ending December 2015

Total Referrals Jan – Dec 2015	Men	Women	Completed assessments	Placed on programme
40	29	11	24	9
Assessed unsuitable referred on	No show / no contact	Orientation	Induction	Awaiting assessment
13	3	1	10	2

### Breakdown of referrals January 2015 – December 2015

January	2	July	4	Referral source:			
February	0	August	1	GP	4	PRISON SERVICES	7
March	7	September	3	TWA Tallaght wide aftercare	5	DSC Dublin Simon community	1
April	6	October	5	ST.DOMINICS	1	TULSA HSE	2
May	2	November	2	SWAN	1	KCC Killinarden community centre	3
June	6	8 <sup>th</sup> December 2015	2	KELTOI	1	HAIL HOUSING	0
Total	40			WRENS	3	SELF REFERRAL	7
				Counselling service (Priory)	2	HSE ADDICTION SERVICES	1
				JADD	1	ENFIELD	1

### **Step Up Programme**

This phase of our programme is specifically designed for participants who are ready to move on from the TRP day programme. The Step up aims to support this transition through encouraging participant involvement/ integration within the aftercare service. This 12 week comprehensive programme aims to incorporate learning, relapse prevention, training and career guidance. We at TRP are consistently striving to improve the opportunities and progression routes for our client group and therefore have invested in relationships and worked in partnership with other educational and training agencies. These links have provided specialist support / progression routes/ educational experience for our client group.

Currently at TRP we have 6 participants who are preparing to commence the step up programme in January 2016 in which they will embark on the final phase of our day programme; I would like to wish this group every success in their future.

### **Interagency Networking**

A big thank you to all the agencies who have supported and complimented our work with our clients here at TRP, these agencies include Barnardos, The Lorien Project, Celine Dillon Amplified Voices, also I would like to thank the other statutory, voluntary and community agencies who have been of great assistance to us too. We now look forward to continuing this work in 2016.

### **Family involvement**

As we are aware family involvement can play a significant role in supporting an individual's recovery process. TRP has continued to provide an opportunity for family members to be part of individual care plans, this year the families of our participants have played a vital role through their increased involvement in special 3 way facilitated family intervention groups. Clients' families have also been involved in family fun and sports days, graduation nights and exhibitions throughout the year. On behalf of all the staff team here at TRP we would like to thank family and friends for their continued support.

### **TRP Residential**

This year the theme of our residential module was Life Story. This is a four day therapeutic process facilitated by the day programme staff and held in the tranquil surroundings of An Tobar Co Meath. Prior to attending the residential weekend, the participants embarked on a 6 week preparation module. The benefits of this positive recovery experience encourages peer support and gives the much needed time away to do more intense work on issues that may underpin causes of addiction, we have found that individuals who successfully complete the residential do progress on to becoming drug and alcohol free and the residential can really enhance an individual's progression routes. The residential module includes workshops, process groups, social and fun activity, with the primary focus on self-care. Please see a small chart below detailing all therapeutic intervention work completed on the residential.



## ***THERAPEUTIC INTERVENTION SCHEDULED AS PART OF OUR RESIDENTIAL WEEKEND***

<b>INTERVENTION</b>	<b>HOURS COMPLETED</b>
THERAPEUTIC THEMED WORKSHOP	10hrs
FUN ACTIVITY	14hrs
SOCIAL INTERACTION	11hrs
RELAXATION / MEDITATION / HOLISTIC THERAPIES	16hrs
THERAPEUTIC PROCESS GROUP	10hrs
ONE TO ONE KEY WORKING	12hrs

## ***PARTICIPANT INVOLVEMENT IN RESIDENTIAL 2015***

<b>NUMBER OF PARTICIPANTS ATTENDED</b>	<b>10</b>
WOMEN	6
MEN	4
DRUG FREE / SOBER	7
STABLE ON PRESCRIBED MEDICATION	3

## **PROGRESSION OF PARTICIPANTS TO DATE JANUARY 2016**

<b>NUMBER OF PARTICIPANTS</b>	<b>10</b>
Currently involved with programme	2
Involved in step up programme	4
Successfully completed programme	4
Involved in aftercare	2

### **Gender Groups / Gender Module**

Just to note as part of our overall structure, TRP also provides gender specific modules and group therapy for our clients, Male and female specific process groups were implemented into our schedule in 2013 and through our participant evaluation these modules have remained a permanent feature in our structure and our clientele have found these to be very worthwhile initiatives.

### **Annual awards ceremony**

We hosted our annual awards ceremony, where the participants of the rehabilitation day programme were individually awarded for their ongoing involvement and completion of all modules throughout the year including FETAC accreditation. This is a very special evening hosted by the TRP organization and is always largely attended by our participants, their family members and all our funders, sponsors and stakeholders. This special event was a celebration and an affirmation of the gains made and progression achieved by the participants. There is also a huge fun and entertainment element attached to the night, being part of the celebration is a privilege experienced by all who have attended.

To conclude my report I would like to acknowledge the participant group who attend our programme, their bravery and continued efforts within their recovery process are the ingredients which keep their hopes of attaining a successful drug and alcohol free lifestyle a reality and we commend their ability to move forward despite the many challenges they face on their journey. The continued growth, development and involvement of our service is inspired by the participants and driven by the dedicated staff team, I have no doubt that 2016 will have as many if not more challenges and opportunity for growth and change.

**Lisa Wynne**

**Therapeutic Team Leader**

## TRP Social Media

TRP are proud to announce the formation this year of our Public Relations sub group consisting Staff Members of the Organisation. The aim of this group is to promote and publicise all the services we deliver here at TRP Kiltalown House. The PR sub group assembles once a month to progress and explore new ideas and to enhance the organisation's profile and brand.

As a result of the hard work carried out by the PR sub group, TRP is now on all social media outlets, i.e. Facebook, TRP Website, Twitter and QR Scanner. This year there have been 2 outreach leaflet and poster deliveries within the Dublin 24 area. Our Facebook page in particular has seen a massive increase in interest in our programme, all news relating to our services is posted on the pages on a daily basis. Please feel free to visit any of our sites



**Tallaght Rehabilitation Project**  
Providing drug and alcohol rehabilitation for people within the local community.



**WE'RE NOW  
ONLINE**

**LETS GET CONNECTED**

 [www.tallaghtrehabproject.ie](http://www.tallaghtrehabproject.ie)

 [www.facebook.com/tallaghtrehabproject](http://www.facebook.com/tallaghtrehabproject)

 @TRPDublin

 QR Code

To use the QR Code feature you'll need to download a "QR Scanner" app.



## **Financial Administrators Report from Joan Cleere Neville**

Below is a breakdown of the grants TRP received in 2015 from the DSP, HSE and TDATF.

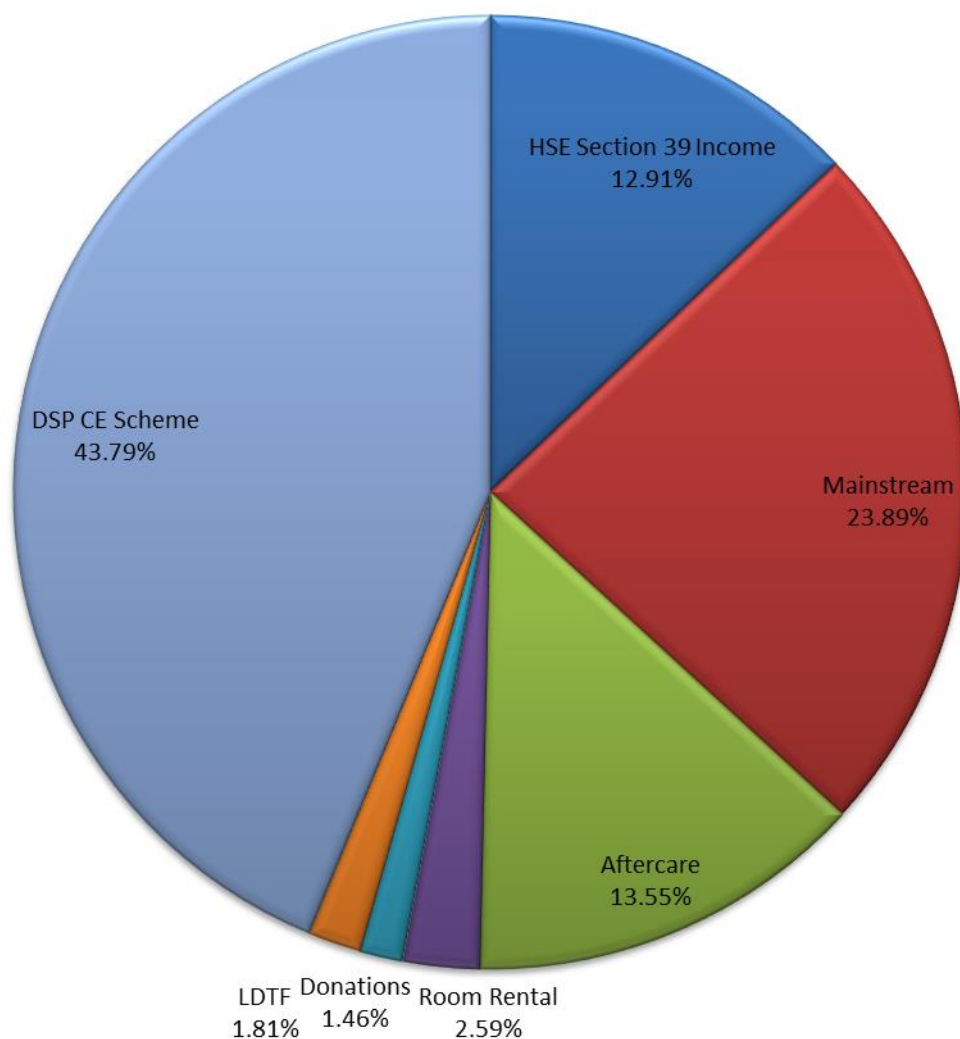
TRP also received donations and room rental which helped to offset cuts in statutory funding in order to maintain a quality service. All funding received by TRP is strictly monitored and accounted for and spent in accordance with relevant corporate governance guidelines and best practice in an open and transparent manner to ensure best value for money. The accounts are also audited by an external auditor and submitted on time to the Companies Office.



The following criteria has been strictly adhered to when managing resources

- Consistent, smooth delivery of all services.
- Maintaining good corporate governance
- Maintaining a quality service through the best use of available resources.

### **Tallaght Rehabilitation Project Ltd year end 31/12/15 Funding €701,117**



## **Tallaght Wide Aftercare Service Report from Tom Kearns**

### **Aftercare Supervisor**



The Tallaght-Wide Aftercare service was formally established and opened in 2009 as a response to the growing need for supporting people in the community recovering from addiction and remain drug and alcohol free while continuing their personal progression paths. The common issue for all involved in the Aftercare service is to formulate and work from a peer support ethos and to promote healthy living without recourse to alcohol or drug misuse

At the beginning of 2015 the Aftercare Service and TRP day programme embarked on a more cohesive structure which has brought about an integrative approach to working with service users and their needs on a social, educational and therapeutic level. This has continued to grow where Tallaght Wide Aftercare has worked with Participants to become stake holders in their own progression paths.

Tallaght Wide aftercare has hosted a number of pro social activities in 2015 which are a fundamental part of rehabilitation which included the following:

- Box Smart
- Cookery:
- Reiki
- Come Dine with Me: Stress Management and Mindfulness
- “Curryoke” Night:
- Valentines “Curryoke”.
- Music Module
- Social Pamper Night for Women
- Social Summer Solstice
- Glenasmole walk
- Halloween family fancy dress party



On the 19<sup>th</sup> January 2015 the Aftercare service facilitated an open evening which included staff and participants of the service coming together to evaluate what services may be required for our aftercare participants and programmes. Stemming from this open evening a number of ideas and suggestions were formulated. Many if not all participants felt the Aftercare service provides a safe environment to reflect on peoples recovery progression routes and many of the clients involved in the evaluation claimed that the social aspect of the aftercare was also vital to their recovery. Another aspect that the participants felt strongly about is the social setting and activities which the aftercare provides have proven to have a holistic positive impact on all concerned. As we are open 6 days and 5 nights a week people felt this service was an integral part of their rehabilitation. Movie nights, holistic treatments and outdoor social activities were also mentioned and identified as being highly beneficial to aftercare clients. Another crucial aspect evaluated as being really beneficial to the aftercare service was the weekly peer support group, it should also be noted in this annual review that all social, in house and out house activities and peer support groups are mainly facilitated by the aftercare participants themselves.

I would like to mention briefly our Box Smart initiative which has been a highly successful module over the past 2 years.

The box Start Initiative is a progressive aftercare rehabilitation programme providing service users an opportunity to change their lives through education and high performance sport. This module is a 20-week programme which strives to re-integrate participants into a mainstream society through FETAC Level 4 Health Related Fitness which is teamed with high performance training and boxing skills. Please view our website (aftercare segment) for more information on this excellent TRP/Aftercare initiative



Over the past 6 years drug & alcohol services have had to confront new and different challenges. Tallaght-wide aftercare service has remained a viable option by providing a service six days and five evenings a week. In 2015 the Tallaght-Wide Aftercare service has achieved significant success with clients who have engaged in the service. A major component of supporting and assisting our clients has been the networking and interagency cohesion with statutory, voluntary and community organisations within the Dublin 24 area. Also TRP Tallaght Wide Aftercare Service was happy to make links with Soilse in 2015 and become involved in the Recovery Academy initiative.

In moving forward our commitment and vision in reflection of our strategic work plan for 2016 will include the evolving and expansion of the aftercare service here at TRP. In our plan there will be more focus on the group therapy process, relapse prevention, key working, social inclusion and more cohesive networking with relevant agencies that can assist and support our target group.

To conclude 2015 has been an amazing year for Tallaght Wide Aftercare Service and the Aftercare team would like to thank all involved in our continuing success. I would also like to take this opportunity to thank you all for reading this report.

Regards,

**Tom Kearns**  
**Aftercare Supervisor TRP.**



## **Community Employment Scheme Report from Ms. Catherine Redmond**

### **CE Supervisor**



Hello and welcome to the annual report of the TRP Community Employment Scheme.

The CE scheme which comes under the banner of Department of Social Protection Special Category Drug and Alcohol Rehabilitation is now in its sixteenth year of successful operation.

The aim of our project is to offer work placements to people who are long-term unemployed. The project also provides support, guidance and encouragement to participants wishing to access employment, voluntary work experience or to engage in further education or training. The CE scheme is interwoven with the therapeutic services delivered here at Kiltalown House.

Career guidance through the delivery of a specifically individual learner plan (ILP) has been one of the main focuses of the programme.

### **Educational Training**

TRP actively encourages and promotes the use of the Department of Social Protection ILP (Individual Learner Plan). This is a system where the participant and supervisor have regular one to one career guidance sessions. *In 2015 there were 102 hours of ILP sessions, 42 hours of career guidance sessions, and 63 hours of Step Up sessions completed.* To further enhance this service; in 2015 the CE Supervisor successfully completed a Diploma in Adult Guidance and Counselling. Career guidance when combined with the Individual Care Plan gives the participant optimal chances of progression to employment or further education on completion of CE.

### ***CE Support Staff Participants***

I am happy to let you know through our CE scheme; Tallaght Rehabilitation Project has over the years had the opportunity to employ people from the local community. In 2015 TRP employed 6 people in the following CE roles.

- Receptionist x 2
- Trainee Financial Administrator x 1
- Security x 1
- Trainee Project Worker x 1
- Gardener/Maintenance Person x 1



**Statistics for Participants of the Tallaght Rehabilitation Project Mainstream Community  
Employment Scheme 2015**

Activity	Male	Female	Total
Accessed Individual Learner Programme with Community Employment Supervisor	3	3	6
Remained on Programme	2	1	3
Completed Community Employment	1	2	3
Progressed to Full Time Employment	0	2	2
Progressed to Part Time Employment	1	0	1
Progressed to Education	1	1	2
Participated in Group Training	3	3	6
Participated in Individual Training	3	3	6

**Educational Training Accessed by Participants of the Tallaght Rehabilitation Project Mainstream  
Community Employment Scheme 2105**

Training	Staff Numbers	Hours Completed
FETAC Level 5 Occupational First Aid	1 Person Engaged	20 Hours
FETAC Level 5 Handheld Pesticide Application	1 Person Engaged	20 Hours
FETAC Level 5 Manualised and Computerised Accounts and Payroll	1 Person Engaged	60 hours
Basic Electrics	1 person Engaged	8 hours
Safe Pass	1 Person Engaged	9 Hours
Introduction to Key working and Social Care	1 Person Engaged	18 Hours





In the last year the participants of the TRP Rehabilitation Day Programme have engaged in and completed therapeutic and educational modules both on an individual basis and as part of a group as demonstrated below.

### **Group Training**

<b>Training</b>	<b>Participant Numbers</b>	<b>Hours Completed</b>
<b>FETAC Level 4 Occupational First Aid</b>	<b>13 People engaged</b>	<b>20 Hours Completed</b>
<b>BOX SMART - FETAC Level 4 Health Related Fitness</b>	<b>9 People Engaged</b>	<b>30 Hours Completed</b>
<b>BOX SMART – Physical Module</b>	<b>9 People Engaged</b>	<b>30 Hours Completed</b>
<b>Healthy Eating</b>	<b>15 People engaged</b>	<b>18 Hours Completed</b>
<b>Drama</b>	<b>14 People engaged</b>	<b>37 Hours Completed</b>
<b>Yoga</b>	<b>12 People engaged</b>	<b>9 Hours Completed</b>
<b>Spirituality</b>	<b>17 People engaged</b>	<b>12 Hours Completed</b>
<b>Manual Handling</b>	<b>13 People engaged</b>	<b>6 Hours Completed</b>
<b>Parenting (The Incredible Years Programme)</b>	<b>17 People engaged</b>	<b>30 Hours Completed</b>
<b>Wellness Recovery Action Plan</b>	<b>17 People engaged</b>	<b>30 Hours Completed</b>
<b>Relationships</b>	<b>17 People engaged</b>	<b>18 Hours Completed</b>
<b>Relapse Prevention</b>	<b>17 People engaged</b>	<b>207 Hours Completed</b>

### **Conclusion**

Going forward as The Tallaght Rehabilitation Project CE Supervisor I look forward to another of continued progression and success for all our CE staff team and our CE participants. The goal of the CE programme is to further expand our exiting working relationships with other community, voluntary and statutory agencies and also to explore new opportunities to support our scheme.

I would like to take this opportunity to thank Ms. Joanne Jago, our Assistant CE Supervisor who supports both myself and the TRP organization, and to wish all our participants on the CE scheme continued success for 2016 and beyond.

Regards

**Catherine Redmond**  
**Community Employment Supervisor**

## Visiting Dignitaries to TRP in 2015

TRP were privileged to welcome several dignitaries to our organisation over the year. Here are some of the pictures from the visits.

**Manager of TRP, Pat Daly, with Philly McMahon Dublin G.A.A. star who visited the Box Smart 2015/2016 Initiative.**



**Manager of TRP Pat Daly and CE Supervisor Catherine Redmond meeting with Mayor of Tallaght Sarah Holland and her colleagues Louise Dunne Councillor SDCC and Lynn Boylan MEP on their visit to meet staff and participants of Tallaght Rehabilitation Project.**

**Manager Pat Daly and Aftercare Supervisor meeting with Michael Carruth Olympic Boxing Gold Medallist and Paul Quinn from the Irish Amateur Boxing Association.**



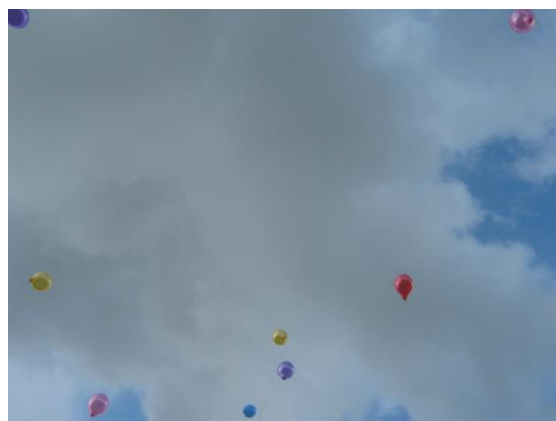
## **Significant Events in Tallaght Rehabilitation Project for 2014**

In the last year the management and staff of TRP have as part of our 2014 strategic work plan completed several actions. Some of which are detailed below:

### **Annual Residential Weekend**

The staff team of the Day Programme delivered a successful four day residential module from 28<sup>th</sup> May to 31<sup>st</sup> May 2015 in An Tobar Co Meath. The theme of this residential was “Life Stories”. This proved to be a great source of learning for participants and staff who took part. We had 8 participants who engaged in this experience which incorporated workshops, process groups, written work and stress management techniques, with the primary focus on self-care.

This residential experience is a significant aspect of the therapeutic day programme. As a result of the good work done by all, this process enhanced individual focus and motivation, and also encouraged peer support and bonding. This resulted in some acquiring drug free status and others embarking on detoxification for the first time.



### **Family Day**

Tallaght Rehabilitation Project held their annual Family Day on Friday 31<sup>st</sup> June 2014. The theme was a Sports Day and parents, grandparents, staff, volunteer's, participants and their children all joined in with the fun.

There were lots of different races and activities held on the day. The children and also some parents joined in with the fun and got their faces painted. There was a soccer skills session facilitated by FAI coaching staff. The day was rounded off by a beautiful lunch provided by Domino's Pizza the Square Tallaght and Cinelli's Brookfield Tallaght and all the children were presented with medals.





## **Awards Ceremony**

On Friday 4<sup>th</sup> December 2014 TRP held a special Awards Night for our participants and their families to recognise and understand the importance of certified and accredited training and the benefits it can bring. Certificates for both educational and therapeutic training were awarded in recognition of the work completed by all. Speeches were given by participants of both our Rehabilitation Day Programme and the Tallaghtwide Aftercare Service. After the presentation of the certificates we adjourned to the downstairs for some light refreshments and entertainment of Karaoke and music.



## **Christmas Family Day**

The Christmas Family day for participants and their children is always a great success and was held on 21<sup>st</sup> December 2014. Santa and his helper were in our grotto and all the children had the opportunity to tell Santa what they would like for Christmas and also to give them a present. We also had a clown who entertained the children with magic, face painting balloon making and games. The day was rounded off by a beautiful lunch provided by Domino's Pizza, The Square Tallaght and Cinelli's Brookfield Tallaght



## Friends of TRP

### Acknowledgments

TRP would like to take this opportunity to thank the following local shops and businesses for their generosity and donations. Without any of these we would not be able to hold these annual events.

- **Demesne Electrical**
- **Manhattan – Finglas**
- **Haribo Ireland Ltd**
- **Dunne’s Stores – Head Office**
- **Dunne’s Stores - The Square Tallaght**
- **Valley Newsagents - Springfield Tallaght**
- **Brennan's Bread**
- **Musgrave’s Cash and Carry – Ballymount**
- **Domino’s Pizza - The Square Tallaght**
- **Cinelli Takeaway – Brookfield Shopping Centre**
- **Johnson & Johnson Ltd Tallaght**
- **Dermot Richardson and Tallaght Adventure World**
- **The Football Association of Ireland**
- **Unilever – City West, Tallaght**
- **Marks & Spencer’s Ltd**
- **Kevin Street Stores**
- **Christopher Mc Dermott**
- **The Paper Clip, Old Blesington Road, Tallaght**
- **The Lord Mayor's Coal Fund**
- **South Dublin County Council**



Tasty pizzas being kindly donated and delivered to TRP from Domino's Pizza, The Square Tallaght, for our Family Fun Day in July and Christmas Family Day December 2015



## **Acknowledgment**

Tallaght Rehabilitation Project Ltd would like to acknowledge and thank the following people for their support and without whom Tallaght Rehabilitation Project would not thrive and grow.

- **The TRP Voluntary Board of Directors and Management**
- **The Irish Government**
- **The Lord Mayor of Dublin's Fuel Fund**
- **The Health Services Executive**
- **Department of Social Protection**
- **South Dublin County Council**
- **Dodder Valley (Tallaght) Partnership Ltd**
- **Tallaght Drugs and Alcohol Task Force**
- **IT Tallaght**
- **Dress for Success**
- **TRP Volunteers**
- **Storehouse Project**



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