

Annual Review 2018



Tallaght Rehabilitation Project Clg

*Providing drug and alcohol rehabilitation
within the local community*

Kiltalown House
Jobstown
Dublin 24



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Tallaght Rehabilitation Project Mission Statement

We believe in the advantage of Rehabilitation within the community, as addiction does not happen in isolation. TRP provides a supportive and nurturing environment where participants are encouraged to work in a therapeutic process on their previous drug/alcohol use. TRP promotes a healthy lifestyle in a structured and safe way, through education and training. From this, participants are encouraged to make an informed choice to ultimately become and remain drug/alcohol free.

Values

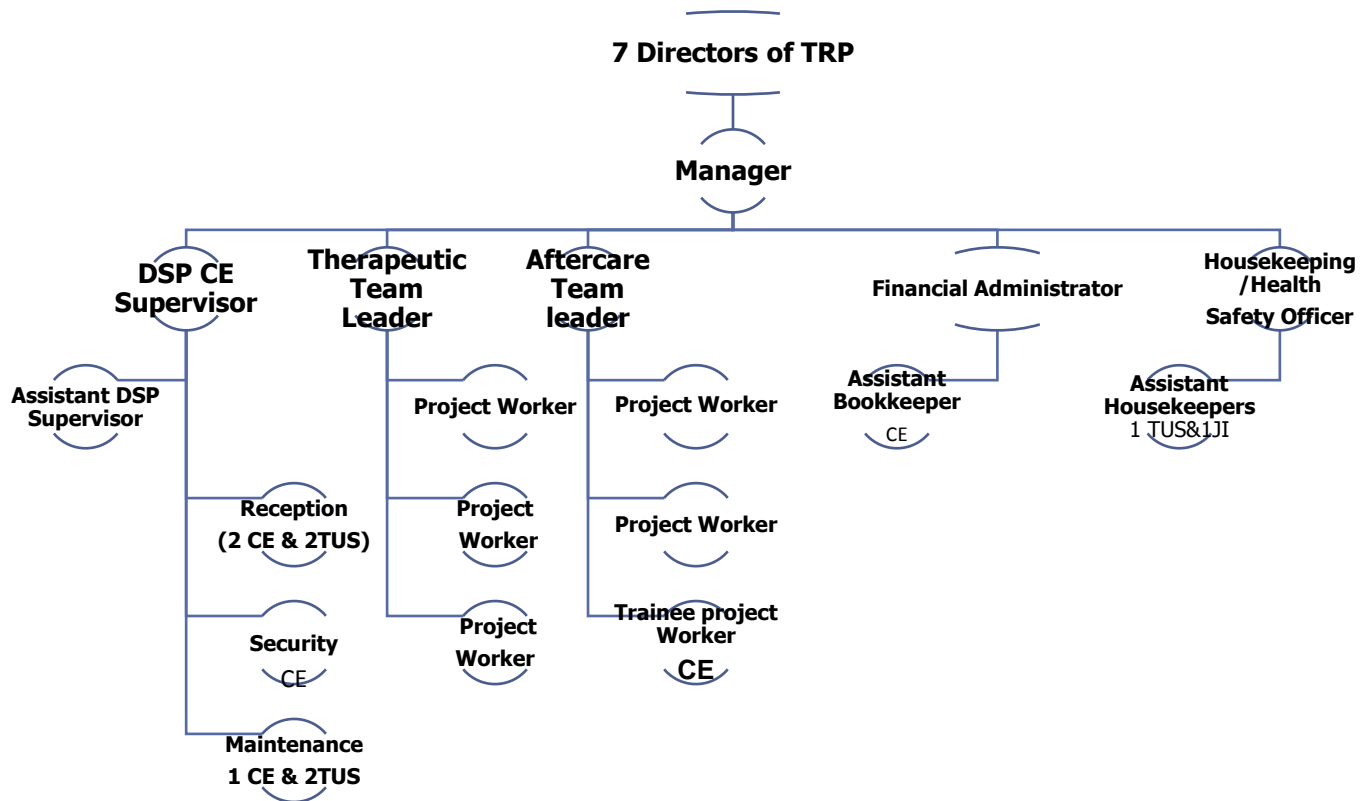
Tallaght Rehabilitation Project values and respects the rights of all our participants to engage in a recovery process that is positive, honest, compassionate and dignified and also meets the needs of our clients through progressive pathways and emotional growth.

Commitment and vision

The TRP organisation is committed to providing quality services for people who are in recovery from drug and alcohol addiction. We are an evaluated service that is true value for money. Our organisation and programmes strive to provide quality based services which are evidence based and promote good corporate governance in order to be a leader in community based therapeutic rehabilitation.



Organisational Flow Chart Tallaght Rehabilitation Project Clg 2018



Tallaght Rehabilitation Project Clg Directors and Board of Management



Chairperson
Mr. Seamus Massey



Secretary
Cllr Cathal King



Treasurer
Fr Valentine Martin



Cllr Charlie O Connor
Board Director



Mr. Patrick Doyle
Board Director



Miss Anne Marie Wall
Board Director



Mr. Frank Sage
Board Director



AGM 2018



I am pleased to present the chair's annual report for the year 2018.

Tallaght Rehabilitation Project CLG continued to provide a high quality drug and alcohol rehabilitation service for people in the community during 2018.

The participants are the most important people in the TRP organisation. They are the reason that TRP CLG exists. The participants are treated with respect, kindness and honesty by staff and management. I congratulate our participants on their sincere efforts to become drug and alcohol free. I encourage partners, families and friends of participants to become even more involved in the recovery process of their loved ones.

In my role as chair I witness at first hand the commitment and dedication of staff and management. I appreciate the positive, respectful and inclusive atmosphere that participants experience at Kiltalown House. I congratulate the management and staff of TRP - management team, financial team, therapeutic team, CE team, Aftercare team, housekeeping team and gardening team on their commitment and dedication. I must single out manager Pat Daly for his tireless work on behalf of TRP. This year we said goodbye to Lisa Wynne after many years of excellent service as an outstanding team leader of the Therapeutic Team. We welcomed Sonya Dillon as the new team leader. This year we also welcomed Christy Rankin as the Aftercare supervisor and Sonja Dunne as CE Supervisor. All have settled into their respective roles with ease and aplomb.

I acknowledge and thank my fellow Board members for their support, oversight and wise governance of the TRP organisation throughout the year. All of our Board members give generously of their time and expertise in a voluntary capacity.

The Day Programme is fully subscribed and is doing excellent work in the therapeutic and educational process of recovery. It is sad to realise that we have people on a waiting list. We need to look at increasing the number of participants on the day programme. This conversation must happen with our funders.

The Aftercare service continues to thrive. This free service is available five evenings a week and can be availed of by anyone seeking support and a safe environment in their recovery. I am impressed with the number and variety of activities, workshops and supports that are provided.

The remuneration of staff, a legacy of the cut backs, is still an unresolved issue. It is not acceptable that members of staff are not on the appropriate pay scales. This matter must be addressed without delay.

The Residential and the Box Smart initiatives are well established quality TRP programmes. These are very effective programmes with both short term and long term benefits for the participants. These successful initiatives must be guaranteed the required funding on a permanent basis. This is another area that we need to address with our funders.

Financial transparency and compliance are essential in every organisation. In 2018 all monies received from our statutory and voluntary funders have been used in accordance with best practise, appropriate guidelines and statutory requirements. The financial administrator presents the organisation's accounts at each Board meeting. These are discussed and approved by the Board. TRP's accounts were externally audited in 2018 (TRP's accounts are externally audited every year) and are available to view on the TRP website.

The Awards Night each year on the second Friday in December is still my favourite event of the year. It was as usual a memorable and emotional occasion this year with the participants taking centre stage. Families, friends, management and staff celebrated with them their successes and achievements while acknowledging their challenges and struggles. We also said goodbye to 6 participants who were on the step-up programme, drug and alcohol free for a year, on their way from TRP to employment and further education. The Awards Night is such a humbling and inspiring occasion!

It is my fervent wish that our participants will achieve their individual goals as they progress on their journey to full recovery from addiction.

We look forward to the coming year with confidence.

Seamus Massey
Chair.



Manager's Report 2018 by Patrick Daly

Hello,

I would like to welcome you to take some time to read the managers' report for the TRP Clg annual review for 2018. This is my 12th annual report as the Manager of the TRP services and every year our services grow and evolve. I can say with great confidence that once again, TRP has an excellent service for all our participants. This is mainly due to the participant's desire and commitment to enter into a positive process of recovery from addiction issues but another crucial element is the excellent staff team that I have the privilege to manage. These people are passionate, loyal and totally committed to supporting all of the clients who have attended our programmes throughout the year. The TRP staff team has a huge input onto developing the programme.

I would also like to mention all of the volunteers who work with the team here in TRP in 2018. These people are a valuable asset to our programme and all gave their time freely to support and assist our clients and the staff team. We hosted 6 college placements in 2018, which were mainly from TU Dublin. These students got to work first hand with a well organised and professional staff team and experience a highly structured and scheduled programme. They also got to experience how the TRP organisation functions. From speaking to the placements myself, who were with us, all seemed to really enjoy their time at TRP. Our partnership with TU Dublin was quite successful in 2018.

Agency Networking

TRP believe in working cohesively with all other agencies and projects both statutory and voluntary. In 2018 we arranged and met with many other services and we formalised many different Memorandum of Understandings. Working cohesively with these agencies in 2018 really enhanced all our clients' progression routes. I would like to take this opportunity to thank all the people, agencies and projects that we networked with and partnered with throughout 2018. These include, Louise Devlin: HSE, Peter Geoghegan: DEASP, Grace Hill: TDATAF, Barnardos and local projects – St Dominics, CARP, JAAD, New Hope and WASP Family support.

Work Plan

We completed our yearly work plan in 2018. For each quarter of 2018 both myself and the team met and we meticulously responded to all tasks and goals that we had planned at the start of the year. I am happy to inform you all that most of our priorities for 2018 were responded to accordingly.

Box Smart

We launched another successful Box Smart initiative in 2018, where 15 clients successfully completed all phases of this excellent initiative and I am proud to say, they all scored highly in their grades. Once again, through our partnership with TU Dublin we had a new super promotional video made of the Box Smart module (thank you to Gerry and his students for their support). You can view the DVD on our Facebook and Website pages.

Residential

In 2018, we completed another excellent four day residential in the beautiful surroundings of Avondale Retreat House in Wicklow. 8 clients and 6 staff attended this initiative. From the feedback and evaluation all of our clients that attended this residential really benefited from this therapeutic experience and it has really enhanced their overall recovery process.

Family Fun Day Summer 2018

We had our usual annual family fun day in the lovely sunshine of our gardens here in Kiltalown house. All mummies, Daddies, Granddads and Nannies, children and staff had great fun in all the festivities on the day and of course there was fierce competition, especially in the staff egg and spoon and sack race. All had a great day.

Christmas Family Day

We had Santa up to Kiltalown House in December 2018. A big thank you must go to our friends in Dublin Fire Brigade on the Belgard road who collected Santa and delivered him to Kiltalown house. We thank Domino's Pizza and Cinellis' Takeaway for their ongoing support. It is greatly appreciated. We would also like to thank Tallaght Hospital who donated toys for the event. There were many happy children on the day.

Awards Ceremony

In December 2018 we held our special Award Ceremony. We had 17 clients who were awarded various achievements and certs on the night. All their family and friends attended as guests and we had 78 people here on the night. You can see some of the pictures from this event on our Facebook page.

Statistics

Please review some statistics from our Day programme, Aftercare services and our CE programme. We are meticulous in collecting statistics from all departments throughout the year.

Conclusion

I would like to finish my report by thanking some people. I would like to say a big thank you to all the Board of Directors of TRP who has greatly assisted me in many different ways throughout the year. I look forward to working with these people again in 2019. I would also once again like to thank all of the staff team here who work tireless and at times above and beyond the call of duty. I am aware that in 2018 we lost some great staff that moved on. Notably Lisa Wynne our long time team leader who worked with us for 14 years, Charles Lane our experienced aftercare project worker and our Assistant CE Supervisor Ita Bulate. I would like to thank them most sincerely for all their service over the years.

However, new people joined our team. We saw the arrival of Sonya Dillon, a highly experience Team leader who came to us from Soilse, Christy Rankin who came in as Aftercare Supervisor and Sonja Dunne who joined the TRP team as supervisor for the CE Programme.

My final word must go to our clients that really benefited in many ways from the TRP services. Going forward I would encourage our entire participant group to trust in their recovery and to trust in TRP and to work in tandem with keyworkers and peers. Move forward into a healthy, positive drug free 2019. I look forward to 2019 where we will keep on encouraging people who attend our services to be confident in entering a recovery process here at TRP that will be dignified positive and healthy for them and their families and we as a staff team here in TRP will continue to promote and enhance our services and the belief that people can and do become drug and alcohol free and go on to lead successful and quality lifestyle.

Thank you for reading this report, I wish you all well.

Kind regards

Patrick Daly.



Financial Administrator's Report 2018

By Joan Cleere Neville

Tallaght Rehabilitation Project Clg values the economical and efficient use of resources and aims to ensure that all expenditure utilises effective planning and decision making and ensures that

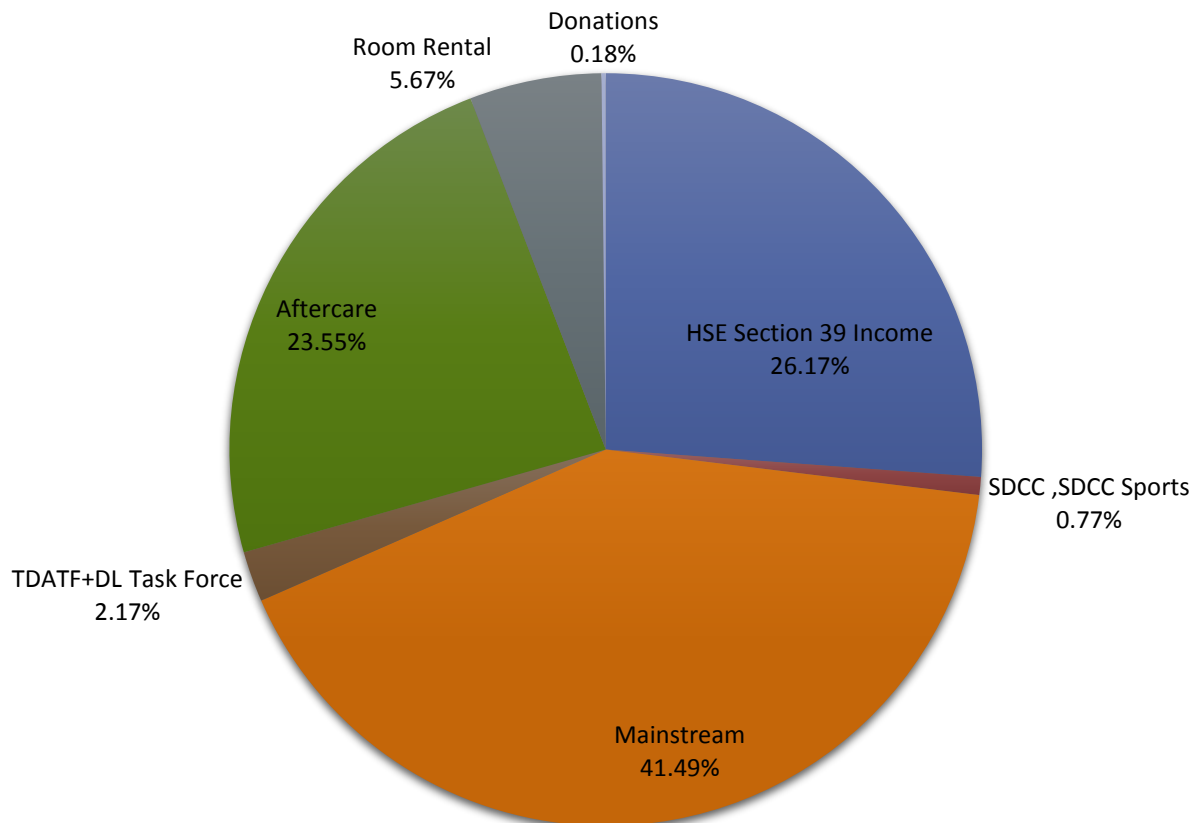
the most economical options have been sourced.

Below is a breakdown of the grants TRP received in 2018 from the DSP, HSE and LDATF and SDCC Sports. TRP received grants and donations from the SDCC and some small private donations. TRP increased room rental by 33% in 2018 due to promotion and new advertisement material. Room Rental is used to supplement statutory funding in order to maintain a quality service. TRP also sponsor a DEASP CE Scheme which accounts for 43% of all funding.

All funding received by TRP is strictly monitored and accounted for and spent in accordance with relevant guidelines and best practice in an open and transparent manner to ensure best value for money. The accounts are also audited by an external auditor and submitted on time to the Companies Office. The following criteria is strictly adhered to when managing resources

1. Consistent, smooth delivery of all services.
2. Maintaining good corporate governance
3. Maintaining a quality service through the best use of available resources.

Tallaght Rehabilitation Project Clg
year end 31/12/18
Funding €403,342





Therapeutic Team Leader's Report 2018 by Sonya Dillon

Hello from the Therapeutic Team at TRP. My name is Sonya Dillon and I am the Team Leader of the facility here at TRP. Carla, Dawn and Paddy are the make up the Therapeutic Team. Our roles consist of supporting our service users on their journey to recovery and to assist them in making healthy life choices which will help them to sustain and maintain their drug and alcohol free status. Carla who is a Senior Project Worker looks after

the schedule, identifying and addresses the needs of the group and implementing them into a daily structure of groups and workshops. Dawn is another member of the team who is also a Senior Project Worker and takes responsibility for our in-takes which are referral's and assessments into the TRP programme Paddy takes on the role of outreach and organising activities the group can engage in to enhance their recovery.

I came to TRP in November 2018 as the new Team Leader; I had big shoes to fill as Lisa Wynne our previous team leader had been at TRP for 14 years. It was a sad time in 2018 when Lisa said good bye and everyone wished her well. As part of my remit coming to TRP was to support and create options to build healthy sustainable relationships in early recovery for people in the Tallaght Wide Area. Having Kiltalown House as a facility in the heart of Jobstown creates massive potential for our up and coming recovery community. We have so much planned for 2019 and are hungry to get started. But first let us reflect on the programme in 2018. Here are just a few initiatives that TRP provided throughout the year:

The Box smart Initiative: 2018 was the 4th consecutive year running our very successful Box smart programme here at TRP. The Box Smart has two components, physical & educational. We launched our Box Smart programme on the 4th July 2018 with a group of 15 participants; this consisted of a 20 week programme running 2 days a week. The programme was a great success with 13 participants completing the box smart programme to a very high standard. We also were able to capture this great piece of work on video.

Residential: The TRP 4 day residential programme commenced with a 6 week therapeutic module on 1st May 2018 until 5th June 2018. The theme of this year's residential module was **"Emotional self-care & Acceptance"**. We had a group of 7 participants who engaged in the res module and took part in the 4 day residential in Avondale Retreat House, Co Wicklow; one of the group was a past participant supporting the staff in a voluntary capacity. The Residential was a great success with yet another year of all participants engaging in a therapeutic process completely drug & alcohol free for a significant period of time.

Awards Ceremony: We held our 10th Annual awards ceremony this year on 8th December 18 with over 70 guests of family & friends in attendance. The Awards night is a great occasion for our participants and staff team to pause and reflect on the past year & acknowledge the achievements and successes of all the participants involved. This event highlights the individual progression of each participant on the Day programme and recognises their achievements through certification.

Our Therapeutic programme

Our programme takes account of the effects of drug use and addiction. The programme is structured around the following areas: Addiction and rehabilitation information and education – the core of our programme

Life skills /personal skills and social development – building self-esteem and communication skills

Social – understanding the social and cultural aspects of addiction 7 recovery

Box smart /Health and fitness – focusing on diet, stress management and gym work

Creative development – mainly through Yoga and Drama

Career Supports – providing information on further education and training, and help with college applications / CV building
 Personal exploration – looking at attitudes, behavior, relationships, coping mechanisms, relapse prevention and care plans

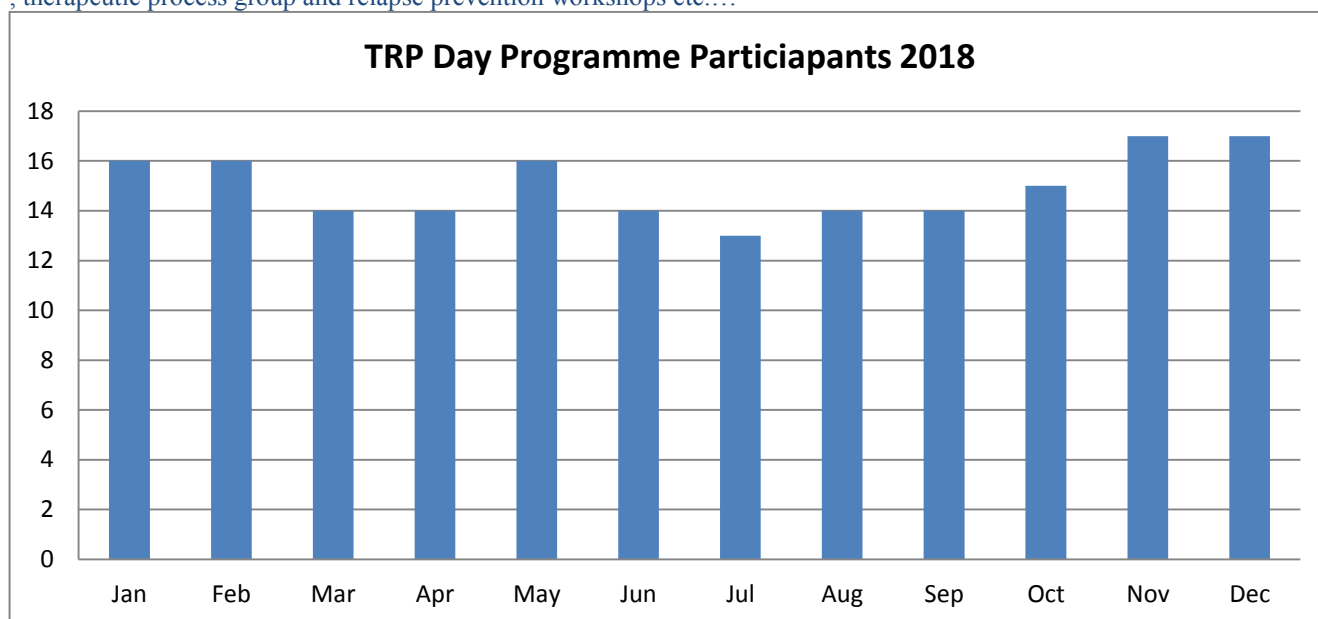
Statistics for the TRP Day Programme 2018

This page provides a broad overview of statistics relating to the various services provided by Tallaght Rehabilitation Project and to the participants who have availed of them.

Day programme Numbers

The TRP Day Programme was at full capacity in 2018 and our waiting list trebled in the last 4 months of 2018. In order for us to meet this growing demand within the Tallaght wide community, we urgently require additional staffing resources and the support and backing of the HSE and TDATF.

Since September 2018 the TRP Day programme have a waiting list of people trying to access the Programme. The waiting list is as follows... 4 in Sept 2018, 8 in Oct 2018, 9 in November 2018 and 12 at the end of Dec 2018. Although TRP had successful negotiations with the DSP in 2018 to increase our special category CE places for our day programme service with these extra places we also need to employ an extra therapeutic staff member to facilitate skilled key working, therapeutic process group and relapse prevention workshops etc....



Day Programme Referrals in 2018

Referrals increased in 2018 from 62 in 2017 to 73 in 2018. This is an increase of 18%..

Breakdown of Referrals 2018

Total people referred to TRP Day Programme					73
People referred on to other projects					22
People who withdrew for the following reasons					
1) to take up educational options					
2) to take up employment					
3) other treatment					
4) pregnancy					
5) were incarcerated					
6) moved from area					18
No Contact					13
Placed on Programme					14
On Waiting List					4

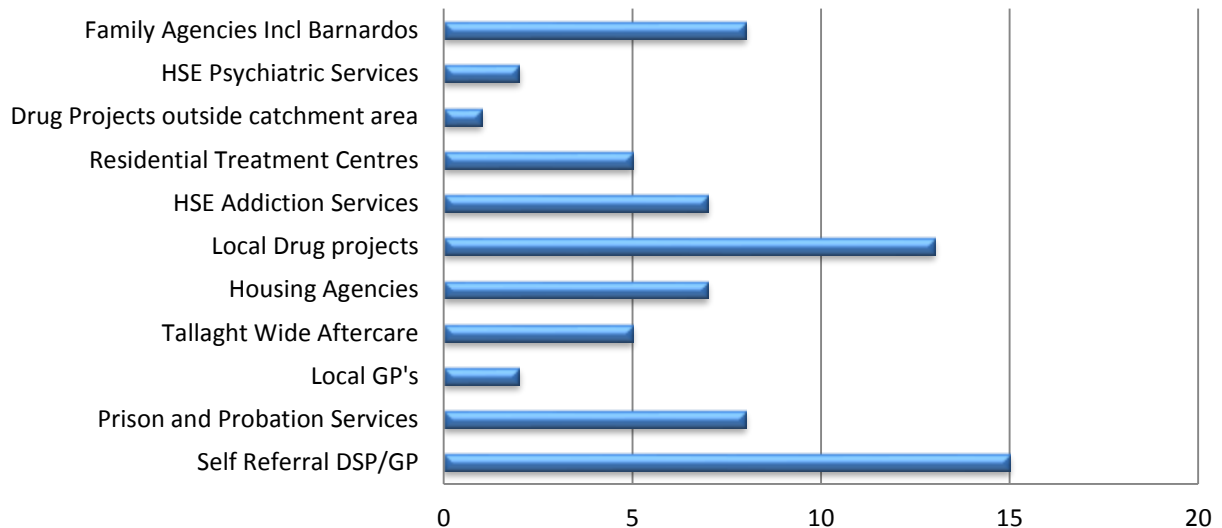
TRP Linked in sources and referrals to other agencies 2018

Below is a breakdown of agencies that TRP engaged with in 2018 for the benefit and care of people accessing TRP services.

Referral Sources 2018 for TRP Day programme

Self-Referral DSP/GP	15	HSE Addiction Services	7
Prison and probation services	8	Residential Treatment Centres	5
Local GP's	2	Drug Projects outside catchment area	1
Tallaght Wide Aftercare	5	HSE Psychiatric Services	2
Housing Agencies	7	Family Agencies Incl Barnardos	8
Local Drug projects	13		

Referral Sources 2018 for TRP Day programme

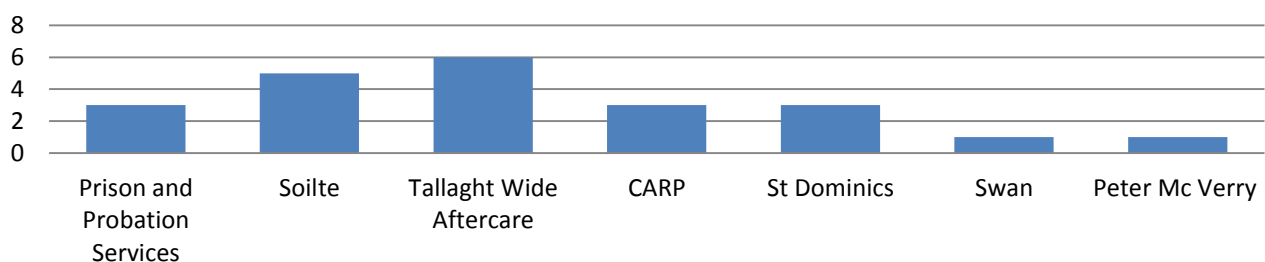


Referrals made to other agencies in 2018

for people who did not meet TRP Day Programme Criteria

Prison and Probation Services	3
Soilte	5
Tallaght Wide Aftercare	6
CARP	3
St Dominics	3
Swan	1
Peter Mc Verry Trust	1
Total	22

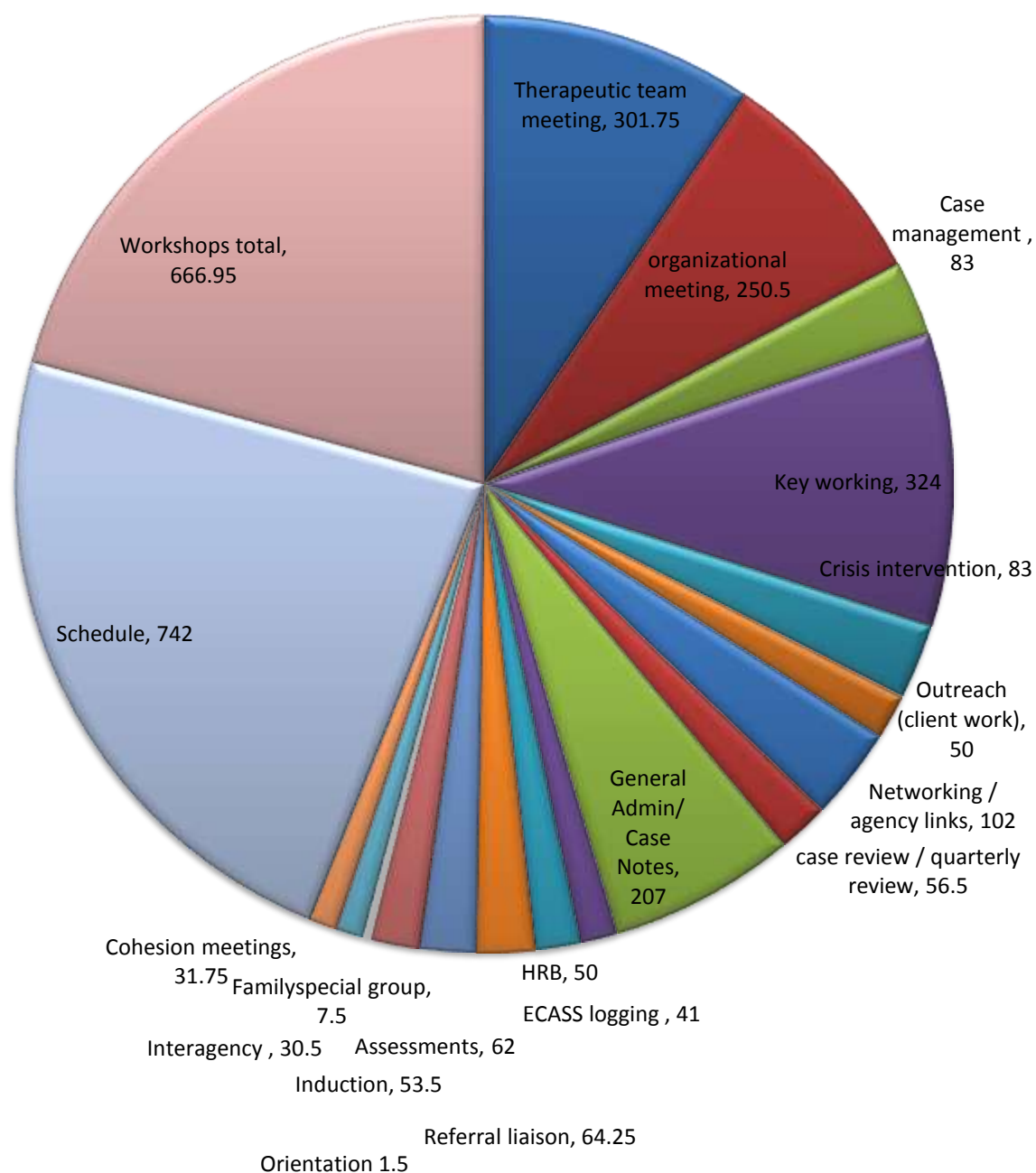
Referrals to other Agencies



Therapeutic Intervention Tasks

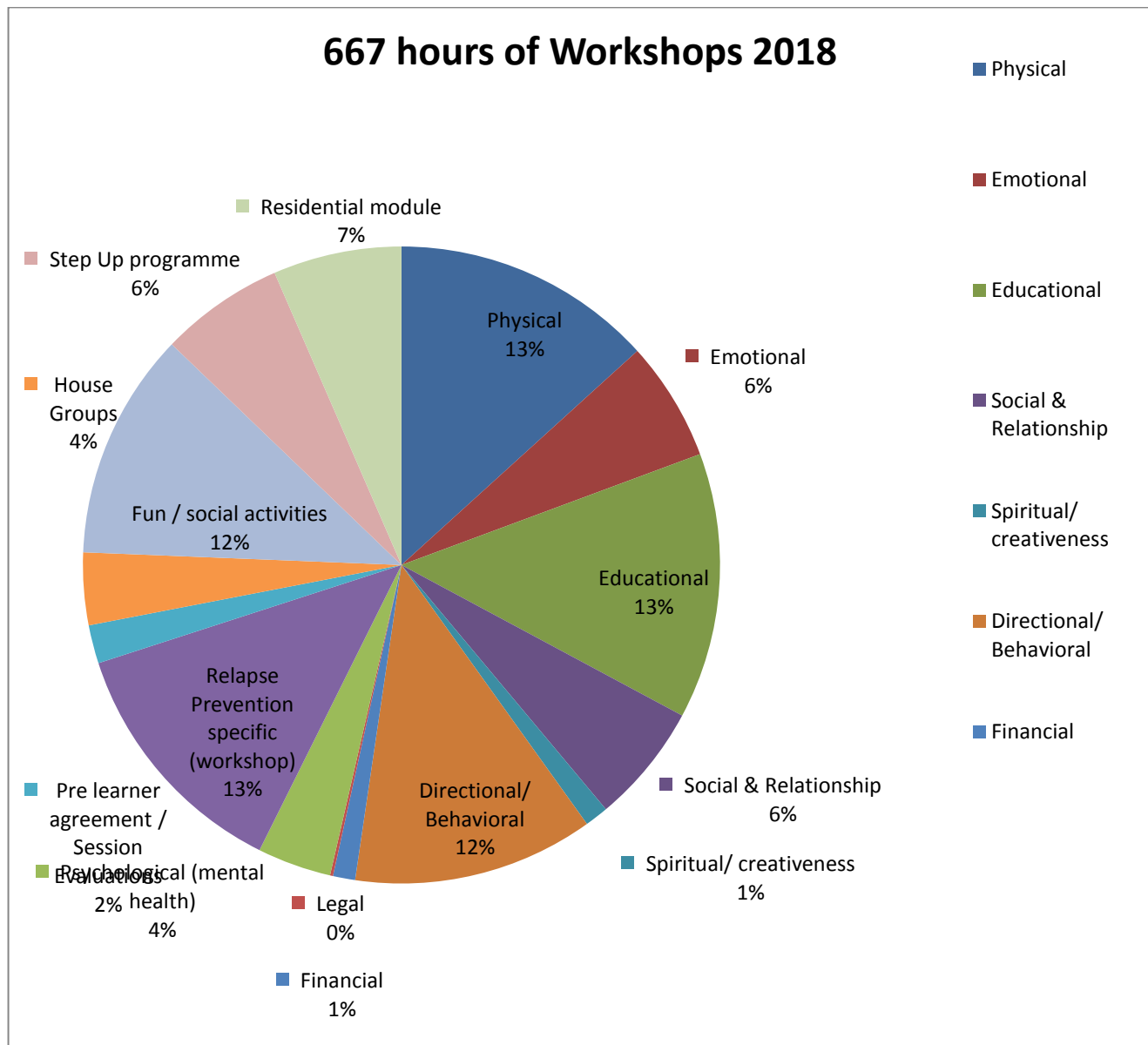
3209 Hours of Therapeutic Intervention Tasks completed in 2018. This is up by 31% on 2017 figures. See charts below for a comprehensive breakdown

Therapeutic Intervention Tasks (3209 hours) 2018



Therapeutic Workshops

667 Hours of Therapeutic Workshops completed in 2018. This is up by 49% on 2017 figures





The Aftercare Report 2018

By Christy Rankin

The Tallaght Wide Aftercare Service provides post rehabilitation to support and positively reinforce the gains that people make during early recovery and assist them to continue on this life changing journey. The Tallaght Wide Aftercare service opened its doors ten years ago to support people locally in the community recovering from addiction and in 2018, the Aftercare team worked to offer our clientele a holistic approach to recovery focusing on personal development, mental and physical

wellbeing, education and social activities.

The Tallaght Wide Aftercare Service has a range of Personal Development Workshops throughout the year centering on people's needs at that time. Our Service Users can enjoy a range of different activities and it also has a Social Setting so people can socialise in a safe and healthy environment.

The Aftercare provided a host of Holistic Therapies including Massage, Reiki, Acupuncture and Mindfulness. These went a long way to relieve anxiety and support participants to relax and ground themselves for the challenges and rewards of recovery. Volunteers played a major role in delivering a number of these therapies and their support is always appreciated.

The Aftercare also provides an element of fun with structured activities scheduled during the year like: A football blitz in RDRD, Meal and Bowling outings, The Rinn Voyager, a couple of BBQs, a Halloween party including dressing up, being part of the Recover Walk, a game or two of football is also known to be had during the summer months in the Kiltalown House gardens where we encourage participants to find a place to socialise and develop healthy relationships between peers.

One of the main therapeutic supports in the Aftercare Service is the Peer Support Group, facilitated by two experienced members of staff on Tuesday evenings with the aim to support each other and progressively create a stronger and healthier recovery. Included in the Peer Support Group are a range of themed workshops and a few activities to support peer relationships.

A major support provided to our Aftercare participants is Care Planning and Key working during 2018 and these have been crucial in helping participants make healthy choices when developing and establishing a new lifestyle and creating new relationships.

TRP had two Annual Family days in Kiltalown House in which the Aftercare participants were heavily involved, including volunteering for the managing of activities throughout the day. The three other major events, in TRP, involving the Aftercare were the Family Sports Day, the Christmas Family Day and of course our very special award ceremony where our participants come together to celebrate individual and collective achievements.

A particular highlight of 2018 was Round 4 of the Box Smart initiative. This significant initiative carries a QQI Level 5 Award in Health-Related Fitness and it's designed to support people who are engaging in progressive recovery from addiction issues.

The Box Smart is facilitated by two mentors and an educational support mentor, consists of both physical and educational components and is an Aftercare Initiative.

During 2018 the Aftercare Service continued to develop and maintain productive relationships with other agencies that were only too willing to support and be supported to provide the very special service for our participants. We are always grateful for the support of these services and hope to see them grow from strength to strength during 2019.

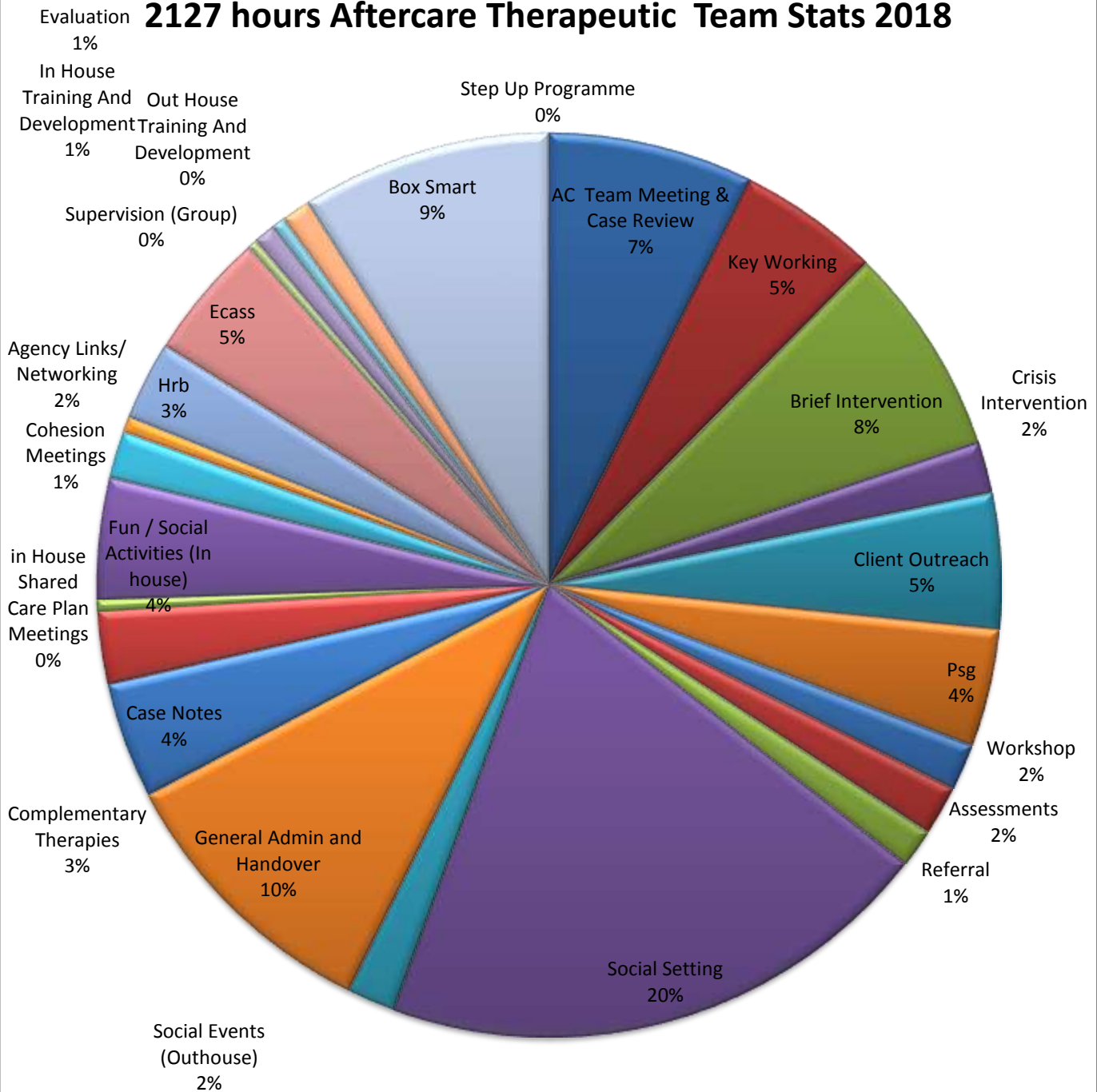
Finally, we would really like to thank LDATF and the HSE who fund the Aftercare Service, the TRP board of Directors, all the Aftercare Staff and especially all our volunteers who have dedicated their time free of charge to the Aftercare Service.

Aftercare Statistics

Aftercare Therapeutic Hours completed 2018

2127 hours of Therapeutic work was completed by the Aftercare staff team on 2018. Please find a breakdown of these hours.

2127 hours Aftercare Therapeutic Team Stats 2018



Referrals In to the Aftercare from Other Agencies in 2018

	Self	Concern / Family	TRP DP	Probation Services / Prisons	Barnardos	GP	*Other Treatment centres	TOTAL
Jan	8			1				9
Feb	6			1			1	8
March	1					1	1	3
April	8	1	2			1	3	15
May	9						1	10
June	3		1	1		1	3	9
July	3		3	1			4	11
Aug	3	1						4
Sept	2		2			1	1	6
Oct	4	0	0	0	2	0	1	7
Nov	4	0	2	1	0	0	0	7
Dec	2		4				1	7
TOTAL	53	2	14	5	2	4	16	96

***Other Treatment centres includes: Swan, Coolmine TC, Keltoi, Merchants Quay Ireland, CASA**

Aftercare Linked in sources to other agencies 2018

The Tallaght-Wide Aftercare Service during 2018 has continued to link in with a variety of Agencies and Services both Statutory and Community Based. We have continuously engaged with these services in order to enhance to delivery of not just our services but the services throughout Tallaght-Wide. We incorporate other services into Care Plans of many of our Service Users to further support our Service Users goals and life plans. The expertise and professionalism of our partner agencies have assisted the Aftercare Service in the ongoing commitment to supporting participants to fulfil personal, educational or employment needs.

	HSE O/R	JADD	CARP	GP	Dominic's	TUSLA	TD&ATF	*Other Treatment centres	Counselling Services	Swan	TOTAL
Jan								1		1	2
Feb											0
March			1				2			1	4
April											0
May							3				3
June		1								1	2
July		2	1							2	5
Aug						1				1	2
Sept											0
Oct			2				3	2	1	2	10
Nov				1	1					1	3
Dec	1				1						2
TOTAL	1	3	4	1	2	1	8	3	1	9	33

Other Treatment centres includes: Coolmine, Cuan Dara, St Francis Farm



The TRP CE scheme 2018

Community Employment Supervisor: Sonja Dunne

My name is Sonja Dunne and I am the Community Employment Supervisor in TRP. The Scheme is funded under the Department of Employment Affairs and Social protection Special Category CE. The Rehabilitation Programme offered in Tallaght Rehabilitation Project is a driven therapeutic service. Our Project also consistently aims to offer exciting work placements in a wide range of employable roles. These roles are filled by people from the Tallaght wide area. TRP provide full training, support, guidance and encouragement to the people who access main stream CE schemes. In May 2018, we entered our first year of our 3 year contract with the Department of Employment Affairs and Social Protection. It is important to note, that in this 3 year contract we were granted an increase of 4 places on our special category CE Scheme.

Stats for people's progression on the TRP Day Programme Community Employment Scheme May 2017-May 2018

Activity	Men	Women	Total
Accessed Individual Learner Programme with Community Employment Supervisor	12	6	18
Remained on Programme	10	4	14
Completed Community Employment	6	4	10
Engaged in Step Up Programme	4	1	5
Progressed to Employment	3	1	5
Participated in Group Training	9	6	15
Participated in Individual Training	6	3	9
Participated in Voluntary Work Experience	4	2	6
Accessed Financial Supports	2	3	5

I am happy to let you know through our CE scheme; Tallaght Rehabilitation Project has over the years had the opportunity to employ people from the local community. In 2018 TRP employed 6 people in the following CE roles. We also were granted 2 extra positions as part of our 3 year contract. These positions were in Security & Trainee Project worker for our Day Programme.

- Receptionist x 2
- Trainee Bookkeeper x 1
- Security x 1
- Trainee Project Worker (Aftercare) x 1
- Gardener/Maintenance Person x 1

In the last year the participants of the TRP Rehabilitation Day Programme have engaged in and completed therapeutic and educational modules both on an individual basis and as part of a group as demonstrated below. I would like to take this opportunity to thank Ms. Ita Bulate, our former Assistant CE Supervisor who supported the TRP organization for the last 2 years. Ita has moved on from our organization and the TU Dublin is now benefitting from her skills and expertise.

Going forward as The Tallaght Rehabilitation Project CE Supervisor I look forward to another year of continued progression and success for all our CE staff team and our CE participants. The goal of the CE programme is to further expand our exiting working relationships with other community, voluntary and statutory agencies and also to explore new opportunities to support our scheme.

Sonja Dunne
Community Employment Supervisor

Placements and Volunteer's

During 2018 TRP facilitated placement of 4, third level students. TRP provides unique and structured practice placements for students in their 2nd and 4th year of college. Students on placement have found TRP to be an invaluable training ground.

Rebecca Gallagher: My Practice Placement

My name is Rebecca Gallagher and I completed 400 hours of practice placement with the Tallaght Rehabilitation Project in 2018. My experience of this practice placement was very positive and enjoyable. Throughout my time on placement I gained a number of new skills that have hugely enhanced my professional and personal development. As a student, Starting placement in a new job can be very daunting; The staff at TRP really helped me to settle in quickly. All staff and clients made me feel very welcome and at ease. I worked between both the day service and the aftercare service that the TRP provides. I worked 3 days in the day programme and 2 days in the aftercare programme. This roster was devised to facilitate my work schedule, this was so helpful to me as a student working placement and a part time job. Working in both services really aided my learning as I got a different experience from each programme. I was given great supervision regularly and I was involved in many groups, agency visits, meetings, social settings and events. This gave me a great insight into what's involved in this sector of work and it helped me to decide which career path I want to go down. I am very grateful for the learning experience I gained working with the Tallaght rehabilitation project.

Rebecca Gallagher
Social care practice
IT Tallaght

Karla F wrote

- I received a lot of learning experience throughout my time at TRP. I learned something new every day and I will carry that information with me as I progress through college.
- The best part was getting to know the service users and been present. I have never experienced an environment that encourages learning in a very compassionate way, no matter what your previous experiences were like.
- The work load from the college was immense and I found it over whelming in the beginning. TRP didn't over load me with work; they help me balance my portfolio work with my practice work.

College: Tallaght IT

TRP Residential Weekend 2018 at Avondale Co Wicklow



The Box Smart group 2018 (this ran for 20 weeks and was very successful)



Annual TRP Family Day held in August 2018 (great fun for all)



The Annual Awards Night took place on the 7th Dec 2018 and the Lily room was packed to capacity with guests



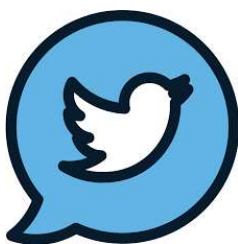
Everyone enjoys Santa and the Christmas party at TRP. Plenty of gifts, food and fun. Photos of the Dublin Fire Brigade and Domino's Pizza who support our Christmas Family Day



The TRP social media platforms are up to date and are very user friendly thanks to the TRP Public Relations committee.



www.facebook.com/TRPTallaght and Tallaght wide aftercare



@TRPDublin

People who wish to receive regular updates about our services can do so by liking us on Facebook or accessing our Website... www.tallaghtrehabproject.ie

Acknowledgements



Tallaght Rehabilitation Project CLG would like to acknowledge and thank the following people for their support throughout 2018 and without whom Tallaght Rehabilitation Project would not thrive and grow.

- The TRP Voluntary Board of Directors
- The Irish Government
- The Health Services Executive
- The Department of Employment Affairs and Social Protection
- Tallaght Drugs and Alcohol Task Force
- The Lord Mayor of Dublin **and the** Mansion House Fuel Fund
- South Dublin County Council
- South Dublin County Sports Partnership
- South Dublin County Partnership
- South Dublin County LCDC
- IT Tallaght
- Dress for Success
- TRP Volunteers
- Storehouse Project
- TUS Care and Repair Team

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- Haribo Ireland Ltd
- Brennan's Bread
- Domino's Pizza - The Square Tallaght
- Cllr. Dermot Richardson and Tallaght Adventure World
- The Football Association of Ireland
- Tallaght Hospital
- Dublin Fire Brigade
- The Paper Clip, Old Blessington Road, Tallaght
- Jobstown Pharmacy
- Centra, Kiltalown Way
- Cinellis Takeaway
- Constantin Tui

Tallaght Rehabilitation Project Clg

*Providing drug and alcohol rehabilitation
within the local community*



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