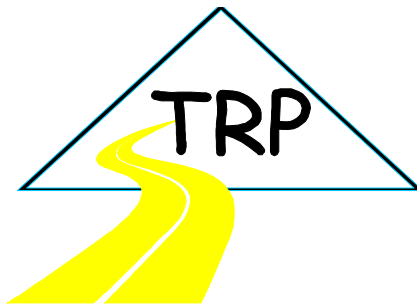


**Welcome to our Yearly Review for 2011**

# Tallaght Rehabilitation Project

Kiltalown House, Jobstown,  
Tallaght, Dublin 24



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## **Chairman's Address 2011**

As chairman of TRP I visit Kiltalown House many times throughout the year. On each visit I am struck with the positive attitude of management, staff and participants. Management is innovative, progressive and supportive. The staff is dedicated, committed and very hardworking. The participants are enthusiastic and focused on recovery. Great co-operation, a solid work ethic and mutual respect are very much in evidence.

Despite the ongoing cutbacks and reduction in budgets, 2011 has been another outstanding year for T.R.P in continuing to provide a comprehensive rehabilitation service for people in the community whose lives have been affected by the misuse of drugs. By effective readjustments, and changes to programmes and work practices TRP has been able to minimise the effects of these cutbacks while maintaining current programmes and participant levels. Regrettably the Room Rental staff was made redundant during the year when the Room Rental scheme became financially unviable.

During the year all projects funded by the Local Drug Task Force in the Tallaght area were independently evaluated by Sue Irving Consultants Ltd. Scotland. I am delighted to report that TRP got very good scores. Progressive and responsible leadership, co-operation with other agencies, provision of an impressive service for participants, the growth and influence of aftercare were just some of the areas that received special complimentary mention.

TRP endeavours to provide the best possible service and support for its clients with the funding it receives. Let me assure all of our funders that the spending of all monies received by TRP is strictly monitored and accounted for and spent in accordance with relevant guidelines and best practice in an open and transparent manner.

As well as the ongoing implementation of TRP's therapeutic and aftercare programmes many other events took place during the year – July's Family Sports Day, October's Art Exhibition, the four day residential to An Tober, Navan, and December's Annual Awards ceremony at which the participants' individual achievements were acknowledged and celebrated.

I congratulate Pat Daly Manager on his commitment, dedication and wise leadership during these difficult times and Joan Neville-Cleere, Financial Administrator for managing the financial business of TRP in a meticulous manner. I also wish to congratulate the staff of TRP, Team Leader Lisa Wynne and the Therapeutic team; Michael Williams Supervisor and the Aftercare team; Catherine O'Connor FAS CE Supervisor and the FAS CE team, the Housekeeping team and the Gardening team. They have all done magnificent work throughout the year. I thank them for their dedication and professionalism in carrying out their duties and their willingness to adapt to new ideas and work practices.

I would like to acknowledge and thank my fellow members on the Board of Management who generously give their time and expertise in a voluntary capacity to provide support, guidance and wise governance to TRP.

Lastly but most importantly I congratulate all participants on their achievements during the year. I was very moved and impressed at the Annual Awards ceremony by the honesty, sincerity and ambition of the participants. They were all very proud of their efforts and achievements. 11 participants celebrated being drug-free for a full year. For them the future is a much brighter place. The path to recovery is never easy but full recovery from drug addiction will be a truly rewarding experience for them and their families. It's impossible to quantify the ripple effects of recovery!

Seamus Massey.  
Chairperson, Board of Management.

## **Manager's Report**

Hello to you all, I would like to welcome you to the TRP Annual Review of 2011 and also the Manager's Yearly Report.

Once again our organisation has made it through another difficult year, a difficult year in the sense of having to endure further cuts to our 2011 annual financial funding and with the likelihood of more cuts looming in 2012.

TRP; like many other local and well organised projects has been sustaining cuts now for almost 4 years, and as an organisation we have been trying hard to absorb these cuts to the best of our ability. Our main goal is to protect the jobs of our staff team thus minimising the impact these cuts have on our overall services, and also to be consistent in delivering a quality programme to our participants. There is only so much shaving and cuts to our overall programmes that we can sustain before the more detrimental effects ripple down to affect our project, our staff and ultimately our participants and their families.

Already we have had the closure of our POBAL Evening Room Rental Programme, with the loss of 6 staff that were eventually made redundant due to cuts affecting our overheads. Also, other staff members have had their weekly hours cut and some full time staff have ended up taking part time roles in the organisation. Some basic but much needed materials have also been lost to these cuts, and yet again we are all witnessing the very vulnerable in our community and society in general being targeted with more and more cuts to what are essential services. This only deprives people of much needed services and in the case of the TRP organisation it thwarts our efforts to combat the scourge of addiction within our communities.

I am sure you would all agree that with the current trends in drug and alcohol usage on the increase and the threat of heroin and crack cocaine now re emerging ten fold and the introduction of crystal meth into our communities; the last thing we all need is more of these cuts to efficient, well organised projects like TRP.

Away from all the controversy, cuts and doom and gloom TRP still managed to function to the very high standard that is expected of our organisation. This was mainly due to a very dedicated, committed and skilful staff team, who have worked over and beyond the call of duty by putting in the voluntary extra hours and time and really ensuring the delivery of excellent programmes for all our participants and their families who engaged with the TRP organisation in 2011. All this time, effort and hard work was clearly reflected in a recent review and full evaluation of the TRP programmes. This consultation was commissioned by the Tallaght Drugs Task Force and Sue Irving Consultants Ltd, Scotland, were hired to carry out the consultancy process.

Our Day Programme scored 84% from 100% and our Aftercare Facility scored 82% from 100%, these were excellent scores and both the TRP services were

ranked in the top 3 projects in the Tallaghtwide area. The mechanism used to rate and grade projects was as follows; a comprehensive questionnaire was devised by the consultants and project visits and interviews were arranged where viewing of all stats, project policies and procedures and corporate governance was completed.

This evaluation gave myself, the team, our participants and the Board of Management a major boost as this document clearly reflects that TRP is a quality programme which is value for money.

We also had our usual Events throughout the year, our Family Sports Day in August, our Art Exhibition in October, which was linked to the SDCC Social Inclusion month, our Awards Ceremony in November and our Family Christmas Party in December. Not forgetting the excellent efforts by our fundraising committee who organised runners and walkers in the Women's Mini Marathon and organised bag packs to attain much needed funds for the programme. One main event I would like to single out this year was TRP hosting the Annual Service of Hope and Remembrance, the theme this year was love and belonging. I am proud to say that one of our senior staff members; Carla Gunnery orchestrated and organised this fabulous evening, a superb night was had by all, and led to Minister Pat Rabbitte commenting that it was the best Hope and Remembrance service that he has attended. Well done Carla. Another special event for us last year was our Annual Residential Weekend which was facilitated in An Tobar, Navan, County Meath, with a total of 8 participants from our Day Programme attending. The theme this year was Emotional Self Care. There was excellent work delivered on the residential weekend by our Team Leader, Lisa Wynne, and the therapeutic team, also our Housekeeper; Kim Kehoe kept all our energies and spirits high with some fine cooking and nourishing meals.

I am also happy to report that we followed through from our annual work plan on our Family Support Strategy and we established a Parents and Friends Support Group in November 2011. This group commences every Wednesday night from 7.30pm – 9.30pm and we are hoping in time that this meeting will eventually be a peer led group and no doubt in time to come that this will be a valuable asset to all the families who engage in it.

TRP were also highly involved in a new initiative named the Storehouse Project, this was in partnership with the Bethel Church in Tallaght and the objective was to supply 50 full Christmas Hampers to people in need from Tallaght. This was a well worth while project with the distribution of the hampers being facilitated smoothly. TRP were delighted to be involved in such a venture and we hope to engage with the Storehouse Project and Bethel Church again next year.

Finally I would like to conclude by thanking all our partners and organisations who we have engaged with throughout 2011. I would also like to thank the Tallaght Drugs Task Force (TDTF) and all our funders for their continued support. I would like to also say a special thank you to our voluntary Board of Management and to all of the staff team at TRP.

At the time of writing this report there is still uncertainty of the not knowing what is around the corner regarding our funding, this can cause anxiety, fear and frustration for all involved at TRP, I am sure there are many other projects in a similar situation to us, however, TRP will endeavour to deliver the best quality programmes we possibly can even within the current restraints, and as you have read in this report even among all of the diversity and economic doom and gloom; TRP still managed to provide decent, quality rehabilitation programmes for people trying to recover from serious addictions. Let's hope now that we can all stick together through this tough time and keep fighting very hard to limit any further cuts to good rehabilitation programmes doing excellent work in our communities. And finally I would like to take this opportunity to wish all our participants who are engaging in TRP the best of luck for the year ahead.

Pat Daly  
Manager  
TRP

## **Team Leader Report**

Hello all,

Lisa Wynne, Team Leader. Firstly I would like to thank you for taking the time to read our annual review.

I hope this review and my own team leader's report gives a true reflection of the development and growth of the TRP organization, reflects the ongoing achievements of the participant group who attend our programme and demonstrates the commitment of our staff team and our working partners who all play a significant role in our aim to provide a quality service that responds to the changing needs of our participant group.

Although our organization has met many challenges regarding the provision of our service the TRP team has worked with dedication to meet these challenges. I feel this report will capture the impact that an organization which is constantly reviewing, developing and networking has on the participants who access our service.

Our structure aims to provide our group with a variety of learning opportunities which in turn provides the necessary tools which enhance their on going progression. Our structure provides modules which specifically focus on the various needs of the participant group. These modules are designed and tailored to suit the need of our therapeutic group and we encourage our participants to be actively involved in programme content and structure. The modules delivered at TRP this year were evaluated by the group as encouraging, supportive and helpful to their continuing personal development and recovery process.

This December we hosted our third Annual Awards Ceremony, where both participants and past participants of the programme were awarded individually for their involvement and completion of modules which included FETAC accreditation. This year TRP organized a special award for current and past participants who have successfully attained a drug and alcohol free status and who were maintaining their recovery successfully. This was a very proud and important evening for all; as management, staff and participants shared in the celebrations. This event was a very pivotal end to another successful year in supporting clients through our programme.



During 2011 we had a continued demand for places on our programme. Currently we are permitted seventeen day programme places. Throughout 2011 these places have been consistently utilized.

#### **Year ending December 2011**

<b>Referrals</b>	45
<b>Assessments completed</b>	17 (29.25hrs)
<b>Assessed as suitable</b>	12
<b>Assessed unsuitable / referred on</b>	27
<b>Awaiting assessment/ in assessment process</b>	6
<b>Outreach / Agency links &amp; service level agreements</b>	154hrs

#### **THERAPEUTIC / EDUCATIONAL MODULES**

The following are some of the therapeutic / educational modules, facilitated at TRP this year:

<b>Therapeutic Modules / Workshop Interventions</b>	<b>Hours Completed</b>
Therapeutic Group Process	143hrs
Relapse Prevention/ addiction awareness	194hrs
Personal Development	172hrs
Motivational Care planning	22hrs
Self care within relationships	18hrs
Aikido Therapy	18hrs
Parenting	18hrs
Art	121hrs
Residential preparations	18hrs
Social setting	128hrs
Morning meetings	69hrs
Drama	21hrs
Anxiety / stress management	18hrs

The following is a brief overview of therapeutic interventions.

Key working	438hrs
Move-on	73hrs
Family support / Intervention	22hrs
Childs play therapy	58hrs

## **Move On Module**

This year has seen the successful completion of a number of move on programmes. This Move on programme is specifically designed for participants identified as ready to move on from the day programme. This is an individual tailored programme, incorporating an overview of care plans completed, with the implementation of a revised care plan with the focus on aftercare, education, employment and social interaction. The purpose is to ensure the smooth transition from the day programme and promotes the individuals reintegration through further support mechanisms (continuum of care).

## **FAMILY SUPPORT INTERVENTION**

### **TRP & Celine Dillon – Play Therapist**

TRP experienced a huge loss in the departure of Celine, who provided an excellent children's play therapy service here at TRP. We wish Celine every success in the future and thank her for her expertise which she contributed to our organisation. We are currently compiling an evidence based report on the impacts of this service.

### **Residential**

We also delivered a successful four day residential module in June 2011. As a result of the good work done by all, this process enhanced individual focus and motivation, and also encouraged peer support and bonding. This resulted in some acquiring drug free status and others embarking on detoxification for the first time. We would like to take this opportunity to thank everyone who was involved in the organisation and delivery of the residential module.

### ***OProject Cohesion/Networking***

This year TRP has cemented several links through service level agreements. TRP have established ongoing links with other projects and organisations not only within the Tallaght area but also on a broader spectrum. At present we are involved in service level agreements with St Dominics Community Response Project, the Dublin Rape Crisis Centre, the Dublin Simon Community and the Community Action Response Project.

### ***TRP & Dublin Rape Crisis Centre***

TRP have continued the partnership with DRCC. We at TRP are delighted to have such a specialised service provided by the Dublin Rape Crisis Centre available to our participants and we look forward to the on-going development of this service.

### **Placement/Volunteers**

Every year TRP provides places on our programme for persons who are in training with various colleges. TRP gives the placement a chance to work as part of a team and view all aspects of our project. This year we have facilitated eight placements / volunteers.

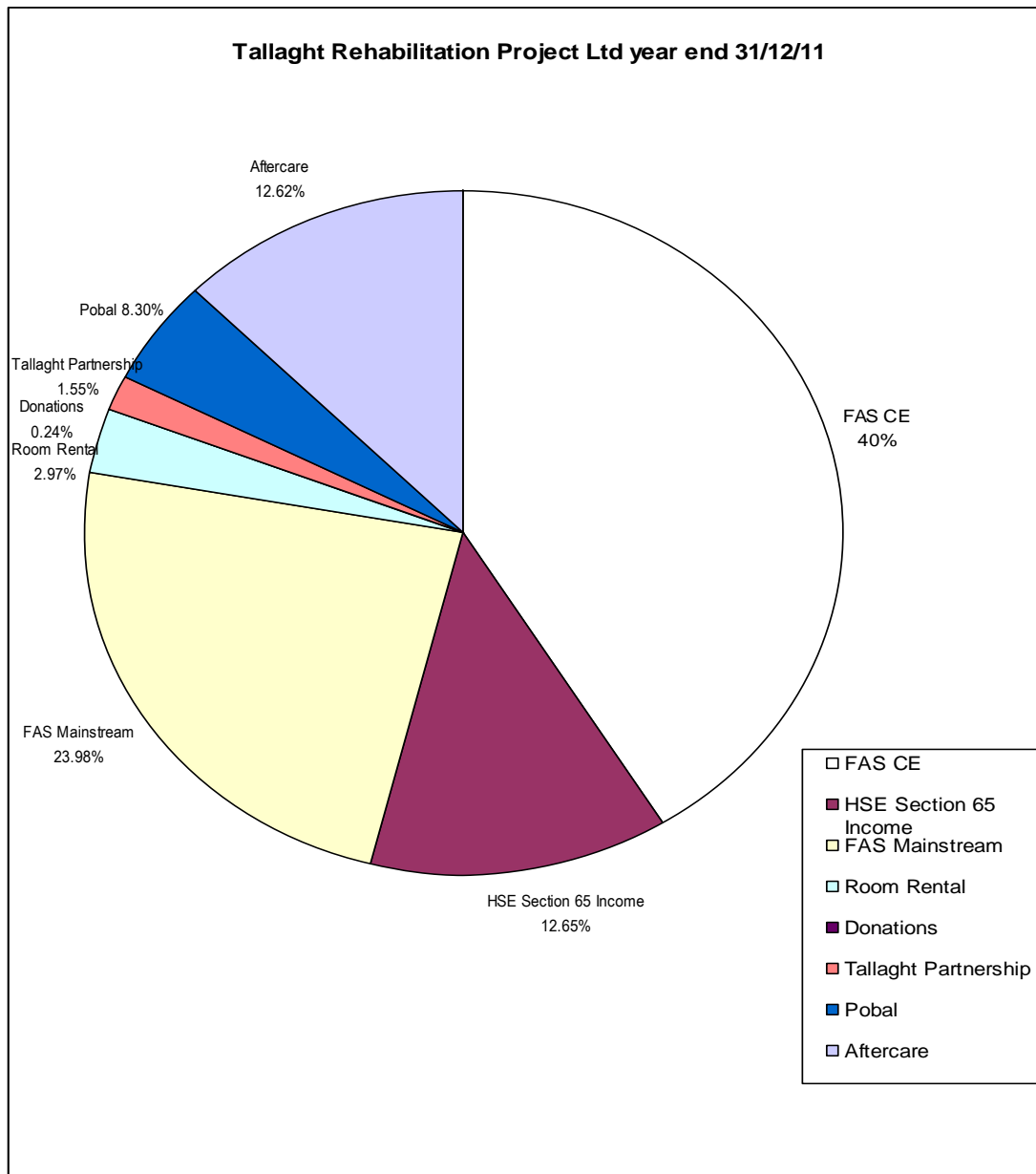
At the conclusion of a year which was very challenging in terms of the increased demands on our service, I would like to say a special thanks to all our dedicated staff involved in the provision of the TRP services. In 2011 we worked with renewed determination, energy and commitment to fulfill our organizational plans and goals. Through all the diversity we continued to deliver a full quality service to all who engaged with our organization.

Lisa Wynne  
Team Leader  
T.R.P

## Financial Report 2011

TRP's total income for 2011 was € 752,760. Below is a breakdown of the grants TRP received in 2011 from various funding agencies, namely, FAS / Department of Social Protection, Health Services Executive, Department of Community, Rural and Gaeltacht Affairs, Dodder Valley Partnership, Local Drugs Task Force and South Dublin County Council. We at TRP value the support of these agencies and assure them that their money is spent efficiently and value for money is always paramount. We would also like to thank the TRP Fund raising committee for their help. Their assistance went towards funding the sports day, art exhibition and Christmas party for participant's children.

### Breakdown of Funding for year end 31/12/11



## **CE Supervisor's Report**

The Community Employment (CE) programme is designed to assist and support people who are long-term unemployed and other disadvantaged people in returning to work by offering part-time placements in employment based local community projects. After the placement, participants are encouraged to seek mainstream employment or to undertake further education based on the experience and new skills they have gained while on the Community Employment scheme.

The management of TRP have sponsored a Special Category Drug Rehabilitation Community Employment programme since 2000. We are now in our 11<sup>th</sup> year of operation. At present TRP are allocated 17 “ring fenced” positions which are places provided on the rehabilitation day programme for people who have been referred and are in recovery from substance misuse. We also have CE support staff; however, due to funding cuts the number of staff has been cut by 1 place resulting in there now being 7 posts instead of 8.

At present the our CE programme is comprised of the following staff and participants;

- CE Supervisor x1
- CE Assistant Supervisor x1
- CE Staff based Participants x 7
- Rehabilitation Programme Participants x 17

### **Educational Training**

As both staff and day programme participants of the programme are employed through Community Employment they are encouraged to actively engage in educational training.

TRP actively encourage and promote the use of the FAS ILP (Individual Learner Plan) system where the participant and supervisor have regular one to one sessions in which employment/educational goals are identified. Training which is specific to the participant's needs and abilities is then sourced and with the support of the organisation the participant will engage in this training.

### ***Day Programme Participants***

In the last year the participants in Phase One and Phase Two of the rehabilitation programme have engaged in/completed FETAC accredited educational modules both on an individual basis and as part of a group as demonstrated below.

 Workplace Safety	FETAC Level 4(minor) x 15 participants
 Painting	FETAC Level 4(minor) x 7 participants
 Art & Design	FETAC Level 3(minor) x 6 participants

Phase three or the move on period of the programme gives the participant the opportunity to explore and research possible employment and or further educational options. It is during this time the participant may undertake individual specific training and work experience.

This stage of the programme was reviewed in 2009 and consequently redesigned to provide a more intensive structure and content. The new programme offers a move on specifically designed for the individual. This can take between 6 and 12 weeks to complete depending on the individual's needs and can be extended. This work will include information, practical skills development, ILP, CV building and interview skills. The emphasis is on the participant working towards and attaining realistic educational or employment options.

Also in the last year TRP has continued to forged strong links with various organisations to assist and support the participant in this phase of the programme. These organisations include the following:

- ✚ Local Employment Services (LES)
- ✚ Money and Budgeting Service (MABS)
- ✚ Jobstown Adult Education Network (JAEN)
- ✚ VEC
- ✚ Tallaght Drugs Task Force (Education Officer)
- ✚ Back to Education Initiative (BTEI)
- ✚ Local Social Welfare branches
- ✚ An Cosan
- ✚ Dublin Adult Literacy Centre
- ✚ Irish National Organisation for the Unemployed

Of the 7 participants who engaged in a practical move on; 1 person has returned to part time employment have progressed to education, examples of which are as follows:

- ✚ Diploma in Community leadership
- ✚ Certificate in Drugs Counselling and Intervention Skills
- ✚ FETAC Level 6 Major Award (Access Course)
- ✚ FETAC Level 3 Return to Education

### ***CE Staff based Participants***

Typically, a person who is employed on our CE programme will have been unemployed for a minimum of 1 year. In accordance with the ethos of Community Employment; on beginning a post with TRP the new staff member will have the opportunity to gain experience of working in a busy environment and to engage in specific skills training with the goal of returning to either full/part time education or to mainstream employment. TRP employs people on our project in the following areas;

- + Reception x 2
- + Trainee Financial Administrator x 1
- + Trainee Aftercare Project Worker x 1
- + Maintenance Person x1
- + Gardener x 1
- + Security x 1

As with the day programme participants, ILP plays an important role in the progression of our CE staff. In the last year all CE staff have identified specific career paths/goals and have engaged in various individual pieces of training as demonstrated below.

- + Computerised Accounts and Payroll FETAC Level 5 (major)
- + Certificate in Human Resources FETAC Level 5 (major)
- + Workplace Safety FETAC Level 4 (minor)
- + Community Addiction Studies FETAC Level 4 (minor)
- + Fire Warden
- + S.P.E.A.K. Database

From the 5 staff members who completed their time on CE in 2011; 3 people have progressed to either employment or further education.

- + 1 CE staff member has returned to full time employment
- + 2 CE staff members have returned to full time third level education

As you can see from the above TRP believes that education, training and work experience are an integral part of CE and the overall programme and WE actively promotes and encourages this. And that with the support, guidance and knowledge gained from participating on CE, progression is a realistic attainable goal for all who participate on our programme.

Catherine O Connor  
FAS CE Supervisor  
TRP

## Aftercare Supervisor's Report

### Back Ground

The Tallaght-Wide Aftercare service was officially opened in 2009 to support the continuum of care post –rehabilitation process by consolidating the gains service users have made in their rehabilitation.

The Tallaght-Wide Aftercare Service has now become an established aftercare service in the Tallaght community and is also recognised as the official aftercare service of the community. The service provision is developed annually from beneficiary feedback and expectancies of the service users with the common goal in mind for all to live a stable/ drug free lifestyle. Beneficiary expectancies are and can be demanding but the service has and will continue to deliver on those demands into 2012.

The Aftercare Team are fully aware of the challenges service users have to face in the current climate and also the challenges within our services, but we remained committed to the bigger picture. This was achieved by adapting a practical partnership approach to provide a thoroughly beneficial services in a comfortable environment for all to enjoy. Over the year the aftercare team have promoted the service to statutory, voluntary and community services. We have also lent our expertise by supporting the development of an aftercare service on the north side of Dublin and will continue to do so in the future.

During 2011 the aftercare service fully delivered on their entire work plan which was set out for the year ahead with quarterly updated reviews by the staff and also by the service users in addition to our evaluations. The aftercare service was independently reviewed by Sue Irving Ltd who gave a fair and balanced report of the aftercare service.

The aftercare service accumulated 1065 visits/individual consultation in the year below is a breakdown of the different activities that the service provides with-in a year?

### Therapeutic Interventions

<b>2011</b>	
<b>Key working</b>	<b>222hrs</b>
<b>Crisis intervention</b>	<b>57hrs</b>
<b>Move on</b>	<b>11hrs</b>
<b>Peer support Group</b>	<b>72hrs</b>
<b>Personal Development</b>	<b>212hrs</b>
<b>Drama ( Fetac Level 3)</b>	<b>32hrs</b>
<b>Tai Chi</b>	<b>15hrs</b>
<b>Yoga</b>	<b>20hrs</b>



Stress Management (complimentary therapies)	108hrs
Aikido Therapy	20hrs
Women's Empowerment group	12hrs
Health & Nutrition	5hrs
Social Activity Total	485hrs
off site activates	25hrs
in-house fun activates unplugged music events	200hrs 20hrs

Keyworking	222hrs
Crisis Intervwention	57hrs
Move On	11hrs
Peer Support Group	72hrs
Personal Development	212hrs
Drama FETAC Level 3	32hrs
Tai Chi	15hrs
Yoga	20hrs
Stress Management Complimentary	

### **Outcomes for 2011**

<b>Numbers currently accessing the service</b>	<b>17</b>
<b>Drug free</b>	<b>15</b>
<b>Attained drug free status whilst in Aftercare</b>	<b>3</b>
<b>Attained drug free status outside Aftercare</b>	<b>3</b>
<b>Completed aftercare</b>	<b>4</b>

There are 17 service users currently accessing the service to date, 15 of those are drug free, 3 became drug free while accessing the aftercare as their primary support, 2 detoxed with Cuan Dara and then came on to our aftercare, 1 used Coolmine detox/residential and then our aftercare, 12 of those availed of the TRP day program as their primary treatment option and then on the aftercare service. 4 people successful moved on from the aftercare service and are no longer in need of addiction services. The Majority of the aftercare service users are in academic studies from degree level to literacy and are committed to continue to focus on their short and long term goals.

Feedback from Service users:

**“Since I started using TRP aftercare I have really turned my life around and without their help and support I would not be so strong and happy with myself. To me it's not like aftercare it's more like going to see my family and having a good chat I find everybody so friendly and helpful understanding and caring, may better times roll on”**

**“The Aftercare has given me place to come chill out and relax with like minded people who understand me and for me that’s all I need at stage of my recovery because I don’t go to any other meetings for support”**

#### Going Forward

The aftercare team have completed their work plan for 2012 and are committed to deliver on service user demands throughout the year, in addition to all other activities in the aftercare service provision the aftercare team have agreed to hold more drug/and alcohol free events such as comedy and unplugged music nights and we would hope to get a great response from all the community in support.

Thank You

Michael Williams

Tallaght-Wide Aftercare Supervisor.

## **Significant Events in Tallaght Rehabilitation Project for 2011**

In the last year the management and staff of TRP have as part of our 2011 work plan completed several actions. These are detailed below:

### **Rinn Voyager;**

As part of the gender groups facilitated here at TRP on the 15<sup>th</sup> April 2011 the Male Gender Group headed out on a day trip on the Rinn Voyager. The Rinn Voyager was built by Poolbeg Training under a FÁS community training project, it is 12.8 m steel hulled, Colin Archer designed sailing ketch, powered by a 75hp Yanmar diesel engine. Each participant got to have the experience of fishing out at sea. The day was enjoyed by all.

### **Women's Mini Marathon**



On the 6<sup>th</sup> June 2011, 17 TRP Staff members, Participants and family members participated in The Women's Mini Marathon. It was a great day, the weather this year was good to us and the atmosphere and good mood kept us going all the way to the finish line. A total of over €1000 was raised which was utilised to good effect to the benefit of the participants of TRP.

### **Annual Residential Weekend**

We delivered a successful four day residential module from 2<sup>nd</sup> to 5<sup>th</sup> of June 2011. The theme of this residential was 'Emotional Self Care and Acceptance'. This proved to be a great source of learning for participants and staff who took part. We had 9 participants who engaged in this experience which incorporated workshops, process groups, written work and stress management techniques, with the primary focus on self care.

This residential experience is a significant aspect of the therapeutic programme. As a result of the good work done by all, this process enhanced individual focus and motivation, and also encouraged peer support and bonding. This resulted in some acquiring drug free status and others embarking on detoxification for the first time.

### **Family Day**

Tallaght Rehabilitation Project held their annual Family Day on Friday 26<sup>th</sup> August 2011. The theme was a Sports Day and parents, grandparents, staff, participants and their children all joined in with the fun.

There were lots of different races and activities held on the day. The children and also some parents joined in with the fun and got their faces painted. The day was rounded off with a soccer skills session facilitated by Shamrock Rovers coaching staff. We also had a live DJ who played music throughout the day and all the children were presented with medals and goodies.

The day was a great success; even the weather was good allowing us to have lunch in our extensive gardens.

### **Art Exhibition**

Another important day is our annual Art Exhibition which was held on 19<sup>th</sup> October 2011. The exhibition showcased artwork completed by our participants throughout the year. It was a terrific opportunity for our group to show off some of these fantastic pieces of art work and talent. Some of the pieces were bought by the visitors on the day.

As part of the Tallaght Social Inclusion event which was organised by the South Dublin County Council the participants' work was also displayed in the SDCC foyer for one week from 7<sup>th</sup> November till 11<sup>th</sup> November.

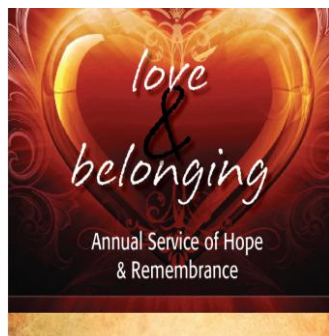
### **Awards Ceremony**

On Friday 9<sup>th</sup> December TRP held a special Awards Night for our participants and their families to recognise and understand the importance of certified and accredited training and the benefits it can bring. Certificates for both educational and therapeutic training are awarded in recognition of the work completed by all. Speeches were given by participants of both our Rehabilitation Day Programme and the Tallaghtwide Aftercare Service. After the presentation

of the certificates we adjourned to the Aftercare facility for some light refreshments and entertainment of music.

### **Christmas Family Day**

The Christmas Family day for participants and their children is always a great success and this year it was held on 16<sup>th</sup> December 2011. Santa and his helper were in our grotto and all the children had an opportunity to tell Santa what they would like for Christmas and also to give them a present. Music, face painting and refreshments were also available on the day. Like the family day these would not be a great success if it was not for the support and generosity from the local shops and business who donate drinks, crisps, confectionary presents and spot prizes for these events.



### **Hope and Remembrance Service**

TRP in conjunction with the Tallaght Drugs Task Force and other local projects held the annual Hope and Remembrance service in a marquee in the grounds of Kiltalown House on Thursday 20<sup>th</sup> October 2011. It was based on the theme “Love and belonging” as it was felt that these are universal needs and are not specific to those affected by substance misuse. This was the eighth annual service of Hope and Remembrance in Tallaght and the “best yet” according to Minister and local TD, Pat Rabbitte. This service was a special event. Fr Val Martin from St

Thomas’ Church acted as MC for the service, which was fitting as Fr Val, a long term and supporter of TRP, was due to retire in November. Other speakers included Bishop Eamonn Walsh, Mayor of South Dublin County, Catriona Jones, Grace Hill, Tallaght Drugs Task Force (TDTF) Co-ordinator and Carla Gunnery, TRP staff member. The organisation of the service was a huge team effort on the part of TRP, their volunteers, TDTF and other family support groups in Tallaght. Music was provided by Blush Choir.



### **Aftercare Social Nights**

As part of the Tallaghtwide Aftercare Service structure we have introduced social nights as part of the weekly structure. Included in these social activities are “Unplugged Music Sessions” which consist of local musicians coming to Kiltalown House for an evening of song and music in a drug and alcohol free environment.

### **Tallaght Wide Aftercare Project**

#### **Play Therapy**

As TRP provide a holistic approach; another aspect of our 2011 work plan was to further develop services available to our client group and their families. One aspect of this is that we provide a Children’s Play Therapy service. This has proved to be a valuable support with evaluations from clients using the service finding that this not only provided much needed support for their children but also enhanced the parent child relationship. With adequate funding we hope to further develop and expand this service.

#### **Dublin Rape Crisis Centre**

Another important service provided to participants of TRP is the ongoing professional specialised counseling service provided by the Dublin Rape Crisis Centre available here at Kiltalown House.



#### **Family Support**

TRP has successfully attained funding and recently recruited a family support therapist in order for us to achieve our long standing goal of providing a Family Support service to family members and significant others of all participants who avail of our programmes. The 14 week support group is now in operation and is facilitated by a professional family support therapist which takes place every Wednesday evening from 7.30pm -9.30pm. Our goal is to eventually have an ongoing peer led support group weekly at Kiltalown House.

## **A YEAR IN PICTURES 2010**

*Below is a selection of the many pictures taken of the TRP Staff and participants,  
Who took part in the Residential, Social Outings, Women's Mini Marathon,  
the Annual Family Day ,Art Exhibition, the Awards Ceremony,  
And the Christmas Family Day.*

### **Residential 2011**



**Residential 2011**

**An Afternoon of  
Yoga**



**Letting Go**



## Women's Mini Marathon



**On the way to the Starting**

**Making sure the laces are done**



**We did it**

## Family Fun Day 2011



**Children in the Sack Race**

**Going in for a Tackle**



**Refreshments in  
the Garden**



## Art Exhibition



**Display of Fetec  
Level 3  
Art and Design**

**Display of Fetec Level 4  
Paintings**



**One of our participants  
Explaining  
The content of each module**



## Awards Ceremony



Patrick Daly Manager  
introducing the evening

Seamus Massey (Chairperson)  
Giving a brief synopsis of the  
Evening



One of our participants  
receiving  
their book of certificates  
from our  
Board members Seamus  
Massey  
(Chairperson) and Cathal  
King (Cllr Sinn Fein)



Evening's Entertainment



## Hope and Remembrance



Carla Gunnery  
Staff Member  
Introducing the  
evening



Placing the names of lost  
Loved ones  
On the trees of remembrance

A good turn out on the night from  
Staff, participants, local projects in the  
Area and their families



## Christmas Family Day



Santa arriving with his Elf Buddy to see the boys and girls

Buddy playing some games with the Children before they go see Santa



Santa giving out present to the children

Some of the Staff and Management Of Tallaght Rehabilitation Project





## Group Outings

### Rinn Voyager



Heading out to Sea

Wonder who will get  
a bite?



Other photos from the day



### Art Outing



Trinity College and National  
Gallery Of Ireland



# Acknowledgment

Tallaght Rehabilitation Project Ltd would like to acknowledge and thank the following companies for their donations and contributions of soft drinks, confectionary, gift vouchers, and toys, without whom we would not be able to have the family fun day in the summer, and the Christmas Family Day for the participants and their children:

- Admin Staff Tallaght Hospital
- Manhattan Popcorn
- Permanent TSB
- Dunnes Stores The Square Tallaght
- Dunnes Stores Saggart
- Kraft Foods (Cadburys)
- Supervalu Fortunestown
- Valley Newsagents
- Brennan's Bread
- Euro 2 The Square Tallaght
- Topaz Petrol Station
- Kelikin Ltd, Ballymount
- Robert Roberts
- Musgrave Cash and Carry Ballymount
- Smyth's Toy Store, Tallaght
- Woodies DIY , Tallaght
- Centra, Jobstown
- Spar, Saggart
- Thomas Mc Dermot County Council for Buntas Bag
- Jim Crawford FAI

## **Acknowledgment**

Tallaght Rehabilitation Project Ltd would like to acknowledge and thank the following people for their support and without whom Tallaght Rehabilitation Project would not thrive and grow.

**The Irish Government**

**Mr John Curran, Minister for State with special responsibility for the Drugs Strategy and Community Affairs**

**The Health Services Executive**

**FÁS**

**POBAL**

**South Dublin County Council**

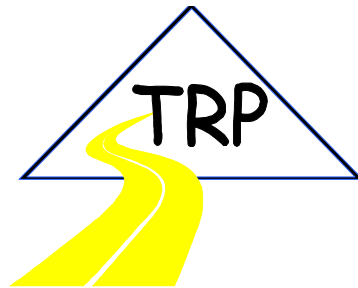
**Dodder Valley (Tallaght) Partnership Ltd**

**Tallaght Drugs Task Force**

**St Thomas Parish, Jobstown**

**The Lord Mayor of Dublin**

## **Company Information**



**Tallaght Rehabilitation Project Ltd**

**Kiltalown House**

**Jobstown**

**Dublin 24**

**TRP is a Company limited by guarantee.**

**Company Registration No. 292608**

**Charity no. CHY 13829.**

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