

TRP Mission Statement

We believe in the advantage of Rehabilitation within the community, as addiction does not happen in isolation. TRP provides a supportive and nurturing environment where participants are encouraged to work in a therapeutic process on their previous drug/alcohol use. TRP promotes a healthy lifestyle in a structured and safe way, through education and training. From this, participants are encouraged to make an informed choice to ultimately become and remain drug/alcohol free.

Values

Tallaght Rehabilitation Project values and respects the rights of all our participants to engage in a recovery process that is positive, honest, compassionate and dignified and also meets the needs of our clients through progressive pathways and emotional growth.

Commitment and vision

The TRP organistaion is committed to providing quality services for people who are in recovery from drug and alcohol addiction. We are an evaluated service that is true value for money. Our organistaion and programmes strive to provide quality based services which are evidence based and promote good corporate governance in order to be a leader in community based therapeutic rehabilitation.

TALLAGHT REHABILITATION PROJECT



"Providing drug and alcohol rehabilitation for

People within the local community

Kiltalown House

Jobstown

Tallaght

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Background

TRP was established in 1997 through a Tallaght Drugs Task Force initiative in response to the need for a dedicated rehabilitation project for the Tallaght area.

The Board of Directors is made up of representatives from a range of statutory, voluntary and community agencies/groups based in the Tallaght area.



Where Are We?

Our programme is located in Kiltalown House, Jobstown Tallaght D.24 and is ideally set on the foot of the Dublin Mountains. The house itself is over two hundred years old and is surrounded by picturesque gardens. It provides the perfect tranquil environment for rehabilitation.

What We Do

TRP provides a person centred holistic approach to recovery and rehabilitation based on the core primary concepts of both therapeutic and community living. This ethos encourages participants to actively address their addiction issues to develop and enhance various coping mechanisms thus facilitating personal growth and development

What You Can Expect

TRP aims to provide a supportive and nurturing environment whilst delivering a programme specific to the needs of our client group which is facilitated through our comprehensive structure and schedule.

Rehabilitation necessitates addressing the participant in his/her entirety. Dealing with the “whole” person requires a variety of different forms of expertise beyond that which can be achieved by a single agency. Therefore TRP have developed a specific progression route for clients which are both therapeutic and educational. TRP has many networking links with statutory and voluntary agencies within the Tallaght area and beyond.

Some of the Therapeutic Modules Include

- Relapse Prevention
- Keyworking
- Addiction Awareness
- Therapeutic Process Group
- Specialised One to One Counselling
- Residential weekend
- Parenting
- Health Awareness
- FETAC Modules
- Career Guidance
- Progression Options



More Information

If you have any particular query or would like further information about TRP please contact us by phone or email.

Please visit our website www.tallaghtrehabproject.ie