# Uburenganzira ku buzima bw'imyororokere mu rubyiruko rw'ibitsina byombi.

## Ubusobanuro bw'uburenganzira ku buzima bw'imyororokere.

Uburenganzira ku buzima bw'imyororokere bushingiye ku burenganzira butandukanye bwa muntu nk'uko bugaragara mu mategeko y'ibihugu, mu mategeko mpuzamahanga ndetse no mu burenganzira mpuzamahanga bwa muntu.

Ubu burenganzira bwerekana uburenganzira bw'ibanze ku babana ndetse n'abantu ku giti cyabo kugirango babashe kwifatira ibyemezo ku mubare n'igihe bazagirira abana kandi babone amakuru ahagije, ubushobozi bwo kubikora, ndetse ku kigero cyo hejuru cy'ubuzima bwiza bw'imyororokere. Ni uburenganzira bwo gufata ibyemezo ku myororokere hatabayeho iheza, akato ndetse n'ihohoterwa nk'uko byagaragajwe mu nyandiko z'uburenganzira bwa muntu (**ICPD**, **1994**).

#### Ubuzima bw'imyororokere n'uburenganzira bijyana:

Abantu bose, utitaye ku myaka cyangwa igitsina, bafite uburenganzira ku buzima, harimo n'ubuzima bw'imyororokere.

Politiki y'u Rwanda ku buzima bw'imyororokere y'urubyiruko n'uburenganzira bijyana n'andi mategeko arebana n'ubuzima, birengera urubyiruko ku buzima bw'imyororokere mu buryo bukurikira:

- Buri muntu wese afite uburenganzira busesuye bwo kubahwa n'ubusugire bw'umubiri we. Umuntu wese afite uburenganzira busesuye bwo gufata icyemezo mu bijyanye n'imibonano mpuzabitsina no kutavogerwa ku mubiri we ndetse n'ingingo zawo zose zikubahwa. Ibi bireba kurindwa iyicarubozo, kwangizwa imyanya ndangagitsina, Ihohoterwa rishingiye ku gitsina iryo ari ryo ryose, bivuze ko kandi abandi badashobora kuguhatira gukora icyo udashaka.
- Umuntu wese afite uburenganzira bwo gufata icyemezo cyo gukora imibonano mpuzabitsina cyangwa akabyanga, uburenganzira bwo gukora imibonano mpuzabitsina yumvikanyweho no gushyingirwa n'uwo mwabyumvikanyeho. Umuntu wese afite uburenganzira bwo kudahatirwa gushyingiranwa n'undi cyangwa guhatirwa gukorana nawe imibonano mpuzabitsina.
- Umuntu wese afite uburenganzira bwo gukora imibonano mpuzabitsina iboneye. Bivuze ko afite uburenganzira bwo kubona amakuru ahagije ajyanye n'ubuzima bw'imyororokere, kuboneza urubyaro, kwirinda gutwita bitateguwe, kwirinda agakoko gatera SIDA, kwirinda indwara zandurirwa mu mibonano mpuzabitsina kugira ngo bimufashe gufata ibyemezo biboneye.
- Buri muntu wese afite uburenganzira ku buryo bungana bwo kubona serivisi zo kwivuza, hatitawe ku kigero cy'imyaka, igitsina, waba warashatse cyangwa uri ingaragu,

waba uri muzima cyangwa urwaye. Urubyiruko kimwe n'abantu bakuru, bafite uburenganzira bwo guhabwa serivise zijyanye n'ubuzima bw'imyororokere mu ibanga.

- Buri wese afite uburenganzira bwo guhitamo ku bushake bwe umubare w'abana azabyara, gushyira intera hagati y'umwana n'undi no guhitamo igihe cyo kubyara.
- Buri muntu afite uburenganzira bwo gukora imibonano mpuzabitsina ikingiye kandi akanyurwa.

## Uburenganzira bwo guhabwa amakuru ku buzima bw'imyororokere.

- Ingimbi n'abangavu bafashijwe n'ababyeyi babo bafite uburenganzira bwo kwihitiramo ubuvuzi buboneye hibandwa kugukumira ibyakwangiza ubuzima bwabo. Bafite uburenganzira bwo gukoresha uburyo butandukanye bwo kwirinda ibyakwangiza imibiri yabo.
- Ingimbi n'abangavu nabo bafite uburenganzira bwo gusaba no guhabwa amakuru ku buzima bw'imyororokere hibandwa cyane ku kubasobanurira imihindagurikire y'imibiri yabo mu gihe cy'ubwangavu n'ubugimbi.

Nyuma yo guhabwa amakuru ingimbi n'abangavu ni byiza ko babaza aho badasobanukiwe kandi bagafata ingamba ku buzima bwabo.

Amakuru ku buzima bw'imyororokere agomba gutangwa ku buryo buboneye mu gihe gikwiye hubahirizwa imyaka ndetse n'igitsina kandi agatangirwa ahantu haboneye.

• Urubyiruko rwibitsina byombi rufite uburenganzira bwo kugirirwa ibanga igihe basaba cyangwa bahabwa serivisi z'ubuzima bw'imyororokere harimo ikoreshwa ry'agakingirizo n'ubundi buryo bwo kuboneza imbyaro.

Ubu burenganzira ntibukuraho iyubahirizwa ry'amategeko y'Igihugu harimo guhana abakuramo inda ku buryo butemewe n'amategeko cyangwa abakora ihohoterwa rishingiye ku gitsina.

#### **Icvitonderwa:**

Uburenganzira ku buzima bw'imyororokere ntabwo bivuga uburenganzira bwo gukora imibonano mpuzabitsina ukiri muto ahubwo bivuze uburenganzira bwo kugira ubuzima bwiza bw'imyororokere hibandwa ku guhabwa amakuru yose no gufata ibyemezo bikwiye mu kubungabunga ubuzima bw'imyororokere kandi hirindwa ugutwita kw'abangavu no kwandura Virusi itera SIDA ndetse n'izindi ndwara zandurira mu mibonano mpuzabitsina,

### <u>Ibyerekeye serivisi zigenewe urubyiruko.</u>

- Serivisi zigenewe urubyiruko ni serivisi zibanda cyane ku buzima bw'imyororokere nko gukumira inda z'abangavu, indwara zanduriramu mibonano mpuzabitsina n'ihohoterwa.
- Ni serivisi zizewe, ziboneka ku mavuriro, ku mashuri ku bigo by'urubyiruko n'ahandi.
- Ni serivisi zisubiza ibibazo by'urubyiruko kandi zidahenze.
- Izo serivisi zitangirwa mu ibanga kandi mu buryo bunogeye urubyiruko.
- Zitangwa n'abakozi babihuguriwe kandi babifitiye uburenganzira.
- Itangwa rya serivisi z'urubyiruko rikorwa neza hatabayeho gutegereza igihe kirekire.

## Ni izihe serivisi zigenewe urubyiruko?

- Guhabwa inyigisho zerekeranye n'ubuzima bw'imyororokere.
- Guhabwa inyigisho n'uburyo bwo kuboneza urubyaro.
- Gukumira no kuvura indwara zandurira mu mibonano mpuzabitsina.
- Gukumira ihohoterwa rishingiye ku gitsina no gufasha abarikorewe.
- Ubujyanama no gupima Virusi itera SIDA.
- Ubujyanama ku bitegura kurushinga.
- Inyigisho zigamije gukumira inda mu bangavu.
- Ubujyanama ku gupima no gukurikirana ubuzima bw'abakobwa batwite.
- Ubujyanama bujyanye no kwirinda gukuramo inda mu buryo budakurikije amategeko no kwita ku wagize ingaruka zo gukuramo inda.