

# Introduction to Statistics

## Lecture 1: Introduction

By Mr.Thuo



## Brief overview

What *are* statistics?

What *is* statistics?

Why you *should care about* statistics?

What kinds of questions can statistics help to answer?

## Some opinions of statistics

"If your experiment needs statistics, you should have done a better experiment."

Ernest Rutherford



"There are three types of lies: lies, damn lies, and statistics!"

Benjamin Disraeli

## Some opinions of statistics



"To call in a statistician after the experiment is done may be no more than asking him to perform a postmortem examination; he may be able to say what the experiment died of."

Sir Ronald Fisher



"The purpose of models is not to fit the data, but to sharpen the questions."

Samuel Karlin

## Objectives of Statistics course

- ▶ Understand the fundamental principles of Descriptive statistics and statistical inference.
- ▶ To analyze data and apply appropriate statistical methods
- ▶ Know the assumptions of common tests and understand impact of violations.
- ▶ Learn to understand statistical results (understand statistics in all publications)
- ▶ Learn to design experiments for research and clinical studies
- ▶ To judge statistical results from a critical point of view
- ▶ Learn to use R, a free software environment for statistical computing and graphics

## What is meant by statistics?

Literally, summary of information (data) in a meaningful fashion, and its appropriate presentation

More broadly, the discipline of drawing conclusions from data

- ▶ designing studies or experiments
- ▶ estimating unknown quantities
- ▶ quantifying uncertainty
- ▶ developing and applying a formal framework for drawing conclusions
- ▶ communicating and explaining results

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# What is Statistics?

*Collecting* data: design of studies and instruments

*Summarizing* data: numerical and graphical representations of data

*Analyzing* data: concern of most of this course



## Uses of statistics:

- ▶ Collect and use empirical data efficiently to gain the most value with the least cost
- ▶ Use empirical data to describe the world around us.
- ▶ Interpretation of data
- ▶ Characterize replicable processes
- ▶ Distinguish random noise from pattern

# It all starts with DATA!

Obtain DATA



Analyze DATA



Present DATA



## A few thoughts

- ▶ Beware it is often difficult to express a property as a number;
- ▶ make sure you define your data precisely or accurately;
- ▶ your data are only as good as your measurement process
- ▶ record your data accurately and unambiguously – a '?' in your data collection form is not helpful!
- ▶ There are different types of data, and you can't analyze data without knowing what type you have!
- ▶ Good data can be analyzed and summarized to provide useful information
- ▶ Bad data can be analyzed and summarized to provide incorrect/ harmful/non-informative information

# Steps in Research

- ▶ Planning/design of study
- ▶ Data collection
- ▶ Data analysis
- ▶ Presentation
- ▶ Interpretation

# Statistics Issues

## Planning/design of studies

- ▶ Primary question(s) of interest:
  - ▶ Quantifying information about a single group?
  - ▶ Comparing multiple groups?
- ▶ Sample size
  - ▶ How many subjects needed total?
  - ▶ How many in each of the groups to be compared?
- ▶ Selecting study participants
  - ▶ Randomly chosen from "master list?"
  - ▶ Selected from a pool of interested persons?
  - ▶ Take whoever shows up?
- ▶ If group comparison of interest, how to assign to groups?

# Statistics Issues

- ▶ Data collection
- ▶ Data analysis
  - ▶ What statistical methods are appropriate given the data collected?
  - ▶ Dealing with variability (both natural and sampling related):
    - ▶ Important patterns in data are obscured by variability
    - ▶ Distinguish real patterns from random variation
  - ▶ Inference: using information from the single study coupled with information about variability to make statement about the larger population/process of interest

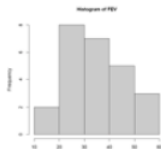
# Statistics Issues

- ▶ Presentation
  - ▶ What summary measures will best convey the "main messages" in the data about the primary (and secondary) research questions of interest
  - ▶ How to convey/ rectify uncertainty in estimates based on the data
- ▶ Interpretation
  - ▶ What do the results mean in terms of practice, the program, the population etc.?

# Classification of statistical methods

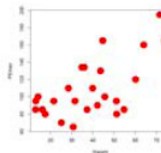
## Univariate methods

Each variable is considered individually



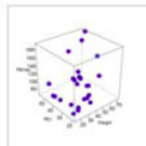
## Bivariate methods

Relation between 2 variables is studied



## Multivariate methods

Relation between  $>2$  variables is studied





## Definitions

*Parameter:* a numerical measurement describing some characteristic of a population

*Statistic:* a numerical measurement describing some characteristic of a sample  
Population Sample Parameter  
Statistic

Sample vs. Population

Parameters and Statistics - Experimenters normally use sample statistics as estimates of population parameters.

Population parameters are written with Greek letters; sample statistics with Latin letters.

## Two main types of Statistics:

- ▶ Descriptive Statistics summarize or describe the important characteristics of a known set of population data
- ▶ Inferential Statistics use sample data to make inferences (or generalizations) about a population

## Descriptive statistics

- ▶ Collection, organization, summarization, and presentation of data.
- ▶ Used to describe the main features of a collection of data in quantitative terms.
- ▶ Aims to quantitatively summarize a data set
- ▶ Some statistical summaries common in descriptive analyses.
  - ▶ Frequency Distribution
  - ▶ Central Tendency
  - ▶ Dispersion
  - ▶ Association

## Definition

A *Variable* is an attribute that describes a person, place, thing, or idea. Its value can "vary" from one entity to another.

*Random Variable:* Variable whose values are determined by chance. Can be thought of as an unknown value that may change every time it is inspected

*Dependent or response or outcome variable:* a variable that depend on other variable/s. .

*Independent or predictor or explanatory variable:* variable that does not depend on other variable/s

*Confounding variable:* variable/s that correlates (directly or inversely) with both the dependent and independent variable.

# Inferential statistics

- ▶ Used to make an inference, on the basis of data, about the (non)existence of a relationship between the independent and dependent variables.
- ▶ Used to generalize from samples to populations using probabilities.
- ▶ Performing hypothesis testing, determining relationships between variables, and making predictions.

# Bias

- ▶ In survey sampling, bias refers to the tendency of a sample statistic to systematically over- or under-estimate a population parameter,
- ▶ Types:
  - ▶ Selection bias
  - ▶ Nonresponse bias
  - ▶ Under-coverage bias
  - ▶ Voluntary response bias
  - ▶ Measurement bias
  - ▶ Leading questions
  - ▶ Social desirability

# Misuse of statistical analysis

- ▶ Obsession with statistical recipes, in particular, hypothesis testing ? demanding statistical significance test;
- ▶ Use of statistical techniques as a ?black-box?, or cook-book recipe (standard example is disregard of serial correlation).
- ▶ Misunderstanding or misinterpreting the names (e.g. p-values as probability of hypotheses)
- ▶ Use of sophisticated techniques... There is sometimes unwarranted expectation of miracle-like results from very advanced techniques.

# Abuses of Statistics

- ▶ Bad Samples
- ▶ Small Sample
- ▶ Loaded Questions
- ▶ Misleading Graphs
- ▶ Distorted percentages
- ▶ etc



# What statistics can and can't do

## *Can*

- provide objective criteria for evaluating hypotheses
- synthesize information (not without information loss... keep your raw data!)
- help detect patterns in messy data
- help optimize effort
- help you critically evaluate arguments

## *Can't*

- tell the truth (probabilistic conclusions only!)
- compensate for poor design
- indicate biological significance: statistical significance *does not* mean biological significance, nor *vice versa*!