

**Scientific Name:** *Torilis arvensis*

**Common Name:** Tall Sock-Destroyer

**Family:** Apiaceae

**Genus:** *Torilis*

**Species:** *T. arvensis*

*Torilis arvensis*, commonly known as tall sock-destroyer, is a member of the Apiaceae family. This plant is recognized for its finely divided leaves and clusters of small, white flowers that form umbrella-like shapes. Native to Europe but now found in many parts of the world, it thrives in disturbed soils, such as roadsides and fields. The plant's nickname, "sock-destroyer," comes from its spiky seeds that easily attach to clothing and animal fur, making it a persistent hitchhiker. *T. arvensis* plays a role in local ecosystems by providing habitat and food sources for insects, though it can also be invasive outside its native range.

