

Ashoka University Dining Menu

16th March 2020 to 22nd March 2020

Meals	BREAKFAST	LUNCH	SNACKS	DINNER
Timing	08:00 AM - 10:30 AM	12:15 PM - 02:30 PM	04:45 PM - 06:15 PM	07:30 PM - 10:15 PM
M O N D A Y	CHOCOS BOILED EGG PLAIN PARANTHA BHAJI, FRIED CHILLI BREAD, BUTTER, JAM APPLE, BANANA MILK- HOT & COLD, TEA COFFEE, PORRIDGE BOURNVITA	GREEN SALAD GREEK SALAD PUNJABI CHICKEN CURRY SHAHI PANEER BLACK MASOOR PLAIN RICE TAWA ROTI JAGGERY, ACHAR, PAPAD	CHOCOLATE BROWNIE TEA, COFFEE	GREEN SALAD ALOO CHANA CHAAT MIX VEG NADRU KOFTA CURRY YELLOW DAL TADKA PLAIN RICE TAWA ROTI JAGGERY, ACHAR CHILLED KHEER
T U E S D A Y	MUESLI EGG BHURJI UTTAPAM SAMBAR COCONUT CHUTNEY BREAD, BUTTER, JAM CUT PAPAYA, BANANA MILK- HOT & COLD, TEA COFFEE, PORRIDGE BOURNVITA	GREEN SALAD THAI CUCUMBER SALAD GOBHI ADRAKI HOMESTYLE ALOO MATAR DAL MAKHANI PULAO TAWA ROTI JAGGERY, ACHAR, PAPAD GULAB JAMUN	BREAD PAKODA TEA, COFFEE	GREEN SALAD TOMATO SALAD GAJAR MATAR KI LONGE PAPAD MANGODI KI SABZI GREEN MOONG DAL PLAIN RICE TAWA ROTI JAGGERY, ACHAR
W E D N E S D A Y	CORN FLAKES SCRAMBLED EGG KULCHA MATARA BREAD, BUTTER, JAM KINOO, BANANA MILK- HOT & COLD, TEA COFFEE, PORRIDGE BOURNVITA	GREEN SALAD MASALA CHAACH EGG CURRY KADHAI PANEER RED MALK DAL PLAIN RICE TAWA ROTI JAGGERY, ACHAR, PAPAD	STRAWBERRY SWISS ROLL TEA, COFFEE	GREEN SALAD CHANA CHAAT SAUTE BEANS SHAAM SAVERA AMRITSARI CHOLE PLAIN RICE TAWA ROTI JAGGERY, ACHAR BESAN BURFI
T H U R S D A Y	HONEY FLAKES EGG BHURJI BESAN CHILLA MINT CHUTNEY BREAD, BUTTER, JAM MIX FRUIT, BANANA MILK- HOT & COLD, TEA COFFEE, PORRIDGE BOURNVITA	GREEN SALAD SPROUTS SALAD HOMESTYLE MACARONI SOYA MATAR SINDHI KADHI PLAIN RICE TAWA ROTI JAGGERY, ACHAR, PAPAD SUZI HALWA	DAHI BHALLA TEA, COFFEE	GREEN SALAD CHEF CHOICE SALAD CORN CAPSICUM VEGETABLE KORMA DAL BUKHARA PLAIN RICE TAWA ROTI JAGGERY, ACHAR
F R I D A Y	CHOCOS BOILED EGG STUFFED PARATHA PICKLE, CURD BREAD, BUTTER, JAM APPLE, BANANA MILK- HOT & COLD, TEA COFFEE, PORRIDGE BOURNVITA	GREEN SALAD RUSSIAN SALAD CABBAGE CHANA MASALA SEV TAMATAR DAL MAHARANI PLAIN RICE TAWA ROTI JAGGERY, ACHAR, PAPAD	APPLE PIE TEA, COFFEE	GREEN SALAD LAUKI RAITA VEGETABLE HOT GARLIC SAUCE ALOO WADIYAN CURRY DAL HARIYALI JEERA RICE JAGGERY, ACHAR CHOCOLATE ICE CREAM
S A T U R D A Y	MUESLI FRIED EGG VERMICELLI UPMA TOMATO CHUTNEY BREAD, BUTTER, JAM CUT PAPAYA, BANANA MILK- HOT & COLD, TEA COFFEE, PORRIDGE BOURNVITA	GREEN SALAD NIMBO PANI TINDA MASALA KASHMIRI DUM ALOO RAJMA MASALA JEERA RICE TAWA ROTI JAGGERY, ACHAR, PAPAD JALEBI	CHEESE TOAST TEA, COFFEE	GREEN SALAD ACHARI ONION CHICKEN BIRYANI SOYA PANEER BIRYANI MIRCHI KA SALAN BURANI RAITA TAWA ROTI JAGGERY, ACHAR
S U N D A Y	CORN FLAKES MASALA OMELETTE PEANUT ONION POHA* MINT CHUTNEY BREAD, BUTTER, JAM KINOO, BANANA MILK- HOT & COLD, TEA COFFEE, PORRIDGE BOURNVITA	GREEN SALAD LACCHA ONION ALOO MASALA PASTA ALFREDO KALA CHANA PLAIN RICE BOONDI RAITA BEDMI POORI JAGGERY, ACHAR, PAPAD	FRENCH FRIES TEA, COFFEE	GREEN SALAD THREE BEANS SALAD LAUKI CHANA(DRY) SOYA CHAAP CURRY DAL FRY PLAIN RICE TAWA ROTI JAGGERY, ACHAR BOONDI LADOO

Dishes marked with asterisk and bold contains peanut. Users allergic to peanut must avoid.