

Ashoka University Dining Menu

24th February 2020 to 01st March 2020

Meals	BREAKFAST	LUNCH	SNACKS	DINNER
Timing	08:00 AM - 10:30 AM	12:15 PM - 02:30 PM	04:45 PM - 06:15 PM	07:30 PM - 10:15 PM
DAYS				
MONDAY	CORNFLAKES MASALA OMELETTE VERMICELLI UPMA TOMATO CHUTNEY BREAD, BUTTER, JAM CUT PAPAYA , BANANA MILK- HOT & COLD, TEA , COFFEE PORRIDGE , BOURNVITA	GREEN SALAD ACHARI ONION CHICKEN HOMESTYLE PANEER DO PYAZA MALKA DAL PLAIN RICE TAWA ROTI ACHAR, PAPAD	VEG CALZONE TEA, COFFEE	GREEN SALAD RUSSIAN SALAD ALOO PALAK LAUKI KOFTA CURRY DAL MAKHANI PLAIN RICE TAWA ROTI RICE KHEER
TUESDAY	CHOCOS BOILED EGG KULCHA MATRA BREAD, BUTTER, JAM KINOO , BANANA MILK- HOT & COLD, TEA, COFFEE PORRIDGE , BOURNVITA	GREEN SALAD ITALIAN PASTA SALAD CABBAGE MATAR SUBZ PANCHMELA KADHI PAKORA PLAIN RICE TAWA ROTI FRUIT CUSTARD	VEG KATHI ROLL TEA, COFFEE	GREEN SALAD ACHARI ALOO CHAAT VEGETABLE KORMA PASTA ARRABIATA DAL BALTIK JEERA PULAO TAWA ROTI
WEDNESDAY	CHOCOS EGG BHURJI IDLI SAMBHAR BREAD, BUTTER, JAM PINEAPPLE , BANANA MILK- HOT & COLD, TEA, COFFEE PORRIDGE , BOURNVITA	GREEN SALAD LACCHA ONION CHICKEN BIRYANI PANEER BIRYANI MIRCHI KA SALAN BURANI RAITA TAWA ROTI ACHAR, PAPAD	APPLE PIE TEA, COFFEE	GREEN SALAD TOSSED SALAD ALOO MATAR GOBHI ADRAKI DAL TADKA STEAMED RICE TAWA ROTI SUJI HALWA
THURSDAY	MUSELLI SCRAMBLED EGG ALOO PYAZ PARANTHA CURD BREAD, BUTTER, JAM APPLE , BANANA MILK- HOT & COLD, TEA, COFFEE PORRIDGE , BOURNVITA	GREEN SALAD SPROUTS SALAD SOYABADI MATAR MALAI KOFTA CURRY DAL HYDERABADI PLAIN RICE TAWA ROTI ACHAR, PAPAD GULAB JAMUN	VEGETABLE PUFF TEA, COFFEE	GREEN SALAD KIMCHI SALAD VEG SWEET CORN SOUP KUNGPAO VEG VEG MANCHURIAN GRAVY HAKKA NOODLE VEG FRIED RICE
FRIDAY	CORNFLAKES EGG FRITTATA POORI BHAJI BREAD, BUTTER, JAM CUT SARDA , BANANA MILK- HOT & COLD, TEA, COFFEE PORRIDGE , BOURNVITA	GREEN SALAD CHANA CHAAT METHI MATAR MALAI DIWANI HANDI RAJMA JEERA RICE TAWA ROTI ACHAR, PAPAD	BANANA CAKE SLICE TEA, COFFEE	GREEN SALAD THREE BEANS SALAD PALAK CORN MASALA PASTA ARRABIATA DHABA DAL PLAIN RICE TAWA ROTI SEVYIAN PYSAM
SATURDAY	MUESLI HALF FRY VEGETABLE POHA MINT CHUTNEY BREAD, BUTTER, JAM KINOO , BANANA MILK- HOT & COLD, TEA, COFFEE PORRIDGE , BOURNVITA	GREEN SALAD TOMATO SALAD SOYA CHAAP ROGAN CURRY ALOO CAPSICUM PUNJABI CHOLLEY PLAIN RICE TAWA ROTI ICE CREAM	VEG SANDWICH TEA, COFFEE	GREEN SALAD ACHARI ONION BUTTER CHICKEN PANEER MAKHANI RED MALKA JEERA RICE TAWA ROTI
SUNDAY	CHOCOS BOILED EGG METHI PARANTHA BHAJI BREAD, BUTTER, JAM MIX CUT FRUITS , BANANA MILK- HOT & COLD, TEA, COFFEE PORRIDGE , BOURNVITA	GREEN SALAD MACARONI SALAD KALA CHANA KHATTA MEETHA PETHA MASALA CHACCH JEERA RICE POORI ACHAR, PAPAD KESRIYA HALWA	MARBLE CAKE TEA, COFFEE	GREEN SALAD VEG HOT & SOUR SOUP SAUTE BEANS DUM ALOO KASHMIRI DAL BUKHARA PLAIN RICE TAWA ROTI