

# **Seonghyeon Kim**

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## **Education**

**University of California, Riverside**

**Preliminary medicine (psychology major)**

Expected Graduation Date: June 2024

## **Relevant medical education background**

### **UCR School of Medicine Ultrasound Scholars Program**

Had the privilege to be in an early access program where pre-medical students like me get exposure to ultrasound education along with other medical students through modeling and workshops.

- Learned and experienced the basics of ultrasound in a clinical setting and also volunteered as the model for MS1 students to practice their ultrasound skills.

### **Shadowed multiple different specialties at UCI Douglas Hospital**

Learned and experienced each side of medicine through shadowing multiple different specialties including Oncology, Nephrology, Cardiothoracic surgery, Trauma surgery, Orthopaedic surgery, and many more.

- Had the great privilege of learning each step of treatments and surgeries from great professors at each department and have encountered both inpatient and outpatient clinics and multiple surgeries with medical students and residents to learn and experience what it's like to be part of a medical educational institution and its system.

### **Currently writing a medical education journal to publish**

Thankfully, Dr. T, whom I shadowed for nephrology at UCI Douglas Hospital has suggested me to write a medical education journal under his supervision.

- Have found my interest in reading and writing academic papers through this experience, also, early exposure to the process of publishing papers potentially became one of my motivations to pursue research even after graduating from medical school to expand the field of medicine and biomedical science in general.

### **Riverside Community Hospital clinical volunteer**

Served as a clinical volunteer at Riverside Community Hospital to serve Riverside County and the Inland Empire community in general.

- Has served our Riverside community for over 300+ hours of volunteering and worked in the operation room (preparing operation room), pathology lab (carrying out samples), errand room (collecting and organizing documents), and case management (organizing patients' information).

### **Preliminary Medical Clinical Volunteer at Vineyard Free Clinic**

Served as a clinical volunteer at Vineyard Free Clinic to serve Riverside County and the Inland Empire community in general.

- Had the privilege to work in the organization by mainly checking the blood pressure and the glucose levels of our valued patients and also organizing and helping medical and PA students in the treatment and prescription process. I also helped with organizing and managing our valued patients' charts.

### **Extracurriculars**

#### **CEO of a nonprofit startup**

Have founded a startup company called "A Daily Dose of Medicine" to provide the audience with short and quick information about some of the exciting sides of medicine and biomedical science in general through a notifiable app.

- Led and directed a group of talented engineers up to the final step of building an app and plan to provide internships up to 70 spots to pre-health students who are interested in becoming our general editor interns to give them opportunities to gain internship experiences.

#### **Founder and the Chair of OCAPUCR ©**

Have founded and currently working as a chair for an organization that provides free mentorship programs to help all pre-medical, dental, and pharmacy students get valuable information to prepare for their future careers.

- Helped more than 75+ students to succeed in their bachelor and post-bachelor careers with various resources including a mini book series, free tutoring sessions for classes,

workshops to find shadowing positions, and conferences to learn more about the matriculation process for medical schools/preparing the application.

### **Founder of a therapeutic counseling organization**

I have founded an organization called “You Deserved to be Loved” to provide therapeutic messages and encouragement to students who ask for them through our Google form.

- Provided more than 20+ students with therapeutic messages and encouragement and helped to better our UCR campus community by providing an online sanctuary for our students who were in need of help in the most challenging times.

### **Served as the clinical staff for *enthusiastic musicians***

I serve as the clinical staff for the organization called “Enthusiastic Musicians” where it’s an association of performing arts managed by student musicians that prepare and perform each one’s instrument and an orchestra as a team.

- Helped students by providing different types of keynote presentation sessions explaining how they could reduce their performance stress using methods explained by empirical psychiatric journals.

### **Wrote a mini-book “Overall Consultation for All the Pre-med at UCR (OCAPUCR) Edition for Freshman” in collaboration with other medical students**

Wrote a book to help pre-medical students by providing many resources they would need to prepare for medical school in the future, current medical and medical accepted students helped with editing and insights.

- The book is around 30+ pages long and has many insights and tips that were provided by actual medical students who recently finished their MS1 and MS2 years. Also contains heads-up information by recent medical school-accepted students for the upcoming application cycle.

### **Producing educational videos at All the Pre-med at UCR (OCAPUCR)**

Have started producing educational videos to help pre-health students in many ways possible e.g. finding shadowing positions at research hospitals, how to make Anki cards effectively to study better, and so on.

- Also plan to make more educational videos later on with medical students and doctors to help as many students as possible regarding to information they would need to successfully continue their professional careers.

### **Started a handwritten letter project for patients and their families at RCH**

Many times, when patients go through times of treatment, they often find themselves in a place where they struggle not only physically but also emotionally. Hence, as a pre-medical volunteer, I believed I could contribute even the slightest to my patients and their families by writing hand-written letters to them to comfort their souls and minds.

- Thankfully the chaplain has resonated with me on this decision and has stepped in as the main director for this project. We truly believe this small movement could start the culture of loving one another.

### **Have designed and suggested the new logo for the UCR School of Medicine**

As a premedical who is planning to pursue my medical education at UCR School of Medicine, as I was looking for ways to contribute to my medical school, I designed and suggested a new logo for the UCR School of Medicine to the School of Medicine office.

- Plan to contribute to our School of Medicine more in the future.

## **Honors and Awards**

### **Dean's Honors List (for every quarter)**

Have achieved great grade point averages every quarter and have been chosen to the dean's honors list since the beginning of the undergraduate program and still concurrently.

### **Chancellor's Honors List (for every year)**

Have achieved Dean's Honors List for every quarter since the beginning of the undergraduate program and still concurrently, and have been chosen to the Chancellor's Honors List for achieving Dean's Honors List three times in a row for each year (UC has a tri-quarter system).

## **Relevant opportunities offered**

### **Invitation to become an undergraduate lab assistant**

Thankfully due to my performance in a biological lab back in the day (05LA), I have gotten the opportunity to become an undergraduate lab assistant to help teach students during the BIO 05LA course.

- Couldn't help out the lab due to my schedule but I'm serving the UCR community through various organizations I have found and worked with.

## **Invitation to the Kidney/Pancreas Transplant & Nephrology Symposium**

Thankfully, Dr. T, whom I shadowed for nephrology has invited me to attend the symposium with a cohort of medical students I have met in shadowing rotations.

- Couldn't attend due to my schedule but plan to attend many symposiums in the future to get early exposure to research cultures in medicine.

## **Invitation to multiple honors societies**

Thankfully, due to my academic performance, I have gotten invitations to multiple honors societies on the UCR campus. I chose not to be part of any of them to focus more on my pre-medical education and many other pedagogical extracurriculars. These are some of the lists of societies that have been reaching out to me:

- University Honors at UC Riverside
- Gamma Beta Phi National Honor Society
- Psi Chi
- NSLS (The National Society of Leadership and Success)
- Phi Sigma Pi

## **Licenses & certifications**

### **IDRN (International Disaster Response Network)**

I earned certification in a UN-affiliated program where I was certified to use and apply essential skills of bringing rehabilitation to people in need before and after disaster events and to respond to any kind of them that might happen in the future.

- As a certified rehabilitation provider, I learned the basics of how to react and prepare when disasters (tsunamis, tornadoes, earthquakes, etc.) happen and how to provide rehabilitation when one or more of them happens in real life.

### **Healthcare Provider BLS/AED (adult, child, infant)**

Earned certification in basic life support and CPR from the National Health & Safety Association, following the ECC/ILCOR and American Heart Association guidelines.

- As a certified BLS/AED provider, I learned the basics of how to react and prepare when someone needs CPR or basic life support in emergency cases.

**Bilingual ability**

- Korean (fully able to write and talk, able to translate English to Korean and vice versa)
- Spanish (currently studying medical Spanish, limited working proficiency)