

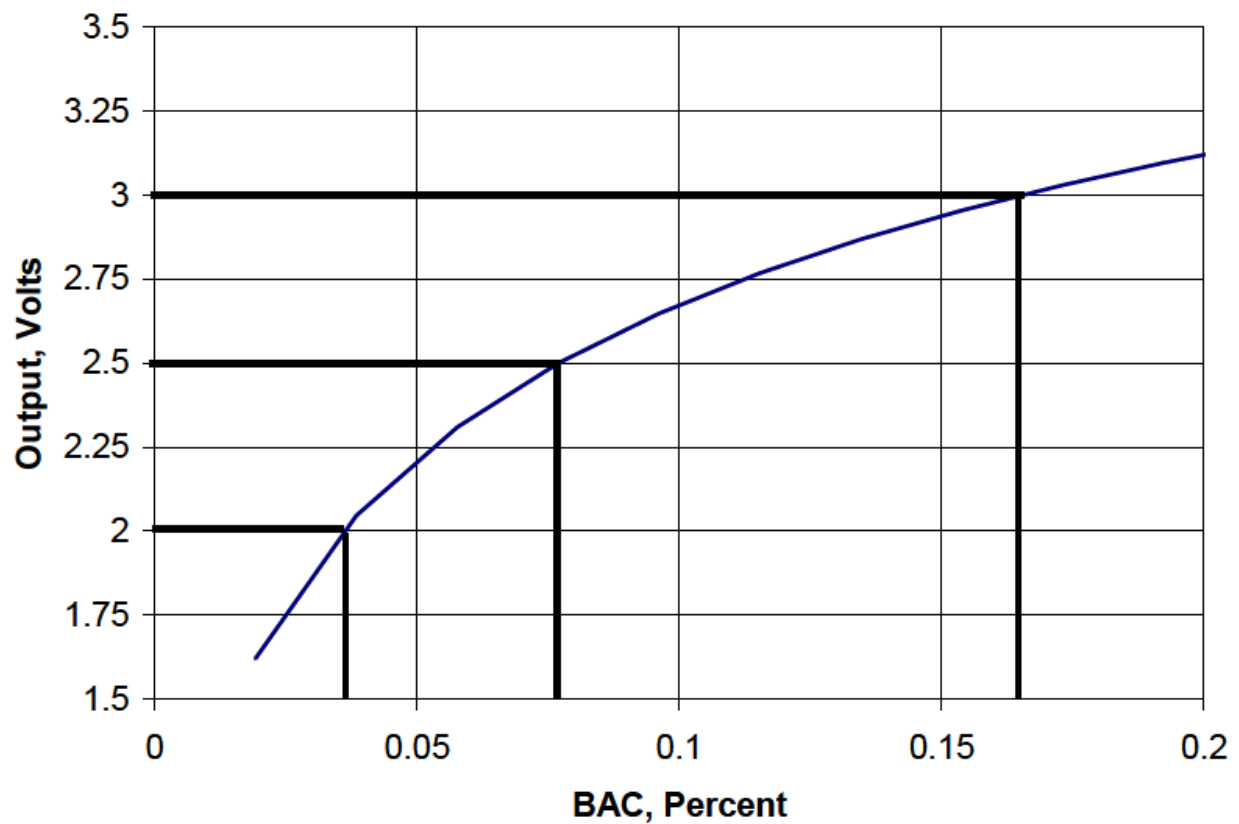
BAC curve

BAC = Blood Alcohol Concentration

Up to 0.08% should be aimed for to indicate a safe level (not for driving though).

Between 0.08% to 0.12% should be deemed as being quite intoxicated (stop or slow down drinking now).

0.12% is about the upper limit you want to get as beyond 0.16% an individual can be considered as being severely intoxicated.



Breath Alcohol (in milligrams per litre, mg/L) can be estimated by multiplying the BAC (in %) by around 5.