FlexFit

* [Home](http://docs.google.com/index.html)
* [About Us](http://docs.google.com/about.html)
* [Contact Us](http://docs.google.com/contact.html)
* [Our Facilities](http://docs.google.com/facilities.html)
* [Classes](http://docs.google.com/classes.html)

Welcome to FlexFit - a new experience in fitness

Some gyms like to take your money, then let you fester on your own. You never reach your fitness goals, get despondent and give up going. Meanwhile the gym still has your money. This gym is a new approach to providing professional services to our clients. You never pay for membership of the gym. Instead, you create a one-to-one relationship with our personal trainers. You pay them directly for their services, so you can decide on your programme taking into consideration your fitness goals, your budget and your availability.







FlexFit

14 Richmond Road

Drumcondra

Dublin 9

[info@flexfit.ie](mailto:info@flexfit.ie)

Visit us on social media