

Week 2 – Skills Activity

{codenation}[®]

Attitudes Activity - The Problem-Solving Cycle

How did it go
and what
have I learnt?



**Explore the
problem**

.....

**What is
happening?**



**Experiment
with a course
of action**

.....

**Analyse the
problem**

.....

**Why is this
happening?**



**What are my
options?**

.....

**Decide a
course of
action**

Attitudes Activity

Complete the "Week 2 - Skills Activity" assignment to use the cycle to solve a problem you have.

You should use this cycle on all the tasks and goals set in your ILP as it will help you arrive at a solution quicker, while allowing you to explore all options and if necessary, experiment with a few.