

## InBody Test Result

Test Date : 2026-02-01

Member ID : GP-DEMO-001

Age : 23

Sex : Male

Height : 175 cm

Weight : 82.5 kg

BMI : 26.9

Total Body Water (TBW) : 42.8 L

Protein : 11.6 kg

Minerals : 4.03 kg

Body Fat Mass : 18.2 kg

Fat-Free Mass (FFM) : 64.3 kg

Skeletal Muscle Mass (SMM) : 34.2 kg

Percent Body Fat (PBF) : 22.1 %

Basal Metabolic Rate (BMR) : 1710 kcal

Visceral Fat Level : 9

Waist-Hip Ratio (WHR) : 0.89

ECW/TBW : 0.382

### Segmental Lean Analysis

Right Arm 3.45 kg Left Arm 3.38 kg

Trunk 28.1 kg

Right Leg 10.6 kg Left Leg 10.4 kg

### Segmental Fat Analysis

Right Arm 1.25 kg Left Arm 1.21 kg

Trunk 9.40 kg

Right Leg 3.35 kg Left Leg 3.25 kg