

InBody Test Result

Test Date : 2026-02-01
Member ID : GP-DEMO-001
Age : 23
Sex : Male

Height : 175 cm
Weight : 82.5 kg
BMI : 26.9

Total Body Water (TBW) : 42.8 L
Protein : 11.6 kg
Minerals : 4.03 kg
Body Fat Mass : 18.2 kg
Fat-Free Mass (FFM) : 64.3 kg
Skeletal Muscle Mass (SMM) : 34.2 kg
Percent Body Fat (PBF) : 22.1 %

Basal Metabolic Rate (BMR) : 1710 kcal
Visceral Fat Level : 9
Waist-Hip Ratio (WHR) : 0.89
ECW/TBW : 0.382

Segmental Lean Analysis
Right Arm 3.45 kg Left Arm 3.38 kg
Trunk 28.1 kg
Right Leg 10.6 kg Left Leg 10.4 kg

Segmental Fat Analysis
Right Arm 1.25 kg Left Arm 1.21 kg
Trunk 9.40 kg
Right Leg 3.35 kg Left Leg 3.25 kg