

CAREER CHOICE CHANGING DECISIONS

A Course Project Report submitted in partial fulfilment of the degree

BACHELOR OF TECHNOLOGY IN COMPUTER SCIENCE AND ENGINEERING TEAM MEMBERS

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INTRODUCTION

The career is an individual's metaphorical "journey" through learning, work and other aspects of life. There are a number of ways to define career and the term is used in a variety of ways. So, most of them change their careers accordingly to their fulfilments. But they couldn't reach to it because of some psychological problems in their life. So, most of them have experienced different situations on their changing of the career. Many are losing their lives because of not properly building the career plans because of their problems in their life. So, this is the case study in which we have done a case study on how people change their career choice decisions upon their problems and etc.

Each and every person in this world will carry a Career Choice or the goal what he wants to become in his life but because of some problems or some bad circumstances he changes the best Career to the good and finally he will reach the average one. So, all this happens only because of psychological disorders like stress, Depression, Mental Health and etc.

The main factors which lead the person to change his/her Career Choice are Stress, Depression, Major Disappointment and etc.

STRESS:

Stress can be defined as any type of change that causes physical, emotional or psychological strain. Stress is your body's response to anything that requires attention or action. Everyone experiences stress to some degree. The way you respond to stress, however, make a big difference to your overall well-being. In students many are getting stress because of their studies (Backlogs) and family problems

DEPRESSION:

It is a normal temporary reaction to life events, such as the loss of a loved one; and it is also a symptom of some physical diseases and a side effect of some drugs and medical treatments. It may feature sadness, difficulty in thinking and concentration and a significant increase or decrease in appetite and time spent sleeping.

Major Disappointment:

Disappointment is the feeling of dissatisfaction that follows the failure of expectations or hopes to manifest. Similar to regret, it differs in that a person who feels regret focuses primarily on the personal choices that contributed to a poor outcome, while a person feeling disappointment focuses on the outcome itself. It is a source of psychological stress.

PARTICIPANTS GENERAL INFORMATION

Our total 5 members of team has interviewed 5 members those are 1. Employee with age: 30, 2. Woman with age: 28, 3. Student with age: 21, 4. Unemployed with age: 25, 5. Unemployed with age: 26

QUESTION AND ANSWERS

1: Employee

Age: 30

Q: What was your 1st goal?

A: My first goal was to become an IT engineer.

Q: How many times have you tried to change the choice decisions on career?

A: I can say like not most of the time nearly to that.

Q: When did you begin to experience on changing of Career Choice?

A: Obviously in 2020 pandemic make me to do this

Q: How your things changed in your life?

A: Things really changed a lot in my life

Q: What were your thoughts and feelings at time of changing the decisions?

A: Like why only this happens to me, I used to regret on my life.

Q: What makes you to realize that this is the perfect decision?

A: Actually, my ambition is to go in BTech field but due corona I couldn't do with the entrance test and I chose degree after many obstacles happen in my life suddenly, I got the job by my relatives then I realize that this my perfect decision

Q: What were the obstacles you experienced in your life?

A: Lot many. Poor family couldn't deal with Entrance Test, Degree was not that up to the mark many, family related issues etc.

Q: Are you happy now what you have?

A: Yes, just thanking the god what I have and continuing my life

Q: Are you satisfied know with your present career Decision?

A: Yes, like adjusting whatever I got and trying somewhat another thing

Person 1 (Analysis): Family Problem

After the interview with this person, we came to know that family problem and money is also the cause of the Career Changing Discussions. Also, the Pandemic has ruined his Career choice. Because of the family problem and lack of money instead of taking a seat in Engineering he took Degree and he is not that up to the mark with his life.

2: Woman

Age: 28

Q: What do you want to become in future?

A: I want to become MBBS student

Q: Have you stucked to the same decisions in your what you decided at first?

A: No

Q: If no, why have you changed?

A: Because of the stress.

Q: What is the main cause of your stress?

A: Family issues.

Q: How does stress affect you?

A: Mentally ill.

Q: How do you feel physically when you are in stress?

A: Loneliness, sort of fear inside

Q: Have you consulted with any doctor?

A: Not yet

Q: Are you happy with what you have?

A: Not much

Q: Are there any obstacles in your life?

A: Lot many.

Person 2 (Analysis): Stress

Now a days stress in human beings has become the major cause for not reaching their goals and it is kind of disease which ruins the people in all the ways many are attempting suicide and etc. because of the stress even the school children are having stress of their daily works. After the Interview we came to know that the person is very much indulged on stress and he could not come up with his things.

3. Student

Age: 21

Q: At first what you were trying to become in your life?

A: Engineer.

Q: Are there any changes in your career choice changing till now?

A: lot many

Q: Why have you changed the any reasons?

A: Because my love.

Q: At what age you deal with this?

A: In Inter we have started, and got breakup in BTech

Q: How many times you changed your decisions?

A: Lot many

Q: Why she left you?

A: That I am not fit her it seems

Q: How your life changed in after your breakup?

A: Got depressed, fed-up but now I am healing somewhat

Q: Are you happy now?

A: Yes, but her memories make me down some times

Q: What are you going to planning for your next plan on your life?

A: Now only got ruined my life want to adjust with my father's business.

Person 3 (Analysis): Love

This person has deal with Love he has given everything for his love but at the last moment he got break up and then he went into the stress and now he is healing some what better his career choices were next level but the love made him to get dependent to his father, now he is taking his father business instead of his own Independent Job.

4: Unemployee

Age: 25

Q: Which path have you choose at starting of your life?

A: Aeronautical Engineering

Q: Have you ever changed career choice till now from starting

A: Yes, many time in mixed ways

Q: Ever changed gaining career choice or losing career choices?

A: Both in mixed ways. In school I was a bright student I thought of joining Space But the sudden death of father in pandemic, just my life ruined away.

Q: What are the major causes of your career choice changing decision?

A: Father's sudden death.

Q: What was the cause of your father death?

A: Corona

Q: Can you make up the things in your life as previously?

A: No, I am unable handle those.

Q: Which days are good for you the olden days or the present days?

A: Of course, the olden days but now these present days helping me to know what actually the life is.

Q: How you are dealing with the life now?

A: Just fighting with it

Q: Are you happy with what you have now?

A: Not much but adjusting what I have got

Q: Then what is the next plan you are planning for?

A: Trying to drag back my olden days and to reach my goal.

Person 4 (Analysis): Depression

After the interview of this person, we felt productive at staring and sorrow at last. Really, he was a bright student in his schoolings if he couldn't go in depression he may reach to his goals. But the sudden death of his father in his intermediate made him totally back at his standards. He couldn't concentrate with the things in BTech he failed in many subjects and now he is not as his was previous.

5. Unemployee

Age: 26

Q: Can I know what was your first career choice decision?

A: Mechanical engineer

Q: Have you ever changed the career choice in your life?

A: Yes, I did not change but it happens, I jumped to an IT engineer

Q: The decision was gaining one or the losing one?

A: It was gaining one but was not at my interest level

Q: What makes you do it?

A: Because of the lesser jobs in that field and I was not satisfied with the package what I am getting

Q: Have you ever failed in your life?

A: Yes, in entrance exam, and I gave great comeback and cleared my BTech with great percentage but the field I chosen was having job vacancy issues. So, that makes to Switch to an IT Engineering

Q: How you felt at that time?

A: Felt very bad but because of family issues I switched to an IT Engineering but it is also a great job but it was not my choice

Q: Why have you chosen that path?

A: Because of family issues I switched to an IT Engineering but it is also a great job but it was not my choice

Q: So, know what is your current decision?

A: IT Engineering

Q: So, you are going to be happy with this decision?

A: Yes of course I am taking the courses of those.

Person 5 (Analysis): Major Depression

After the interview with this person. We came to know that he has deal with major disappoint. He tried his entire studies for Mechanical Engineering but last due to the no job vacancies and the family problems. He again restarted his Career with IT engineering. As we all know that the Job which we are doing is not our dream job then it is really a disappoint factor.

REPORT ANALYSIS

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CONCLUSION

There are many reasons for Career choice changing the some of the major reasons are like Depression, Love Problems, Family Problems, Major Disappointments, and stress etc. Many people change their career choice decisions according to their daily life events, their problems. According the interviews we can see everyone has their own problems in making the career choice it depends on their requirement, family issues and their capabilities. In career choice making decisions also some are having the gaining decisions and losing decisions. According to their needs and their capabilities