

ersion of Windows Subsystem for Linux (WSL) is too old.

Run the command below to update or for more information, visit [the Microsoft WSL documentation](#)

```
wsl --update
```

what should i do?

This message is telling you that your **Windows Subsystem for Linux (WSL)** installation is outdated, and Docker Desktop (or other tools) need a newer version.

Here's the **direct fix**:

Powershell >

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```
#& Update WSL on Windows 11
#? Open PowerShell or Command Prompt as Administrator
#* wsl --update          # updates WSL to the latest version
#* wsl --version         # check the installed version after update
```

Step-by-Step

1. Open PowerShell as Administrator

- Press `Win + S`, type **PowerShell**, right-click → **Run as administrator**.

2. Run the update command

Powershell >

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```
wsl --update
```

3. Restart your computer (important, so the update takes effect).

4. Verify the version

Powershell >

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```
wsl --version
```

You should see the latest version (WSL 2).

Notes

- If you don't have WSL installed yet, run:

Powershell >

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```
wsl --install
```

This installs WSL with the default Linux distribution (Ubuntu).

- Docker Desktop requires **WSL 2** backend on Windows 11. Updating ensures compatibility.