

PLANHEAL GENERAL HEALTH ASSESSMENT

NAME: Test about add pdf generate

General Health: Blood Pressure Test, BMI- Body Mass Index Test, Health Tests and Exams, Vaccinations, and Immunizations.

General Health Infectious Disease: COVID-19 Test

General Health Eye: Eye Exam, Macular Degeneration (AMD) Wet AMD, Macular Degeneration (AMD) Dry AMD

General Health Diabetes: Diabetic Retinopathy, Cataract, Glaucoma

General Health Sexually Transmitted Disease STD and Sexually Transmitted Infections: Urine, FOR Chlamydia, Gonorrhea, Syphilis, HIV, HPV, Hepatitis A, Hepatitis B, Hepatitis C AND Monkey Pox (MPV)

Throat, FOR Chlamydia, Gonorrhea, Syphilis, HIV, HPV, Hepatitis A, Hepatitis B, Hepatitis C

Anal, FOR Chlamydia, Gonorrhea, Syphilis, HIV, HPV, Hepatitis A, Hepatitis B, Hepatitis C

General Health Skin Cancer: Mole Screening, Basal cell carcinoma, Squamous cell carcinoma, Actinic keratosis, Melanoma, Hemangiomas, Warts, Lipomas

General Health Breast Cancer: Breast

General Health Male Reproductive Cancer: Testicular, Scrotum, Penile

General Health Oral Cancer: Throat, Oropharynx

General Health Thyroid: Thyroid Function Test TFT- Thyroid-Stimulating Hormone TSH and Thyroxine T4, and Triiodothyronine T3, Parathyroid hormone (PTH)

General Health Thyroid Cancer: Thyroid Exam

General Health Bone: Osteoporosis Bone Density Test

General Health Colon Cancer: Colon Guaiac-Based Fecal Occult Blood Test (gFOBT) Fecal Immunochemical Test (FIT) FIT-DNA test

General Health Male Reproductive Cancer: Testicular, Scrotum, Penile, Prostate

General Health Mineral Levels: Anemia - serum iron, 25-OH vitamin D levels, Iodine, Zinc, Selenium, Potassium, Calcium

General Health Pancreas: Urine Test Ketones and Glucose

General Health Pancreas Cancer: Physical Exam

General Health Mental: Depression, Anxiety, Stress

Your waist circumference is at 40 inches (102 centimeters) or more. Having a waist circumference this size puts you at risk for Chronic Diseases and Chronic Illnesses like: Diabetes (Type 2), High Blood Pressure; Cardiovascular Disease; and certain Cancers like Colon Cancer and Breast Cancer as you mature in age.

If waist is at or above 40 inches (88 centimeters) user is added to the following Tracks

Diabetes (Type 2) Track

High Blood Pressure Track

Cardiovascular Disease Track

Colon Cancer Track

Breast Cancer Track

Your BMI lower than 18.5, you are in the underweight range

You are at an unhealthy (obese) waist to height ratio

If overweight/obese range then user is added to the following Tracks

Diabetes (Type 2) Track

High Blood Pressure Track

Cardiovascular Disease Track

Colon Cancer Track

Breast Cancer Track

SEXUAL HEALTH: SEXUAL ORIENTATION: Heterosexual

SEXUAL HEALTH: SEXUAL ORIENTATION- PARTNERS FOR MULTIPLE: false

HOUSING STATUS: true

LIFESTYLE-SMOKING : true

LIFESTYLE-ALCOHOL DRINK: true

LIFESTYLE-CONTROLLED SUBSTANCE USE: true

LIFESTYLE-PHYSICAL ACTIVITY: true

LIFESTYLE-PHYSICAL ACTIVITY AT LEAST 150 MINUTES A WEEK : true

LIFESTYLE-PHYSICAL ACTIVITY: Running,Aerobics,Yoga

HEALTH HISTORY:CHRONIC DISEASE-

STROKE DISEASE-

Have you ever been diagnosed with either of these diseases? Diabetes

What is the year (YYYY) you were Diagnosed with the disease?1999

HEALTH HISTORY: PRESCRIBED MEDICATIONS SHARE: false

BREAST HEALTH- Okay now let's check your health for Breast Cancer risk. A regular self-examination of your Breast can help with detecting anything abnormal earlier, and it also helps you become a better reporter of your Breast Health when speaking with your Care Provider.

BREAST HEALTH: LEFT SIDE- LUMPS INCIDENCE-

Let's check-in about your Left Breast. Examine your left breast only using the three middle fingers (your thumb and pinky should not be used) in a light circular motion across the entire breast and under arm. Do you feel any lumps?true

BREAST HEALTH: LEFT SIDE- LUMP INCIDENCE LOCATION-:Lower part of the Left Breast

BREAST HEALTH: LEFT SIDE SKIN HEALTH-: Feels Normal

Press your index finger into the skin areas of your Left Breast, do you see any dimpling or indentations that lasts after pressing? Looks Normal

BREAST HEALTH: LEFT SIDE- PATIENT REPORT: ldsffdsImù

BREAST HEALTH: RIGHT SIDE- LUMPS INCIDENCE: false

Touch the skin of your Right Breast, do you feel? Feels Normal

Press your index finger into the skin areas of your Right Breast, do you see any dimpling or indentations that lasts after pressing? Looks Normal

BREAST HEALTH: Right SIDE- PATIENT REPORT: FDFOPTRG

BREAST HEALTH: MONTHLY REMINDER: false

COLON HEALTH- Okay now let's check your health for Colorectal Disease risk.

COLON HEALTH: BOWEL MOVEMENTS: 1-2

COLON HEALTH: CONSTIPATION: 1-2

COLON HEALTH: BOWEL SHAPE: Straight

COLON HEALTH: BOWEL COLOR: No

COLON HEALTH: BLOOD INCIDENCE: false

COLON HEALTH: ABDOMINAL PAIN: Weekly

COLON HEALTH: PATIENT REPORT: KLERGTGOBFV

KIDNEY HEALTH- Okay now let's check your health for Kidney Disease risk.

KIDNEY HEALTH: URINATION FREQUENCY: 8-11

KIDNEY HEALTH: WATER IN-TAKE: 8-11

KIDNEY HEALTH: WATER SOURCE: Tap/Faucet

KIDNEY HEALTH: URINE COLOR: Light Yellow

KIDNEY HEALTH: URINE APPEARANCE: None

KIDNEY HEALTH: URINE BLOOD INCIDENCE: false

KIDNEY HEALTH: URINATION PAIN INCIDENCE: true

KIDNEY HEALTH: PATIENT REPORT: JKGFGFHJFGDF