Challenges:

• close people(friends, siblings) moved to another cities

• toxic environment during teenage years

• lagging behind the curve at new school

Effects:

• Left alone / discouraged from people

• academic performance worsened

• failed the entrance exam

• furious, disappointed and detached

• needed more communication, support, social engagement

What i did about it:

•  set the goal to move to the capital city, worked on studying

• attended social events / meeting different people

• improved my productivity by managing time wisely

• paying attention to health and fitness

• tried myself in business (that's how i chose my future major at university)

• came back to playing the piano

• peer studying with new like-minded people

• took As level exams even though i studied at Cambridge system only one academic year

What I learned:

• breaking the mindset of perfectionist, learning on mistakes/failures (risk-taking)

• improved cooperation/ collaboration skills

• identified my willingness to pursue business career

• developed adaptability/ quality relationships