第三节 定积分的积分法

- 一、定积分的换元法
- 二、定积分的分部积分法



由上一章知求原函数的问题已经完全解决,故定积分 计算都可以通过牛顿-莱布尼茨公式而得到解决,但不一定 简便.故我们需建立定积分的计算法,以达到简化的目的.

不定积分的第二换元法

$$\int f(x) dx = \int f[\psi(t)] \psi'(t) dt \Big|_{t=\psi^{-1}(x)}$$
$$= F(t) + C \Big|_{t=\psi^{-1}(x)} = F(\psi^{-1}(x)) + C.$$



§ 6.3.1 定积分的换元法

定理1(第二类换元法)设

- $(1) f(x) \in C[a, b];$
- (2)函数(变换) $x = \varphi(t)$ 在[α , β]上严格单增且有连续导

数,其中 $\varphi(\alpha) = a, \varphi(\beta) = b$,即当t在区间[α, β]上变化时,

 $x = \varphi(t)$ 的值在[a,b]上变化.则有

$$\int_{a}^{b} f(x) dx = \int_{\alpha}^{\beta} f[\varphi(t)] \varphi'(t) dt$$



证明设F(t)是 $f(\varphi(t))\varphi'(t)$ 的一个原函数,则 $F(\varphi^{-1}(x))$ 是f(x)的一个原函数,

$$\int_{a}^{b} f(x) dx = \int_{\alpha}^{\beta} f(\varphi(t)) \varphi'(t) dt$$



$$\int_{a}^{b} f(x) dx = \int_{\alpha}^{\beta} f(\varphi(t)) \varphi'(t) dt$$

- 注: 1) 当 $x = \varphi(t)$ 单减时, $\int_a^b f(x) dx = \int_\beta^\alpha f[\varphi(t)] \varphi'(t) dt$.
 - 2)必须注意换元必换限.
 - 3) 使用第二类换元法的两个重点:
 - 1° 变换 $x = \varphi(t)$ 的选取; 被积函数的结构特点 x = -t
 - 2° 积分上下限的确定. 反解方程 $x = \varphi(t)$



$$\int_{a}^{b} f(x) dx = \int_{\alpha}^{\beta} f(\varphi(t)) \varphi'(t) dt$$

- 4) 使用第二类换元法的步骤:
- 1°根据被积函数的结构特点,选取变换 $x = \varphi(t)$;
- 2° 微分 $dx = \varphi'(t)dt$,同时求出 α , β ;

$$3^{\circ}$$
代公式:
$$\int_{a}^{b} f(x) dx = \int_{\alpha}^{\beta} f(\varphi(t)) \varphi'(t) dt, \dots$$

特别地, 若所作变换简单, 则直接使用公式:

$$\int_{a}^{b} f(x) dx = \int_{\alpha}^{x=\varphi(t)} \int_{\alpha}^{\beta} f(\varphi(t)) \varphi'(t) dt, \dots$$



$$\int_{a}^{b} f(x) dx = \int_{\alpha}^{\beta} f(\varphi(t)) \varphi'(t) dt$$

- 5) 使用第二类换元法的作用:
- 1°简化计算;
- 2°将积分表达式变形,以达到解题的目的.



6)若只需使用一次第一换元法,常常直接求出原函数, 使用牛顿-莱布尼茨公式即可.否则需换限.

其变限公式为:

$$\int_a^b f[\varphi(x)]\varphi'(x)dx = \int_a^b f[\varphi(x)]d\varphi(x) = \int_{\varphi(a)}^{\varphi(b)} f(u)du$$

证明 设F(u)是 f(u)的一个原函数,则 $F(\varphi(x))$ 是 $f[\varphi(x)]\varphi'(x)$ 的一个原函数.

$$\int_a^b f[\varphi(x)]\varphi'(x) dx = F[\varphi(b)] - F[\varphi(a)] = \int_{\varphi(a)}^{\varphi(b)} f(u) du$$



例1 计算 $\int_0^{\frac{\pi}{2}} \cos^5 x \sin x \, \mathrm{d}x$.

解原式=
$$-\int_0^{\frac{\pi}{2}} \cos^5 x \, d\cos x$$

$$\underline{t = \cos x} - \int_{1}^{0} t^{5} dt$$

$$= \int_{0}^{1} t^{5} dt$$

$$= \frac{1}{6} t^{6} \Big|_{0}^{1}$$

$$= \frac{1}{6} t^{6} \Big|_{0}^{1}$$

解原式= $-\int_0^{\frac{\pi}{2}}\cos^5 x d\cos x$

$$= -\frac{1}{6}\cos^6 x \Big|_0^{\frac{\pi}{2}}$$
$$= \frac{1}{6}$$

例2计算
$$\int_{\sqrt{e}}^{e^{\frac{3}{4}}} \frac{1}{x\sqrt{\ln x(1-\ln x)}} dx$$
.

解原式=
$$\int_{\sqrt{e}}^{e^{\frac{3}{4}}} \frac{1}{\sqrt{\ln x(1-\ln x)}} d\ln x$$

$$= \int_{\frac{1}{2}}^{\frac{3}{4}} \frac{1}{\sqrt{t(1-t)}} dt$$

$$= \int_{\frac{1}{2}}^{\frac{3}{4}} \frac{1}{\sqrt{t-t^2}} dt$$

$$= \int_{\frac{1}{2}}^{\frac{3}{4}} \frac{1}{\sqrt{\frac{1}{4} - (t - \frac{1}{2})^2}} d(t - \frac{1}{2})$$

$$= \int_0^{\frac{1}{4}} \frac{1}{\sqrt{\frac{1}{4} - u^2}} du$$

$$= \arcsin 2u \Big|_0^{\frac{1}{4}}$$

$$=\frac{\pi}{6}$$



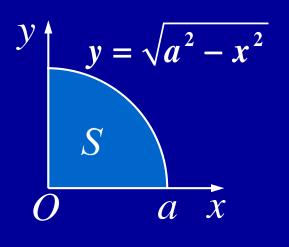
例3 计算 $\int_0^a \sqrt{a^2 - x^2} dx \ (a > 0)$.

当
$$x = 0$$
 时, $t = 0$; $x = a$ 时, $t = \frac{\pi}{2}$.

$$\therefore 原式 = a^2 \int_0^{\frac{\pi}{2}} \cos^2 t \, \mathrm{d}t$$

$$= \frac{a^2}{2} \int_0^{\frac{\pi}{2}} (1 + \cos 2t) dt$$

$$= \frac{a^2}{2}(t + \frac{1}{2}\sin 2t) \begin{vmatrix} \frac{\pi}{2} \\ 0 \end{vmatrix} = \frac{\pi a^2}{4}$$





P95四、设
$$f(x) = \int_0^x \cos(x-t)^2 dt$$
,求 $f'(x)$.

该类题型十分重要,即被积函数也含有求导变量x.

解: 令x-t=y, 则t=x-y, dt=-dy. 当t=0时, y=x, 当t=x时, y=0.

所以
$$f(x) = -\int_{x}^{0} \cos y^{2} dy = \int_{0}^{x} \cos y^{2} dy$$
,故



例3(性质) 设 $f(x) \in C[-a, a]$,

偶倍奇零

(1) 岩
$$f(-x) = f(x)$$
, 则 $\int_{-a}^{a} f(x) dx = 2 \int_{0}^{a} f(x) dx$;

(2) 若
$$f(-x) = -f(x)$$
, 则 $\int_{-a}^{a} f(x) dx = 0$.

$$\operatorname{id} \int_{-a}^{a} f(x) \, \mathrm{d}x = \int_{-a}^{0} f(x) \, \mathrm{d}x + \int_{0}^{a} f(x) \, \mathrm{d}x$$

$$\downarrow x = -t$$

$$= \int_{0}^{a} f(-t) \, \mathrm{d}t + \int_{0}^{a} f(x) \, \mathrm{d}x$$

$$= \int_{0}^{a} [f(-x) + f(x)] \, \mathrm{d}x$$

$$= \begin{cases} 2\int_0^a f(x) dx, & f(-x) = f(x) \text{ if } \\ 0, & f(-x) = -f(x) \text{ if } \end{cases}$$



注 对称区间上的积分 $\int_{-a}^{a} f(x) dx$ 常利用奇偶性将其

化简. 若无奇偶性, 常使用公式

$$\int_{-a}^{a} f(x) dx = \frac{\int_{-a}^{a} [f(x) + f(-x)] dx}{2}$$

将其化简.



例4(公式) 若f(x)在[0,1]上连续,则

$$(1)\int_0^{\frac{\pi}{2}} f(\sin x) dx = \int_0^{\frac{\pi}{2}} f(\cos x) dx;$$

$$(2) \int_0^{\frac{\pi}{2}} R(\sin x, \cos x) dx = \int_0^{\frac{\pi}{2}} R(\cos x, \sin x) dx;$$

$$(3) \int_0^{\pi} f(\sin x) dx = 2 \int_0^{\frac{\pi}{2}} f(\sin x) dx;$$

$$(4) \int_0^{\pi} x f(\sin x) dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) dx.$$
 并计算
$$\int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx.$$



$$(1)\int_{0}^{\frac{\pi}{2}} f(\sin x) dx = \int_{0}^{\frac{\pi}{2}} f(\cos x) dx;$$
证 (1)令 $x = \frac{\pi}{2} - t$, 则 $dx = -dt$, 且当 $x = 0$ 时, $t = \frac{\pi}{2}$;
当 $x = \frac{\pi}{2}$ 时, $t = 0$. 于是
$$\int_{0}^{\frac{\pi}{2}} f(\sin x) dx = -\int_{\frac{\pi}{2}}^{0} f(\sin(\frac{\pi}{2} - t)) dt = \int_{0}^{\frac{\pi}{2}} f(\cos t) dt$$

$$= \int_{0}^{\frac{\pi}{2}} f(\cos x) dx.$$

$$(2) \int_0^{\frac{\pi}{2}} R(\sin x, \cos x) dx = \int_0^{\frac{\pi}{2}} R(\cos x, \sin x) dx;$$

证令
$$x = \frac{\pi}{2} - t$$
,则 $dx = -dt$,且当 $x = 0$ 时, $t = \frac{\pi}{2}$;

所以
$$\int_0^{\frac{\pi}{2}} R(\sin x, \cos x) dx = -\int_{\frac{\pi}{2}}^0 R(\cos t, \sin t) dt$$

$$=\int_0^{\frac{\pi}{2}} R(\cos t, \sin t) dt$$



$$(3) \int_0^{\pi} f(\sin x) dx = 2 \int_0^{\frac{\pi}{2}} f(\sin x) dx.$$

证明 因为
$$\int_0^{\pi} f(\sin x) dx = \int_0^{\frac{\pi}{2}} f(\sin x) dx + \int_{\frac{\pi}{2}}^{\pi} f(\sin x) dx$$

$$t=\frac{\pi}{2}$$
. 所以

$$\int_{\frac{\pi}{2}}^{\pi} f(\sin x) dx = \int_{0}^{\frac{\pi}{2}} f(\sin(\frac{\pi}{2} + t)) dt = \int_{0}^{\frac{\pi}{2}} f(\cos t) dt$$
$$= \int_{0}^{\frac{\pi}{2}} f(\cos x) dx = \int_{0}^{\frac{\pi}{2}} f(\sin x) dx.$$
证性.



$$(4) \int_0^{\pi} x \, f(\sin x) \, dx = \frac{\pi}{2} \int_0^{\pi} f(\sin x) \, dx.$$

证
$$(2)$$
 令 $x = \pi - t$,则 $dx = -dt$,且当 $x = 0$ 时, $t = \pi$;

当
$$x = \pi$$
时, $t = 0$. 于是

$$\int_0^{\pi} xf(\sin x) dx = -\int_{\pi}^0 (\pi - t) f(\sin(\pi - t)) dt$$

$$= \int_0^{\pi} (\pi - t) f(\sin t) dt$$

$$= \pi \int_0^{\pi} f(\sin t) dt - \int_0^{\pi} t f(\sin t) dt$$

$$= \pi \int_0^{\pi} f(\sin x) dx - \int_0^{\pi} x f(\sin x) dx$$



所以
$$\int_0^\pi x f(\sin x) dx = \frac{\pi}{2} \int_0^\pi f(\sin x) dx.$$

$$\int_0^{\pi} \frac{x \sin x}{1 + \cos^2 x} dx = \frac{\pi}{2} \int_0^{\pi} \frac{\sin x}{1 + \cos^2 x} dx$$

$$= -\frac{\pi}{2} \int_0^{\pi} \frac{1}{1 + \cos^2 x} d(\cos x)$$

$$= -\frac{\pi}{2} \arctan(\cos x) \Big|_0^{\pi}$$

$$= -\frac{\pi}{2} (-\frac{\pi}{4} - \frac{\pi}{4}) = \frac{\pi^2}{4}.$$

例5(公式) 若 f(x) 是连续的周期函数,周期为T,则

(1)
$$\int_a^{a+T} f(x) dx = \int_0^T f(x) dx;$$

定积分 $\int_0^{n\pi} \sqrt{1+\sin 2x} \, \mathrm{d}x$.

证
$$(1)$$
令 $\Phi(a) = \int_a^{a+T} f(x) dx$,则
$$\Phi'(a) = f(a+T) - f(a) = 0$$

可见 $\Phi(a)$ 与a无关,因此 $\Phi(a) = \Phi(0)$,即

$$\int_a^{a+T} f(x) dx = \int_0^T f(x) dx.$$



(2)
$$\int_{a}^{a+nT} f(x) dx = n \int_{0}^{T} f(x) dx \quad (n \in \mathbb{N}),$$
 并由此计算
$$\int_{0}^{n\pi} \sqrt{1 + \sin 2x} dx$$

$$(2)\int_{a}^{a+nT} f(x) dx = \int_{0}^{nT} f(x) dx$$

$$(1) \int_{a}^{a+T} f(x) dx$$
$$= \int_{0}^{T} f(x) dx$$

$$= \int_0^T f(x) dx + \int_T^{T+T} f(x) dx + \int_{2T}^{2T+T} f(x) dx + \dots + \int_{(n-1)T}^{(n-1)T+T} f(x) dx$$

$$= \int_0^T f(x) dx + \int_0^T f(x) dx + \int_0^T f(x) dx + \dots + \int_0^T f(x) dx$$

$$= n \int_0^T f(x) \, \mathrm{d}x.$$



因为 $\sqrt{1+\sin 2x}$ 是以 π 为周期的周期函数,所以

$$\int_0^{n\pi} \sqrt{1 + \sin 2x} \, dx = n \int_0^{\pi} \sqrt{1 + \sin 2x} \, dx$$

$$= n \int_0^{\pi} \sqrt{\left(\cos x + \sin x\right)^2} \ dx = n \int_0^{\pi} \left|\cos x + \sin x\right| dx$$

$$= n \int_{-\frac{\pi}{4}}^{\frac{3\pi}{4}} (\cos x + \sin x) \, \mathrm{d}x$$

$$= n(\sin x - \cos x)\Big|_{\frac{\pi}{4}}^{\frac{3\pi}{4}}$$

$$=2\sqrt{2}n.$$

$$(1) \int_{a}^{a+T} f(x) \mathrm{d}x$$

$$=\int_0^T f(x) \mathrm{d}x$$



§ 6.3.2 定积分的分部积分法

定理 设 u(x), $v(x) \in C^1[a, b]$ (连续导数), 则

$$\int_{a}^{b} u(x)v'(x) dx = u(x)v(x)\Big|_{a}^{b} - \int_{a}^{b} u'(x)v(x) dx.$$

证: u'(x)v(x)=[u(x)v(x)]'-u(x)v'(x), 两端在 [a,b] 上积分,有

$$\therefore \int_a^b u(x)v'(x)dx = \int_a^b (u(x)v(x))'dx - \int_a^b u'(x)v(x)dx$$

$$= u(x)v(x)\Big|_a^b - \int_a^b u'(x)v(x)dx.$$



§ 6.3.2 定积分的分部积分法

定理 设 u(x), $v(x) \in C^1[a, b]$ (连续导数), 则

$$\int_{a}^{b} u(x)v'(x) dx = u(x)v(x)\Big|_{a}^{b} - \int_{a}^{b} u'(x)v(x) dx.$$

$$\int_{a}^{b} u(x)v'(x) dx = \int_{a}^{b} u(x) dv(x)$$

$$= u(x)v(x)\Big|_{a}^{b} - \int_{a}^{b} v(x) du(x)$$

$$= u(x)v(x)\Big|_{a}^{b} - \int_{a}^{b} u'(x)v(x) dx.$$

注: 当被积函数含有积分或导数时,常用分部积分公式.



例11 设
$$f(x) = \int_{1}^{x^2} \frac{\sin t}{t} dt$$
, 求 $\int_{0}^{1} x f(x) dx$.

解
$$\int_0^1 x f(x) dx = \int_0^1 f(x) d(\frac{1}{2}x^2)$$

$$= \frac{1}{2} [x^2 f(x)]_0^1 - \frac{1}{2} \int_0^1 x^2 df(x)$$

$$= -\frac{1}{2} \int_0^1 x^2 f'(x) dx$$

而
$$f'(x) = \frac{\sin x^2}{x^2} \cdot 2x = \frac{2\sin x^2}{x}$$
,所以

原式 = $-\int_0^1 x \sin x^2 dx = -\frac{1}{2} \int_0^1 \sin x^2 d(x^2)$

$$= \left[\frac{1}{2} \cos x^2\right]_0^1 = \frac{1}{2} (\cos 1 - 1).$$



例12 设 f''(x) 在[0, 2]上连续,且 f(0) = 1, f(2) = 3,

$$f'(2)=5$$
, $\Re \int_0^1 x f''(2x) dx$.

解
$$\int_0^1 x f''(2x) dx = \frac{1}{2} \int_0^1 x (df'(2x)) = f''(2x) \cdot 2 dx$$

$$= \frac{1}{2} [x f'(2x)]_0^1 - \frac{1}{2} \int_0^1 f'(2x) dx$$

$$= \frac{1}{2} f'(2) - \frac{1}{4} [f(2x)]_0^1$$

$$= 2$$

解
$$\int_0^1 (2x) f''(2x) d(2x) =$$



例14(华里士公式) 证明
$$I_n = \int_0^{\frac{\pi}{2}} \sin^n x \, dx = \int_0^{\frac{\pi}{2}} \cos^n x \, dx$$

$$I_{n} = \int_{0}^{\frac{\pi}{2}} \sin^{n-1} x \, d(-\cos x)$$

$$= \left[-\cos x \cdot \sin^{n-1} x \right]_{0}^{\frac{\pi}{2}} + (n-1) \int_{0}^{\frac{\pi}{2}} \sin^{n-2} x \cos^{2} x \, dx$$



$$I_{n} = (n-1) \int_{0}^{\frac{\pi}{2}} \sin^{n-2} x \cos^{2} x \, dx$$

$$= (n-1) \int_{0}^{\frac{\pi}{2}} \sin^{n-2} x (1 - \sin^{2} x) \, dx$$

$$= (n-1) I_{n-2} - (n-1) I_{n}$$

由此得递推公式
$$I_n = \frac{n-1}{n}I_{n-2}$$

于是
$$I_{2m} = \frac{2m-1}{2m} \cdot \frac{2m-3}{2m-2} \cdot \dots \cdot \frac{3}{4} \cdot \frac{1}{2} \cdot I_0$$

$$I_{2m+1} = \frac{2m}{2m+1} \cdot \frac{2m-2}{2m-1} \cdot \cdots \cdot \frac{4}{5} \cdot \frac{2}{3} \cdot I_1$$

而
$$I_0 = \int_0^{\frac{\pi}{2}} dx = \frac{\pi}{2}$$
, $I_1 = \int_0^{\frac{\pi}{2}} \sin x \, dx = 1$ 证毕.



 $I_n = \int_0^{\frac{\pi}{2}} \sin^n x \, dx$

例计算 $\int_0^{\pi} \sin^4 2x dx$.

解令
$$2x = t$$
, $dx = \frac{1}{2}dt$. 当 $x = 0$ 时, $t = 0$, 当 $x = \pi$, $t = 2\pi$.

故原式=
$$\frac{1}{2}\int_0^{2\pi} \sin^4 t \, dt = \int_0^{\pi} \sin^4 t \, dt = 2\int_0^{\pi/2} \sin^4 t \, dt = 2I_4$$

$$=2\frac{3}{4}\cdot\frac{1}{2}\cdot\frac{\pi}{2}=\frac{3\pi}{8}$$

P95三、设f(x)连续,且 $\lim_{x\to 0} \frac{f(x)}{x} = A(A$ 为常数),设

$$\varphi(x) = \int_0^1 f(xt)dt, \Re \varphi'(0).$$

P92 第九题
$$2.\lim_{n\to\infty}\frac{1}{n}\sqrt[n]{(n+1)(n+2)\cdots(2n)}$$
.



思考题 设 f(x) 具有连续导数,且 f(0) = 0, f'(0) = 6, 求

$$\lim_{x\to 0} \frac{\int_0^{x^3} f(t)dt}{\left[\int_0^x f(t)dt\right]^3}.$$

解由
$$\lim_{x\to 0} \frac{f(x)-f(0)}{x-0} = f'(0) = 6$$
知, $\lim_{x\to 0} \frac{f(x)}{6x} = 1$

从而
$$f(x) \sim 6x(x \to 0)$$
,则原式= $\lim_{x \to 0} \frac{\int_0^{x^3} 6t dt}{\left[\int_0^x 6t dt\right]^3} = \lim_{x \to 0} \frac{3x^6}{\left[3x^2\right]^3} = \frac{1}{9}$.



当 $x \to 0$ 时,变限积分中常用的一些等价无穷小量:

$$\int_0^x \sin t dt \sim \int_0^x \tan t dt \sim \int_0^x \arctan t dt \sim \int_0^x \arctan t dt \sim \int_0^x \ln(1+t) dt \sim \frac{x^2}{2}$$

且应注意如下推广:
$$\int_0^{g(x)} \sin t dt \sim \frac{g(x)^2}{2}$$
, 其中 $x \to 0$, $g(x) \to 0$.

三、设
$$f(x)$$
连续,且 $\lim_{x\to 0} \frac{f(x)}{x} = A(A$ 为常数),设
$$\varphi(x) = \int_0^1 f(xt)dt,$$

求 $\varphi'(0)$.

解: 由
$$\lim_{x\to 0} \frac{f(x)}{x} = A$$
,可知 $f(0) = 0$,且 $\varphi(0) = \int_0^1 f(0)dt = 0$.

令
$$xt = y$$
,则 $t = \frac{y}{x}$, $dt = \frac{1}{x}dy$. 当 $t = 0$ 时, $y = 0$.当 $t = 1$ 时, $y = x$.



所以
$$\varphi(x) = \int_0^1 f(xt)dt = \int_0^x f(y) \cdot \frac{1}{x} dy = \frac{\int_0^x f(y)dy}{x}.$$

从丽
$$\varphi'(0) = \lim_{x \to 0} \frac{\varphi(x) - \varphi(0)}{x} = \lim_{x \to 0} \frac{\int_0^x f(y) dy}{x^2}$$

$$\boxed{\frac{O}{O}}$$

$$=\lim_{x\to 0}\frac{f(x)}{2x}=\frac{A}{2}$$

