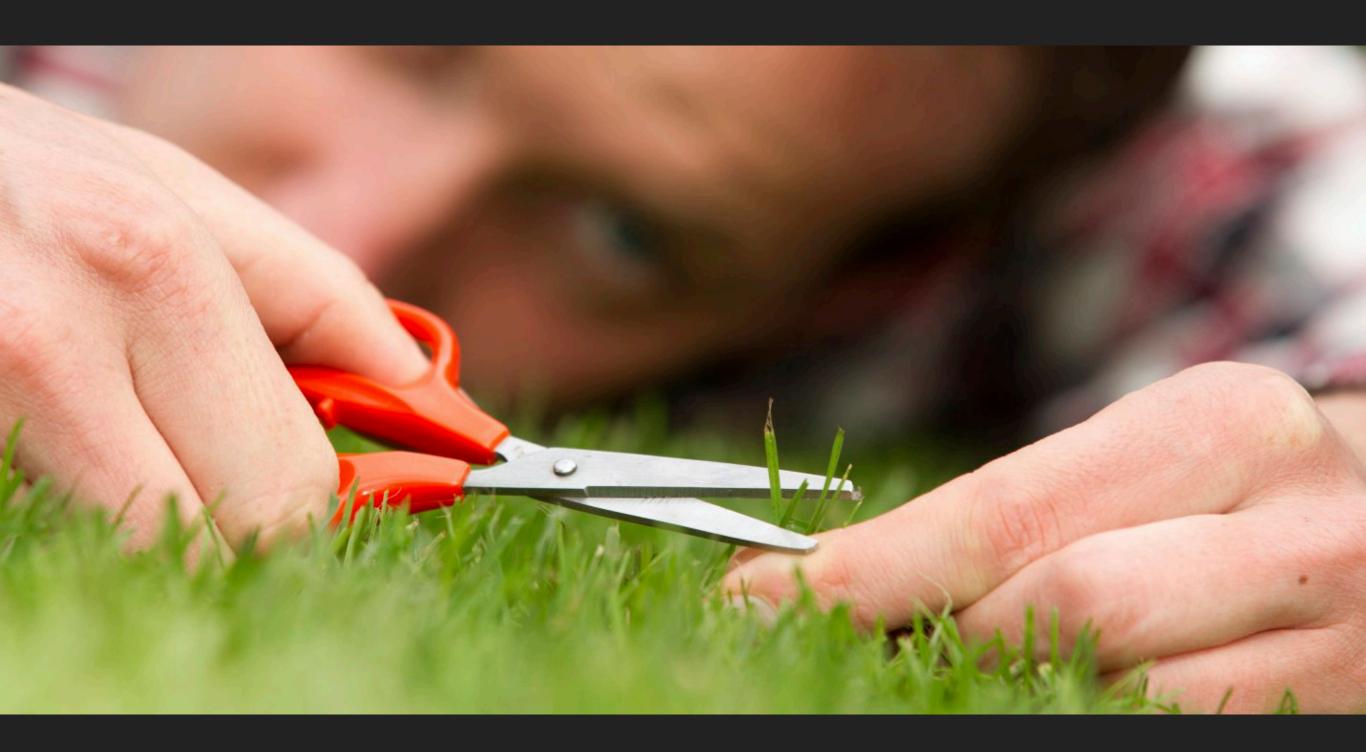


SEBASTIAN HUBER

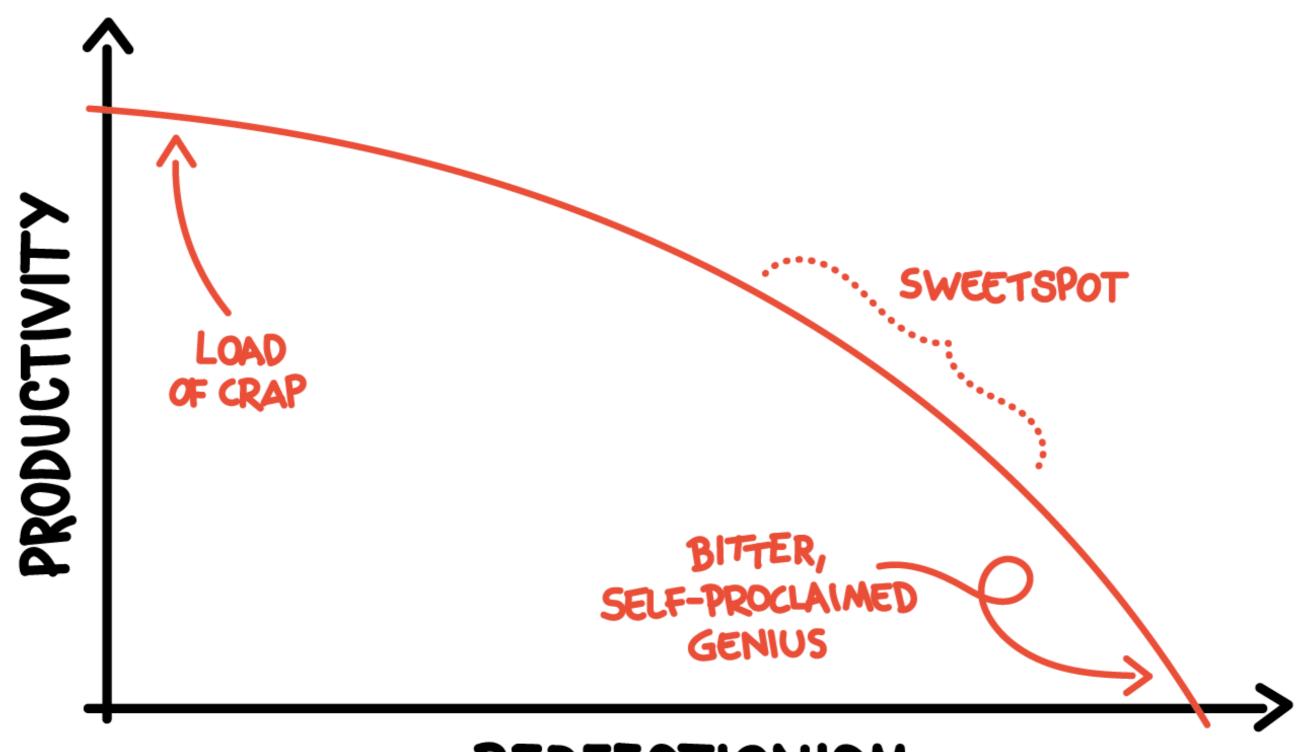
Are you working with an perfectionist?

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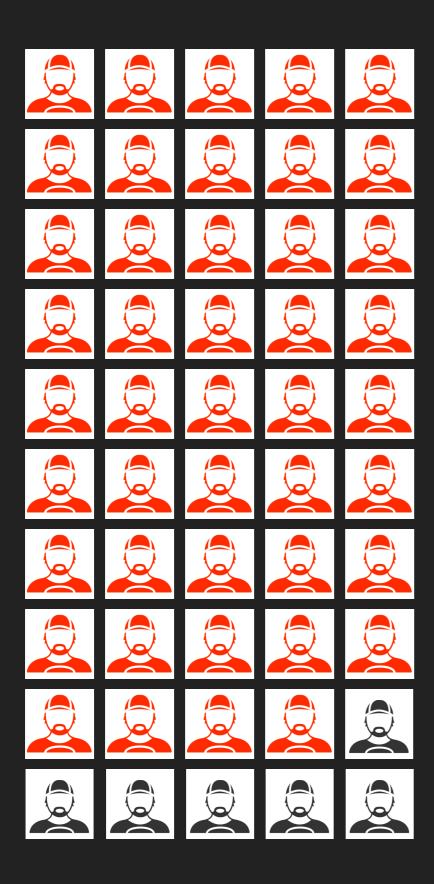
Are you a perfectionist?







PERFECTIONISM



88% of gifted people have perfectionist tendencies

Work

- as a way to express ourselves
- as a personal challenge

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Time

- as much as s.o. need until the result is perfect
- independent from obstacles, restrictions and deadlines

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Criticism

- is the worst enemy
- a perfect solution can not be criticized

As a consumer



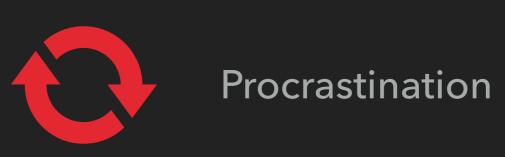
As a creator







3 things I noticed within my work environment:



Detail picking





Unnecessary task

It should change because

- it is stressful for yourself
- it is stressful for everyone around
- it is stressful for the product owner

Embrace Imperfection!

- our projects can life in Alpha, Beta, 0.1 ...
- they should not be perfect from day 1
- they might even be incomplete
- stop forcing you to be up to date

A & **D**

Thanks and have a nice evening!



