

TRUST ALCHEMY: TRANSFORMING LEADERS & TEAMS



WELCOME TO YOUR TRUST TOOLKIT

Having completed this course, you are now armed with valuable insights and tools to build trust. Use this sheet as a refresher whenever you need it.



CIRCLE 1

INTRAPERSONAL TRUST

Invest in self-belief and overcome Imposter Syndrome by embracing your strengths, owning your achievements, and reframing self-doubt as an opportunity for growth.



CIRCLE 2

INTERPERSONAL TRUST

Credibility, Reliability, Intimacy, and low Self-Orientation form the foundation of dyadic trust. Leverage the Trust Equation to enhance your relationships and inspire confidence.



CIRCLE 3

GROUP-BASED TRUST

Psychological Safety fosters collaboration, innovation, and high-performing teams. Cultivate an environment where every voice is heard, ideas are valued, and trust flourishes.



CONGRATULATIONS!

Remember, trust is the cornerstone of effective leadership and team success. Continue to nurture trust, foster open communication, and watch your team thrive.